Learn to Skate

Registration includes:

*six 45-min sessions

30-minute lesson -

15-minute practice

*Free rental skates

There are classes available for all ages (3 year olds through adults) and skill levels.

NO Make-up classes. No refunds, exchanges, or credits for future sessions.

Make sure to wear long pants, long socks and gloves or mittens!

Upgraded professional skates \$20/ session

We sell skates! We sharpen skates!



Metro Ice Sports 5100 NW 72nd Street Urbandale, IA 50322

Our Objectives

Teach the fundamentals of ice skating while building confidence and skills through each lesson.

Dates subject to change.

Session 1

Saturday 3:15-4:00pm

Sep.28; Oct.5,12,19, Nov.2,9

Session 2

Saturday 3:15-4:00pm

Nov.16,23,30; Dec.7,14,28;

Session 3 (Winter)

Saturday 3:15-4:00pm

Jan. 4,11,18,25, Feb.1,8;

About the Program

A curriculum that offers something for everyone- from the first steps on the ice to mastering advanced techniques. Coaches will evaluate the skaters throughout the Session, testing on the 6th week. We prefer preregistration on our website to help us schedule class sizes and coaches assignments. We are excited to offer our private lessons (Metro public skate) Sat.1:00-3:00pm to help our skaters progress. There lessons are intended for low and mid, level skaters.

www.dmfigureskating.com

"This is not a school publication, nor is it in any way endorsed or sponsored by any school district. This publication is being provided only to inform you of other available community activities and opportunities."



LTS Registration



1st skater: \$100/session, additional skater in family: \$85.

N	ame:
Bi	irthday:Age:Shoe size:
Sl	kating Level:
E-	-Mail:
A	ddress: Phone:
Se	ession #:
Н	ow did you hear about us?
Re	egistration can be submitted online at http://dmfigureskating.com
(5	15) 490-5148 or forms can be mailed to: Elena Tobiash
	3204 67th Street Urbandale, IA 50322
	Email: iowafigureskating@gmail.com
	Registration is also taken at the arena a half hour before class.
	Payment can be made by cash, check or paypal. (igoryelikanov@mail.ru) Please make checks payable to:

LIABILITY AND PHOTO RELEASE WAIVER

Elena Tobiash

I hereby release the, affiliates, professional staff, from any and all liabilities as a result of personal injury, which may be sustained by myself/ my child. In addition I hereby consent to and authorize to use any photographs and videos that have been taken of me and/or my child(ren) for the purpose of marketing and advertising of the

Skate program. Such photographs will not have names listed.