



# Conversation & Coffee

Nov. 16, 2017 • 9:30 - 11 a.m.

100th Street Corner Café • 3017 100th Street, Urbandale

**Parents and caregivers of students with special needs: join us for our monthly morning coffee group!**

- Learn about community resources and upcoming events.
- Network with parents who have similar experiences and challenges.

## NOVEMBER GUEST SPEAKER

**Rik Shannon** of *lowans with Disabilities in Action (ID Action)* will join us to host a conversation about effective advocacy and provide tips to get you closer to the change you want see in your lives.

ID Action was created in 2002 to respond to the interest of lowans with disabilities and their families to grow as effective advocates and shape change that creates opportunities for lowans with disabilities to live independently.



## QUESTIONS & RSVP

RSVP appreciated but not necessary.

**Kari Paulsen**

*Family & Educator Coordinator*

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*Conversation & Coffee meets the third Thursday of each month. Mark your calendars for future meetings: Dec. 21, Jan. 18, Feb. 15, March 8 (due to Spring Break), April 19 and May 18.*

***Coffee & breakfast items will be available for purchase.***



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