

Summer Swimming Lessons with Riptide

Registration begins March 1, 2023 for group and private lessons.

All 3 of our instructors were amazing, and I could not be more thankful for all of you. You were passionate, patient, attentive, motivating, leaders and so much more. Thank you all for giving my girls chances over and over again to face their fears and make improvements. They talked about you every night and really hope to have you again when we come back next week!

The Riptide Group Swimming Lessons are designed to give families an affordable way to teach kids water safety and basic swimming lessons. All lessons are taught with a method of cooperative learning, not fear or force. We will work to build skills and confidence in the water in an environment where swimmers feel safe and welcome.

Swimmers must be 4 by September 15, 2023.



For more information
Website: www.dowlingcatholicriptide.org
Email: dchsyouthswimming@gmail.com
Call: 515-650-3534

Session Dates

Session I Monday, June 5 to Thursday, June 15 Session II Monday, June 19 to Thursday, June 29 Session III Monday, July 10 to Thursday, July 20



Large groups and daycare providers are invited to contact us about opportunities for lessons. We can accommodate up to 30 youth in one time slot. Once individual registration opens, we may not be able to accommodate large groups.

All the instructors were wonderful!
So prepared and diligent. I am so impressed how much my boys grew in 2 weeks! They had so much fun and couldn't wait to go each day, while learning so much!

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