



Summer Swimming Lessons With Riptide

**Registration begins March 1, 2018
for group and private lessons.**

I'm amazed at the progress my daughter made. She learned to swim just a month ago in your first session and gained so much strength and kills in paddlers during the third session. It's a great program and we are looking forward to coming again next summer. Thank you for taking time with her and being so patient.

The Riptide Group Swimming Lessons are designed to give families an affordable way to teach kids water safety and basic swimming lessons. All lessons are taught with a method of cooperative learning, not force. We will work to build skills and confidence in the water in an environment where swimmers feel safe and welcome. Swimmers must be 4 by September 15, 2018.



SESSION DATES:

**Session I Monday June 4 to Friday June 15
Session II Monday June 18 to Friday June 29
Session III Monday July 9 to Friday July 20**



Owen and Finegan were hesitant to participate in swimming lessons and ended up having a fantastic time and learning so much!
Thank you!!

"The instructor pushed me and told me I couldn't give up. I am grateful to my coach who helped me jump in the deep end and never got mad when I took longer than the other kids to do something."
Isaiah, 9 years old

For more information

Website: www.dowlingcatholicriptide.org

Email: dchsyouthswimming@gmail.com

Call: 515-339-1201

"This is not an Urbandale Community School District publication. The UCSD neither endorses nor sponsors this organization or activity represented in this material. It is being distributed through the school district as a courtesy to inform families of community activities, opportunities, and services available."