



# Summer Swimming Lessons with Riptide

Registration begins March 1, 2024  
for group and private lessons.

We had an excellent instructor! My son is so excited about swimming this summer. During the lesson weeks, he showed us what he was learning when we went to the pool on our own time. Now that lessons are over, we can see how much his swimming skills and confidence have advanced.  
Thank you!

The Riptide Group Swimming Lessons are designed to give families an affordable way to teach kids water safety and basic swimming lessons. All lessons are taught with a method of cooperative learning, not fear or force. We will work to build skills and confidence in the water in an environment where swimmers feel safe and welcome.

Swimmers must be 4 by their lesson end date.



For more information

Website: [www.dowlingcatholicriptide.org](http://www.dowlingcatholicriptide.org)

Email: [dchsyouthswimming@gmail.com](mailto:dchsyouthswimming@gmail.com)

Call: 515-650-3534

## Session Dates

Session I Monday, June 3 to Thursday, June 13

Session II Monday, June 17 to Thursday, June 27

Session III Monday, July 8 to Thursday, July 18



Large groups and daycare providers are invited to contact us about opportunities for lessons. We can accommodate up to 30 youth in one time slot. Once individual registration opens, we may not be able to accommodate large groups.

Thank you for ensuring my kids safety while teaching them how to be safe in the water and have fun. I believe what is taught is foundational for the love of swimming as they age. Your program is awesome!

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