



On scheduled days off, bring the kids to Life Time — full, fun days of activity await. Space is limited.

Register at the Activity Center today.

## No School? No Problem!

**Dates:** Monday, October 2<sup>nd</sup>      Monday, October 16<sup>th</sup>  
Monday, October 9<sup>th</sup>      Monday, October 23<sup>rd</sup>  
Thursday, October 12<sup>th</sup>      Friday, October 27<sup>th</sup>  
Friday, October 13<sup>th</sup>

**Time:** 8:00am – 6:00pm

**Ages:** 4 – 12 years old

**Price:** \$45 per child (member pricing)  
\$50 per child (non-member pricing)  
Additional \$10 charge for day of registration  
\$5/day for LifeCafe lunch or bring your own

**For registration and questions contact,**

**The Activities Desk at Life Time Athletic Des Moines OR  
Ashley Tapps, Kids Manager at [atapps@lifetimefitness.com](mailto:atapps@lifetimefitness.com) or 515-362-3551**

**Overview:** Lesson plan elements might include Character Development, Warrior Challenges, Community Connections, S.T.E.M. Activities, and emphasis on the importance of Healthy Eating and Physical Activity.

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