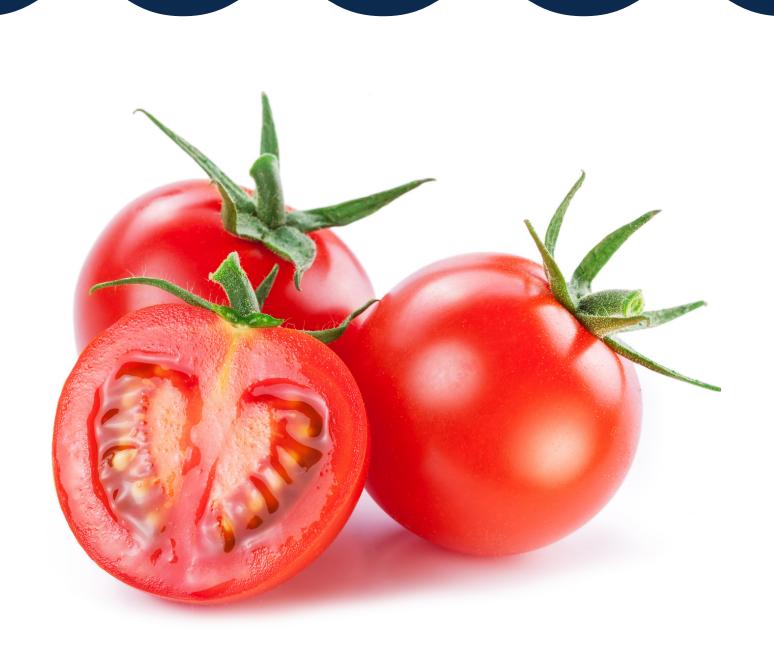


NUTRITION SERVICES



CATERING MENU

Asmira Dolic
Urbandale High School
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515-457-6915

Sanela Hasanic
Urbandale Middle School
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515-457-6663

Sam Phillips
Operation Manager
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515-457-6914

Jim Marren
Olmsted Elementary
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515-457-5808

Stephanie Allsup Webster Elementary allsups@urbandaleschools.com 515-331-8653

TBA
Valerius Elementary
_____@urbandaleschools.com
TBA

Don't see what you're looking for? Contact the Kitchen Manager responsible for your building to get a custom quote.





MUFFINS, DANISHES & BAGELS \$1.50 per person

Assortment of muffins, danishes and bagels w/ cream cheese

BREAKFAST CASSEROLE \$1.75 per person
Scrambled eggs with your choice of ham, bacon,
sausage or veggie over hashbrown topped with
cheddar cheese

BREAKFAST SANDWICH OR BURRITOS \$2.00 per person

Ham & egg patty on croissant, biscuit, or bagel Choice of Egg, sausage, and cheese burrito or egg and cheese burrito. Served with salsa and fresh fruit.

PARFAIT BAR \$2.50 per person

Vanilla or strawberry yogurt served with strawberries, blueberries and diced peaches.

Top it off with our very own fresh-made granola.

Breakfast Ala Carte

MINI CINNAMON ROLLS

\$15.00 per dozen

HOMEMADE JUMBO CINNAMON ROLLS \$17.00 per dozen

MUFFINS ASSORTED (2oz) \$9.00 per dozen Apple cinnamon, double chocolate, blueberry

BAGELS \$9.00 per dozen (includes cream cheese)

MINI ASSORTED DANISHES \$9 per dozen

SLICED SEASONAL FRESH FRUIT PLATTER Market price

WHOLE FRESH FRUIT \$0.50 each (assorted apples, oranges or banana)

Beverages

BOTTLED WATER Small: \$0.50, Large: \$1.00 LEMONADE OR ICED TEA (1 Gallon) \$5.00 ORANGE JUICE CARTON \$0.50 COFFEE (limit to 50 cups only) \$0.75/cup



Box Lunch

Includes chips and a fresh baked cookie \$8.00 per person

ITALIAN COMBO SANDWICH

Sliced turkey ham, turkey salami, and turkey pepperoni,

and pepperjack cheese on a hoagie bun

HUMMUS VEGETABLE SANDWICH

Red pepper hummus spread with lettuce, tomato, cucumber, shredded carrots and red onion

TURKEY BACON RANCH

Sliced turkey deli topped with Swiss cheese, turkey bacon, leaf lettuce, tomato, and ranch on ciabatta bun

HAM & SWISS SANDWICH

Smoked ham deli topped with Swiss cheese, sliced tomato, and leaf lettuce

ROAST BEEF & CHEDDAR SANDWICH

Roast beef deli topped with cheddar cheese, sliced tomato, red onion and leaf lettuce

Boxed Salad

Includes a breadstick and a fresh baked cookie \$8.00 per person

MIXED GREENS CHEF SALAD

Mixed greens, deli ham, deli turkey, hard boiled egg, cucumbers, tomatoes, carrots, shredded cheese

ROCKIN' CHICKEN CAESAR SALAD

Grilled chicken, rotini pasta, chopped romaine, parmesan cheese, multigrain croutons tossed in Caesar dressing

LOADED CHICKEN COBB SALAD

Chopped romaine, diced chicken breast, tomatoes, bacon bits, hard-boiled egg, red onion & blue cheese dressing

CHOPPED PASTA CAPRESE SALAD

Chopped tomato, mozzarella cheese, basil mixed with pasta, olive oil and balsamic vinegar. Add chicken-\$0.50

SANTA FE CHICKEN SALAD

Chopped romaine topped with seasoned chicken, shredded cheese, corn, black beans, tortilla strips and salsa cup.

Buffet Style Lunch

Buffet service for 12 people \$7.50 per person.

SANDWICH PLATTER

Choice of assorted sandwiches (pick 2)
Club Croissant, Deli Turkey Wrap, Ham & Cheese
Sub or Hummus & Veggie Wrap.

LOADED TOTS BAR

Tots served with shredded or ground meat, sauteed peppers and onions, cheese, pico and sour cream.

PASTA BAR

Pasta served with a choice of a creamy Alfredo sauce, marinara sauce, or sauce with meatball, garden salad & garlic bread

TACO BAR

Chicken fajita or ground beef served with soft shell

tortillas, lettuce, tomato, shredded cheese, salsa and

sour cream. Served with a side of black bean & corn salsa or Pico de Gallo.

PICNIC-STYLE

BBQ pulled meat w/bun OR Home-style Chicken Drumstick w/dinner roll. Choice of two sides; baked beans, seasoned corn or mashed potatoes & gravy

Home Baked Goods

By the dozen

COOKIES \$8.00

Chocolate Chip, Sugar, Snickerdoodle or assorted

RICE KRISPIE TREATS \$8.00

BARS \$15.00

Brownie, Chocolate Chip Blondie, Lemon

CUPCAKES \$15.00

Vanilla or Chocolate

MINI CUPCAKES \$8.00

Vanilla or Chocolate

DONUTS \$12.00

Glazed plain or glazed with chocolate or vanilla icing

