

# GROCERY STORE SNACK ITEMS

---

All food shared in the classroom must follow the USDA Smart Snacks guidelines. For more information, visit <https://www.fns.usda.gov/cn/tools-schools-focusing-smart-snacks>

Below is the district approved list of healthy snack options you may find at your local grocery store.



**Fresh Fruit**  
-whole fresh fruit



**Fresh Vegetables**  
-whole fresh vegetables



**Canned or Cupped Fruit**  
-individual can/cup of fruit packed in 100% juice or light syrup (**Not brand specific**)



**Applesauce Cup**  
-Individual cup of applesauce, unsweetened or no sugar added. (**Not brand specific**)



**Raisins**  
-1oz individual box (**Not brand specific**)



**Snack Pack Pudding Cups**  
-Individual cup of pudding, any flavor.



**Kellogg's Rice Krispie Treat**  
-Original flavor, **WHOLE GRAIN**, rice krispie bar. Individual package.



**Craisins**  
-1 oz individual box.



**Goldfish Crackers**  
-Individually bagged. Baked with whole grain.



**NutriGrain Soft Bake Bars**  
-Whole grain, any variety.



**Bottled Water**  
-Drinking water, any size. (**Not brand specific**)



**Scooby-Doo! Baked Graham Crackers**  
-1 oz individual bags.



**Juice Cup, Juice Pouch, Juice Box, Juice Can**  
-100% fruit juice, no sugar added, any flavor 8 oz or smaller. (**Not brand specific**)



**Lay's Baked Snack Bags**  
-Whole grain, individual bag.