



IOWA TALENTED AND GIFTED ASSOCIATION

2019 ITAG PARENT DAY

October 13th from 1-5:30pm at the Airport Holiday Inn, Des Moines

Ways to participate in Parent Day 2019:

- **Mingle at the Gifted and Talented Resource Fair**—Businesses and organizations from across the state have gathered to share their gifted services and opportunities from 1-5:30.
- **Attend the keynote presentation**—Dr. Brandi Klepper will address gifted families from 2-3pm
- **Support the ITAG Parent Award** — Learn who this year's award recipient is and how you may qualify for next year's award at 3pm
- **Choose your Breakout Sessions**—Four information-packed sessions from which to choose—3:15-4:45pm
- **Shop the Vendor Fair**—Find the perfect book of challenges or the perfect family game. Something for everyone. **Stop by the ITAG booth for gifted swag and to register for door prizes.**
- **Win a door prize**—Prizes awarded at closing ceremony
- **NEW: Kid Session Activities**—Parents are welcome to drop their kids in K-7th grades off to participate in specially-designed, supervised activities. Pre-registered kids are free. 2-5pm

For more information or concerns, please contact:
Maureen Marron,
Executive Director,
Iowa Talented and Gifted Association
PO Box 665
Iowa City, IA 52244
info@iowatag.org
888-990-4824

Parents' Roadmap to All Things Gifted

Whether your family is new to the world of Talented and Gifted or not, ITAG Parent Day has something for you. Join us for a gifted resource fair, vendor showcase, keynote speaker, four break-out sessions, awards, door prizes, snacks, and new to ITAG's Parent Day 2019 are supervised activities for students in grades K-7. Bring your kids to play Spheros, Rubik's Cubes, and much more. Please register by SEPTEMBER 30, 2019 for savings.

KEYNOTE PRESENTATION *Full presentation descriptions and speaker bios are available at iowatag.org

"Parenting with Emotional Intelligence" with Brandi L. Klepper

Many parents of gifted children know that gifted kids can be emotionally sensitive and intense. These parents also know that parenting in an appropriately responsive and successful way, without making the situation worse or shaming the child, can be quite the challenge. To support such insight and understanding, this presentation will include an overview of emotional intelligence, examples of behaviors of gifted children and insight into their experiences, and examples of responsive parenting utilizing emotional intelligence.

*NOTE: Dr. Brandi L. Klepper is a Missouri licensed, clinical psychologist who specializes in children, adolescents and adults who are gifted, talented and/or high achieving.

BREAKOUT SESSION 1a

"Living in the Gifted Family" with Arlene DeVries

This discussion will provide information about handling sibling squabbles, friendship issues for gifted children, how to communicate with your child, and caring for parents' own needs.

BREAKOUT SESSION 1b

"Mental Health and Gifted Children: When to Seek Help" with Deb Mishak

How does a parent decide if behaviors their student is exhibiting are associated with over-excitabilities of giftedness and when they may be observing symptoms of paralyzing anxiety, manic-depression, or another debilitating mental illness?

BREAKOUT SESSION 2a

"Improving Executive Functioning" with Brandi Klepper

Does your gifted kid have trouble making good decisions, act impulsively, have no real sense of time, or struggle with directions or where to start? Executive functioning skills are a product of nature and nurture; thus, ways exist to help guide these kids into developing better executive functioning skills.

BREAKOUT SESSION 2b

"Parenting GT Kids: Perfectionism, "Not Enoughness," and Emotional Coaching from Early Childhood through Adolescence into Adult Life" with Sally Beisser and Bengu Tekinalp,

These Drake professors will share resources and strategies for surviving the role as parents of gifted children from academic and personal perspectives.

REGISTER THE WHOLE FAMILY FOR ITAG PARENT DAY

Pre-registration is now thru SEPTEMBER 30, 2019 for savings:

Pre-registration fee is \$40 per family. Fee includes 1 year ITAG membership, admission for 2 adults from the same family, a free t-shirt, and kids' free admission to kid activities. Registration is available at the door on the day of the event, but children not preregistered will be an additional \$25/each. PRE-REGISTER online at (iowatag.org) or on [Eventbrite](https://www.eventbrite.com).

We can't wait to meet you at the ITAG Parent Day 2019!