



Central Iowa Ultimate is Hosting a Free Ultimate Frisbee Clinic for Girls Ages 10 - 18

To Register for the Clinic Please Go To:
<http://tinyurl.com/usau-gum-clinics>

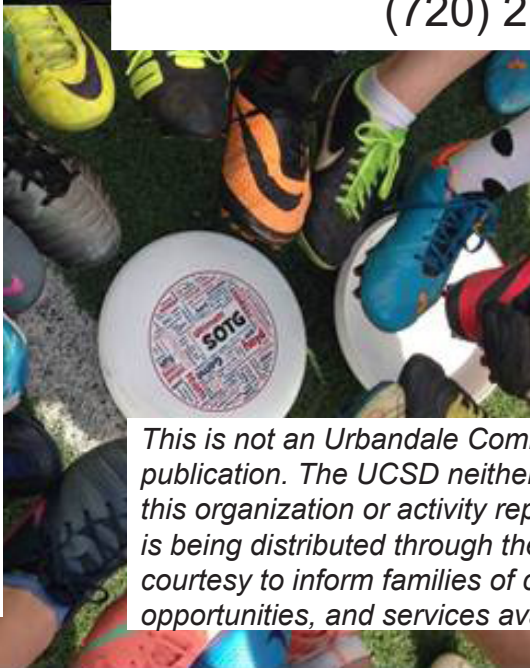


For More Information:
Rebekah Coenen
gsoc_ia@usultimate.org
(720) 272-6609

October 14, 2017

Tower Park
4900 Hickman Rd.
Des Moines, IA

Ages:
10-14 (9am-Noon)
15-18 (1-4pm)



This is not an Urbandale Community School District publication. The UCSD neither endorses nor sponsors this organization or activity represented in this material. It is being distributed through the school district as a courtesy to inform families of community activities, opportunities, and services available.

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>

<http://tinyurl.com/usau-gum-clinics>