

**URBANDALE
COMMUNITY
SCHOOL
DISTRICT**

Parent/Guardian & Student Handbook

2025-2026

TM

REVISED JUNE 9, 2025

Includes Appendices:
Elementary Schools
Middle School
High School
K-12 Student Code of Conduct
PreSchool
Adventuretime Childcare
Activities
Metro West
Student Chromebook

District Mission - Teaching All. Reaching All.

District Vision - Urbandale will be a school District that brings learning to life for everyone.

Board approved: June 9, 2025

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This handbook and its appendices were organized for parent/guardian reference. It is not intended to be an all inclusive document. UCSD encourages parents/guardians to visit the [District Policy website](#) for more extensive and complete policies. Those chosen and referenced here are the most relevant to

day to day operations of a school building. We appreciate you reading this handbook and appendices to become familiar with policies and what to expect. Individual schools and teachers will provide supplemental information for parents throughout the school year.

Zaangfahnak tein theihtuah, Board policies Kutput cauk i kan tialmi vailte hi a hmanmi an si. Policies pawl cu kum 5 ah voikhat lengmang zoh than an si. 2024-2025 sianginn kai kum, 800 le 900 series pawl kha kan zohthan hna in kan tharchuah hna. Link thilnak pawl cu an mah zawn teah an um ko lai, a ruang cu a chiahcianak ah kan thilthan hna. Ruahnak nan kan cheuhmi hi kan kan duhmi asi. Kan peng wedsite ah policies kong ruahnak cheuhmi ttial khawh an si. Kan Peng wedsite i [District Simbli](#) wesite ah kan tar lar in ruahnak kan kan cheuh khawh.

Tlukruang te fimcawnnak cachuah

Mah hi cu Urbandale Community nih thledan umlonak ding, kong asi i Miphun, chuahsemnak, takvun, Nu Pa, Biaknak, Nupi thi Va ngei (program caah), miphun chuahsemnak ruang, chuahkhehnka miphun sinak, kum(rian peknak caah), nau pawl, asiloah sinak- rumngeihnak ruang (program caah) le cacawnnak le rianpeknak caah thlendannak a um lo. Mah hi cu mah bantuk pawl thledannak le zohchuknak a um tik i hman ding mi zulkhung pawl an si. Biahalding asi loah, mah bantuk harnak pawl na ton asi ahcun, zaangfahnak tein, kan peng pi zung 11152 Aurora Avenue, Urbandale, IA asiloah 515-457-5000 ah kan chawn te. Kan peng Compliance Coordinator cu Stephanie Davis compliancecoordinator@urbandaleschools.com) a si.

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Peng Riantuntu nih siangngakchia cung ah thil tha lo a tuah tikah

Kan nih Peng Urbandale Community Sianginn nih riantuntu pawl le volunteers a tuanmi hna pumsa asiloah Nu Pa sualnak tuah, ziaza tha lo nu pa sualnak lei i ngeih, siangngakchia cung ah ngeih a ngah lo. Mi pakhat khat nih sianginn lei riantuntu asiloah volunteer hna sualhawtnak a tuah hna asi ahcun, tha tak tak in hlathlainak kan tuah lai i an si ning tak tak tein kan tlawlrel lai. Mi pakhat khat nih Urbandale sayate nih maw riantunatu hna nih siangngakchia cung ah thil thalo a tuah tiah a ruah ahcun kan sianginn sayaci sin ah a chimh lai, asiloah an mah nih mi vialte kan Peng ca i chimh ding an tiimi sin an sianginn ah tuanvo ngeitu, asiloah Superintendent 515-457-5000 ah an chawnh lai.

Voikhatnak 1 hlathlainak 2025-2026

Tim Carver (UHS)
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Lara Justmann (Valerius)
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Anna Taggart (Webster)
Dania Wilson (Karen Acres)

*Hika hin zoh [Board Policy 519](#) -
Investigating Allegations of Abuse of
Students by School Personnel.*

Saram pawl sianginn ah/ sianginn vuang chung ah

Saram pawl cu sianginn nawlIngeitu chimh hmasa lo cun sianginn ratpi a ngah lo. Zaaangfahnak tein saram he sianginn kai caan ah siseh tin caan ah siseh rak ra hlah uh.

*Hika hin zoh [Board Policy 644](#) - Saram
sianginn khan chung ah*

Sianginn kai bau le baulo

Siangnagkchia pakhat nih sianginn a bau hnanak in tamdeuh a bau ahcun sianginn

kai caan in cheuhra sianginn kai kumkhat ah a bau ahcu, sianginn nih tha tein a tuaktan lai i zeitindah sianginn a bau tti lai lo ttimi le bawmhnak program pawl an tuah piak lai i cuticun sianginn tha deuh in a kai kho lai.

Siangngakchia a bau ahcun, sianginn sayaci/nawlIngeitu nih Nu Pa hna kha thil sining kong ca a kuat hna lai i sianginn a bau ttilo ah attha ttimi a chimh hna hnu ah bau ttilo ding in an i chim chawn lai. Mah thihternak cakuat cu sianginn kai ni sawmthum nak a hmasa bik ni ah kuat asi lai.

Nu Pa /zohkhenhtu Sibawi khunh peknak ca, ha sibaw ca, an sibawi nurse he an i tong ko ttimi ca a herh ahcun aherhning in sianginn nih a hman le hman lo theihnak ah kan hal hna lai. Sianginn nurse nih “release of information” ttimi a konglam sianginn ah kan kua uh ttimi ca a hal hna lai i cuticun NuPa/ Zohkhenhtu le sianginn kha hmunkhat siangnagakchia fimcawnnak i a thanchonak hnga ding caah kan i bawm dih hna lai.

Siangngakchia a bau ahcun, sianginn sayaci/nawlIngeitu nih Nu Pa hna kha thil sining kong ca a kuat hna lai i sianginn a bau ttilo ah attha ttimi a chimh hna hnu ah bau ttilo ding in an i chim chawn lai. Mah thihternak cakuat cu sianginn kai ni sawmthum nak a hmasa bik ni ah kuat asi lai.

Sianginn bautuk

Nu Pa/ Zohkhenhtu hna nih sianginn kan zulh phung te hi siangngakchia sianginn baunak ah a tlakning in na hman lai. Iowa Siangngakchia nih mahbatuk hin a tuah hna lai :

- 10% s bsumi cu: siangngakchia nih 10% a bau ahcun, sianginn nih county attorney zung ah le chungkhar sin ah theihternak a tuah lai.
- 15% leng a bau ahcun, sianginn ah zarhfate check -in tuah a hau lai le 15% percentant in chungkhar hna he sianginn tha tein a kainak ding kan tuah hna lai. Sianginn nih zarhfate zohnak an tuah lai.
- 20 % Truancy and Civil Enforcement : siangngakchia nih 20% nak tam a bau ahcun Truant ah an kuat lai. Sianinn kainak upadi he a pehtlai in nawlneitu nih county attorney sin ah thawngthanhnak a tuah lai. **Open Enrollment tuahnak nawl belte an tuah lai lo.**

Kan peng sianginn kaimi siseh, peng dang in a rak kaimi an si ah siseh (i.e Open enrollment) cun pehzulh in ni 10 a bau ahcun:

- Sianginn nih peng register zung a chawnh lai.
- Siangngakchia kha sianginn in chuah asi lai mahti tuahlo ding in nawlpeknak a um lo ahcun.
- Siangngakchia kha open-enrolled a tuahmi an si ahcun, chungkhar nih open enroll an tuah than a hau lai. Konglam “ tha tein” chimnak a um lo ahcun open enroll kha kan cohlan lai lai.

Tuahding i halding mi pawl hna cu, cun mahnak zong in hal khawmi cu, sibawi sin in ca, hal lei sibawi ca, asiloah sianginn nurse nih inn tinnak ca a pekmi pawl an si. Sianginn nurse nih “release of information

form” kha nupa/ zohkhenhtu hna nih ngandamnak lei ah an tuah a hau lai i sianginn kainak sibawi lei kong tuah a hau lai.

Baunak kong pawl

Khunhpek lo buin sianginn bau:

Zungzal a baumi le truancy baunak kong he a pehtlaimi pawl cu:

- Graduation ngahnak ding caah a heerhmi le ngahnak ding ca i a herhmi diploma pawl kong an si lai
- Biaknak lei ah a pumi le baiknak lei kong cawnpiaknak kong
- A za in biaceihzung nih asi loah tazatuci nih baunak nawl pekmi
- Damlo tak tak ruang ah sianginn a kai kho lo mi hna
- mah tein cacawn chap mi a um ruang i sianginn kainak kong a dawnkhantu a um ruang ah
- Section 504 504 of the federal Rehabilitation Act , 29 U.S.C. §794, nih ngakchia a pehtlaih ruang ah
- Mah ralkap lei tlaknak a tuah ruang ah khuahpek hau mi
- Ralkap a tuanlio mi
- Ruaktlaknak ah a kalmi
- Thitum paui i kalnak

Nawlpekmi baunak:

Siangngakchia pawl khuakpiaknak ca a ngeilo mi cu kuanh asiloah khunhpeklo tiah kna tial lai. Khawnhhalnak a um ko zong ah zungzal abaumi ca le peng zung pawl nih ngeihthiamnak ca a um lo mi asi ahcun khawnh pek an si lai lo.

Khawnhpekmi baunak hna cu:

- Pumpak damlonak
- Damlonak asiloah chungkhat thihlohnak
- a caan caan te chungkhar khualtlawnnak/ vocations
- Sibawi tonnack le hal lei tuannak hna (a caan dang a remmi a um lo caah,

zaangfahnak tein sibawi sin in
khawnhhalnak ca rak hlate hna i cun
truancy ah hluami asi lo mi)

- Nawlpeknak pawl zung lei in theihpi
mi hna cu (sianginn nih tuahmi
letecelhnak pawl, biaknak lei i dinhni
pawl ,ect)

Theihternak: Chungkhar hna cu vacation le
khualtawnnak cu sianginn khar caan ah
tuah hna sehlaaw a tha bik. UCSD a caan
caan te i khualtawn le vocation kal cu kan
thehthiam ngai ko nain an bau a tamtuk
ahcun truancy court lei ah kan hluai hna lai.

Khunhpeklo buin sianginn baunak:

Sianginn baunak kong kha a caan hman
tein na kan chimh lo ahcun, an baumi kha
kan rel lai i sianginn bau ah kan chiah lan
lai. sianginn lei a dang Nu Pa / Zohkhenhtu
pawl kha an chawnh hna lai i kumtling lo
tazacuainak zung Polk County Truancy
Court tazazung ah an hluai hna lai. Mah
program hi cu chungkhar le siangngakchia
lei bawmhnak siangngakchia nih sianginn
kai an duhnak hna ca i kan tuahmi asi.

Sianginn kailo tikin thawngthanhning

Nu Pa/ Zohkhenhtu pawl cu sinagngakchia
nih sianginn a bau tik poah poah ah
sianginn ah chawnh in kan in chimh dih
cang hna. Voicemail chiahmi pawl cu
suimilam 4 pm in le 7:30 zing ah kan ngeih
tawn. Mah caan i na kan chawnh ahcun,
zaangfahnak tein, siangngakchia min, a
chawnhpiaktu min, a baunak a ruang, na
phone number a herh i kan in chawnh
khawh tthannak ding ah kan herh hna.
Nafa a damlo tik i na chawnh khawhnak
ding number hna cu:

Elementary sianginn pawl

Karen Acres	457-5703
Olmsted	457-5803
Valerius	457-6503
Webster	331-8603

Secondary sianginn pawl

Middle School	457-6605
High School	457-6805
Metro West	727-6301

Siangngakchia tiamciam i kal asiloah
sianginn in ni cheuchum a bau mi cu
sianginn in a chuah sin khan a bau ah kan
chiah hna lai.

*Elementary siangngakchia pawl cu ni cheu/
asiloah nikhat zong kha a bau ah kan chiah
ko hna. Nicheu a kaimi pawl kha
siangngakchia nih suimilam 10 zing a tling
hlan i a tin i chun ah a ra than asiloah
siangngakchia nih suimilam pakhat leng a
chuak asiloah sianginn dih hlan ah a ttin
ahcun sianginn bau ah kan chiah.*

Sianginn bau ruang i tlawhmi ca tuahtan

Sianginn bau ruang i tlawhmi ca pawl cu
sianginn kai a thawk than sin in a dihlak in a
tuah than colh lai. Sianginn a baumi nih
khan a sayate he i bawm i a tlawhmi ca pawl
kha tuah than ding kha a mah rian asi. A
sayate nih mah a tlawhmi tuah thannak ding
ah a mah he a tlakning ni caan kha an tuk
piak lai.

See Board Policy [508](#)- Attendance

Smart tein

Meithal kong hi a biapi tukmi an si i sualnak
tuahnak ah khamh khawh hi a biapi tuk.
Meithal cu kan sianginn chung ah luhipi kan
sianh hna lo ding hi a biapi tuk i asi. UCSD
nih chungkhar pawl cu tha tein akn chimh
hna i meithal a ngeimi zong nih tha tein an
chiah i fale nih lak khawhlo nakah na chiah
ding hi a bia pi tuk. Mah bantuk him tein an
um khawhnak hnga nupa pawl kha inn ah
meithal him tein an chiah khawhnka hnga
ruahnak cheuhnak zong kan ngei. Tameuh
cawn na duh achun [BeSMART](#) program ah hi
zoh hna.

Bicycles/Motor Vehicles/Mopeds/ Skateboards/Rollerblades/Scooters citnak

Sianginn kai lio caan ah:

Bicycles cu sianginn nih chaihna a tuahmi hmun a a chiah lai i a hman lo caan ahcun tawh a hrenh lai. Aho asihmenh ah a firmi asiloah a hrawkmi an um ahcun phung ning tein UPD chimhhrin an si la. Nu Pa/ Zokhenhtu hna nih na theih ding cu na fir le mithat lo cu kan khamh hna lai nain, a hrawkhrall mi cung ah sianginn tuanvo kan ngei lai lo. Bikes pawl cu siangngakchia nih an mah duh tein sianginn kainak ah an i cit i an mah lungtlinnak tein sianginn nih chiahna kan chiahpiakmi hna ah an chiahmi asi. Insurance nih a pek hna ding ah rak tuah cio uh. Motor car pawng le bus pawl pawng in tha tein nan i cit idng kha a biapi tak tak mi asi. Siangngakchia sianginn lei himbawmnak kan tuahmi zulh phung a buarmi poah cu an bike kha sianginn ah an i cit kho tti lai lo.

Mopeds citning -Cu UHS lawng ah cit ngah. A chiahna hmun kha Nu le Pa nih sianginn riantuantu pawl he tha tein nan i ceih lai. Mopeds cu parking chiahna ding ahkhan na chiah peng lai. Chiahna ttimi nawl a bura sual ahcun Mopest cit nak nawl kan chuah lai i a cit kho tti lai lo.

Skateboards, rollerblades, bicycles le scooters han cu, Sianginn vuang chung ah na i cit hna lai lo, na kut in na put/ nam hna lai.

Urbandale Community Peng Sianginn hna cu skateboards asiloah skates pawl icitnak ah a hmibawmmi tiah tuahmi an si hna lai. Kan Peng sianginn pawl ah mah bantu pawl hmanlo ding hi ka duh mi asi i kan peng sianginn poah poah ah himbawm tein

um hi kan duhmi asi.

Hika hin zoh [Board Policy 529](#) - Bicycles le Motor Vehicles hman ning ; Minors' School Motor Vehicle Licenses

Sianginn lakhruak kharnak/Tuandeuh ah tinter/ Nikhua chiatruang ah/Thil pawipang ruang ah a hnu ah thawk

UCSD nih a hnu thawk, tuandeuh tinter, asiloah sianginn khar kha nikhua a chiat ruang i kan duh sual asi ahcun, UCSD nih chungkhar le riantuantu vialte hna cu “ alert” thanhnak in parents square in kan in thanh hna lai. Mah hna cu email, phone chawnhnak lei, text, le aap in kan in thanh hnalai. (Theihternak: UHS sinagngakchia pawl nih app in message an ngah lai). Mah kong lam cu kan peng [District website](#), le facebook .District X/Twitter, and communicate with media outlets (WHO 13, KCCI 8, WOI 5)..

Suimilam 2 hnu thawknak:

- Adventuretime (sianginn kaihlan program): 8:30 a.m.
- Preschool: No AM and no PM half-day preschool
- Elementary: 10:50 a.m.
- UMS 9:55 a.m.
- UHS 10:00 a.m.
- Metro West : zinglei class aum lo
- Lentecelhnak: sianginn kaihlan lentecelhnak vialte kan hngl chung; tameuh theihding ah hika hin zoh j-hawks.com
- Bus lam pawl kha suimilam pahnih hnu in an ra lai

Tuandeuh tinternak caan:

- UHS 1:00 p.m.
- UMS 1:30 p.m.
- Elementary 2:15 p.m.
- Full-Day Preschool 2:15 p.m.
- Zanlei Metro West classes a um lo
- PM Half-Day Preschool kan khar

- after-school Adventuretime kan khar (Nafa adventuretime a kai asi ahcun, zaangfahnak tein nafa suimilam 2:15 pm ah rak donnak na tuaktan te
- Lentecelhnak kong theih na duh asi ahcun, visit j-hawks.com ah kan len te
- Bus lam pawl cu tuandeuh tinter ning in an tin lai.

Adventuretime & Preschool

Childcare cu Adventuretime Before/After School Program ning in a ngah lai. Adventuretime Program i tel na duh asi ahcun, adventuretime cung ah minkhumhnak na tuah a hau lai. Zaangfahnak tein kan preschool zultphung hna hi rak zoh hna.

- Sianginn a hnud, cancelled asiloah tuandeuh i tinter, Adventuretime & Preschool programs pawl zong Sianginn a hnud, cancelled asiloah tuandeuh i tinte ning in kan zult ve lai
- Sianginn kan khar ahcun: Adventuretime le Preschool kan khar ve lai
- Sianginn suimilam 2-hour hnud ahcun: Adventuretime Before/After School Programming zong suimilam pahni a hnu ve lai; Adventuretime cu 6:30 ah silo in 8:30 AM thawk asi lai
- Full-day preschool cu 9:00 ah thawk lo in 11:00 AM thawk asi lai.
- Full-Day 3-year old kumthum pawl cu 8:30 am ah an ra lai innileng te kainak an ngei lai.
- Nichue Zing- Zanlei preschool classes kha kum 3,4 kai a um lai lo.
- Sianginn kha tuandeuh i kan tinter ding asi ahcun, Adventuretime sianginn tinhun tuahmi pawl a um lai lo i siangkakhchia vialte suimilam 2:15 pm an an tin di lai.

Hika hin zoh [School Cancellation Protocols](#)

Sianginn kan khar sual i nafa tuan deuh i

lak na duh ahcun , ZAANGFAHNAK TEIN RAK LA HNA LAW mah ni ca phaisa kan in la lai lo. Asinain mah ni sianginn kai lo ca i zaka ahkhan nidang ah an kai lai i mah ca tuah khan phaisa kan i hal than te lai.

umthut ziaza

Board of Directors pawl nih umtu ziaza a thami si an kan duh, cunticun siangkakhchia hna nih an zult lai i kan cacawning cang zong kha a tha lai. Boards pawl nih zultphung ziaza an zult lo ahcun zeibatuk dantatnak dah an ngah lai ttimi zong kha theihter an duh hna i ziaza tha in umter an duh hna. Kan board policy ahcun mizeibantuk siangkakhchia hmenh nih an tuah hnga din kha zult i ziaza tha tein sayate vialte an chawnhbiak hna, Nu Pa, le an mah tein tuanvo an i lak i upa an mah kum rupin an thancho le an mah le an mah an in uk khawhnak hnga kan duhmi asi. Chimhhrin, cawnpiak ning cang cu an mah le sining cio in a dang cio lai. Cucaahcun, zeitluk tiang indah dantat khawh an si ttimi cu sianginn pawl nih a tlak bik in a tuaktan lai. A fakbik mi dantatnak cu kan pek lai i an ziaza zoh in a herhmi pawl cu tuaktan asi lai. Mah kong haiku zohchunh ding ah kan tuahmi asi.

Ziaz thalo a tuah ahcun sianginn ah siseh sianginn leng ahsiseh sianginn a kai lio ah a cang mi pawl hna cu siangkakhchia dang nih a tuahmi tuah khawh lo in dantatnak, sianginn kai hnu tuahmi tuah khawhlonak in dantat asi lai.

Mah dantatning cang vailte cu hika ahhin Appendix D.ah zoh khawh asi.

Mah dantatning cang vailte cu hika ahhin Board Policy 509.7 ah zoh khawh asi. NuPa/ Zohkhenhtu kha a biapi mi chimh

ngaihlonak ahcun kan chimh hna lai.

Community/Nu Pa/ Zohkhenhtu hna nih Chimmi

NuPa, Zohkhenhtu, le community chungtel vialte hna nih kan peng sianginn asiah uktu pawl hna cung ah lungrethiehnak kan ngeih hna asi Iowa Department of Education website ah tamdeuh theih ding ah leng hna usih. Hika hin luh khawh colh behnak kan tar: [Parent, Guardian and Community Concerns | Iowa Department of Education](#)

Nifate tuahding mi

Thawk caan:

- Adventuretime (hlan school program): 6:30 a.m.
- AM Preschool: 9:00 a.m.
- PM Preschool: 1:00 p.m.
- Full-Day Preschool: 9:00 a.m.
- Elementary schools: 8:50 a.m. innleng supervision and doors open at 8:35 a.m.
- UMS 7:55 a.m.
- UHS 8:00 a.m.
- Metro West AM Classes: 8:40 a.m.
- Metro West PM Classes: 12:30 p.m.

Tin caan:

- Adventuretime: (hlan school program): 6:00 p.m.
- AM Preschool: 11:30 a.m.
- PM Preschool: 3:30 pm
- Full-Day Preschool: 3:30 p.m.
- UMS 3:05 p.m.
- UHS 3:10 p.m.
- Metro West AM Classes: 11:40 a.m.
- Metro West PM Classes: 3:30 p.m.

Nafate tuahmi kha zoh na duh asi ahcun, zaangfahnak tein, sianginn webside ah kan lengte [District website](#).

Organization thilri pawl phawtzamhning

A tu le tu te hi cattailmi cawngai le catlak, Scout konglawm, tibantuk pawl hi siangngakchia pawl sin ah pekding hin organization pawl sin in kan ngah lengmang tawn. UCSD website nih a digital backpack tiah kan auhmi in mah cawngai ca pawl kha a lak hna i an mah kum he a tlakning pawl in kan tar tawn hna. Zaangfahnak tein a digital backpack hika hin thil tamdeuh na theih ding ah zoh hna.

Alenglei organizations pawl cu sign pawl sianginn hmunhma ah tuah kan senh hna lo. (tahchunhnak ah. Inn leng i kyawngai sign tuahnak pawl) Mah bantuk sing pawl cu kan hlawnh hna lai.

Hika ahhin zoh [Board Policy 441](#): Alenglei in zohnak

Thil hruk ningcang pawl

1. Kan Peng Sianginn nih thilpuan hruk aih le umtu ziaza sianginn sining he a tlak lomi asiloah sianginn lei cawlcanghank he a tlaklomi le cawnak lei a dawnkhantu ding pawl tuah a ngah lo. Sianginn nawlgeitu nih zei pawl hidah sianginn umthutnak ah a tlaklo ttimi pawl cu an mah le sianginn cio in an tuaktan lai.
2. Thil pakhat khat sianginn riantuantu lei he theihkhawhlonak ding asi mi pawl thilri pawl a ngah lo. Mah pawl cu hmaiuh mui theilo ding in a tuahmi a thinaghlilomi asiloah si lei le mithmai pawl a ngah lo.
3. Kedan pawl asiloah pahnat cu a zungzal in nan i hruk zungzal lai.
4. Thilri pawl asiloah Sui ngun pawl, langhter, tuah le a dang pawl zu, drugs, asiloah kuak, sadah, pawl kan khamh hna. Thilpuan pawl asiloah Sui Ngun

hrukmi pawl ah mhatlak thalo, slogans, hmantlak pawl le pung thil thalo le asiloah nu pa sualnak, nu pa thlendannak, mihpin sinak, asiloah miphun theIndannak ca pawl ttial i hruk kan khamh. Thilpuan asiloah Sui ngun as hngawngtan, cawngai, asiloah hmantlak thalo, a thalomi thil , biachiahru, hawrdhucuinak ca, gang misualbu hmeichunhnak, nupa sualnak inneundo asiloah khamhnak hmuhma ah i tler le i khawlen. Mah leng ahhin, thilhruk le sui ngun minung caah a himbawmlo tiah ruahmi, siangngakchia caah siseh, pawngkam ummi caah siseh kan khamh dih.

5. Thil hrukmi ahkhan a awng a ummi le a tlak lomi cu hruknak nawl kan pe hna lo.
6. Thirhri-Chains phaisa bawm tlaulonak ding a tlaitu dah ttilo ahcun a dang an i hruk lai lo. Thirhri cu $\frac{1}{4}$ nak kau a si lailo ia sau cu 12 inces lawng asi lai.
7. Siangngakchia sianginn thilhruk ning he a tlaklo in thil a hrukmi poah poah cu kan tlenter than hna lai. A tu le tute sianginn thilhruk ding a buar lengmang mi hna cu an mah le an sining in tuaktan an si lai.
8. Students or parents questioning the appropriateness of a particular item of dress should contact a school madministrator/designee before the item is worn to school.

Hika hin zoh [Board Policy 541](#) - Siangngakchia zohnak

Aherhning in tuahnak

Urbandale Community Peng Sianginn cu Supreme Court hnatlaknak kha zulhdng caah an lung a tling i ni 10 chung sianginn chuahnak asiloah mahnak tlawm in chuah

chung kha an lung a tling. Mah sianginn chuah hlan ahhin siangngakchia kha an chimh hmasa lai:

1. Kaa in asiloah cattialmi in zeipawl dah taza an cuainak hna asi ttimi,
2. Siangngackahia nih a hmanlo ning in taza an ka cuai tiah a ruah asi ahcun an mah lei kong chimnak le hrilhfiahnak caan an ngei ve lai.

Sianginn chuahnak ding tiang a phanmi asi ahcun, siangngakcia nih Unbandale Community Peng Sianginn board zulhpung i kan zulh tuah asi lai.

Hika hin zoh [Board Policy 509](#) - Siangngakchia ziaza le chimhhrinnak kong

Man peklonak pawl

Siangngakchia bawmhnak a ngah ding hngami pawl cu man peklo in bawmhnak kha an mah le sining in Nu Pa Zohkhenhtu nih an sawk ahcun an ngah lai. Atanglei bantuk ca ahcun cu tuah an hautti lo: Phaisa batmi, tlaumi, ahrawk sualmi thilri, summer sianginn motor chiahnak, lentecelh celhnak ticket, special lentecelhnak manpekmi, asiloah pumpak peng nih a tuahmi program caah hman ding mi le cawnmi pawl hna an si. [School Fee Waiver](#) (Waiver confidential) timi pawl cu july 1 cun Nutrition Services page along with the Iowa Eligibility Application kan hmuh khawh lai. Mah tuahmi hi kumkhat ca lawng asi caah kum fate tuah a hau lai.

Hika hin zoh [Board Policy 532](#)-Siangngakchia phaisa pek; Man peklo/ thumb

Sianginn lenglei lennak

Sianginn lenglei lennak pawl hi sianginn lei cacawnnak caah a biapi tukmi asi.

Nu Pa/ Zohkenhtu nih kum fate kal khawhnak nawlpeknak in maw asiloah hika

ahhincun kal ka duh ko tinak in maw lungtlinnak a tuah lengmang lai.

NuPa Zohkhenhtu sin ahkhan zarhkhat a hlankan tein an chimh lengmang hna lai i, cunticun Nu Pa asiloah Zohkhenhtu hna nih kalter an duh hna lo ahcun sayate sin ah chimhnak caan an ngei lai i cun kong aduhlonak kong cu an sayate sin ah ca in an ttial lai.

Catlap in tuahmi le ca lakthan lengmangnak tlawmter deuh ding ah mah pawl hi cu kum fate halmi register tuah lio i ttial chih ding in kan rak tuah, asinain zarhkhat a duh ah theihter thannak cu siangngakchia dihlak caah kan tuah thiam thiam.

Lengchuahnak (field trip) kalternak fom a um, Hika chung ahhin [617 A](#), hihi kum fate ca i cohlan ding mi fom asi.

Siangngakchia kha filed trip ah kalter an duhlo asi ahcun sianginn ah an um lai i syate nih catuah ding kha sianginn ah an pek hna lai. Sayate nih sianginn ah tha tein ca a cawnnak hnga kha an i hmaitlak ve lai.

Hika hin zoh [Board Policy 617 - Field Trip](#) kalnak kong

Rawl le Special Eidin pawl

Urbandale Nutrition Services Eidin pawl kha a khan chung ah ni sung hleice pawl ah kan phawt hna lai, birthday tibantuk pawl kha, chuncaw an ei cang hnu ah kan tuah tawn lai. Mah eidin kenmi pawl poah poah cu a hmibawmmi asi lai i minung pakhat ah pakhat cio pek a ngah mi pawl toh an si lai.

Urbandale Nutrition Service nih peng zulh phung ([No. 518A](#)) a hmang cun khan chung eidin pawl an pek hna. Mah eidin pawl cu kan pek hna i cucu an mah le an label ning in chungcaw caah hman an si lai. A kahn

chung ah a ummi i ziaklo mi hna an um ahcun fiandeuh in an i ziaklomi hna kha tha tein an tial hna lai.

Chungkhar hna kha, Urbandale Nutrition Services nih an pek hna lai i cun, an rawl einak lei le rawl lei kong kau kha an herhning in an i tlak le tlak lo an zoh hna lai. Snack nih eidin pawl cu kan website ah kan chiah hna i cun, inn tin hlan minutes 30 hrawng ah kan pek tawn hna. Snacks eidin pawl hna cu an mah chungcawn caah kan herh hlei lo. Chungkhar hna nih nan theih ding cu, a ziaklo mi an nunnak caah tih a nungmi pawl caah kan tuah lai.

Zaangfahnak tein hika hin kan leng mu website: [Nutrition Services](#)

Alak te asiloah Manthumh in rawl einak

Mah alakte/ man tumhdeuh in rawl einak kong theih na duh ahcun, zaangfahnak teinahnin kan lengte. Mah fom chung ahhin a hman tein le asining tein phi hna. Mah sawknak i chungkhar nih hmuhmi nihlawh le adang pawl tling tein phih lomi cu computer company lei nih a cohan kho lo. Mah fom tha tein phih khawhnak ding ahcun, innchungkhar khat i a ummi an riantuanmi le a hmuhmi nihlawh pawl kha diktlir tein tial dih ahau in zeitindah nihlawh an i pehning asi ttimi zong tial a hau, asiloah foodstamp ngahnak numbat kha ttial a hau.

SNAP- Foodstamp na ngah lo asi ahcun nan in i a um vilate min kha na ttial lai i upa pakhat khat nih min a thut lai. Na phihmi chung i a tlinglomi pakhat khat a um ahcun mah nan remh hlan chung poah poah cu bawmhnak na hmu lai lo. Zaaangfahnak tein rawl lei tlaitu Nutrition Services 515-457-6911.

Mahhin bawmh nan herh, asiloah kan

computer fom phihnak ah hman nan herh
ahcun nan rak ra kho fawn.Chungkhar pawl
nih rawl einak kong kha a thar in an sawk
khawh ko. Kan peng website ah zeitindah
tuah asi ttimi an tial dih ko

<https://lingconnect.com/main> . Nan
sianginn facilitators of family Outreach (FFO)
ah pehtlai hna. 515-457-6911 asiloah
515-457-6913 ah chawnh khawh an si.
Technical bawhnak ding ah hika hin LINQ
Connect directly at
support@lingconnect.com chawn uh.

Menus and Meal Prices

Hika hin pawl pawl zoh khawh an si
www.lingconnect.com (asiloah na mobile
app ah lei apple le android) ah tuah khawh
an si. Rawl man pawl hika hin an um
[website](#)

Additional Meal Charges

A telmi pawl hna (chips, voihnihnak pek,
dinmi pawl, juices, pawl an si) mah pawl **cu**
USDA pek than ding **program** an tuah lai.
Rawl einak account kha phaisa an tuah lai.
Upa pawl, riantuantu, le nupa rawl ei a
duhmi tu hna cu, an chimh hna lai i phaisa
an tuahmi an tan tilo ahcun/ mah tein cawk
asi lai.

Phaisa batmi a um tikah

Peng sianginn nih man peklo mi rawl man
an um ahcun phaisa an hal hna lai. Nupa
hna cu automatic phone chawnhnak in kan
theihter hna lai.

Sarhsert zawmtieh le midang cung i harnak fahnak pek cu kan khamh.

Sarhsert zawmtieh le midang cung i harnak fahnak pek cu kan khamh.

Kan peng sianginn cu sinagngakchia vialte
an himbawm i pakhta le pakhat upat
hmaizahnak he mi vialte ca an cawn
khawhnak hnga ah tan a lami kan si. Kan
Peng sianginn zong nih kan mipnun sining
a dangmi pawl zong hi i upat piak i khat le

khat tahnchonnak i hman ding ah kan
duhmi asi. Kan peng nih mihpun kan
tamnak hi a thatnak lei in le khat la khat kan
i cohlan ding kong kan chimh hna lai.

Sarhsert zawmtieh le midang cung i harnak
fahnak peknak cu kan ramkluh nih le
Urbandale Community Peng Sianginn zong
nih adohmi a duhlo mi asi. Kan peng
sianginn nih khatle khat sarset zawmhtieh a
um lonak ding le a tlaunak ding kha a zuam
mi asi. Kan Peng sianginn nih khat le khat
siangngakchia dang dang nih izuamtiah le,
riamtuantu pawl nih, le volunteer a tuanmi
pawl nih sianginn an um lio ah, sianginn
vuang chung an um lio ah, le sianginn
puaituah lio ah asilole sianginn sponsor
tuahmi thil tuah lio ah kan khamh. Mah
chimhhrinnak pawl cu sianginn in
nitlawmpal chuah, siangngakchia
chuahnak, riantuanmi lungtlinnak lakthan i
rian chuahnak le/cun kan Peng nih a tuahmi
poah poah ah Voluntter tuan khawh lonak
hna an si.

Hrilhfiahnak

Pehzulh le mah lawng Electronic, cattail,
kaa in asiloah pum in langhtermi asiloah
amah siangngakchia a dawhlomi a
chuahtertu ngan ding pawl cu kan khamh
hna. Sianginn caah tih anungmi thil le le
tuahsernak cun siangngakchia dang harnak
hmaputnak a tuahtu le a ngeihmi thilri
hrawktu;asiloah kan peng sianginn i
sianginn kainak ah siseh; lentecelhnak lei le
a dang dang tuahpiaknak, asiloah tinvo a
ngeih mi cung ah chuahnak nawl an ngeilo,
chawnhbiaknak lei a telmi phone lei, radio,
internet lei le computer lei asiloah a dang
pawl he tuah asi lai. “ Electronic” ttimi ah
atelmi pawl cu electronic cakuat, internet in
i chawnhbiaknak, pager in chawnhnak, cell

phones , electronic text message asiloah a lomi pawl technologies tuahmi pawl an si.

Sarhsert zawmtieh le midang cung i harnak fahnak pek, ah atelmi pawl, le a dang hna cu a tanglei ziaza le thil umtuning hna hi an si:

- Biaka in, biaka tello in, pumsa asiloah cattial mi in serhseh zuamtaihnak langhternak, khat le khat ihlentawi, zolangh ningzahter, asiloah a dang minung hmaputter, umthut nuamhter lo, tih, asiloah a ingtuartu ah um peng;
- Atule tu biachia in tti i hmapu lak ting in tuah, umnuam lo in tuah zungzal, tih, asiloah mihar sin ah fahnak pek; nu pa lei sinak in thatlonak, mark kong, award kong le thilri kong, thiltha hmuhmi kong, asiloah caantha ngeihmi pawl, etc., mah pawl nih hmaputter nuamhterlo, tihter, asiloah midang caah hranak pek hna an si;
- Atlak lomi asiloah mi nekngiehnak biachim, biadawhlo, capo ah saih, tuanbia bantukin chim, tuahsernak in, thil in langhter, signs in asiloah poster hna midang caah fahnak le harnak a petu, nuamhterlo tu, tihnak, asiloah midang fahnak pek, le/asiloah siangngakchia tuahmi ziaza ruang ah tuahmi asiloah mi thangchianak tuahmi, mi thinhunternak, asiloah cacawnnak nuamhterlo.

Kan khamhmi ziaza cheukhat pawl hna cu, an mah lawng an si ttinank silo in:

- Duhlo buin tawngtham;
- Atlak lomi asiloah mi nekngiehnak biachim, biadawhlo, capo ah saih, tuanbia bantukin chim, tuahsernak in, thil in langhter, signs in asiloah poster hna, halnak, hmantlak dawhlo asiloah taklawng hmantlak, mah ticun siangngakchia hna nekngiehn in tuah asiloah siangngakchia cacawnnak le lentecelhnak te hna an si.

Hika hin zoh [Board Policy 545](#) - Atluk tein cacawnnak tinvo pawl, Siangngakchia harnak peknak le serhsat zawmhthiahnak

Zawtnak tihnung mi thilri

pawl/Asbestos-AHERA Theihternak

Tihnung mi Asbestos Hazard Emergency Response Act of 1986, asiloah AHERA, pawl kha kan zoh ngiatthlai i sianginn hmuhma pawl ah asbestoes pawl hlohnak kong kan tuaktan mi asi. Environmental Protection Agency ttimi pawngkam zawtnak a kamtu bu pawl nih 1973 kha asbestos a telmi pawl chuah i tuah kha an khamh i 1978 khan mah pawl he inn sak kha an khamh.

Urbandale Community Peng Sianginn vialte cu asbestos lei a thiammi le zohnak nawl ngeitu nih khan an zoh i AHERA, **Urbandale Middle School** nih tuah uh a tti bantuk khan an zoh dih. **A hnu zohthannak ding caan ah UMS 2027 kum ah asi lai. Kan Peng sianginn cu kum thum ah voikhat lengmang in tharchuah than lengmang a hau in an chek lengmang mi asi.** Kan sianginn thilri i asbetos a telmi poah poah cu harsatnak a pe kho mi an si tiah theihternak kan tuah hna. Mi a chektu nih an cheknak pawl cu zunglei pawl nih an zoh khawhnak hnga ding caah an mah sianginn cio ah le zung choh ah kan chiah hna. Mah theihternak, fimcawnnak le training Peng riantuantu pawl peknak, caan hman tein ngiatthlainak le asbetos thilri pawl a um le umlo kan peng sianginn pawl zohnak kong. Mah kong biahalnak nan ngeih ahcun kan peng AHERA management plan a tuahtu Asbestos Program Manager, Mike Klingensmith klingensmithm@urbandaleschools.com sin ah biahalnak nan tuah khawh. Mah kong ahhin cu Kan Urbandale Community Peng

Sianginn nih ram pumpi le peng zulhphung pawl kan zulh hna. Mah kan peng zohkhenhnak ahhin ngandamnak le kan Peng sianginn pawl thiltuahmi cawnnak ah pengle himnak hnga hi kan zulhmi asi.

*Hika hin zoh [Board Policy 914](#) -
Asbestos kong*

Health

Ngandamlonak tonsualmi/ Sianginn i zawt sual

Siangngakchia a damlo mi poah poah cu sianginn ngadamnak zohtu zung ah kan tlah hna lai. Na siangngakchia kha sianginn kai ding ah a ceituk asi ahcun, thawng kan in thanh hna lai.

Siangngakchia poah poah cu Nu Pa/ Zohkhenhtu lungtlinnak tel lo in kan tinter hna lai lo. Nu Pa/ Zohkhenhtu kan chawnh khawhlo ahcun, emergency chawnh ding an chiahmi kha kan chawnh hna lai. A pawipang tukmi asi ahcun, EMS mawtaw kan auh lai i a naihbik le an i thimcia mi sizung ah kan chiah hna lai.

Tampi zawtnak cu inn tinter ding tiang tiang in an ceilo lo nain, a caan ahcun siangngakchia kha inn tinter an hauh hrim hrim caan zong a um ve. Chikkhatte tinter ding ah a tlakmi pawl cu:

- Siangngakchia pawl kha an zawtnak chung in sidin lo in suimilam 24 a tlin hnu lawng ah sianginn an kai kho tthan lai.(acetaminophen, ibuprofen, Tylenol, tbt.)
- Dawmlonak siangngakchia pakhat khat kha 100.4 thiltuahmi ah tlamtlin tein a tel kho lo mi riantuan tu pawl nih an hmuh tikah.
- Damlonak sianginn nurse tenih zohkhawhding asilo mi le a dang a thiam taktak mi an zawtnak he a tlakmi a thiam mi an umlo caah tin a hau.
- Siangngakchia a tanglei damlonak a

ngeimi pawl, ngandamnak lei a thiammi an zoh i adang tein chiah a hau haulo tiah an zohmi.

Ngandamnak lei zulhphung

Kan Iowa peng tayazung lei le Fimcawnnak zung lei nih Iowa siangngakchia vialte tangcheu in tang hleihinh tiang a tanglei bantuk in ngandamnak curriculum cawnding pawl hi a tuah.Zulhding pawl ah a telmi hna pawl cu: Pumpak ngandamnak, rawl le eidin lei kong; himbawmnak le nunthiamnak ding; ngandammi eidinnak; inn chungkhar kong; sithalo a thawngmi le thawnglo mi; zu, sihkawng le pioson a telmi pawl; nupa sualnak, minung thanning cang; lungretheihnak damhdeuhnak; chunglei in mah he ipehtlaihnak; pumsa lei le a lenglei ngandamank; ngandamnak thilri pawl; zzawtnak khamhnak le tlawmternak; ichawnh khawhmi pawl zawtnak pawl; zawtnak tha deuhlo syndrome pawl kong.

Ngandamnak lei kong hi an mah an i talk ning cio le a kum rup in le an theih khawhning cio in kan tuah hna. Tang sarih a thawkka in i chawnh khawhmi zawtnak kong pawl kan chimh hna i nu pa sualnak in a chuakmi i chawnh khawhmi kong hna an cawn cang. Siangngakchia hna nih Iowa kakuasi chunhnak zulhphung kha an tuah lai i tuah lo ding in lungtlinnak ngeihmi dah ttilo mi nih cun an chuahpi dih lai. Mah ah telo ding in an duh ahcun peng wwebsite ah fprm phih ding a um lai.Mi cheukhat mah cawnmi pawl zoh le hlatlai a duhmi nih cun sianginn zung pawl chgawnh in hlat khawh asi. Nu Pa/ Zohkhenhtu pawl a lung a tlinglo mi an um ahcun an sianginn sayacui sin ah ca a ttial lai i a siangngakchia tel lo ding in a chimh hna lai.

*Hika hin zoh [Board Policy 502](#) -
Ngandamnak
[Board Policy 514](#) - le cawnnak
Health Education*

Sianginn i Ikhawndennak

Siangngakchia pawl nih sianginn i ikhawndennak a um sual tikah nurse sin ah an kal lai. Nupa/ Zohkhenhtu ahcun emergency kong ah, emergency pawl theihter an si lai. EMS pawl nih kha an sianginn he a naihbik nak bik sizung ah an kalpi hna lai. Sianginn i tonmi paoh poah kah a can ning tein report pek asi lai i sianginn administration zung ah an chiah lai.

Hika hin [Board Policy 515](#) - Student Health - Injury or Illness at School

Siilei konglam

Sianginn nurse sin i siangngakchia ngandamnak kong an chimh ahhin siangngakchia ngadamnak kong ah tha bik in kan bawmh khawh hna. NuPa/ Zohkhenhtu pawl kha sianginn kumkhat viokhat min khumhtthan lio ahkhan an ngandamnak kong kha a tlengmi lungretheihnak a um maw tiah kan hal than hna. Mah konglam pawl hi cun mithehterlo ding an si i sianginn nurse kha a herh ko tiah kan ruah caan ah kan chimh hna.

Pumsa in lentecelhnak tuahmi

Siangngakchia nih pumsa lei in tuahmi lentecelhnak lei ah a tuah khawhlo ahcun Sibawi sin in a nih cu thil a tuah kho lai lo ttimi cattial mi aherh lai. A herh caan ahcun, sibawi sin in ca a lak lai i pumsa lei tuahi a tuah kho cang ttimi ca he a ra kho tthan lai.

Sianginn ah sidinnak

Siangngakchia pawl cu an mah te in siidin ding ken a ngah lo. Sidin ding poah poah cu nurse sin ah an pek lai i ngandamnak zung nih a herhning in an pek lai. Mah si pawl hicu nu pa nawlpeknak minthuh he nawlgeitu nih peknak nawl a ngeih lai. Mah tuahnak ding form hicu sianginn website ah lak khawh asi lai. Si pawl cu

sidawr nig an pekmi bu lawng in rak ken a ngah lai. Sipawl cu a mah le kum rup in pek a si lai i a mah label a chin i a ttialning in pek an si lai Ngandamnak le kong/ Iziaklomi pawl Nu Pa nih sianginn ah an fa le ngndamlonak lei kong kha an chimh hna lai i an mah ngandamnak he a tlak ning in zohkhenh ding ah sianginn lei he an tuahtan lai i a herhning in an zohkhenh hna lai.

Middle le High School sianginn siangngakchia hna nih cun acetaminophen asiloah ibuprofen, si voiruk kumkhat chung ah din khawh asi lai cucu nurse nih a herh mi lawng a pek hna lai i Nu Pa lungtlinnak lawng in pek an si lai. Mah form hicu UMS le UHS caah fom phih lio ah phih chih a ngah i kan website zong ah lak a ngah ko.

Zulhdng phung bantuk in, siangngakchia asthma a ngeimi asiloah thawchuah a harhmi pawl hna nih cun Nu Pa theihpinak he an si kha sibawi nih din uh a tti ning in din ding ah an i ngeih lai. Sianginn nurse nih nupa lungtlinnak cattialmi a ngeih lai.

- Sianginn ah si ipeknak lei kong fom [medication authorization form](#).
- Si sianginn i pekning cang hna fom - [student self administered consent form](#).

Sianginn Nurses

Ngandamnak lei kong cu sianginn nurse/ asiloah ngadamnak lei bawmtu sin in hmuh khawh asi. Sianginn nurse nih sianginn thanchonak ding ca le a herhning lei an damlo ning he a tlaning in kha akhan pi hna i a herhning in abawmh hna, siangngakchia dang caah dawnkhan tu silo ding, mah tein zohkhenhnak le cawnnak pawl an tlakning in an zoh chih. Mah hi cu ngandamnak le cacawnnak fonh in siangngakchia nih an damnak le an hmuitinh an hmuh khawhnak hnga ding caah asi.

Ngandamnak lei zuhlphung

Code, Kan Iowa peng tayazung lei le Fimcawnnak zung lei nih le UCSD Board of Directors Iowa siangngakchia vialte tangcheu in tang hleihinh tiang a tanglei bantu in ngandamnak curriculum cawnding pawl hi a tuah.

Zulhdin pawl ah a telmi hna pawl cu: Pumpak ngandamnak, rawl le eidin lei kong; himbawmnak le nunthiamnak ding; ngandammi eidinnak; inn chungkhar kong; sithalo a thawngmi le thawnglo mi; zu, sihkawng le pioson a telmi pawl; nupa sualnak, minung thanning cang; lungretheihnak damhdeuhnak; chunglei in mah he ipehtlaihnak; pumsa lei le a lenglei ngandamank; ngandamnak thilri pawl; zzawtnak khamhnak le tlawmternak; ichawnh khawhmi pawl zawtnak pawl; zawtnak tha deuhlo syndrome pawl kong.

Ngandamnak lei kong hi an mah an i talk ning cio le a kum rup in le an theih khawhning cio in kan tuah hna. Tang sarih a thawkka in i chawnh khawhmi zawtnak kong pawl kan chimh hna i nu pa sualnak in a chuakmi i chawnh khawhmi kong hna an cawn cang.

Mi cheukhat mah cawnmi pawl zoh le hlathlai a duhmi nih cun sianginn zung pawl chgawnh in hlat khawh asi. Nu Pa/ Zohkhenhtu pawl a lung a tlinglo mi an um ahcun an sianginn sayacui sin ah ca a ttial lai i a siangngakchia tel lo ding in a chimh hna lai.

*Hika hin zoh [Board Policy 609](#) -
Ngandamnak le cawnnak Health
Education*

Homebound ttimi kong

Homebound fimcawnnak ttimi siangngakchia caan suapi sianginn a kai

kholo mi cu a khan chung sayate/asiloah/ inn i cachimtu nih ttha tein ca a chimh lai. NuPa hna nih mah bantu in inn ah cachimh a hau ko tiah a hmuhmi kha an sayaci sin ah a chimh lai. Sianginn sayaci nih thil sining pawl kha a tuaktan lai i inn ah cachimh a herh maw herhlo ttimi kha biachahnak a tuah lai.

Umnak inn ngeilo mi kong

Kan peng sianginn Board of Directors pawl hi umnak inn ngeilo mi siangngakchia pawl theihding ah kan peng chung ummi ngakchia pawl caah tuanvo an ngei. Umnak inn ngeilo asiloah mino sianginn kai kum “ pawl hna cu a tanglei bantu in kan langhter:

- Umnak inn ngeilo ngakchia asiloah Mino cu Kum 3-21;
- Ngakchia, zan ah ihnak hmunhma hmunkhat teah ttha tein a ngeilo mi cun a tanglei bantu hna hi an i tel:
- Ngakchia a dang chungkhar in umnak ngeihlo ruang i a hrawm mi (chungkhar kharkhat leng in) umnak in ngeih tilo ruang ah, phaisa ngeihlo ruang ah,asiloah hartuk ruang ah, motel i um chung ruang ah,hotel ah,asiloah camp hmuhhma hna i umnak ngeih lo ruang i um, emergency asiloah khatlei khatlei thialnak ding hmun i umnak, sizung ah chiahtak mi minung, asiloah ngaktah umnak ah chiahdin in a hngak lio mi hna.
- Ngakchia zan ah riahnak a ngeimi asinain a hmun a fianglo mi asiloah minung zan ihnak ah an tuah i an um sawh sawh tawnnak hmun.
- A child who is living in a car, park, abandoned buildings, substandard housing, bus or train station, or similar setting; or
- A migratory child/youth who

qualifies as homeless because of the living circumstances described above.

- Mino inn in a tlimi asiloah Mino inn in dawimi asi mi.

Kan Peng sianginn nih umnak ngeilo ngakchia asiloah Mino caah a tanglei bawmhnak bantuk pawl mahlawng silo in, cacawnter hrim hrim ding, a hlei cacawnnak, Mirang ca cu Cawn holh cawnnak, ESL cawnnak, thaalcaan cawnnak asiloah programs pawl, a dang hika sianginn a kaimi pawl nih an hmuhmi bantuk tein kan tuah cio lai.

Atam deuh in bawmh/ konglam theih na duh ahcun, zaangfahnak tein nan sianginn pricipal pawl chawn hna uh, asiloah counselor asiloah siangngakchia Director pawl 11152 Aurora Avenue, Urbandale, Iowa 50322 asiloah 515-457-5025

Hika hin zoh [Board Policy 546](#) - Umnak inn ngeilo ngakchia le Mino

Sianginn in chun ah inn lei tinnak kong

Kan himbawmnak ding caah, elementary siangngakchia pawl cu cacahimh lio caan ahcun sianginn in leng ah chuah kan senh hna lai lo, nu pa zohkhenhtu hna nih zung chung ah an rat i an lak hna lawng lawng ah leng ah chuahter an ngah lai. Ca ttial sawh sawh mi in le asiloah phone chawnh sawh sawhnak in siangngakchia inn ah kan tinter hna lai lo. Na theihthiamnak cung ah kan i lawmtuk nafa a himnak hnga ding caah asi. Biaholding na ngeih asi ahcun rak kan chawn te.

Middle le high school siangngakchia hna cu Nu Pa/ zohkhenhtu nawlpeknak le zunglei lungtlinnak he cun an chuak kho ko. Sianginn a kir than tikah kan kir than cang tiah an sign than a hau lai.

Elementary le middle school sianginn pawl cu chuncaw ei caan ah an sianginn innka kan khar. Siangngakchia a hohmenh chuncaw ei caan ah leng chuah a ngah lo.

Hika hin zoh [Board Policy 539](#) - siangngakchia sianginn kai lio caan i tinternak

Thil Tlau le Hmuhthan mi

Sianginn poah poah nih thil thlaumi le hmuhthanmi cu tha tein an fim hna. Cu caah siangngakchia nih thil pakhat khat a tlawl sual ahcun thluami hmuhthanmi pawl chiahnak ah tha tein a kawl a herh. Siangngakchia nih a ngeih mi thilri pawl ahkhan tha tein an min ttial ah a tha. Phaisa, tangka bawm, wallets, nazi le a dang a man a fakmi pawl poah poah cu zung chung ah kan fim hna lai. Thil hlamlo mi poah poah cu sianginn kan khar sin in zarhnhnbak ah mibawmmi pawl sin ah kan hlut dih lai.

Hika hin zoh [Board Policy 448](#) -Mah thilri mah tein tuanvo i laknak

Messages

Riantuantu hna nih siangngakchia sin ah biachimhnak cu Nups/ Zohkhenhtu sin in tuah asi ali aherh sual ahcun.

Khat le khat izawmhtheih- ithlendanlonak Policy

Urbandale Community Peng Sianginn i a kai mi Sianginn ngakchia vailte hna Mibu sin ah tel terlonak, Thathnemnak pawl pek duh lonak, asiloah Urbandale Sianginn nih tuahmi chung in Miphun ruang, Taksa a zawng thleidannak, Zumhnak ruang, Biaknak ruang, Thitumnak (program caah)

, Minung chuahkehnak, Chuahkehnak miphun ruang, Tlamtlilnak ruang, Nu siruang Pa siruang ah, Nu le Pa, Kum (Rian ruang ah) naupawi ruang, asiloah Hawikomhnak le Sipuazi ruang ah pheo le thleidan khawh asi lo. Kan Districts policy ummi cawnnak program vialte le hmuhkhawhmi vialte cu sianginn ngakchia nih a herh bantuk in le duhnak a ngeihmi bantuk in, man ngei in le, thil tikhawhnak le, asi kho mi pawl a herhnak bantuk in kan bawmh lai. Thleidannak kong i thinhun ingpuannak a um tikah phunzianak tuah ding zulh phun a um. Hi kong he pehtlai in bia halding na ngeih ahcun zaangfahnak tein 11152 Aurora Ave, Urbandale, IA asiloah 515-457-5000 ah kan chawn te. Districts compliance zohkhehtu Coordinator Stepheniae Davis (compliancecoordinato@urbandaleschools.com, Director of Student Services.

Kan Peng policy ahcun cawnding mi i a telmi pawl ahkhan miphun a dangmi tampi US ah kan umnak kong le riantuanmi a dannak cio le, kan nundan a danning cio kha minung dihlak caah onh dih asi. Kan cawnmi i a sawhduhmi cu cawnding tuahmi chunglawng i cawnmi tumh deuh i cun nu pa sinak, miphun, miphun tenau, biaknak, kum le pum tlamtlilnak ca i zawmhtaihnak hna umlo ding hi asi. Mah kan cawnmi nih kan ram nih a tlaimi a herhmi tuahnak le zumhnak lei zong an si.

Halnak le hlaihlainak cu pawl theih na duh ahcun dirct in kan peng sianginn uk sinah pehtlai khawh asi:

- Superintendent,
Urbandale Community School District,
11152 Aurora Avenue, Urbandale, Iowa
50322 515-457-5000
- Director of the Region VII Office of Civil Rights,
U.S. Department of Education, John C.
Kluczynski Federal Building, 230 S.

Dearborn St. 37th Floor, Chicago, IL,
60604 (312) 730-1560
fax (312) 730-1576
OCR.Chicago@ed.gov

- Iowa Civil Rights Commissioner,
<https://icrc.iowa.gov>
(515) 281-4121
- Iowa Department of Education, Grimes
State Office Building, Des Moines, Iowa
50319
(515) 281-5294

Urbandale Community School District
Complaint tuahning cang cu kan policy
cauk ah tha tein a ttial dih ko. Nu Pa
zolphung, siangngakchia, le comunity
member pawl zulhphung tiah an um [Board
Policy 229](#). Mah copy pawl zong
Principal's zung ah lei kan peng District
Administration zung ah lak khawh an si.

Tamdeuh in bawmh chap an hauh asi
ahcun, Peng Sianginn uk sin ah chawn
bia te, 11152 Aurora Avenue, Urbandale,
Iowa 50322 asi loah 515-457-5000
phone chawnh khawh asi.

*Hika hin zoh [Board Policy 545](#) -
Equal Educational Opportunities;
Prohibition of Harassment and
Bullying of Students*

*Hika hin [Board Policy 602](#) - Equal
Educational Opportunities*

*Hika hin [Board Policy 603](#) - Multi-Cultural,
Gender Fair Program*

**Nupa nawl ngeihnak le thuhlonak [SF 496](#):
may 26, 2023 minthut**

Zohthannak/ thil pawl laknak

Sinagngakchia an thancho khawhnak
ahcun nupa le sayate hmunkhat ah
riantuanttinak in a si. Nupa pawl cu Fale
chimh mi ca cawnmi pawl , library ca

chiahmi pawl le, fale cawnpiakmi pawl zohnak nawl nan ngei.

Nule paw nih nafa chuimh ding ah remh le thiehter na duhmi an um ahcun, hika ahhin zeitindah tuahning asi ttimi pawl an tial hna:

- [Policy 0631A: Selection of Instructional Materials](#)
- [Regulation 0631A-R\(1\)-R\(1\): Instructional Materials Selection \(I. II\) Regulation](#)
- [Policy 0631B: Instructional and Library Materials - Inspection](#)
- [Exhibit 0631B-E\(1\)-E\(1\): Request To Prohibit A Student From Checking Out Specific Library Materials Form](#)
- [Policy 0631C: Objection To Instructional Or Library Materials](#)
- [Exhibit 0631C-E1-E\(1\): Reconsideration Of Instructional And Library Materials Request Form](#)
- [Regulation 0631C-R\(1\)-R\(1\): Objection To Instructional And Library Materials - Reconsideration Of Instructional Materials Regulation](#)
- [Policy 0632: Libraries / Media Centers](#)

Min/ Auh ningcang hna

NuPa siangngckahia nih mah le duhning in auhmi cio in le duhning in auhnak cu registrater tuah tikah tuah khawh asi.

Register tuahnak leing in tuah na duh soal asi ahcun, Nu pa/ Zohkhenhtu pawl nih hika hin nan kan theihter lai [here](#).

Public Hearings

Mipi nih public hearing tuah an duh asi ahcun, baord sin ah an chuah pi lai. Tlamtlinlonak ruang, Nu siruang Pa siruang ah, Nu le Pa, Kum naupawi ruang, asiloah Hawikomhnak le Sipuazi ruang ah pheo le thleidan khawh asi lo.

Kan Districts policy ummi cawnnak program vialte le hmuhkhawhmi vialte cu sianginn ngakchia nih a herh bantuk in le duhnak a

ngeihmi bantuk in, man ngei in le, thil tikhawhnak le, asi kho mi pawl a herhnak bantuk in kan bawmh lai. Biachim tu pawl nih minutes pathum cio caan an ngei lai.

Thleidannak kong i thinhun ingpuannak a um tikah phunzianak tuah ding zulh phun a um. Hi kong he pehtlai in bia halding na ngeih ahcun zaangfahnak tein

Board member pawl nih mipi hearing ahcun chiarman nih nawlpeknak lawng in biachim a ngah lai. Board pawl nih a herh ahcun action an lak lai i a hnu ah a herhning in public meetinf ah an tuah lai. Hika hin thil kalning pawl zoh hna.

See [Board Policy 0218- Public Hearings](#)

NuPa Sayate Bu (PTO)

Nu Pa/ Zohkhentu hna cu sianginn lei he asi khawh chunh in i pehtlai ding in kan tuahmi asi. Sianginn poah poah nih mah le Nu le Pa organization bu an ngei cio hna i chungkhar le riantuantu hna he an i bawm lai. Mah ti kan tuahnak hi cu sianginn lei riantuantu hna le an mah lei thiehthiamnak ding ah asi. PTO hna cu peng sianginn lei he a pehtlaimi asi ahcun asi ning tein tuah a hau. Asinain, PTO atelmi vialte nih board policy kha an zul dih lai.

- [Karen Acres PTO](#)
- [Webster PTO](#)
- [Olmsted PTO](#)
- [Valerius PTO](#)
- [Urbandale Middle PTO](#)

Pumpak thilri tuanvo ilaknak

Kan Peng le agents le riantuangtu hna nih cun thilri pawl sianginn vuang chung ah, remhding ah, a dang tlending ah, an hmuhthan mi hna caah tuanvo an ngei lai lo.

*Hiak HIn zoh [Board Policy 448](#) -
Responsibility for Personal Property*

**Personal Property/Electronic
Devices/Cell Phones/Cellular Watches**
**Under construction pending policy
changes to align with recent legislation.**

**Thanchonnak report /Conferences pawl
tuahning**

Siangngakchia thanchonak kha nifate tuah hna an hau. NuPa tonnank conferance cu kum khat ah a tlumbik voihnih tel cu kan tuah lai. An thanchonak kong cu cattial in na ngah lai. Voihnih tal cu catial in na ngah lai. Tang 6-12 kar kha cu an powerschool zohnak in zoh khawh an si lai.

*Hika hin zoh [Board Policy 637](#) - Student
Progress Reporting*

**Mipi nih sianginn chung ah umtuning
dan**

Kan peng nih sponsor mi asloah an tuahmi vialte ah kan siangngakchia pawl kai i ziezong vialte ah tel khawhnak a ngei dih lai. Aleng zohtu pawl kha sianginn lei in tuahmi puai pawl ah zoh a ngah lai i kan peng policies he a tlak ning lei umtu ziaza he an zoh lai.

Mileng umtuning:

- Thiltuahmi dawkan in mi an leng lai lo in a dang an hnorsuang hna lai lo.
- Biathalo hman lo, tuahsernak chia, asiloah biathlon an hman lai lo.

Mah abantuk an zulh lo ahcun sianginn in thawl an si lai.

Mileng pawl cu an rat sin in zung ah an ra lai i an chimh hmasa hna lai. A khan zoh an duh aisa chcun, sayate an hlan kan in an chimh chung hna lai. Mileng vialte nih ccawnnak an dawn hnna lai lo. Zung riantunatu le sinagngakchia , riantuantu

caah an tha bik in khuakhan asi lai.

Biaka tha lo, umtu tha lo, takpum langhter asiloah tuahsernak thal/ pawl cu mileng sin in kan cohlan lai lo. Peng zunhg le community zong ah kan cohlan lai lo.

*Hika hin zoh [Board Policy 1013](#) - Public
Conduct on School Premises
Hika hin zoh [Board Policy 1007](#)-Visitors*

Special Tha tein cawnnak pawl

Mah cawnnak nih an tinhmi cu kum 3-21 tiang a lak tein chimh an ngah .Heartland Area Education Agency (AEA), pawl nih a tha bik an ttimi tuahding an chim hnu ah a tha bik in khua kan khnagtti tawn hna. Holh lei chimhnak pawl cu preschool in high school tiang kan chimh tawn hna. Tangnhni tang le kan peng sianginn ah mithar paoh poah ca mirang ca kan tuahteer tawn hna. Mah hi cu pumpak in asilole sayate nih interview an tuah tawn hna. IEP team nih an bawmh hna. Mah hnu ahkhan a herh ahcun an hnu a dang voikhat kan tauhthan tawn hna. Tha tein hlaihlai a herh ahcun holh lei le biachim lei tuanvo ngeitu nih nupa an theihter tawn hna.

More information about special education services can be found on the [Iowa IDEA Information website](#).

*Hika Hin [Board Policy 613](#) - Special
Education*

Sianginn Board Meetings

Sianginn Board pawl nih Urandale sianginn i cacawn ding pawl hi zohkhenhdng tuanvo an lak. Minung 7 kha kumli ah viokhat thimthan lengmang ding in kan peng nih vote kan tlak hna. Borad member pawl cu lakhah an hmu lo. Aliam cia general thimnak thimnak cu November thla nihni ni odd number a

ciah caan ah thim asi tawn.

Urbandale Community School sianginn Board of Directors nih an meeting kai ve tawn ding ah an in sawm. Meeting cu 6:30pm in an thawk tawn i mipi kai a ngah ve. Meeign chiekhkan dingmi pawl theih an duh ahcun hika hin zoh [District Simbli site](#).

Hika Hin [Board Policy 209](#) - Board Meetings

Hika Hin [Board Policy 210](#) - Notice of Meetings

School Resource Officer

School Resource Officer (SRO) is the official title of an officer serving the District in a permanent capacity. When the officer is absent, another member of the department will substitute and be referred to as the Police Liaison Officer.

Kan Peng officer cu palek he a pehtlai i Polk County Juvenile Court, le sianginn sining, sianginn ah a herhmi hlathlai, aherhning in thanwgpek, ziazaa lei remhnak, himbawmnak, NuPA/ Zohkhenhtu chawnhbiak, truancy tazazung, inn lengnak, le kum tlinlo he pehtlainnak te hna hi an si. SROs Officer nih kan peng nawlgeitu lw sianginn nawlgeitu pawl he an i tong in anherhning in an bawm hna, mah palek nih parking, trafiic kong lei a herhmi puai kong tiang in tuanvo an lak i si lei a tongmi le thil thalo a tuahmi hna kha kan peng law ning in dan an that han. Le middle school Kan peng himnak palek cu a zung hi high school an kan chiah.l.

Pum tlamtlinlomi theIndannak/ Federal zulhpung section 504 policy chuahmi

Section 504 nih kum1973 i chuahmi phunglam nih Rampi cozah lei bawmhnak kong le an damlo nak kong ah thleidan a phih, zumhtiah khawh le thlendan khawh

an si lo. Mah zulhpung 504, kan zulh khawhnak ding ah Urbandale Community sianginn nih sianginn riantuantu le siangngakchia zawmhtiah nek kan khamh. Mi zeibantuk hmenh nih pum tlamtlinlo ruang ah theih ko bu in mi nek le zawmhtieh sianginn vuang chung ah siseh kan sysytem chung ah a ngah lo. Urbandale Community Peng Sianginn hi zulhpung 504 ning bantu in tuanvo kan ngei. Mah chung ahcun, zulhpung 504 hi zoh i zeibantuk siangngakchia dah a ngah lai ttimi zoh, cun an mah he a tlak ning bantu in 504 a ngahmi siangngakchia kha cachimh le a dang dang tuahpiak hna hi an si.

Nu Pa asiloah Zohkhenhtu nih kan sinaginn lei thiamnak a ngeimi i an tuahmi pawl hi an lung a tlinlo asiahcun, theldannak umlomi impartial officer sin ah kan chuak lai i biaceihnak a um lai.

Chungkahr fimcawnnak le privacy nawlgeihnakt (FERPA) zong nih cacawnnak lei record kong tha tein a hrilhfiah. Mah tinvo nih hin Nu Pa / Zohkhenhtu hna kha a tanglei covo hi a pek hna:

1) An fa cacawnnak record kha zoh le hlathlainak nawl;2) Mah pawl kha copy catlap in tuah khawhnak nawl;3) Mah record zohnak nawl a ngeitu hna pawl min pawl theihnak nawl;A chung i a um mi kong pawl kong finternak ka tuah uh tiah halnak nawl;

A dik lomi, a silo ning in ttialmi asiloah ngakchia covo a chuht tu report a ummi pawl kha ka remh piak uh tinak nawl; le Sianginn nih an remh duhlo asi ahcun tazazung ah biachiahnak nawl. Director of Special Education, Melanie Hatch, 11152

Aurora Avenue, Urbandale, Iowa 50322,
hatchm@urbandaleschools.com.

Chungkhar lei kong riht privacy (FERPA)
he a tlakmning in tuah an si lai:

1. An fa cacawnnak record kha zoh le
hlathlainak nawl;
2. 2) Mah pawl kha copy catlap in tuah
khawhnak nawl;
3. Mah record zohnak nawl a ngeitu hna
pawl min pawl theihnak nawl;
4. A chung i a um mi kong pawl kong
finternak ka tuah uh tiah halnak nawl;
5. A dik lomi, a silo ning in ttialmi asiloah
ngakchia covo a chuht tu report a
ummi pawl kha ka remh piak uh tinak
nawl; le
6. Sianginn nih an remh duhlo asi ahcun
tazazung ah biachiahnak nawl

Siangngakchia Kawlnak

Khapmi thilri

Sianginn pawngkam ngandamnak, himnak
le ningcang tein um khawhnak ding caah,
siangngakchia nih sianginn tual ah,
sianginn mawtaw cung ah, asiloah sianginn
cawlcanghnak asiloah puai ah an i tel lio
asiloah an i tel lio ah khammi thilri an ngeih
awk a si lo. rungrul, firmi thilri, asiloah
sianginn phunglam hnahnawhnak pek ding
in timhmi thilri asiloah thilri dangdang hna.
License a ngeimi sianginn riantuantu hna le
himnak asiloah zohkhenhnak caah rian a
ttuanmi District riantuantu dang hna nih,
("nawlpekmi hna") nih, nawlpeknak ca um
loin, siangngakchia pakhat, siangngakchia
thilri, siangngakchia thil chiahnak kuang,
sianginn thilri, cabuai, thilri, asiloah
riantuannak hmun hna i a tanglei langhtermi
thil sining tangah sianginn pawngkam
himnak, ningcang le ningcang kilvennak
caah an kawlnak khawh.

Pumpak kawlnak, a ruang ummi lunghrinhnak

Siangngakchia, an thilthuam, an bawm,
*pumpak thiamnak thilri, asiloah
siangngakchia nih a ngeih mi asiloah a
pawng ah a ummi a dang pumpak thilri
pawl kawlnak, le sianginn thilri cung i
mawtaw pawl kawlnak cu sualnak tuah a si
tiah lunghrinhnak a um lawngah tuah a si lai
asiloah siangngakchia nih hlathlainak a
tuahmi sianginn phunglam a buar tiah
lunghrinhnak a um lawngah tuah a si lai cu
bantuk buarnak tehte. Kawlnak cu kawlnak
tinhmi he aa pehtlaimi lam in tuah a si lai i
siangngakchia kum le nu le pa sinak le
phungbuarnak sining he aa tlaian a hlei in
hnahnawhnak a pek lai lo. Siangngakchia a
um lo ahcun, upa dang pakhat a um lai i
siangngakchia cu kawlnak tuah hlan ah
siseh, kawlnak tuah hnu ah siseh, kawlnak
kong theihternak tuah a si lai. A ruang
ummi lunghrinhnak cu hi bantuk thil hna hi
ruah tikah a chuak kho:

- Sianginn riantuantu hna nih mit in
hmuhmi zohfelnak
- zumhawktlakmi hmun in hmuhmi
thawngpang
- Siangngakchia nih lunghrinh awk a
simi ziaza
- Siangngakchia tuanbia, hi thil lawng
nih hin lunghrinhnak hrampi a pek
khawh lo nain
- A fiangmi thil sining tehte.

*Himnak a fak tukmi thil sining ah.

Aa tlakmi Kauhning

Subsection [512.2\(1\)](#) ah a langhtermi
siangngakchia asiloah an thilri kawlnak
vialte cu kawlnak a herhnak a chuahtertu thil
sining he aa pehtlaimi a si lai i aa pehtlaimi
thil sining hna ruahnak cungah hram aa
bunh lai, cu hna lakah aa telmi cu:

1. kawlnak tuahmi phungbuarnak phun;
2. kawlnak khawhmi siangngakchia hna kum
3. asiloah kum le nu le pa sinak; tlintar dingmi tinhmi hna;
4. Emergency nih cun tlai loin kawlnak a herh.

Tuah ning

NawIngeitu hna nih siangngakchia pakhat kha an bawm, pumpak thiamnak thilri asiloah a dang pumpak thilri pawl kha on, on le/asiloah hlonh dingin an fial khawh, siangngakchia nih an kut ah khammi thilri a ngeih tiah lunghrinhnak a um tikah. Siangngakchia nih a zulh lo ahcun, uknak lei riantuantu pakhatkhat asiloah an thimmi nih siangngakchia asiloah siangngakchia thilri kha upa dang pakhat hmaiah an kawlnak khawh. Siangngakchia kutdonghnak aa telmi asiloah thilthuam (tahchunhnak ah, angki asiloah kedan) phoih aa telmi kawlnak cu siangngakchia bantuk in a si khawh ahcun nu le pa aa khatmi nih a tuah lai i pumpak in le nu le pa aa khatmi tehte hmai ah tuah a si lai. Emergency thil sining ti lo ahcun (tahchunhnak ah, siangngakchia nih amah le amah asiloah midang a hliam khawh hna lai tiah zumh a si), riantuantu dang hna nih kawlnak an tuah lai lo. Siangngakchia ruak kawlnak caah thilthuam kawlnak, pum chung khur kawlnak le ritnak sii rim a hmumi saram hman cu ngah a si lai lo. Pumpak kawlnak ah khammi thil pakhatkhat hmuh a si ahcun, aa tlakmi dantatnak tuah khawh a si. Thilri, ngeih cu phungninglo a si kho men, cu nawIngeitu hna sinah pek khawh a si.

Thil chiahnak kuang, cabuai, le sianginn thilri

Caankhat hnu caankhat zohfelnak - thil chiahnak kuang, cabuai le a dang thilri le hmunhma hna cu siangngakchia hna caah caan karlak caah pekmi an si ko nain, pengkulh ta a si zungzal. District nih a ngeih i siangngakchia hna caah upatnak caah pekmi a si. Zohfelnak cu siangngakchia asiloah a tlawmbik midang pakhat hmai ah tuah a si lai. Caan hman tein zohfelnak ah khammi thil pakhatkhat hmuh a si ahcun, siangngakchia cu aa tlakmi dantatnak pek a si kho, cun thilri pawl, phungninglo a si khomi hna cu nawIngeitu hna sinah pek khawh an si.

Kawl

Uknak lei riantuantu nih siangngakchia nih khammi thilri a ngeih tiah lunghrinhnak a um tikah thil chiahnak kuang, cabuai asiloah a dang pekmi thilri asiloah hmunhma kha a kawlnak khawh. Kawlnak tuah lio ah siangngakchia cu a um a hau lo, asinain midang pakhat a um lai. A dang nawIngeitu hna nih siangngakchia pakhat kha an thil chiahnak kuang, cabuai asiloah a dang pekmi hmun asiloah hmun kha on dingin an hal khawh i siangngakchia nih hmun ah khammi thil a ngeih tiah lunghrinhnak a um tikah a chung thilri kha phuan khawh a si. lungtlinnak. Kawlnak ah khammi thilri pakhatkhat hmuh a si ahcun, siangngakchia cu aa tlakmi dantatnak pek a si kho, cun ngeih awkah phungninglo a si khomi thilri pawl cu nawIngeitu hna sinah pek khawh a si.

Upadi Zulhphung nih Kawlnak

Pengkulh Palik Pehtlainnak Zung riantuantu ti lo cu upadi zulhphung riantuantu hna nih tlaihkhinnak, a dikmi nawlpeknak ca asiloah upadi nih a onhmi a dang a ruang a um lo ahcun siangngakchia, an thilri, cabuai, thil chiahnak kuang asiloah mawtaw pawl kha sianginn hmun ah kawlnak nawl an ngei lai lo.

[Board Policy 509](#) - Siangngakchia Ziaza le Chimhhrinnak zoh

[Board Policy 512](#) - Siangngakchia Kawlnak zoh

[Board Policy 634](#) - Hlathlainak Program zoh

Thilri

Siangngakchia hna cu a hrampi le a za tawk thilri ngeih ding rian an ngei. Cawnnak pakhat cio caah cazin cu na fa sianginn ah asiloah sianginn website ah pek a si. A dang theihhngalhnak caah sianginn saya/mah pawl kha va zoh hna. Sianginn thilri he pehtlai in bawmhnak na herh ahcun na sianginn zung kha pehtlainnak tuah.

Mawtaw tlunkalnak

Urbandale Community School sianginn nih cun tlunkalnak ding cash Durham School Services hi kan human hna. Tandeuh theih na duh ahcun hika hin zoh [District website](#).

Siangngakchia nih Bus an i cit tikah an tumnak ding le an kainak ding hmun i hngah hi a biapi tuk. A tlnegnawng mi an um ahcun zarhkhat a hlankan in na kan chimh lai. Bus chung i chuahluhnak kha phunhnh in a um, i thil pawnipang tonsual ahcun mah ning khan zulh asi lai.

Bus Citning

Himbawm te le tha te le, mawtaw cung umning tein um ding ah mawtaw cit pawl zong kha an herh zungzal. Mawtaw tu le a cit mi him khawhnak ding caah a tanglei bantuk hi an zulh lai:

- Na thutnak ah thu
- Kut, ke le a dang pawl tha tein chia
- Na kut Bus chung ah chia
- Enter/Exit bus ah pakhat te te in
- walking feet / ke hman
- Biatha le tuahsernak tha hman hna
- Cohlamh, ku zauh, le/cun nih in bus driver dongr
- Mah kha hmuhma pe hna.
- Na thut nak te ah thu
- Bus thiag tein chia
- Upa biachim mi ngai hna
- Na thilri tha tein zohkhenh hna
- A caan hman tein bus hngak
- Harnak a um mi poah poah upa chim hna

Ziazaq thalo asiloah a ciatuk mi thatlonak a tuahmi siangngakchia pawl cu bus cit lo ding in pricipal/ zung riantuantu pawl nih an tuah lai.

Bus kha video camera an chaih lai i siangngakchia ziaza kha tha tein lang ding in an tuah lai. Zung riantuantu pawl nih tha tein a zoh than lai i a tlakmi dantatnak a pek lai.

Siangngakchia Bus dang a citmi

Siangngakchia himbawmnak ding cash siangngakchia nih an mah acit dingo bus silo in a dang bus a cit kho lo. Pawipang a um sual ahcun Nu Pa / zohkhenhtu nih an sianginn pricipal an chimh hnu lawng ah bus dang cit a ngah lai.

Siangngakchia Bus tum ning (Bus dirnak ah)

Kindergarten-1st tangkhat pawl cu upa nih hngahlo ahcun anmah duh in bus in a tum kho lai lo Nu Pa/ Zohkhenhgtu/nawIngeitu/ Chuahpi Unau) nih Bus dirnak in don an hau. Driver nih upa a hmuh hna lo asi ahcun sianginn pricipal bawmtu sin ah a chawnh lai i a chimh lai. Sianginn nih Nu Pa upa a chuanh khawh hna lo asi ahcun thim ding lawm dang aum tilo caah Urbandale Police Department zung lei bawmh hal in a chawnh hna lai.

Mah hi hi PreK a kai mi IEP a ngeimi siangngakchia ca zong ah kan hmanmi zultphung asi.

Mawtaw tlunkalnak/ Kan Peng Bus kong

Kan peng sianginn nih tang KG in tang 8 tiang mile 2 leng a ummi a don hna lai i tang 9-12 tiang mile 3 leng Urbandale High School a ummi a don hna lai.

Bus/Ke kal/Bus man pek /Hmantlak pawl hika hin zoh khawh asi

Information/Maps can be found at these links:

Kindergarten siangngakchia man pek mi ph aisa laknak.

[Karen Acres Zone Map](#)

[Olmsted Zone Map](#)

[Valerius Zone Map](#)

[Webster Zone Map](#)

[UMS Bus Zone Map](#)

[UHS Bus Zone Map](#)

[Elementary Boundary Map beginning 2023–24](#)

Mawtaw citman pawl

Lamkhat lawng semester khat	\$103.00
Lamhnh in semester khat	\$206.00
Lamkhat lawng, semesters 2 ca	\$196.00
Lamhnh, semeters 2 ca	\$392.00

Lam khat lawng = AM asiloah PM, zanlei = Zing he Zanlei He AM &PM

UCSD sianginn mileng kong

Mileng vialte nih sianginn zung ah an luh lai i meleng pass an i lak hna lai i mah hnu lawng UCSD ah sianginn chung ah an umthu kho lai. Mah bantuak tuah loa ahcun a hnu ah sianginn ah kan lengter ti hna lai lo. Mileng , vonlunteer zong an i tel di i kan curriculum konglam ah, UMS le UHS nih soiangngakhcia pawl kha (UCSD sayate nih zultlo in kal a ngah lai lo) , siangngakhica , sayte, a leng counselor/EFR, le member zong nawl lak ta hmasa a hau lai.

Zohthanak

Sianginn himbawmnak ding ahcun a cozah nih pekmi ID a hau lai.

Board policies vialte cu ahhin hmuh khawh di asi. Mah chung ahhin articles pahra an um. A tawinak pawl cun a tanglei ah na hmuh khawh hna lai. Mah he a tlakbik in tuah asi zungzal. Bord policy cu kum 5 ah voikhat lengmang remh asi. Theln na duh ahcun hika hin zoh tawn han.hika hin tlengding ah hngah deuh a haumi hna zoh khawh an si.

(Thiehternak: raptor sysytem ah sianginn don le lak duh ahcun signing tuah ahau lai).

Visitor Management System

The Raptor system establishes a consistent and uniform visitor check-in process as it has two main functions: 1) issues a dated visitor check-in badge/sticker complete with

a name, photo, and destination, and 2) screens individuals against sex offender registries in all 50 states and several territories within the United States.

How It Works

- UCSD mileng nih main office in an lut dihlai i an driver leicnces an kan hmuhsak lai asiloah Cazoh nih pekmi ID an kan piak lai(Theihternak: Raptor in singinn tuah khan cu a hau lai lo zeiruung ahadah ti ahcun, an mah hrim hrim nih an don i an tlah hna lai caaha si)
- Barcode kha raptor i pekmi kha an scan lai i electronic in an zoh lai
- Mileng nih US tuahmi cozah ID a ngeih lo asi ahcun Raptor ahkhan minkhumhnak a tuah lai i mahka ahkhan a chuahni thla a um lai i cun mah khan kan zoh lai
- Mah raptor system mileng min le chiuakni thla kha kan rampi register ah sex offender asi maw si li timi an check lai. Mah iDi ancun an herhni pawl zong an um dihlai
- Cun mah bantuk mining thalo asi asaul ahacun Sayaci nih a rannak chung in kan peng upa pawl a chimh colh hna lai i a herhning in tuanvo lak a hau colh lai
- Mi pakhat khat nih ID pek duhlo asi ual ahcun, sayaci asiloha nawlgeitu kan tlahter hna lai i cun, kan peng thil kalining in kan tuah colh lai.
- Mah ahkhan a tlahlo mi asi sual ahcun, mileng kha nithla tha tein pek asi lai

- Mileng badge/sticker kha an min an tial an si lai, hmantlak, le lengnak hna. Bagde/ sticker pawl kha tha tein an i tawnh hna lai
- Ngakchia pawl ID a ngeilo mi kha leng khawh a ngah ko lai nain Upa nih rat pi an si lai.
- Mileng pawl poah poah cu chekin le chek out tuah lengmang a hau lai i an tin lai kha a chimh hna lai.

Kan mileng kha lengding in raptor nih nawl an pek hna ahcun an mah ID hmuksak an ahu ti lai lo. An lengnak cu tha teijn tuah asi lai i sticker /bagde tuah piak an si lai.

A biapi bik cu siangngakchia le staff himbawm tein ching kha asi.

Nan khan bawmhnak cung ah kan il lawm hringhran i kan sianginn him tein na chiah caah kan i lawm.

Volunteers

Volunteer pawl sianginn ahcun tha pek an si. Zaangfahnak tein siangngakchia he riantuan ding ah zung ah kan cawn te. Volunteer cu backgrpoung chek cu tha tein kan tuah hna lai. Hika hin zoh

See [Board Policy 1009](#) - Community Service; [Board Policy 434](#) - Volunteers; [Board Policy 1010](#) - Community Use of School Facilities.

Board policy konglam

Board policies pawl vialte cu hika hin hmuhkhawh an si [Simbli website](#). Mah kha ahcun 10 a dangmi pawl policies pawl an um hna. Cun, a bikin chim duhbiknak cu, hika handbook ahhin a um hna. Mah list pawl hicu mi dihlak in pek ding caah asi. Board policy pawl cu kum 5 ah voikhat lengmang kan tharchuah tawn. Tha tein thlenmi le tuahmi cu tuan tein timhtuahnak kan ngei tawn. Zaangfahnak tein [Simbli website](#) ahhin atlngding mi pawl zoh than hna.

Policy Name	Policy Number	Keywords
Affirmative Action	426	Discrimination, bullying, harassment
Attendance Requirements	508	Attendance, compulsory, excused, unexcused
Complaint Procedure	229	Complaint process, forms
Controversial Issues	620	Academic freedom, controversy, multiple point of views, right to disagree
Emergency Drills	642 , 919 , 920	Drills, threats, plans
Emergency School Closings	531	Extreme weather, emergency conditions
Entrance Requirements	502 , 514	Immunizations, proof of age
Gift Laws	450 , 534 , 810	Gifts to employees, class gifts, group gifts, bequests
Hazardous Chemical Disclosure	433	Hazard chemical program
Homework	633	Practice skills, guidelines
Instructional Materials: Selection, Inspection and Reconsideration	627	Objection, withdraw, copyright
Internet Appropriate Usage	606A	Email, online, acceptable use, safety, security
Media Center Guidelines	537 , 632 , 627	Circulation, reconsideration, instructional materials, library records
Open Enrollment	504 , 602 , 626	Non-resident student,

		continuation
Religious-based exclusion from school programs	612	Religious beliefs, alternate activity
Social Events	524 , 643 , 643 R1	Holiday parties in schools
Student Behavior and Discipline	509A , 509B , 509C	Student behavior and discipline, weapons, threats of violence
Student Complaint Procedures	536	Complaints made by students
Student Fees and Fee Waivers	532	Book rental, damages, fines, lost materials, textbooks
Student Health-Communicable Diseases	518	Attendance, exclusion, reporting
Student Photographs	542	Student portraits, opt out
Student Records	535	Permanent record, right to view, disclosure
Student-Family Relationships	540	Custody, disagreements, court order
Talented and Gifted Education (Extended Learning)	614	Gifted, advanced, special program
Teaching of Religion in the District	621	Religious history, curriculum, academic inquiry
Tobacco Prohibited	916	Smoking, e-cigarettes, cigarettes, smokeless tobacco

Appendix A: UCSD Elementary Schools

Contact Information

Karen Acres Elementary School

Principal: Dania Wilson
3500 74th Street
Urbandale, IA 50322
Main Office: (515) 457-5700

Olmsted Elementary School

Principal: Dr. Deborah Bordenaro
Dean: Kara Paulson
7110 Prairie Avenue
Urbandale, IA 50322
Main Office: (515) 457-5800

Valerius Elementary School

Principal: Lara Justmann
Dean: Derek Wilkins
3305 92nd St
Urbandale, IA 50322
Main Office: (515) 457-6500

Webster Elementary School

Principal: Anna Taggart
Dean: Sara Grieme
12955 Aurora Avenue
Urbandale, IA 50323
Main Office: (515) 331-8600

Sianginn kaicaan/ tin caan

Siangngakchia pawl kha sianginn thawk hlan minites 15 in an phan lai. Nupa hna nih siangngakchia pawl kha tuan tuk ah rak tlah hna hlah uh,a hlei in nikhua a chiattuk ni hraim hraim an cun tuantuk ah rak tlah hna usih.

Elementary sianginn caan pawl:

Sianginn caan hman kaicaan

Innkaa hun: 8:35am

Sianginn kai le kailo cu suimialm in thawk : 8:50 am

Tin caan : 3:40 pm

Tuandeuh sianginn ttin caan

Siangngakchia vialte cu suimilam 2 nak tuan deuh in an tin lai

Sianginn tin caan: 1:40 pm

Mah le mah thatdeuhnak

Mah kle mah thatdeuhnak tuah mi hieu cacawnnak le kan thiamnak kha zeitindah asi ti i mah le mah tha tein thachoding kha asi. Zuldin cawnnak, practices tuahnak asi, cun an kan chimh mi kha tha tein ngeih a tha. Mah caah ahcun amh le mah ibawmh i chunglei in a cangmi asi kha a biapi tuk cuta cun tha tein le a thanchomi kan si lai. BBU timi mah le mah thatnak kong cu, sianginn le kong, cun an kan chimh mi hna kha tha tein kan cohlan caah asi i iowa riantunatu le kong he a pehtlaumi he an tuahmi asi.

Himbawmnak
Mah le midang pqwl he himbawmnak a tuah
Thilri tha tein hmang ning
Tuanvo laknak
Tha tein ngeih i tha tein bialehnak

Harnak pawl an tlakning tein tuah khawh
Cacawnnak ding ah thilri tha tein chiah ding
Caan tha tein le caan hman tein hman ding
Zaangfahnak
Midang ruahnak le duhnak kha theihthiam ding
Midang he a tha lei in ichawnhbiak

Hika hin [Board Policy 509](#) - Student Behavior and Discipline

Hika hin [Board Policy 543](#) - Student Expressions

Curriculum

Art

Siangngakchia violate tang K-5 cu an special say nih an chimh hna lai. Art project pawl cu an level ning le caan hman tein tha tein an chiahter hna lai i kumkhat chung an hman lai.

Music

Vocal - Siangngakchia K-5 , pawl cu schedule ning in an chimh hna. Tang 4-5 Chorus zong an chawng, i siangngkchai nih an mah lei zuamning in an i tel.

Thilri pawl - Cawnnak lei mitampi reharsal tuahnak ding pawl cu tang 5 pawl caah caan hman tein kan ngeih hna. Nuap/ Zohkhenhtu nih thilsining kong hi tha tein an theih lai i kumkhat chung an canwg lai.

Pum lei cawnnak

Pum lei cawnnak pawl cu K-5 in an mah class cawnnak in an cawng cio lai. Gym i lentecelhnak ah tennise shoos an herh lai. A dang shoe a nam mi pawl cu a ngah ko

lai, a mah belte tuang a hrawh dih lo a hau lai. Kedan cu Gym class caah ahcun a hau hrim hrim mi ais.

Hika hin District [curriculum website](#) for additional information

Ngandamnak zohnak

Nagndamnak zohnak cu, a san, a rit zat, mit hmhuhnak, le hna theihnak hna hi an herh ngai. Ha cheknak pawl kha tangcheu ca zong ah a herh lai. Nafa kha chek na duhlo asi achun, sianginn ah kan chim te. Nupa/ Zohkhentu hna kha mit cheknak, hna cheknak, le ha zhek nak ah kan zoh hna lai.

Hna theihnak

Hna theihnak hna cu a biapi tak tak mi asi, caah cawn, ngeih, le thacho hi a biapi tuk. Hna theihlonak le nagdamnak/ asiloah cacawnnak ah a herh sual ahcun zoh an si lai. Mah caahcun, Urbandale Community School Districts nih Heartland Area Education Agency an herh lai. Nafa kha aherhning le herhlo in kan tuah hna lai lo.

Siangngakchia pawl mah cheknak i a awnglo mi hna cu tha tein an test than hna lai i hna a theilo mi hna cu Nupa chimh an si lai. Nupa Zhokhernhtu pawl kha kna chim hna lai. Hna lawng a theilo mi an si ahcun an sining tein kan chimh hna lai, Nafa kha naihrawng te i an hna a chat sual ahcun nan zohternak hna kha khika

khi zoh law zeizong vailte kan zoh piak lai. Cun, Nurse nih a hna a theih le theihtlo kha an zohnak a si lai.

Nafa kha a hna chek piak na duh i an

mah sinaginn i audiologist nih zohter na duh asi ahcun sianginn kan kai zarkhatnak ah kan chim colhte. Hna cheknak lei kong i baihalding na duh asi ahcun, sianginn nurse asiloah pricipal sin ah kan chim te.

See [Board Policy 515](#) - Student Health Services

Chuncaw/ Thaithawh

Mileng pawl kha chuncaw/ thaithawh siangngakchia he eiti a ngah ko. Cawk duh ahcun, zaangfahnak tein sianghinn kha suimilam 9:30 hlan ah kan chawn law kan cah te. Nupa chuncaw ei a duhmi cu an fale chuncaw eicaan he a tlakmi an duh can poah an i thim kho ko. (Thachunhnak ah: Fst ffod” hna an rak ken asi ahcun sianginn leng ah an ei a hau lai. Nupa lawng nih fale kha a leng rawl rak put a hnga lai.

Hikan hin [Nutrition Services website](#)

Sianginn counseling kong

Sianginn counselor pawl kha sianginn poah poah ah tang K-5 tiang caah an um dih cio lai. Counselor pawl cu singakchia pakhat in, a bu in, asi lo ah classroom ah an bawmh hna lai. Counselor pawl cu siangngclahi cawnnak academic, social, le emotional herhmi pawl kha an tuah hna lai.

Counselors pawl nih nupa ca a tanglei bantuk in an bawmh hna lai:

1. Conferance kha pumpak le Nupa/zohkhenhtu pawl kha an si ning le a herhning vilate bawmh dih ding.
2. Nupa nih a tha lei in tuah le chimhhrin, chawnhbiak le harnak phisin pawl kha an tuahmi asi lai.

Ahleice Nili schedule

Elementary sianginn pawl nihli chung
bantuk in kan tuah i mah ni hna cu, 1,2,3, le

4 an si. Nikhua a chiattuk ruang in ,
emergency i a tlengmi vilate cu nikhau le
caan nih a pek than bantuk kan tuah lai.

Appendix B: UCSD Middle School

7701 Aurora Avenue
Urbandale IA 50322

(Phone) 515-457-6600
(Fax) 515-457-6610
(Attendance) 515-457-6605

Urbandale Middle Sianginn Riantuannak, Hmuhning, le Biakamnak

Urbandale Middle Sianginn nih aa tinhmi cu riantuan ttinak le pehtlaihnak fek sernak thawngin middle level siangngakchia vialte kha a himmi le bawmchantu pawngkam ah cawnpiak ding a si.

Urbandale Middle Sianginn hmailei ruahchannak cu siangngakchia vialte kha an fimcawnnak ah i telter in kum zabu 21 cawnnak kha nunnak ah chuahpi ding a si.

- Kan sunsak i kan i kam:
- A fekmi, a thami pehtlaihnak ser
- Sianghngakchia cawnnak zohkhenh le bawmhchanh
- Siangngakchia-a hngatchanmi cawnnak le cawlcanghnak ah timhtuahnak le i telnak
- A thami, a himmi cawnnak pawngkam pek
- Riantuan ttinak le bu riantuan ttinak
- Sianghngakchia vialte herhmi tlinternak caah thleidannak
- Mi vialte nih cawnnak pehzulhnak

School Hours

7:55 am - 3:05 pm

Contact Information

Name	Position	Email
Dr. Lindsey Cornwell	Principal	cornwelll@urbandaleschools.com
Jennifer Silvay	Associate Principal	silvayj@urbandaleschools.com
Tucker Regan	Dean of Students	regant@urbandaleschools.com
Yerliana Reyna	Tang 6th Counselor	reynay@urbandaleschools.com
Sterling Greiner	Tang 7th Counselor	greiners@urbandaleschools.com
Marissa Gabriel	Tang 8th Counselor	gabrielm@urbandaleschools.com
Amy Stroud	Nurse	strouda@urbandaleschools.com

Lentecelhnak pawl

Lentecelhnak pawl konglam theih na duh asi ahcun hika hin zoh hna.

A phanh/chuah caan

Sianginn kai ni a um lo caah thiamnak lei tthanchonak caan pek ding in timhtuahnak an ngei. Sii lei/ha sibawi tonnak tibantuk chungkhar herhmi zohkhenh ding timhtuahnak caan tha a si. Sianginn kum chung ah suimilam 2 hlan deuh in rian phuahnak pali a um. A bik in nithla hna cu Pengtlang calendar ah an khumh [District calendar](#).

Nu le pa hna nih fale tuan tein kuat lo ding in kan nawl hna, a hlei in khuacaan a chiat ni hna ah. Riantuantu vialte cu thiamnak tthanchonak ah an um caah hi caan chungah zohkhenhnak kan pe hna lo.

Siangngakchia pawl cu saya/mah asiloah cawlcanghnak bawmtu he an um hnu le laknak ding timhtuahnak an tuah hnu ah an um lo ahcun 3:15 ah sianginn an chuahtak awk a si. Nikhua a chiat ni ah siangngakchia pawl cu 3:30 tiang vestibule

ah an hngah khawh.

Caan suaimi

Sianginn Ni

Siangngakchia an phanh caan: 7:30-7:45 am

Sianginn aa thawk: zinglei 7:55 am

Rian dinh caan: 3:05 pm

2-tuan deuh in chuah

Rian dinh caan: 1:05 pm

A Tha deuhmi U Sernak

Building a Better U thiamnak tahfung nih aa tinhmi cu ngakchia dihlak nih cawnnak ah an hmanmi lam kha tawlrel ding a si. Fiang tein cawnpiaknak, tuahsernak caantha, le hi thiamnak hna kongah ruahnak cheuhnak peknak nih fimcawnnak le riantuannak hlawhtlinnak a bawmtu dingmi midang he pehtlainnak le midang he pehtlainnak thiamnak a dammi tthanchonak ah a bawmh. A tanglei BBU thiamnak kong thawngthanhnak cu fimcawnnak tthanchonak thawngthanhnak he pehtlai

a cang lai, cun lowa Riantuan khawhnak Phunglam cung ah hram bunh in siangngakchia nunnak thiamnak tthanchonak kong he pehtlai in aa telmi hna sinah a biapi mi ruahnak cheuhnak a pek hna lai.

A him
Hmun dangdang ah lungthin le ziaza kha aa tlak ning tein a tawlrel.
Riantuannak
Caan kha aa tlak ning tein le ttha tein a hman.
Mi zawnruahnak
Anmah hmuhning he aa dangmi hmuhning kha hngalh.
Upatnak
Biafang le bia loin pehtlainnak thiamnak kha ttha tein a langhter.

Chimhhrinnak a phichuak fianternak Hrennak

Hrennak cu sianginn kai hlanah, sianginn dih hnu ah, asiloah siangngakchia rawl ei caan chungah pek an si. Sianghngakchia pakhat cu uknak lei nih thonginn ah an chiah ahcun, zung ah report an tuah awk a si. Sianghngakchia pakhat cu saya nih hrennak ah a chiah ahcun, hrennak rian a petu saya/mah cawnpiaknak hmun ah report an tuah awk a si. Siangngakchia nih sianginn rian pekmi asiloah hrennak ah pekmi rian dangdang hna kha an tñan a hau. Thonginn ah report tuah lo ahcun dantatnak dang a chuak lai.

Sianginn chung rian phuahnak (ISS)

Sianginn chung rian dinhternak cu siangngakchia hna sinah phungbuarnak a fah ning asiloah zung kuatnak ah an phanhmi tlukruannak cungah hram bunh in pek khawh a si. Sianginn chung rian phuah cu zohkhenhmi dai tein cawnnak caan a si. Siangngakchia hna cu rian pekmi ningin pumpak sianginn rian le a dang rian hna kha lim dingin ruahchannak an ngei lai.

Sianginn leng chuahnak (OSS)

Sianginn leng chuahnak cu zung kuatnak timhtuahnak ah a dang a phichuak pakhat in pek khawh a si. Siangngakchia hna cu rian dinh caan chungah an tlaumi rian paohpaoh remh than ding rian an ngei. Rian pek khawhnak ding caah zeipaoh tuah khawh i zuam a si lai. Sianghngakchia nih inn a chuahtak hlanah thilri timhtuah khawh a si lo ahcun, a hnu deuh ah sianginn zung ah rian lak khawhnak ding caah nulepa/zohkhenhtu hna he timhtuahnak tuah a si lai.

[Board Policy 509](#)- Siangngakchia Ziaza le Chimhhrinnak zoh

[Board Policy 543](#) - Siangngakchia Langhternak zoh

A tlai deuhmi

Nikhat chung pumpak cawnnak ah tlainnak nih a tanglei thil sining a chuahpi lai:

- 1 cacawn tlai = saya/mah ralrin peknak
- Cawnnak ah tlai
- 2 = saya ralrin peknak
- tardies to class = nulepa phone chawnh
- 4 tardies to class = nulepa phone chawnh, saya/mah he 3:30 tiang hren
- 5 tardies to class = ruahnak petu/core teacher team sinah kuatnak, siangngakchia

riantuannak timhtuahnak dirhmi le
nulepa sinah hrawmmi

- Buainak a um peng ahcun,
Siangngakchia Dean/Associate
Principal sinah kuat, nulepa le
siangngakchia he tonnak tuah a
hau

Rawl le Din

Siangngakchia nih sianginn ah thazaang
petu dinmi le caffeine aa telmi dinmi an i
ken awk a si lo. Mah ah sianginn kai hlan
le rawl ei lio zong aa tel.

Sianginn ah lenglei rawldawr le thilri
zuarnak dawr rawl le dinmi zehmanh
luhpi khawh a si lo. Rawl kuat ding le
chiah ding in order tuah cu kham a si.
Zeibantuk thil sining hmanh ah hruaitu nih
a hlankan in hnatlaknak a tuah a hau.

Cawnnak

Taksa Cawnnak

Siangngakchia vialte cu pum
cawlcanghnak ah i tel dih a hau.
Siangngakchia pakhat nih a kai lomi
cawnnak ah aa tel lonak ding le a tuah
tthannak ding caah ngandamnak
zohkhenhtu sin in ca ttialmi a herh.
Nulepa/Zohkhenhtu hna nih an
siangngakchia ngaihthiamnak ca an pek
khawh hna; sihmanhsehlaw, hi bantuk in
ngaihthiam a simi cawnnak paohpaoh cu
siangngakchia nih PE saya he caan
khiahmi a hnu deuh ni ah a tuah a hau.

Gym hnipuan cu i telnak caah thim khawh a
si. Sianginn nih siangngakchia hna cu P.E.
vialte ah an min ttial ding ruahnak a pek
hna. thilthuam.

Middle sianginn cawnnak kong he pehtlai in
a dikthliar in theih na duh ahcun, District
cawnnak website ah va zoh.

[curriculum website.](#)

Sianginn ruahnak cheuhnak program

Sianginn ruahnak petu hna cu
siangngakchia vialte bawmhchanh ding
an um lai. Ruahnak petu hna nih
siangngakchia hna he pumpak in, phu
hmete in le sianginn ah rian an ttuan.
Ruahnak petu hna nih sianginn ah
siangngakchia pakhat cio an fimthiamnak,
zatlang nun le lungthin lei herhmi kong he
pehtlai in saya/mah hna he ruahnak an
cheuh hna. Ruahnak petu nih an fale
zatlang nun thlennak le lungthin lei damnak
kong he pehtlai in pumpak
nulepa/zohkhenhtu hna he tonnak an ngei
kho.

Siangngakchia laknak le chiahnak

Siangngakchia himnak caah, mawttaw in
mawnggh/lakmi siangngakchia hna cu
lamkam lam in mawtaw chungin an
chuak/lut a hau. Mawtaw pawl cu kehlei lam
in an chuak lai. Siangngakchia nih lamkam
kha an hman awk a si i a cawlcangmi
laknak/thumhnak caan chungah\

Appendix C: UCSD High School

7111 Aurora Avenue
Urbandale IA 50322

(Phone) 515-457-6800
(Attendance) 515-457-6805

Urbandale High School Mission Statement - Focus on Learning
Urbandale High School Vision Statement - UHS will change the world!

Administrators

Tim Carver	Principal	515-457-6801	carvert@urbandaleschools.com
Casey Goodhue	Associate Principal	515-457-6802	goodhuec@urbandaleschools.com
Lance McConnell	Dean of Students, last names A-K	515-457-6803	mcconnelll@urbandaleschools.com
	Dean of Students, last names L-Z	515-457-6804	
Jared Power	Director of Activities and Athletics	515-457-6994	jared.power@j-hawks.com

School Counselors

[Counseling Office](#) Hours 7:00 am - 3:30 pm Monday through Friday

Jill Duffield	Counselor, last names A-E	515-457-6819	duffieldj@urbandaleschools.com
Amber McKenna	Counselor, last names F-K	515-457-6818	mckennaa@urbandaleschools.com
Austin West	Counselor, last names L-Q	515-457-6817	westa@urbandaleschools.com
Carmen Salter	Counselor, last names R-Z	515-457-6816	salterc@urbandaleschools.com
Brittany Frey	Registrar	515-457-6812	freyb@urbandaleschools.com

Sianginn kai hnu UHS tuahmi pawl

Thil tah tein a kal khawhnak hnga UHS ahcun tha tein zohkhenh an si, cu caah sianginn i tuahding a ngeilo mi siangngakhcia poah poah cu inn ah kan tinter dih hna. Upa zohnak umlo in

sioanginn ah an duh poah in kan umkal ter hna lai.

UHS sianginn i kan himbawm deuhnak ding ah kan bawm ding in kan in sawm hna. Nupa Siangngakhci pawl le siangngakhcia

pawl zeiodah an tuah timi kan zoh zungzal ko. Suimilam 3:30pm Nikhat nih in ni nga ni tiang upa zoh tu an um ti lo i a dong tu hna nih tha tein an zoh hna ahau. Sianginn i lentecelhnak asiloha riandang an ngeilo mi poah poah cu a cunglei caan hlan ah a tha tuk lai.

Tha deuh in tuahnak

Mah le mah tah deuh in tuahnak - le thiamnak cu ngakchia nih an thiamnak ding caah zulhnak asi. Cawnding chimhnak, cawnnak tuahsehnak, le fimchimhnak pawl an si i cun, mah le sining cio le

chun, a herhmi pawl cu cawnnak ah tuahmi pawl an si. A bawmtu an si hna. BBU thiamnak pawl cu a tha mi feedback theihter thannak an tuah lai i a tlamtling in an tuah lai. Iowa Employability Standards ning in tuah asi lai.

Keimah nih ka ruanhnak he a lo lo mi tuahsernak le cawnnak kan theihthiam khawh ko.
Kaa in chimhmi pawl cu tha tein kan tuah khawh ko hna.
Keimah niha herhning cawnnak le cawlcanghnak pawl ka tuah khawh ko.
Keimah tein a herhmi tuah le halnak a herhning in kan tuah khawh ko.

Collaboration

Peng sayate an tuan lai i / aherhmi thachonak le a dang pawl cu mah ni pawl hi cu sayate sianginn a kail ngakchia inn ah an um ni asi lai.

Buah laknak le Diplomas

Siangngakchia kan peng sianginn nih buahlak ding ah a tlak ko an ti mi hna cu diploma lading an si lai. Buahlak caan cu kumkhat voikhat in asi lai. Kan peng nih

thlachuah peknak, biaknak lei, asiloah thlacamnak an tuah lai lo. Bord of directors pawl nih nawl a ngeilo mi pawl cu diploma pek lo nak nawl an ngei lai. Siangngakchia nih buaih lak lio i thil tha lo atuah asiloah chimh khawh lo in an um asi ahcun Penguk sianginn bawi asiloah ah an mah nih nawl an pekmi nih buahlaknak chung in a chuah lai.

Siangngaakchia buahla ding poah poah nih mah diploma lak hieu an rat dih hrim hrim a hau. Tuan deuh i a lami hna le sianginn kai hnu pawl i a cawng i a dih mi hna pawl zong kha mah lio caan ahhin an la kh ve lai. Asinain, singangkchia nih nawlnak atuah ahcun, zung lei nih an zoh lai i a herhning in an bawmh lai. Credits pakhat hnih te lawng a duhmi an um ahcun buahlaknak ah an la kho ve ko lai nain an certificate cu an credits an dih hnu lawng ah pek khawh an si lai.

Pehtliahnak pawl

Sayate ke siangngakchia pawl hi zarh fate a bu in an i tong lengmang ko i amh cu connections tiah kan auh. Mah ahhin siangngakchia nih an mark, an schedule, power school, le a herhmi dang dang pawl an chimh hna. Connections timi zong nih siangngakchia miphun a cawhmi njha kha hmunkhat ah a funtom hna. UHS siangngakchia vialte hi pakhat le pakhat ipehtlaihank hi sianginn kai kum chung vailet an ngei dih ve hna. Connections caan claass kai cu UHS cahcun kai hrim hrim a herhmi asi.

Lamnak zulhphung pawl

Sinagngakchia nih lamnak ah arat ahcun ID hmuhsak hrim hrim a hau.

Siangngakchia nih Urbandale High School card a silo mi zong an mah ID a rak i ken

khawh ko. Cun, idang lam ding in an rat zong ah a rami poah nih ID ken dih i nawlgeitu kha hmuhsak hrim hrim a hau lai. UHS siangngakchia asi lomi caah ticket na cawh piak kho lo.

Siangngakchia asiloah khual a lammi hna nih voikhat an chuah cang hnu ahcun luhter than sianh an si ti lo.

Siangngakchia asiloah khual a lammi hna nih zoh dawhlo i an lam ahcun, mei kha lam chung vailte van i a ceu tak tak in lam dih asi lai.

Lam kan thawk hlan ah, zung riantuantu/ riankhinhmi nih DJ music kha a chek hmasa lai. A tha lo mi hla an tel ahcun, lam kan ngol lai i DJ cu kan au than ti lai lo.

Mah sianginn i sponsor mi lmnak cu privilege asi i ziaza ha lo i um sual ahcun mah cu cu thlau khawh asi i itel khawh asi ti lai lo.

Dawhcahlo lamnak pawl cu, mah hi an si i mah lanwg an si lo:

- Nupa sualnak he a lomi lamna, asiloah nupa sualnak bantuk aw chuah le lemsoi.
- Midang pakhat khat kha a tlaklonak hmun i tonghtham.
- A dang mizohnak ah a dawhlo mi pawl hna an si.

Iduhnak langtertuk

Siangngakchia hna cu an i duhnak le a i dawtnak langhtertuk i cawlcanghnak in hmuh khawh dih mi hna an si. Mah pawl cu caan saupi a kuh, i hnamh, i tonghtham piak, asiloah puma lei in zohdawhlo in i

tinghtham. Duhnak mipi sin in langhter nak cu chimhhrinnak dantatnak tiang na tong kho.

Sianginn cawnmi thlen/ Cawnmi bet chap

Cawnmi course thlennak cu nupa, saayte, counselor, le zung lei lungtlinnak lawng in tuah khawh asi. Cawnmi cu semester pakhat Ni 10 nak tiang lawng thlen khawh an si, mah caah cun zarh ruk hlan ah ituaktan cia dih a hau

Tuandeuh i graduation

Siangngakchia pawl cu sianginn kai kum a dih cangka asiloah sianginn graduation ni ah mah duh caan ah an tuah khawh , sianginn lei tuah ding an tlinh poah ah cun. Siangngakchia poah poah nih Urbandale High School ah a dih i buah la ding in an tlin a hau. Siangngakchia tuandeuh i a gradute mi poah cu sianginn lei cawlcanghnak le a dang dang ah an i tel kho ko asinain pron le buahlak ah an i tel lai lo.

Credits thimnak

Mah hi cu siangngakchia nih an tim mi asi, i sayte nih an bawmh hna, nupa, le counselors pawl zong nih graduate nak ah zeizat dah an herh lai timi pawl na zoh. Credis thimmi hna ah a telmi pawl hna cu, Art, Business, Computers, English, Family and Consumer Sciences, Foreign Language, Industrial Technology, Interdisciplinary/Integrated, Mathematics, Science, le Social Studies hna an si. Tamdeuh cu credit pakhat hi semester pakhat ah kanpek tawn hna.

Credits sauhdeuhnak

Siangngakchia nih credits graduation caah caan suah deuh hi an hal khawh (tahcuanhnak ah , college, correspondence, or consortium courses) hi sayaci nawl peknak in hal khawh asi.

Rawl/ tlumhang dinmi pawl

Pawl le tlumhang din mi pawl cu a leng ta asi ahcun a hmun ah ding dih asi lai cun siangin i a dang lei hmun phakh hlan ah din

ding asi lai. Zeitk hmenh ah siagnagkchia nih an leng in rawl cah asiloah midang rawl zuar nih rak put a ngah lai lo.

Rawl/ tlumhang dinmi pawl

Pawl le tlumhang din mi pawl cu a leng ta asi ahcun a hmun ah ding dih asi lai cun siangin i a dang lei hmun phakh hlan ah din ding asi lai. Zeitk hmenh ah siagnagkchia nih an leng in rawl cah asiloah midang rawl zuar nih rak put a ngah lai lo..

Siagnagkchia nih a herhlo mi thil pawm ah an bautuk len nakin an thiam khawhnah hnga le a dang dang tu in kan bvawmh hna lai. A tanglei ag hin zoh hna.

How Grading Works

Student Completes Evidence...

- Project
- Presentation
- Paper
- Assessment, etc.

1

- ▶ Evidence demonstrates level of proficiency on a standard learning requirement for a course.

2

Teacher scores evidence of learning using a proficiency scale.

Scale Score	Level of Performance	Letter Grade * WITH HONORS
4.0	Exceeding Grade Level Standard	A*
3.5	Partially Exceeding Grade Level Standard	A
3.0	Meeting Grade Level Standard	A
2.5	Partially Meeting Grade Level Standard	B
2.0	Approaching Grade Level Standard	C
1.5	Partially Approaching Grade Level Standard	D
1.0	Beginning	D-
0.0	No Evidence	F

3

Evidence is collected on multiple standards or learning requirements.

Scaled Score

- ▶ Scores for learning requirements are averaged using scale scores.

4.0	100
3.5	95
3.0	90
2.5	85
2.0	75
1.5	65
1.0	60
0.0	< 50

Average of all of the learning requirements converts to Traditional Letter Grade

4



Traditional Score Range

Letter Grade * WITH HONORS

99-100	A*
90-98	A
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
67-69	D+
63-66	D
60-62	D-
59 OR BELOW	F

Graduation nak ah a herhmi Buahlaknak ding ah a herhm

Gradute buahlaknak ding ahcun 46.5 credits a herh. Chimduhmi cu, semester pakhat ah credit pakhat tal ngah a hau.

Content Area	Specific Courses	Total Credits
English	English or Advanced English	2
	Language and Literature or Advanced Language and Literature	2
	American Literature or AP English Literature	2
	English Electives	2
Social Studies	Social Studies Electives	2
	United States History or AP United States History	2
	United States Government or AP Government/Economics	1
	Economics	1
Math		6
Science	Biology	2
	Chemistry (Beginning Class of 2027)	2
	Science Electives	2
Health	1 semester	1
Physical Education *	*See Below	2.5
Fine/Practical Arts		1
Computers	Computer Apps, Exploring Computers, College Computers, or Intro to Coding	1

Financial Literacy	Personal Finance	1
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PE cu an peng nih a tuahter hna bantuk in tuah asi lai i a herhning in sinagngakhcia pawl kha tuahter na si lai. Exemption Tuahterlo ding pawl le a herhmi pawl a hmusak khomi cu khawnhpek an si lai. Siangngakchia nih CPR certification cawnnak ngeimi graduation caah si a herh .

J-Hawk Diploma

Siangngakhcia zoh in sayate nih a tha ko an ti ahcun Harnak an phisin khawh ahcun n Urbandale J-Hawk Diploma kha na la kho i mah ahhin cun (39) credits lawng in lak a ngah i sianginn lei in tuahding vailet tucu a tlinh ve ahau.

Content Area	Specific Courses	Total Credits
English	English Electives	8
Social Studies	Social Studies History	2
	United States History or AP United States History	2
	United States Government or AP Gov/Econ	1
	Economics or AP Gov/Econ	1
Mathematics	Math Electives	6
Science	Science Electives	6
Health	Required	1
Physical Education*	*See Below	2.5
Fine/Practical Arts		1
Electives		7
Computers	Computer apps, Exploring computers, Intro to Coding, or College computers	1
Financial Literacy	Personal Finance	1

** PE timi Physical Education hi cu kan peng nih sibawi tein sin in tuahlo ding tiah ca kanmhmuh dah tilo ahcun , an cawng hrim hrim lai an ti mi asi. Sibawi tenih an tuahmi cu, an mah le an herhning cio in zunglei nih an cohla a hau. Siangngakchia nih CPR certification requirements for*

graduation an hmuh hrim hrim a hau

Honor Roll ngahmi

Semester pakhat ah Urbandale High School in 3.5 asiloah mahnak a sang deuh semester ah a ngahmi hna kha honaor roll a ngahmi an si hna. Siangngakhcia 4.0 a ngahmi cu upatnak catlap pek an si lai. Siangngakhcia honor roll a ngahmi semester voihnih in a ngahmi an umahcun acadamic letter an ngah lai. Cawnnak meicue cawnnak khan honor roll a ngahmi caah pek an si lai. Mah bantuk tuah cu tang 9 an si in ngah khawh asi.

Intervention

Siangngakhcia tha tein cacawn i aherhmi a tha bik in an cawn khawhnak hnga, intervention cawn caan an ngei lai. Siangngakhcia kha inteervention i an **chiah hna** asi ahcun an mah le annherhnak vilate an chimh hna lai. Intervention cu a mah le a herhning in zarhkhat voikhath in sinagngakhcia a herhning in a tleng ko lai.

Library Media Center Zuhphung

UHS LMC cu siangngakhcia mipi cash suimilam 7:30 in 3:30 tiang nifate kan on. Siangngakhcia nih thilri pawl kha ni 28 tiang, an i chiah khawh i mah hnu cun tharchuah a hau than. Thlau le hrawh ancun a man liam a si lai.

Library computer hna cu a ra hmasa sa poah nih an herhning in hman asi. Asinain, siangngakhcia nih computer kha hman a herh tak tak lo asi ahcun, a dang a herh tak tak mi kha a kianh a hau. Mah caan ahcun, ahhn cun, library nih laptop computer hlanh ding , le riantuantu asiloah staff pek ding a ngei lo.

UHS Makerspace cu siangngakhcia nih hman khawh asi i technology and creation thilri pawl he a herh tak tak mi nih an herhning in an hman lai. Siangngakhcia ;pawl kha S Makerspace rules zuluhphung he aherhmi caah asi i tha tein umthut a hau.

Library cu siangngakhcia dihlak caah on asi i class ningpi zong in tuah aherhmi asi. Siangngakhcia pawl cu, pawngkam le thilri kha tha tein an zohkhenh hna lai i an hman hna lai. Rawl le din mi (ti dah tilo) cu library ah luhpi a ngah lo.

Library computer lab, library itself, conference rooms le a nganmimeeting room pawl cu hman an herh caan poah ah riantuantunih aherhning in booking an tuah lai. Sianginn kailo ni caan ahcun, zung lei in booking an tuah lai. Ahman tu pawl nih an hmanna hmun cu hmunthur vilate an fim dihlai.

Thilri pawl tampi hi siangngakhcia le riantuantu nih hman khawh an si hna i mah hna cu g printers, scanners, flip cameras, a copier, le presentation tuahnak thilri hna an si.

Sinagngakhcia caah i Lockers

Sinagngakhcia lockers pawl cu kan peng ta an si. Siangngakhcia nih loacker kha kumkhat caah a hal khawh. Siangngakhcia nih peng nih an pekmi locker cu sianghinn thilri pawl le an mah nih a herh an timi pawl an chiahnak ah an hman hna lai.

Hopoah nih mah le locker thianghlim tein tha tein an chiah dihlai hna lai. Peng lei nih a herh an ti caan ah a caan caan teah locker

pawl cu an chek tawn lai i peng zultphung ning bantuk in a herh ahcun siangngakchia pawl zong an chek tawn hna lai.

Locker kha a hlakan in thawngthanh cia lo in ruahlo pi in, kum thluangthluan in cheknak kan tuah tawn lai.

Chuncaw/ Thaithawh

- Avoihnihnak nikhat ni in ni nga ni tiang ah a ngah i;engmang lai. Pumlei cawnnak le a dang pawl zong cawn an si lai in thaithawh cu eiding an si lai. Siangngakchia nih thaithawh ei ruang ah an hnu lai lo.
- Siangngakcia pawl cu chuncaw eicaan pahni chung ah an um lai.
- Siangngakcia nih an mah cabuai te an thian lai.
- Siangngakchia c commons timi einak ah an ei lai.
- Juniors le Seniors aherhning in open luch einak an ngah kho lai.
 - Tnag 9th le 10th pawl cu open luch an ngei kho lo.
 - Junior le Senior pawl open luch a ngeimi poah poah cu chucaw eicaan ah an chuak lai i aherhning in a caan te ah thil an tuah lai i sianginn chung ah minutes 5 hlan khan in an phan than lai. An chuah an luh tikah an ID kha sayate hmuhsak asi lai.

Open Periods pawl

- Tnag 11th le 12th pawl cu open caan ttimi an ngei kho lai.
- Mah open caan timi an ngeih khawhnak ding ahcun:
 - Nupa/ zohkhentu le zung nih nawlpeknak ngeih a hau lai.
 - Urbandale High School sianghgin ah hmuhmi thawnnak. (Sianginn tha tein kai i awndih a hau)

- Siangngakchia open caan a ngeihmi poah nih cun an caan upat tein hman a hau.(Caanhman tein luh in cun, a hnu cang ttimi bell tum hlan ah luh ding).
- Siangngakahica kha an mark a chiattuk asi ahcun open lucnh caan kha kan chuah tha hna lai i hnut le sianginn kai lo a ngah lai lo. NuPa zong nih mah bantuk cu an chuah ve hna lai.

Organization pawl

Siangngakchia nih tuahmi, ca lei he an pehtlai lomi pawl cu, catialnak in tuahding in hal asi lai i sayaci nih sianginn hman a ngah aw ngahlo ttimi kha sianginn kai hlan kai hnu caan zoh in tuahding tuahlo ding nawl a pek hna lai.

Caawnmi he a pehtlaimi pawl an si ahcun sianginn thilri hmanna pawl cun, kai hlan, kai hnu, lei cawnnak pawl zong aherhning in zoh an si lai. Cawnnak he pehtlaimi pawl nih an tuah hnga ding ah a tha deuhmi le a biapi mi pawl cun an tuah hlan ah nawlhal ta hmasa ahau lai.

Principal nih mah awpl hi an tuah lai maw, tuah lo ttimi le an group in tuahding pawl tha tein a chek dihi lai. An mibu nih a tanglei bantuk hi an tuah hna lai i biahalnak phih an hau lai:

1. Mah an chimmi ca hi a tekin hika ah chimh mi asi maw?
2. Mah an chim mi ca hi hika ah tuan ah chimhding mi subject ah a tel maw?
3. Mah cawn ding mi nih hi an group caah thiltha a chuahpi ding asi maw?
4. Mah kah i telding ah an halmi zeital a um maw?
5. Mah an i telmi nih hin sianginn credit an ngah lai maw?

Siangngakchia mah bauktuk cawnding in a tuahtu pawl poah poah cu volunteer in an si dihh lai. Sianginn sayate pakhat khat kha zohkhenhtu ding ah chia an si lai. Sihemnsehlaw, sianginn i sayate pawl kha cu meeting biakchiahnak ah an i tel hrim hrim lai lo. Cun, sianginn i a kailo mi ahohmneh mah kha group ahhin, an mah pumpuak in siseh, ruanhnak cheuhnak in siseh, an i tel kho lai lo.

Mawtaw Parking

- Siangngakchia mawtaw parknak cu pekmi asi i covo a si lo.
- Thate le ralrinte mawng cu a biapi: Cian tukin mawngnghi cu kan cohlang lai lo.
- Siangngakchia nih “Visitor” tiah kan tialmi ah an chia kho lo. (diagonal) mawtaw chia caan 3:30PM sianginn kai ni ah.
- Siangngakchia & UHS pawl nih senoir center ahcun akn chia lai lo, senoir pawl chiahnak ahcun an chia lai lo.
- UHS mawtaw tamdeuh chiahnak cu south le ah lei open filed lei ah chia an ngah lai. (swimming pool a hlun lei ah) Senoir pastor/ card pawl umnak ah chia an ngah lai lo.
- Atamdeuh chiahnak siangngakchia/riantunatu/mileng ca ahcun loin park lei campus lenglei zong ah chia an ngah lai. City nih a ngeihmi zulh phung he a tlak in chaih an si lai.
- Parking lot mawtaw chiahnak i speed limit cu 5 MPH an si.
- Mawtaw poah poah cu mawtw chiahnak i rinmi pahnih lakhawh ah tha tein dirter asi lai. A donghnak lei, mei lane, asiloah hrawnngung ah chia an ngah lai. Siangngakchia le sayate nih senoir center lei ah cun an chia hrim hrim lai lo.

- **Staff chiahnak cu number kan chenh dihhna:** Siangngakchia pawl nih number a kenhna hmun poah poah suimilam 3:30 hlan ahcun mawtaw chia an ngah lai lo. Siangngakchia nih number a tialnak hmun i suimilam 3:30 hlan i na park ahcun nan mawtaw kan in dawh piak hna lai i zulhphung he a lo in dantat asi lai.
- **Parking for seniors le e blue lines tuahmi motor dirternak :** Seniors pawl cu an mah le motor chiahnak te kan pek ve hna lai.
- Blue line i kasn tuahnak ahcun midang a hohmenhni mawtaw an dirter lo ding hi a biapi tak tak mi asi. Siangngakchia suimilam 3:30 hlan i blu line i a chaimi poah poah cu a cunglei in an tial bantu khan nawlbuar nan si.
- Mah caah chun UHS senoir nih nan mawnhmi motor cu mah le a hmun teah na chia a biapi tuk. Senoir chiahnak nawl pek lo in blue line i a chiami poah poah cu phungning in dantat nan si lai i nawl a zullo tiah tial nan si lai.
- **Senoir caah 150 dirtirnak hmun kan ngei.** Senior pawl kha blue line i parking an tin lo asi ahcun siangngakchia pawl chiahnak a dang zong an mawtaw an dirter khawh ko.
- **Senior parking cu caantha ngahmi asi.** Na pass kha midang pe hna hlah. Senoir cu pass kan pek hna. Na pass na thlau asi ahcun \$ 20 na liam lai i kan in pek than lai. Senior a si lo mi paas he kan in hmuh hna si ahcun kan i chuh than hna lai i kan pe than tihn lai lo.

The Urbandale High School & Urbandale Community School District cu mawtaw rawh/ fir/ thilri tlaumi ah tuanho kan la kho lo.

Siangngakhhcia tSpecial Education aherhmi hna

Sianginn dihnak i individualized education plan a ngeimi a kaimi poah poah zong an mah le a tlakning cio in cachimh le tuah piak an si lai. Mah hnu cu an gradute nak ding in khua a khantu hna cu an IEP's team pawl an si lai. IEP's team nih sianginn dihnak ah a tlakmi pawl aan zoh chunh lai i buah a laknak ding pawl ah an telh chih lai.

Hnut kong ah tuahmi

Cacawn ah hmaithlak.. Siangngakhcia vialte. Sinagngakhcia poah poah cu a caan hman teh sianginn a phan dih lai. Mah bantuk sianginn hnut/ sysyem nih hin a buaktlak in siangngakhcia vialte caah an fel khawhnak ding an tuah dih hna lai. Hnutnak nih hin cacawnnak le a dang vilate zong a dawnhkhann dihn tawn. Cucaah, mah pawl hi semester he a tlak in kan tuah hna.

Tardy is defined as: a student enters the classroom after the bell rings without permission and the teacher is ready to begin class.

When a student is tardy, the following actions will happen:

- Teacher updates PowerSchool and confirms the student signed in so that it is accurately documented (conversation with student).
- The attendance team will analyze tardy data periodically throughout each quarter
 - Students with excessive tardies will be referred for additional support and may face consequences which may include but is not limited to detention, loss of privileges (open pass, hall passes), instruction surrounding behavior, schedule changes, or structured lunch.

Students who are in chronic violation of these procedures may be subjected to an

attendance or behavior plan.

Non-compliance with an attendance or behavior plan will be considered insubordination per the code of conduct.

Sianginn dang hmuhmi mark thialnak

Siangngakhcia nih a hlan a kainak sianginn i a hmuh mi credits pawl kha a sianginn cohlan mi asi ahcun, hika ah thial khawh asi lai. Siangngakhcia nih cohlan mi sianginn i a kai lo asi ahcun, peng sianginn nih buah laknak ding ah a credits kha an cohlang lai lo.

Khawnhpeklo in sianhginn baunak

Khawnhpeklo in baunak cu sayate , counselor, Nupa, siangngakhcia le administration zung lei nih tunvo an lak lai. Pehzulh in bawmhnak pawl.

AB absence kong cu 50% le a zohkhentu a herhmi le cawnnak tuahtu nawl an si lai.

Atanglei a herhmi vialte pawl hi an tuah lai i zoh an si lai. Khawhhhalo in baumi le chimhrhinak hi an sining tek deuh a lawnh caan a um theu. cu sayate nih sianginn kainak a zohtu hna sin ah an hlui tawn hna.

1. saya nih siangngakhcia he bia a ruah i waring a pek. Sayate nih siangngakhhcia bia a ruah i inn a chawnh.
2. Sayate nih bai an ruah, inn cawnh, i dantat (a tanglei ah thil sining zoh)
3. Dean he iron i, sianhinn naghmi singh khawh. Dean nih inn chawnh.

Dean of Students he ton, counselor, sayate, le chungkhar he plan suai. Plan tuahmi zothannak. Class in chuahnak.

Siangngakhcia AB a tamtuk mi pawl cu a dang ah hlau an si lai i cun chuncaw eicaan le a dang dang saayate nih a herhmning in dantatnak tuah an si lai,

Appendix D: Grades K-5 & 6-12 Student Code of Conduct

Tang K-5 Code of Conduct

Abusive or Inappropriate language

Phungbuarnak phun	INawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Nihsawhnak Holh: Lamhruainak he aa pehtlaimi chiatserhnak (Minor)	Incidental swearing / nonverbal gesturing not directed at another person.	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak A hman lomi asiloah aa tlak lomi holh Phungbuarnak phun Nawlbuarnak fianternak	*Siangngakchia he tonnak *Legl zohkhenhtu he pehtlaihnaak tuah Cawnpiak tthan NawIngeihnak sunghnak Remdaihnaak/remhnak biaruaahnak
Nihsawhnak Holh: Lamhruainak chiatserhnak (Major)	Midang cungah chiatserhnak / biafang hmang loin kut hrolh asiloah a dang ningcang loin hmannak.		*Phungning tein zohkhenhtu he pehtlaihnaak tuah *Siangngakchia he tonnak NawIngeihnak sunghnak Remdaihnaak/remhnak biaruaahnak Cawnnak pawngkam in chuah Sianginn chung ah ni 1 tiang ngolternak Pehtlaihnaak timhtuahnak / tonnak (sianginn leng ah a herh)
Hremnak Holh: Lamhruainak a ngei lomi Hnawmhnak asiloah Nupa Sinak Holh (Major)	Midang sin ah a hrocermi holh / biafang hmang loin kut hlernak asiloah nupa sualnak holh / biafang hmang loin kut hlernak hman lo		*Phungning tein zohkhenhtu he pehtlaihnaak tuah *Siangngakchia he tonnak NawIngeihnak sunghnak Remdaihnaak/remhnak biaruaahnak

			Cawnnak pawngkam in chuah Sianginn chung ah ni 1 tiang ngolternak Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh)
Hremnak Holh: Lamhruainak Hnawmhnak asiloah Nupa Sinak Holh (A fakmi)	Iowa phunglam tangah aa telmi kilvenmi zatlang dirhmun he aa pehtlaimi pumpak pakhat kha a thleidanter khomi asiloah a thleidang khomi nupa sualnak holh le biafang loin kutcawnnak telh in holh le biafang hmang lomi kut hlernak. Huatnak bia OR fianternak, holhtheihlo biafang le/asiloah mi lungfahtert, nihsawhnak asiloah nihsawhnak tiah hngalhthiammi biafang hna aa tel kho, asinain mah lawng ah aa hngat lo.		*Phungning tein zohkhenhtu he pehtlainnak tua *Siangngakchia he tonnak *Title IX Hlathlaitu Coordinator kha pehtlainnak tua (nupa sualnak a si ahcun) Remdaihnak/remhnak biaruahnak Sianginn in chuah asiloah cawnnak leng cawlcanghnak NawIngeihnak/khamnak sungnak Caan suaimi thlennak Sianginn chung asiloah sianginn leng ah ni 3 tiang ngolternak Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh)
Zu he aa pehtlaimi			
Phungbuarnak phun	INawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Zu: Hmannak le/asiloah phawtzamhnak (Minor) a um lio ah	<u>Phunglam 0550 Rit-hai Sii hmansualnak zoh</u> Siangngakchia cu sianginn tual le/asiloah sianginn puai ah zu a hmangmi le/asiloah a phawtzamhmi hawikom hmai ah hngalh buiin a um i caantha pek a si tikah amah le amah aa hloh lo. Naih tein um khawhnak uknak Lamhruainak	A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman Cawnpiaknak pehtlainnak	*Phungning tein zohkhenhtu he pehtlainnak tua *Siangngakchia he tonnak

Zu: Ngeih le/asiloah hmannak (A fakmi)	<u>Phunglam 0550 Rit-hai Sii hmansualnak zoh</u> Siangngakchia cu sianginn pawng le/asiloah sianginn puai ah zu a ri asiloah a ngeih.		*Sianginn chung ah siseh, sianginn leng ah siseh ni 3 tiang rian dinhternak *Upadi zulhphung he pehtlainnak tuah A dang aa pehtlaimi lenglei agency pawl he pehtlainnak le/asiloah kuatnak
Zu: Phawtzamhnak (A fakmi)	<u>Phunglam 0550 Rit-hai Sii hmansualnak zoh</u> Siangngakchia nih sianginn pawng le/asiloah sianginn puai ah siangngakchia asiloah midang sinah zu a pek/a hrawm/zuar.		*Sianginn chung ah siseh, sianginn leng ah siseh ni 3 tiang rian dinhternak *Upadi zulhphung he pehtlainnak tuah A dang aa pehtlaimi lenglei agency pawl he pehtlainnak le/asiloah kuatnak
Meikanghnak			
Phungbuarnak phun	Nawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Meikanghnak (A fakmi)	Siangngakchia nih mei an hman ruangah sianginn thilri hrawhnak cu thilri rawhrlnak timhnak le tlukruannak zoh loin		*Sianginn chung le/asiloah sianginn leng ah ni 5 tiang ngolternak *Kir tikah himnak timhtuahnak *Upadi zulhphung he pehtlainnak tuah *Uktu asiloah thimmi nih thilri rawhrlnak cu thahnawnnak he aa pehtlaimi a si ahcun riantuantu thawngthanhnak hnu suimilam 24 chungah direct in a tlunhmi siangngakchia hna i phungning tein zohkhenhtu hna kha theihter hna Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency pawl he pehtlainnak le/asiloah kuatnak
Hrocernak kong pehtlainnak			
Phungbuarnak phun	Nawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Pehtlainnak: Hriamnam hman	<i>Phunglam phunglam 509C zoh</i>	*Riantuantu nih	*Conference with student

khawhnak um loin bia in hrocernak (Major)	<i>Siangngakchia ziaza phunglam: Thahnawnnak hrocernak</i> Siangngakchia nih midang fahnak pek dingin hrocernak a tuah nain hriamnam a ngei lo. (biafang, bia lo, social media, ca in aa tel nain aa hngat lo)	suimilam 24 chungah hruaitu/thimmi kha theihternak an tuah *Siangngakchia he tonnak	*Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna *A hlan sualnak kongah lehnak zohfelnak, a herh ahcun, lehnak a sang deuhmi theihternak caah Phunglam Policy 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak *Pumpak Fimcawnnak Program (IEP) tonnak, siangngakchia nih IEP a ngeih ahcun Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) NawIngeihnak sunghnak Cawnnak pawngkam in chuah Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak
Pehtlaihnak: Hriamnam hman khawhnak he bia in hrocernak (A fakmi) <i>Phunglam phunglam 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak</i>	<i>Phunglam phunglam 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak</i> <i>Siangngakchia nih midang fahnak pek dingin hrocernak a tuah i hriamnam a ngei. (biafang, bia lo, social media, ca in aa tel nain aa hngat lo)</i>	Riantuantu nih suimilam 24 chungah hruaitu/thimmi kha theihternak an tuah	*Sianginn chung le/asiloah sianginn leng ah ni 5 tiang ngolternak *Upadi zulhphung he pehtlaihnak tuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna *A hlan sualnak kongah lehnak zohfelnak, a herh ahcun, lehnak a sang deuhmi theihternak caah Phunglam Policy 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak *Pumpak Fimcawnnak Program (IEP) tonnak, siangngakchia nih IEP a ngeih ahcun *Kir tikah himnak timhtuahnak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program

			) A dang aa pehtlaimi lenglei agency pawl he pehtlaihnak le/asiloah kuatnak Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak
Hremnak			
Phungbuarnak phun	Nawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Hremnak (A fakmi)	0545 Bullying he aa pehtlaimi Board Policy zoh. *Thil sining pakhatkhat kha "hremnak" tiah ruah khawh awkah cawnpiakmi hlathlaitu nih hlathlainak tling tein a tuah dih a hau i thil sining kha "a hmaanmi" tiah a ruah a hau. Siangngakchia cungah a cangmi le a hmutinhmi electronic, ca in, bia in, asiloah pumsa in tuahmi thil asiloah tuahsernak cu siangngakchia sining taktak asiloah hmuhning cungah hram aa bunhmi a si i cuka ahcun a tak asiloah hmuhmi nawlgeihnak i tlukruannak a um lengmangmi asiloah a chuak tthan khomi a si i cu nih cun a ttha lomi sianginn pawngkam a ser i a tanglei thil sining pakhat asiloah tam deuh a ton: siangngakchia pumpak asiloah thilri cungah, siangngakchia pumsa le thinlung ngandamnak cungah a chiatnak lei in hnahnawhnak a pek, siangngakchia fimcawnnak riantuannak ah tapi a hnahnawhnak a chuahter, siangngakchia nih sianginn nih a pekmi riantuannak,		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Himnak timhtuahnak Sianginn chung le/asiloah sianginn leng ah ni 1-3 chung ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zulhphung he pehtlaihnak tuah

	cawlcanghnak, asiloah covo hna ah i tel khawhnak asiloah hlawknak a hmuh khawhnak kha a hnahnawhnak tampi a pek.		
A kang khomi he aa pehtlaimi			
Phungbuarnak phun	Nawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
A kang khomi: Mei he i celh (A fakmi)	Playing with fire in the classroom, common area, or outdoors on school property.		*Contact legal guardian *Conference with student *Removal from learning environment *In-school and/or out-of-school suspension up to 3 days Re-engagement plan / meeting (required with out of-school) Safety plan Contact law enforcement
Combustible: Possession (Serious)	Cawnnak khan chung, zapi umnak hmun, asiloah sianginn hmun lenglei ah mei in lentecelhnak. Harnak ton mi le a dang lei he itonnak hna an si.Phungning tein zohkhenhtu he pehtlaihnak tuah h		*Contact legal guardian *Conference with student *Removal from learning environment *In-school and/or out-of-school suspension up to 3 days Re-engagement plan / meeting (required with out of-school) Safety plan Contact law enforcement
Dohnak, NawIngaihlonak, asiloah NawIngaihlonak			
Phungbuarnak phun	Nawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Dohnak: Dai tein alnak (A hme mi)	A dang cawlcanghnak, cabuai cung lu	Naih tein um khawhnak uknak Lamhruainak	*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak

		A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman Cawnpiaknak pehtlaihna	Cawnpiak tthan Nawngeihna sunghna Dohnak: Caan Sau (A Biapi) Caan saupi alna, thlenna vialte alna, cawnpiakna caan sunghna
Defiance: Prolonged Duration (Major)	Prolonged refusal, refuses all redirects, loss of instructional time		*Contact legal guardian *Conference with student Loss of privilege/s Removal from learning environment In-school and/or out-of-school suspension up to 2 days Re-engagement plan / meeting (required with out of-school)
Defiance: Refusal During Emergency (Serious)	Refusal to follow directions or procedures in a drill or crisis situation or agreed upon support plan		*Contact legal guardian *Conference with student *Removal from learning environment Safety plan In-school and/or out-of-school suspension up to 2 day Re-engagement plan / meeting (required with out of-school)
Buainak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Buainak: Caan tawite (A hmete)	Thilri hmangin aw chuahter, aw tlawm, ex. cafung hmeh	Naih tein um khawhna ukna Lamhruaina A kal cuahmahmi zohkhenhnak	*Contact legal guardian *Conference with student Reteaching Loss of privilege/s
Buainak: A hmunmi (A nganmi)	Prolonged loud talk, noise with materials; horseplay or rough-housing, and interferes		*Phungning tein zohkhenhtu he pehtlaihna

	with learning of others Indecent exposure		tuah *Siangngakchia he tonnakk *Cawnnak pawngkam in chuah NawIngeihnak sungnhak Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlaihnak timhtuahnak / tonnakk (sianginn leng ah a herh) Himnak timhtuahnak Buainak: A ttha lomi ziaza (A fakmi) Sianginn inn asiloah puai riantuannak ah a buaiter. Siangngakchia vialte himnak caah sianginn pumpi harnak a chuahtertu ziaza aa tel.
A ttha lomi langhternak	Interferes with the regular operation of the school building or event. Includes behavior that requires school-wide crisis activated for safety of all students.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnakk *Cawnnak pawngkam in chuah *Sianginn chung le/asiloah sianginn leng ah ni 5 tiang ngolternak *Himnak timhtuahnak Pehtlaihnak timhtuahnak / tonnakk (sianginn leng ah a herh)
Hruk-aih ning			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Thilthuam Phungbuarnak (A hmete)	Mipi lungthin a lakmi thilthuam asiloah siangngakchia hngalh khawhnak asiloah pehtlaihnak tuah khawhnak a dawnkhantu thilthuam ASILOAH ngakchia caah phungninglo thilri hna hmanthlak le hmanthlak aa telmi	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi	*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnakk Cawnpiak tthan

	thilthuam	Ziaza Hman Cawnpiaknak pehtlaihna	
Rit-hai Sii he aa pehtlaimi			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Sii: Hmannak le/asiloah Phawtzamhnak (A hme mi) ah	<u>Phunglam 0550 Rit-hai Sii hmansualnak zoh</u> Siangngakchia cu sianginn tual le/asiloah sianginn puai ah ritnak sii a hmangmi le/asiloah a phawtzamhmi hawikom hmai ah hngalh buin a um i caantha pek a si tikah amah le amah aa hloh lo	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman Cawnpiaknak pehtlaihna	*Phungning tein zohkhenhtu he pehtlaihna tua *Siangngakchia he tonnak
Rit-hai sii: Ngeih le/asiloah hmannak (A fakmi)	<u>Phunglam 0550 Rit-hai Sii hmansualnak zoh</u> Siangngakchia nih ritnak sii asiloah a dang ukmi thilri pawl kha a hawile sinah a phawt hna		*Phungning tein zohkhenhtu he pehtlaihna tua *Sianginn chung le/asiloah sianginn leng ah ni 3 tiang ngolternak *Upadi zulhphung he pehtlaihna tua Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency pawl he pehtlaihna le/asiloah kuatnak
Sii: Phawtzamhnak (A fakmi)	<u>Phunglam 0550 Rit-hai Sii hmansualnak zoh</u> Siangngakchia cu ritnak sii asiloah a dang ukmi thilri hna nih an uk asiloah an ngeih		*Phungning tein zohkhenhtu he pehtlaihna tua *Sianginn chung le/asiloah sianginn leng ah ni 5 tiang ngolternak *Upadi zulhphung he pehtlaihna tua Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency pawl he pehtlaihna le/asiloah kuatnak

Phungbuarnak phun			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hlennak: Siangngakchia Rian (Major)	Siangngakchia nih siangngakchia dang rian kha anmah ta ah a pek.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Rian pekmi tuah tthan Nawngeihnak sungnhak Sianginn chung ah ni 1 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)
Lih in thutnak: Min thutnak (Major)	Student signs another person's name without permission.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Nawngeihnak sungnhak Sianginn chung ah ni 1 tiang ngolterna
Gang he pehtlaihnak langhternak caah kut hler, thilthuam, le/asiloah biachim hman.			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Gang Pehtlaihnak (Major)	Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Gang Pehtlaihnak Langhternak		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Nawngeihnak sungnhak Cawnnak pawngkam in chuah Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)
Hremnak			

Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hremnak (A fakmi)	Board phunglam <u>0545</u> hnahnawhnak zoh. *Thil cangmi pakhatkhat kha "hremnak" tiah ruah khawh awkah cawnpiaimi hlathlaitu nih hlathlainak tling tein a tuah dih a hau i thil sining kha "a hmaanmi" tiah a ruah a hau. Sianghngakchia pakhat cungah a tak asiloah a hmuhmi ziaza asiloah ziaza (miphun, rong, ram chuahkehnak, nu le pa sinak, asiloah pum tlamtlinlonak he aa pehtlaimi) cung ah hram aa bunhmi* a tuah lengmangmi le aa tinhmi electronic, ca in, bia in, asiloah pumsa in tuahsernak asiloah tuahsernak paohpaoh, cuka ahcun nawlgeihnak i tlukruannak a um taktakmi asiloah a cang tthan khomi a um i cu nih cun sianginn pakhat asiloah a tam deuhmi ralchanhnak a chuahter a tanglei thil sining hna lakah: Siangngakchia kha siangngakchia pumpak asiloah thilri cungah harnak a chuahter sual lai ti phannak ah a chiah, siangngakchia pumsa le thinlung ngandamnak cungah a ttha lomi thlennak a chuahter, siangngakchia fimcawnnak tthatnak ah tampi hnahnawhnak a pek, siangngakchia nih sianginn nih a pekmi riantuannak, cawlcanghnak		*Phungning tein zohkhenhtu he pehtlainnak tuah *Siangngakchia he tonnak *Cawnnak pawngkam in chuah *Himnak Timhtuahnak Himnak timhtuahnak Sianginn chung le/asiloah sianginn leng ni 3 tiang ngolternak Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zulhpung he pehtlainnak tuah

	asiloah tinvo sung hna ah i tel khawhnak asiloah hlawknak a pek khawhnak ah tampi hnahnawhnak a pek.		
Aa tlak lomi dawtnak langhternak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Aa tlak lomi dawtnak: Lungtlinnak in hnamh, kuah (Minor)	Mipi asiloah pumpak	Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	*Contact legal guardian *Conference with student Reteaching Loss of privilege/s
Aa tlak lomi dawtnak: Lungtlinnak he pum chung thilri hna tawngh, nupa sualnak tuahnak (a nganbik)	Mipi asiloah pumpak		*Contact legal guardian *Conference with student Reteaching Loss of privilege/s
Atlaklo mi hmunhma			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
IAa tlak lomi hmun: Mit hmuhnak chung (Minor)	Within eyesight of the supervising adult from their assigned location	Sianginn chung le/asiloah sianginn leng ni 1 tiang ngolternak Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh)	*Contact legal guardian *Conference with student Parent contact by teacher Reteaching Loss of privilege/s
Aa tlak lomi hmun: Rian pek lomi hmun (Major)	A hlei in chiahmi hmun ah report tuah lo, zohkhenh lomi hmun ah i thup, chiah lomi		*Contact legal guardian *Conference with student

	hmun ah i thup, sianginn innchung ah nawlpeknak um loin chiahmi hmun chuahtak. Sianginn inn chung i zamnak.		Loss of privilege/s Removal from learning environment In-school and/or out-of-school suspension up to 1 day Re-engagement plan / meeting (required with out of-school)
Hmihma halo ah um: Capus leng ah um(a biapi mi saul)	Sianginn nawlpeklo in tin. Sianginn leng an tlik.		Cawnpiaknak pehtlainnak *Phungning tein zohkhenhtu he pehtlainnak tua *Siangngakchia he tonnak Cawnpiak tthan NawIngeihnak sungnha
lihchim/ midang chung ah sual			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Lihchim/Hlennak: Nifatin Rian (Minor)	Hawikom inn rian asiloah cawnnak cawlcanghnak copy tua, a hmaan lomi tuanbia chim	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Cawnpiaknak pehtlainnak *Phungning tein zohkhenhtu he pehtlainnak tua *Siangngakchia he tonnak *Rian pekmi tua tthan Remdaihnak/remhnak biaruahnak NawIngeihnak sungnha
Lihchim/Hlennak: Firnak (A nganbik)	Nangmah pumpak rian a si lo tikah mark pekmi asiloah tuaktanmi rian kha nangmah ta bantukin langhter		*Phungning tein zohkhenhtu he pehtlainnak tua *Siangngakchia he tonnak *Rian pekmi tua tthan NawIngeihnak sungnha
Lihchim/Hlennak: A hmaan lomi thawngpang (Major)	Cauk pakhatkhat cung le/asiloah sianginn hlathlainak asiloah riantuantu hna biahalnak tua lio ah a hmaan lomi asiloah a hmaan lomi thawngpang pek		*Phungning tein zohkhenhtu he pehtlainnak tua *Siangngakchia he tonnak NawIngeihnak sungnha

			Sianginn chung le/asiloah sianginn leng ni 1 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Re-engagement plan / meeting (required with out of-school)
Hliamhma um loin taksa tukdohnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hliamhma um loin taksa tukdohnak: Aa tlak lomi pehtlaihnak (A hmete)	A biapi lo nain aa tlak lomi le cohlan lomi pumsa pehtlaihnak. A biapi lo nain aa tlak lomi le cohlan lomi pumsa pehtlaihnak. (tahchunhnak ah, tlawmpal te hrolh asiloah tawng, nem tein hrolh, caan tawite tlaih, sam tawng (hnuh lo), hnuh asiloah pah (hnuh lo), nawlpeknak tel loin mi thilri, lentecelhnak nain duhlonak in tawng, le mi pakhatkhat lam kham)	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Cawnpiaknak pehtlaihnak *Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruahnak Cawnpiaknak tthan Nawngeihnak sungnhak
Hliamhma um loin taksa in tukdohnak: A fakmi pehtlaihnak (A nganbik)	A fakmi taksa pehtlaihnak (tahchunhnak ah, tuk, bengh, thil pakhatkhat in tuk, ke in tuk, sam hnuh, hrolh, tbk.) sualnak a tuahtu (s) asiloah target(s) nih thiamsang sii lei zohkhenhnak an herh lonak hmun ah. ("Sibawi zohkhenhnak" ah sianginn nurse aa tel kho nain riantuantu pakhatkhat nih an pek khawhmi zohkhenhnak hmete caah a si lo.)		*Sianginn chung le/asiloah sianginn leng in ngolternak, ni 5 tiang Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Nawngeihnak sungnhak Caan suaimi thlennak
Hliamhma um loin taksa in tukdohnak: A fakmi nupa sualnak pehtlaihnak (a fakmi)	—A fakmi taksa, ruahlopi in a si lomi, le hnatlaknak um loin nupa sualnak he pehtlaihnak (e.g., hnamh, tawng, nupa sualnak tuah, pumpak hmun tawng, midang pumpak hmun langhter) cu		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Cawnnak pawngkam in chuah Nawngeihnak sungnhak Himnak timhtuahnak

	sualnak a tuahtu (s) asiloah target(s) nih thiamsang sii lei zohkhenhnak an herh lonak hmun ah. ("Sibawi zohkhenhnak" ah sianginn nurse aa tel kho nain riantuantu pakhatkhat nih a pek khawhmi zohkhenhnak hmete caah a si lo.). Mi pakhatkhat pumpak hmunhma he timhcia tein pehtlainnak aa tel, timhnak he pehtlai loin.		Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh)
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Physical Aggression with Injury

Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hliamhma he taksa in tukdohnak (A fakmi)	SSiangngakchia nih fakpi in taksa pehtlainnak (tahchunhnak ah, tuk, bengah, thil pakhatkhat in tuk, ke in tuk, sam hnuh, hrolh, tbk.) aa telmi thil tuahnak ah aa tel i cuka ahcun sualnak a tuahtu asiloah fahnak a ingmi nih thiamsang sii lei zohkhenhnak an herh. ("Sibawi zohkhenhnak" ah sianginn nurse asiloah Nurse Advantage aa tel kho.)		*Siangngakchia he tonnak *Phungning tein zohkhenhtu he pehtlainnak tuah *Cawnnak pawngkam in chuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna *Sianginn chung le/asiloah sianginn leng ah ni 3 tiang ngolternak Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Himnak timhtuahnak Upadi zulhphung he pehtlainnak tuah Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak

Taksa in tukdohnak le taksa hliamhma fakpi

Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
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Taksa fahnak he taksa hliamhma fakpi (a fakmi)	A fakmi taksa pehtlaihnak (tahchunhnak ah, tuk, bengah, thil pakhatkhat in tuk, ke in tuk, sam hnuh, hroih, tbk.) cu misual(s) asiloah hremnak a tongmi(s) nih a fak tukmi pumsa fahnak, caan saupi le a fiangmi muisam rawhnak, caan saupi chung pum chungtel pakhatkhat riantuannak a tlau asiloah a tlau, saya/mah asiloah pum chung thilri, tihnung a si caah hmundang ah thiamsang zohkhenhnak an herh thihnak kong.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Cawnnak pawngkam in chuah *Himnak timhtuahnak *Sianginn chung le/siloah sianginn leng ah ni 9 tiang dinhter. *Upadi zulhphung he pehtlaihnak tuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna Pehtlaihnak timhtuahnak / tonnack (sianginn leng ah a herh) Bawmhna / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhna Program) A dang aa pehtlaimi lenglei agency pawl he pehtlaihnak le/asiloah kuatnak Caan sau ngolternak Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak
Hliamhma he taksa in i dohnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hliamhma he taksa in i dohnak (A fakmi)	Sualnak a tuahtu (s) asiloah target(s) nih an timhmi ze i si hmanh ah thiamsang sii lei zohkhenhnak an herhnak hmun ah pumsa in i dohnak. ("Sibawi zohkhenhnak" ah sianginn nurse asiloah Nurse Advantage aa tel kho.)		*Siangngakchia he tonnack *Phungning tein zohkhenhtu he pehtlaihnak tuah *Cawnnak pawngkam in chuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna Sianginn chung le/asiloah sianginn leng ni 3 tiang ngolternak Pehtlaihnak timhtuahnak / tonnack (sianginn

			leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Himnak timhtuahnak Upadi zulhphung he pehtlaihnak tuah Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak
Taksa Hliamhma Fak he Taksa I Dohnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Physical Fighting with Serious Bodily Injury (Serious)	Misual (s) asiloah target(s) nih a fak tukmi pumsa fahnak, caan sau le a fiangmi muisam rawhnak, caan saupi sunghnak asiloah pum chung thilri, pum chung thilri, asiloah cawnpiaktu hna riantuannak a tlaunak, asiloah thihnak ttihnung a um caah hmundang ah thiamsang sii lei zohkhenhnak a herhnak hmun ah taksa i dohnak.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Cawnnak pawngkam in chuah *Himnak timhtuahnak *Sianginn chung le/siloah sianginn leng ah ni 9 tiang dinhter. *Upadi zulhphung he pehtlaihnak tuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Caan sau ngolternak Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak

Hliamhma um loin taksa in i dohnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hliamhma um loin taksa in i dohnak (Major)	Sualnak a tuahtu (s) asiloah target(s) nih timhtuahnak ze i a si hmanh ah thiamsang sii lei zohkhenhnak an herh lonak hmun ah pumsa in i dohnak. ("Sibawi zohkhenhnak" ah sianginn nurse aa tel kho nain riantuantu pakhatkhat nih an pek khawhmi zohkhenhnak hmete caah a si lo.)		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Cawnnak pawngkam in chuah NawIngeihnak sungnak Himnak timhtuahnak Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zulhphung he pehtlaihnak tuah
Thilri rawhrlnak, hrawhnak, hman sualnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Thilri rawhnak: Caan karlak (A hmete)	Inn kong tjal, rong suai, vampang in thilri lak	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Cawnpiaknak pehtlaihnak *Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Khirhthannak NawIngeihnak sungnak Cawnpiaktu nih nulepa pehtlaihnak Remdaihnak/remhnak biaruhnak Cawnpiaak than
Thilri rawhnak: Zungzal (A ngan)	Hmanthlak suai, zungzal hmelchunhnak in tjal, rawl eidinnak kuang hrawh, remh khawh lomi thilri benh		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Khirhthannak Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)

			Upadi zulhphung he pehtlainnak tuah
Thilri rawhnak: Hman khawh lo (A fakmi)	Computer, thlalang, tthutdan, cabuai a hrawh		*Sianginn chung le/asiloah sianginn leng ah ni 5 tiang ngolternak *Uktu asiloah thimmi nih thilri rawhrlnak cu thahnawnnak he aa pehtlaimi a si ahcun riantuantu thawngthanhnak hnu suimilam 24 chungah direct in a tlunhmi siangngakchia hna i phungning tein zohkhenhtu hna kha theihter hna Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zulhphung he pehtlainnak tuah
Technology buarnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Technology Buarnak: Rian loin asiloah aa tlak lomi (A hmete)			Naite upadi he aa tlak khawhnak ding caah phunglam thlennak hngah lio ah sak cuahmah lio a si.
Technology Buarnak: Rian loin asiloah aa tlak lomi (ngan mi)			Naite upadi he aa tlak khawhnak ding caah phunglam thlennak hngah lio ah sak cuahmah lio a si.
Technology buarnak: Pumpak konglam asiloah AUP (A fakmi)	Board phunglam 0606A-R(1) zoh Zeibantuk pehtlainnak/media hmanh ah kuat asiloah zoh aa telmi: a thurhnawmmi hmanthlak (sexting telh chih in), thahnawnnak hmanthlak asiloah thilri hna nih kilvenmi phu pakhat covo a buar, nawlpeknak um loin hnatlaknak he asiloah hnatlaknak tel loin record tuahnak (video asiloah hmanthlak), a fiangmi		*Sianginn chung le/asiloah sianginn leng ah ni 3 tiang ngolternak *Covo/s sungh *Himnak timhtuahnak *Ni 10 tiang internet hmannak a tlaw asiloah sianginn a tangmi *Upadi zulhphung he pehtlainnak tuah Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh)

	holh.Phungninglo cawlcanghnak tawlirelnak, phungninglo cawlcanghnak ah i telnak, asiloah phungninglo thilri cawknak caah sianginn thiamnak thilri le/asiloah infrastructure hmannak.		
Technology buarnak: Infrastructure (A fakmi)	Board phunglam <u>0606A-R(1)</u> zoh Pengkulh chung i wireless network le server tibantuk thiamnak thilri pawl hack, remh, asiloah hrawh.		*Phungning tein zohkhenhtu he pehtlainnak tuah *Covo/s sung *Himnak timhtuahnak *Sianginn chung le/asiloah sianginn leng ah ni 7 tiang ngolternak *Ni 10 tiang internet hmannak a tlaw asiloah sianginn a tangmi *Upadi zultphung he pehtlainnak tuah Pehtlainnak timhtuahnak / tonnack (sianginn leng ah a herh)
Firnak			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Firnak: Cawnnak khaan thilri (a hmete) thuh	A ngeitu sin in thilri thuh (pencil, rian pekmi, hlohnak)	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	*Phungning tein zohkhenhtu he pehtlainnak tuah *Siangngakchia he tonnack Remdaihnak/remhnak biaruahnak Cawnpiak tthan NawIngeihnack sung
Firnak: \$10 tluk tlawm (A biapi)	Voikhat firnak		*Phungning tein zohkhenhtu he pehtlainnak tuah *Siangngakchia he tonnack Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak Pehtlainnak timhtuahnak / tonnack (sianginn leng

			ah a herh)
Firnak: \$10 nak tam (A fakmi)	Fir tthan asiloah voikhat >\$10 man		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Upadi zulhphung he pehtlaihnak tuah
Firnak: Mi pakhat sin in firnak (A fakmi)	Mi pakhatkhat pumpak hmun asiloah cabuai, bawm, tangka bawm, asiloah thil chiahnak kuang ah thil mansung pakhatkhat lak awkah luh		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Upadi zulhphung he pehtlaihnak tuah
Kuak le Nicotine he aa pehtlaimi			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Kuak: Hmannak le/asiloah phawtzamhnak (Minor) ah	Phunglam 0550 Rit-hai Sii hmansualnak zoh Siangngakchia cu sianginn hmun le/asiloah sianginn puai ah zuu, nicotine thilri, le/asiloah vaping he aa pehtlaimi thilri a hmanngmi le/asiloah a phawtzamhmi a hawipa hmai ah hngalh buin a um i caantha pek a si tikah amah le amah aa hloh lo	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza HmanCawnpiakna k pehtlaihnak	*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak
Kuak: Ngeih le/asiloah hmannak (A fakmi)	Phunglam <u>0550</u> Rit-hai Sii hmansualnak zoh Siangngakchia cu sianginn pawng le/asiloah sianginn puai ah zuu, nicotine, le/asiloah vaping he aa pehtlaimi thilri hna nih an uk asiloah an ngeih		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Sianginn chung le/asiloah sianginn leng ah ni 3 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency pawl he pehtlaihnak le/asiloah kuatnak
Kuak: Phawtzamhnak (A fakmi)	Phunglam <u>0550</u> Rit-hai Sii hmansualnak zoh		*Phungning tein zohkhenhtu he pehtlaihnak tuah

	Siangngakchia pawl nih sianginn pawng le/asiloah sianginn puai ah an hawikom hna sinah zuu, nicotine thilri, le/asiloah vaping he aa pehtlaimi thilri pawl an pek/an hrawm/zuar		*Siangngakchia he tonnak *Sianginn chung le/asiloah sianginn leng ah ni 5 tiang ngolternak Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency pawl he pehtlaihna le/asiloah kuatnak
Hriamnam he aa pehtlaimi			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Hriamnam: Ngeih (A fakmi)	Policy <u>0509B</u> zoh: Siangngakchia ziaza le ziaza Siangngakchia nih hriamnam asiloah a hmaan lomi hriamnam a ngeih Hriamnam cu hliamhma peknak caah a hleiin sermi le/asiloah a tlangpi in hmanmi thilri le/asiloah a tlangpi in thil sining tam deuh ah hriamnam tiah ruahmi thilri tiah fianternak a si. Hriamnam tahchunhnak ah, hriamnam phunkip, meithal, meithal, thir hri, thirhri, nunchucks, arfi thlknak, thir kutdonghrolh, blackjack, meithal, puahkehnak thilri asiloah a dang chemical, hriamnam lemsoinak, hriamnam tiah ruah sual khawhmi lentecelhnak thilri hna an i tel.		*Phungning tein zohkhenhtu he pehtlaihna tua *Siangngakchia he tonnak *Sianginn chung le/asiloah sianginn leng ni 3-5 chung ngolternak Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency he pehtlaihna le/asiloah kuatnak Upadi zulhphung he pehtlaihna tua
Hriamnam: Langhternak le/asiloah Hrocernak Ralchanhnak (A fakmi)	Policy <u>0509B</u> zoh: Siangngakchia ziaza le ziaza Midang asiloah mah le mah i tukdohnak hrocernak caah hriamnam hman Hriamnam cu hliamhma peknak caah a hleiin sermi le/asiloah a tlangpi in hmanmi le/asiloah a tlangpi in thil sining tam deuh		*Phungning tein zohkhenhtu he pehtlaihna tua *Siangngakchia he tonnak *Sianginn leng in dinhter ni 5-10 Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency pawl he pehtlaihna le/asiloah kuatnak

	ah hriamnam tiah ruahmi thilri tiah fianter a si. Hriamnam tahchunhnak ah, hriamnam phunkip, meithal, meithal, thir hri, thirhri, nunchucks, arfi thlaknak, thir kutdonghrolh, blackjack, meithal, puahkehnak thilri asiloah a dang chemical, hriamnam lemsoinak, hriamnam tiah ruah sual khawhmi lentecelhnak thilri hna an i tel.		
Hriamnam: Meithal ngeih (A fakmi)	Policy <u>0509B</u> zoh: Siangngakchia ziaza le ziaza Sianginn pawng ah meithal ngeih		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Upadi zulhphung he pehtlaihnak tuah *Sianginn ah meithal aa kenmi siangngakchia cu thla 12 nak tlawm lo in chuah an si lai. Siangngakchia pakhat cio caah hi chuahternak phunglam hi remh ding in ruahnak cheuh khawhnak nawl cu superintendent nih a ngei lai. Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) A dang aa pehtlaimi lenglei agency he pehtlaihnak le/asiloah kuatnak
A dang			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
A dang: Khapmi Thilri asiloah Thilri Ruahlopi in Ngeih (A Biapi)	Siangngakchia nih khammi thilri asiloah thilri a ngeih nain a ngeih cu ruahlo piin a si		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Upadi zulhphung he pehtlaihnak tuah A dang aa pehtlaimi lenglei agency pawl he pehtlaihnak le/asiloah kuatnak Sianginn chung le/asiloah sianginn leng ni 2 tiang ngolternak

			Pehtlaihnaq timhtuahnak / tonnak (sianginn leng ah a herh)
A dang: A zungzal in a cangmi le a hmunmi thil ngan le a fakmi thil cangmi (a fakmi)	Siangngakchia nih a kal cuahmahmi, "a nganmi" le/asiloah "a fakmi" ziaza tampi ah aa tel i cu nih cun siangngakchia nih an fimcawnnak hmuh khawhnak a kham. Referal tuah hlan ah, sianginn hruaitu le Executive Directors telh in phu nih siangngakchia pumpak cung ah hram bunh in hi ziaza hi "A hman tawnmi le a hmunmi" ah aa tlak maw tlak lo ti kha an khiah lai		*Phungning tein zohkhenhtu he pehtlaihnaq tuah *Siangngakchia he tonnak Upadi zultphung he pehtlaihnaq tuah Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh

6-12 Code of Conduct

A hman lomi asiloah aa tlak lomi holh

Phungbuarnak phun	Nawlbuarnak fianternak	A hramthawk lehnak	Lehnak phunphun *Hal
Nihsawhnak Holh: Lamhruainak a ngeilomi chiatserhnak (A hmete)	Midang sinah chim loin chiatserhnak / biafang hmang loin kut hlernak.	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Cawnpiaknak pehtlaihnak *Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Cawnpiak tthan ziazaCawnnak caan leng ah cawnpiak tthan Cawnpiaktu/siangngakchia hnatlaknak hmete ziaza khamnak caah
Nihsawhnak Holh: Lamhruainak Chiatserhnak (Major)	Midang cungah chiatserhnak / biafang hmang loin kut hrolh asiloah a dang ningcang loin hmannak.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruahnak Cawnnak caan leng ah cawnpiak tthan Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein ziaza hnatlaknak / hnatlaknak Caan 1 asiloah a tam deuh caah sianginn in chuah Rian dinhternak - sianginn ah / sianginn leng ah ni 2 tiang Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)

Hremnak Holh: Lamhruainak a ngeilomi Hnawmhnak asiloah Nupa Sinak Holh (A Biapi)	Mi lung a fahtermi holh (e.g. nunphung, miphun, miphun, biaknak) / biafang hmang loin kut hrolh asiloah nupa sualnak holh / midang sinah chim lomi biafang hmang loin hmanna		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruahnak Cawnnak caan leng ah cawnpiak tthan Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein ziaza hnatlaknak / hnatlaknak Caan 1 asiloah a tam deuh caah sianginn in chuah Rian dinhternak - sianginn ah / sianginn leng ah ni 2 tiang Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)
Hremnak Holh: Lamhruainak Hnawmhnak asiloah Nupa Sinak Holh (A fakmi)	Iowa phunglam tangah aa telmi kilvenmi zatlang dirhmun he aa pehtlaimi pumpak pakhat kha a thleidanter khomi asiloah a thleidang khomi nupa sualnak holh le biafang loin kutcawnnak telh in holh le biafang hmang lomi kut hlernak. Huatnak bia OR fianternak, holhtheihlo biafang le/asiloah mi lungfahtert, nihsawhnak asiloah nihsawhnak tiah hngalhthiammi biafang hna aa tel kho, asinain mah lawng ah aa hngat lo.		*Sianginn chung ah siseh, sianginn leng ah siseh, dinhter, ni 5 tiang *Phungning tein ziaza hnatlaknak/biakamnak *Title IX Hlathlaitu Coordinator kha pehtlaihnak tuah (nupa sualnak a si ahcun) *Bawmhnak / ruahnak cheuhnak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Remdaihnak/remhnak biaruahnak Cawnnak leng cawlcanghnak in caan karlak chuah / chuah NawIngeihnak/khamnak sunghnak Caan suaimi thlennak
Zu he aa pehtlaimi			
Infraction Type	Infraction Definition	Initial Responses	Range of Responses *Required
Zu: Hmannak le/asiloah phawtzamhnak (Minor) a um lio ah	Phunglam 0550 Rit-hai Sii hmansualnak zoh Siangngakchia cu sianginn pawng le/asiloah	Naih tein um khawhnak uknak	*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak

	sianginn puai ah zu a hmangmi le/asiloah a phawtzamhmi a hawipa hmai ah hngalh buin a um i caantha pek a si tikah asiloah report a tuah lo tikah amah le amah aa hloh lo.	Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) A herh ning in lenglei zung pawl he pehtlaihnak le/asiloah kuatnak (Urbandale Palik Zung, Siangngakchia Bawmhnak Program, Minung Riantuannak Zung) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawlIngeihnak/khamnak sungnhak Caan suaimi thlennak
Zu: Ngeih le/asiloah hmannak (A fakmi)	Phunglam <u>0550</u> Rit-hai Sii hmansualnak zoh Siangngakchia cu sianginn tual le/asiloah sianginn puai ah zu a ri mi asiloah a ngeih mi a si		*Sianginn chung ah siseh, sianginn leng ah siseh ni 10 tiang dinhter a si lai. *Upadi zultphung he pehtlaihnak tuah *A herh ning in lenglei zung pawl he pehtlaihnak le/asiloah kuatnak (Urbandale Palik Zung, Siangngakchia Bawmhnak Program, Minung Riantuannak Zung) *Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak/sianginn ruahnak cheuhnak riantuannak Phungning tein ziaza hnatlaknak/biakamnak NawlIngeihnak/khamnak sungnhak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Zu: Phawtzamhnak (A fakmi)	Phunglam <u>0550</u> Rit-hai Sii hmansualnak zoh Siangngakchia nih sianginn pawng le/asiloah		*Sianginn chung ah siseh, sianginn leng ah siseh ni 10 tiang rian dinhternak

	sianginn puai ah siangngakchia asiloah midang sinah zu a pek/a hrawm/zuar.		*Upadi zulhphung he pehtlainnak tuah *A herh ning in lenglei zung pawl he pehtlainnak le/asiloah kuatnak (Urbandale Palik Zung, Siangngakchia Bawmhnak Program, Minung Riantuannak Zung) *Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sungnhak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Meikanghnak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Meikanghnak (I biatak)	Thilri rawhnak timhnak le tlukruannak zoh loin siangngakchia mei hmannak in a chuakmi thilri hrawhnak		Sianginn chung ah siseh, sianginn leng ah siseh, dinhter, ni 5-9 *Upadi zulhphung he pehtlainnak tuah *Riantuantu nih thilri rawhnak cu thahnawnnak he aa pehtlaimi a si ahcun suimilam 24 chungah uktu/thimmi kha theihternak an tuah *Uktu asiloah thimmi nih thilri rawhrlnak cu thahnawnnak he aa pehtlaimi a si ahcun riantuantu thawngthanhnak hnu suimilam 24 chungah direct in a tlunhmi siangngakchia hna i phungning tein zohkhenhtu hna kha theihter

			hna *Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein hnatlaknak/ziaza hnatlaknak Nawlgeihnak/khamnak sungnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Hrocernak kong pehtlaihnak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Pehtlaihnak: Mi pakhat cio caah ttihnung (A fakmi)	<i>Phunglam phunglam 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak Zeibantuk phun hmanh in hrocernak kong chimhnak (bia, bia lo, social media, ca in aa tel nain a tlawm lo) nih lungthin lei asiloah pumsa lei hliamhma, thilri rawhrlnak, asiloah tukdohnak pek timhnak kha fiang tein asiloah fiang loin a langhter.</i>	*Riantuantu nih suimilam 24 chungah hruaitu/thimmi kha theihternak an tua	*Siangngakchia he tonnak *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna *A hlan sualnak kongah lehnak zohfelnak, a herh ahcun, lehnak a sang deuhmi theihternak caah Phunglam Policy 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak *Pumpak Fimcawnnak Program (IEP) tonnak, siangngakchia nih IEP a ngeih ahcun Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Pehtlaihnak timhtuahnak / tonnak (sianginn

			leng ah a herh) Upadi zultphung he pehtlainnak tuah Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Rian dinhternak - sianginn ah / sianginn leng (ni 9 tiang) Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Cawnnak in zungzal in chuah A dang program chiahnak Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Pehtlainnak: Bu caah ttihnung (A fakmi)	<i>Phunglam phunglam 509C zoh Siangngakchia ziaza phunglam: Thahnawnnak hrocernak Zeibantuk phun hmanh in hrocernak kong chimhnak (bia, bia lo, social media, ca in aa tel nain a tlawm lo) nih lungthin lei asiloah pumsa lei hliamhma, thilri rawhrlnak, asiloah tukdohnak pek timhnak kha fiang tein asiloah fiang loin a langhter.</i>	*Riantuantu nih suimilam 24 chungah hruaitu/thimmi kha theihternak an tuah	*Conference with student *Administrator or designee notify legal guardians of students directly affected within 24 hours of staff notification *Review of response to prior offense, if applicable, to inform increased level of response See Regulation Policy 509C Student Behavior Discipline: Threats of Violence *Individualized Education Program (IEP) meeting, if the student has an IEP Support / counseling services (school, Student Assistance Program) Contact law enforcement Temporarily removal / removal from extra-curricular activity Formal behavior agreement / contract Loss of privilege / restriction Change of schedule

			Suspension - in school / out of school (up to 7 days) Re-engagement plan / meeting (required with out of-school) Long-term suspension (10+ days) - requires Board action Permanent removal from class Alternative program placement Expulsion (45, 90, 180 days) - requires Board action
Communication: Threat with Access to Weapon (Serious)	<i>See Regulation Policy 509C Student Behavior Discipline: Threats of Violence</i> Communication of a threat including mention of weapons through any form (included but not limited to verbal, non-verbal, social media, written) explicitly or implicitly expresses an intention to inflict emotional or physical injury, property damage, or assault.	*Staff notify administrator/designee within 24 hours	*Administrator or designee notify legal guardians of students directly affected within 24 hours of staff notification *Contact law enforcement *Review of response to prior offense, if applicable, to inform increased level of response <i>See Regulation Policy 509C Student Behavior Discipline: Threats of Violence</i> *Individualized Education Program (IEP) meeting, if the student has an IEP *In-school or out-of-school suspension, 3-9 days *Support / counseling services (school, Student Assistance Program) Re-engagement plan / meeting (required with out of-school) Temporarily removal / removal from extra-curricular activity Formal behavior agreement / contract Loss of privilege / restriction Change of schedule Long-term suspension (10+ days) - requires Board action

			Permanent removal from class Alternative program placement Expulsion (45, 90, 180 days) - requires Board action
Hremnak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Hremnak (A fakmi)	<u>0545 Bullying</u> Hremnak zoh. *Thil sining pakhatkhat kha "hremnak" tiah ruah khawh awkah cawnpiakmi hlathlaitu nih hlathlainak tling tein a tuah dih a hau i thil sining kha "a hmaanmi" tiah a ruah a hau. Sianghngakchia cungah a cangmi le a hmuitinhmi electronic, ca in, bia in, asiloah pumsa in tuahmi thil asiloah tuahsernak cu siangngakchia sining taktak asiloah hmuhning cungah hram aa bunhmi a si i cuka ahcun a tak asiloah hmuhmi nawlungeihnak i tlukruannak a um lengmangmi asiloah a chuak tthan khomi a si i cu nih cun a ttha lomi sianginn pawngkam a ser i a tanglei thil sining pakhat asiloah tam deuh a ton: siangngakchia pumpak asiloah thilri cungah, siangngakchia pumsa le thinlung ngandamnak cungah a chiatnak lei in hnahnawhnak a pek, siangngakchia fimcawnnak riantuannak ahampi a hnahnawhnak a chuahter, siangngakchia nih sianginn nih a pekmi riantuannak, cawlcanghnak, asiloah covo hna ah i tel khawhnak asiloah hlawknak a hmuh khawhnak kha a hnahnawhnakampi a pek.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Phungning tein hnatlaknak/ziaza hnatlaknak *Suspension - sianginn ah / sianginn leng (ni 10 tiang) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Nawlungeihnak/khamnak sunghnak Caan suaimi thlennak Rian dinhternak - sianginn ah / sianginn leng (ni 9 tiang) Upadi zultphung he pehtlaihnak tuah Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh

A kang khomi he aa pehtlaimi			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
A kang khomi: Mei he i celh (A fakmi)	Cawnnak khan chung, zapi umnak hmun, asiloah sianginn hmun lenglei ah mei in lentecelhnak.		Phungning tein zohkhenhtu he pehtlaihna tuah *Siangngakchia he tonnak *Sianginn chung ah siseh, sianginn leng ah siseh ni 5 tiang rian dinhternak Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein hnatlaknak/ziaza hnatlaknak NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
A kang khomi: Ngeih (A fakmi)	Siangngakchia nih pumsa fahnak le/asiloah thilri rawhrlnak a chuahter khomi thilri asiloah thilri a ngeih		*Siangngakchia he tonnak *Sianginn chung ah siseh, sianginn leng ah siseh ni 10 tiang rian dinhternak Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zultphung he pehtlaihna tuah Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sunghnak

			Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
A kang khomi: A kang khomi thilri hmannak (A fakmi)	Siangngakchia nih pumsa fahnak le/asiloah thilri rawhrlnak a chuahter khomi thilri asiloah thilri pawl kha a hman cang asiloah a hman cang.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Sianginn chung ah siseh, sianginn leng ah siseh ni 10 tiang rian dinhternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zultphung he pehtlaihnak tuah Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sungnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh

Dohnak, NawIngaihlonak, asiloah NawIngaihlonak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Dohnak: Alnak (A hmete)	Lamhruainak lehnak um loin cawlcanghnak dang a hlun. cabuai cung lu	Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Cawnpiaknak pehtlaihnak *Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Cawnnak caan leng ah cawnpiak tthan

			Cawnpiaaktu/siangngakchia hnatlaknak hmete ziaza khamnak caah
Dohnak: Caan Sau (A Biapi)	Caan saupi alnak, thlennak vialte alnak, cawnpiaknak caan sunghnak; aa tlakmi riantuantu halnak zulh khawh lonak		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruahnak Cawnnak caan leng ah cawnpiaak tthan Phungning tein ziaza hnatlaknak/biakamnak Caan 1 asiloah a tam deuh caah cawnnak in chuah Suspension - sianginn chung ah siseh, sianginn leng ah siseh, ni 2 tiang Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)
Dohnak: A rannak in thil sining (A fakmi) lio ah alnak	Harnak lehrulhnak thil sining ah lamhruainak zulh duh lonak		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Cawnnak pawngkam in chuah Remdaihnak/remhnak biaruahnak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Rian dinhternak - sianginn ah / sianginn leng (ni 9 tiang) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak

			a herh
Buainak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Buainak: Caan tawite (A hmete)	Aw, pum, asiloah thilri hmangin aw-an, aw-an tlawmte chuahter	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman Cawnpiaknak pehtlaihnak	*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Cawnnak caan leng ah cawnpiak tthan Cawnpiaktu/siangngakchia hnatlaknak hmete ziaza khamnak caah Caan saupi aw thangpi in biachim, thilri he aw-an; rangleng lencecelhnak asiloah innchungkhar ttha lo, le midang cawnnak ah a buaiter
Buainak: A hmunmi (A nganmi)	Sianginn tual ah thilri rawhrlnak le pumsa hliamhma a chuahter lomi mawtaw he aa pehtlaimi ralrin lonak ziaza..		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruahnak Covo sungnak Cawnnak caan leng ah cawnpiak tthan Caan 1 asiloah a tam deuh caah cawnnak in chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sungnak Rian dinhternak - sianginn ah (ni 2 tiang) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh)
Buainak: A ttha lomi ziaza (A fakmi)	Sianginn inn asiloah puai riantuannak ah a buaiter. Harnak timhtuahnak hman a herhmi ziaza aa tel. Sianginn tual ah thilri rawhrlnak asiloah pumsa hliamhma a chuahter khomi motor		*Siangngakchia he tonnak *Phungning tein hnatlaknak/ziaza hnatlaknak *Riantuantu nih suimilam 24 chungah hruaitu/thimmi kha theihternak an tuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a

	mawngahnak he aa pehtlaimi ralrin loin umtuning.		tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna *Sianginn chung ah siseh, sianginn leng ah siseh ni 10 tiang rian dinhternak Pehtlaihna timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sungahnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
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Hruk-aih ning

Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Thilthuam Phungbuarnak (A hmete)	Clothing that draws attention or interferes with the ability to identify or communicate with students. This could also include clothing that includes print and pictures of items that are illegal to minors	Mipi lungthin a lakmi thilthuam asiloah siangngakchia hngalh khawhnak asiloah pehtlaihna tuah khawhnak a dawnkhantu thilthuam. Mah ah hin ngakchia caah phungninglo thilri hna i hmanthlak le	Cawnpiaknak pehtlaihna *Phungning tein zohkhenhtu he pehtlaihna tuah *Siangngakchia he tonnak Cawnnak caan leng ah cawnpiaak tthan Zulhphung hme tete khamnak caah hruaitu/siangngakchia hnatlaknak

		hmanthlak aa telmi thilthuam zong aa tel kho Naih tein um khawhnak uknak Lamhruainak	
Rit-hai Sii he aa pehtlaimi			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Sii: Hmannak le/asiloah Phawtzamhnak (A hmete) ah	Phunglam 0550 Rit-hai Sii hmansualnak zoh Siangngakchia cu sianginn tual le/asiloah sianginn puai ah ritnak sii a hmanmi le/asiloah a phawtzamhmi hawikom hmai ah hngalh buin a um i caantha pek a si tikah amah le amah aa hloh lo	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruachanmi Ziaza Hman Cawnpiaknak pehtlaihna	*Phungning tein zohkhenhtu he pehtlaihna tua *Siangngakchia he tonnak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) A herh ning in lenglei zung pawl he pehtlaihna le/asiloah kuatnak (Urbandale Palik Zung, Siangngakchia Bawmhnak Program, Minung Riantuannak Zung) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihna/khamnak sunghnak Caan suaimi thlennak
Rit-hai sii: Ngeih le/asiloah hmannak (A fakmi)	Phunglam 0550 Rit-hai Sii hmansualnak zoh Siangngakchia cu sianginn pawng le/asiloah sianginn puai ah ritnak sii asiloah a dang ukmi thilri hna nih an uk asiloah an ngeih		*Phungning tein zohkhenhtu he pehtlaihna tua *Siangngakchia he tonnak *Sianginn chung ah siseh, sianginn leng ah siseh, dinhter, ni 3-10 *Upadi zultphung he pehtlaihna tua *A herh ning in lenglei zung pawl he pehtlaihna le/asiloah kuatnak (Urbandale Palik Zung, Siangngakchia Bawmhnak

			Program, Minung Riantuannak Zung) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Sii: Phawtzamhnak (A fakmi)	Phunglam 0550 Rit-hai Sii hmansualnak zoh Siangngakchia nih sianginn pawng le/asiloah sianginn puai ah siangngakchia asiloah midang sinah ritnak sii asiloah a dang ukmi thilri pawl a pek/a hrawm/zuar.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Sianginn chung ah siseh, sianginn leng ah siseh, dinhter, ni 5-10 *Upadi zulhphung he pehtlaihnak tuah A herh ning in lenglei zung pawl he pehtlaihnak le/asiloah kuatnak (Urbandale Palik Zung, Siangngakchia Bawmhnak Program, Minung Riantuannak Zung) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh

			Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Lihchim, Firnak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Lih in hlennak: Cauk hlennak (A fakmi) Cazin asiloah min thutnak a hmaan lomi	Falsifying records or signatures		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Aa pehtlaimi lenglei agency paoh kha pehtlaihnak tuah Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak Nawlgeihnak/khamnak sungnha Sianginn chung le leng ah ni 10 tiang ngolternak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh Gang Pehtlaihnak Langhternak
Gang Pehtlaihnak Langhternak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Gang Pehtlaihnak (A Biapi)	Mi pahnih asiloah a tam deuh nih aa khatmi		Phungning tein zohkhenhtu he pehtlaihnak tuah

	hmelchunhnak, hngalhternak asiloah ziaza a hmanhmi, le/asiloah phungninglo cawlcanghnak asiloah sianginn phunglam buarnak tuah awkah aa pummi le/asiloah pumpak asiloah phu pawl hrocernak caah aa pummi hna.		*Siangngakchia he tonnak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Phungning tein ziaza hnatlaknak/biakamnak NawIngeihnak/khamnak sungnhak Caan suaimi thlennak Rian dinhternak - sianginn ah / sianginn leng (ni 10 tiang) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
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Hremnak			
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Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Hremnak (A fakmi)	Board phunglam <u>0545</u> hnahnawhnak zoh. *Thil cangmi pakhatkhat kha "hremnak" tiah ruah khawh awkah cawnpiakmi hlathlaitu nih hlathlainak tling tein a tuah dih a hau i thil sining kha "a hmaanmi" tiah a ruah a hau. Siangngakchia pakhat cungah a tak asiloah a hmuhmi ziaza asiloah ziaza (miphun, rong, ram chuahkehnak, nu le pa sinak, asiloah pum tlamtlinlonak he aa pehtlaimi) cung ah hram aa bunhmi* a tuah lengmangmi le aa tinhmi electronic, ca in, bia in, asiloah pumsa in tuahsernak asiloah tuahsernak paohpaoh, cuka ahcun nawlIngeihnak i tlukruannak a um		Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Phungning tein hnatlaknak/ziaza hnatlaknak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah NawIngeihnak/khamnak sungnhak Caan suaimi thlennak Rian dinhternak - sianginn ah / sianginn leng (ni 10 tiang) Pehtlaihnak timhtuahnak / tonnak (sianginn

	taktakmi asiloah a cang tthan khomi a um i cu nih cun sianginn pakhat asiloah a tam deuhmi ralchanhnak a chuahter a tanglei thil sining hna lakah: Siangngakchia kha siangngakchia pumpak asiloah thilri cungah harnak a chuahter sual lai ti phannak ah a chiah, siangngakchia pumsa le thinlung ngandamnak cungah a ttha lomi thlennak a chuahter, siangngakchia fimcawnnak tthatnak ah tampi hnahnawhnak a pek, siangngakchia nih sianginn nih a pekmi riantuannak, cawlcanghnak asiloah tinvo sung hna ah i tel khawhnak asiloah hlawknak a pek khawhnak ah tampi hnahnawhnak a pek.		leng ah a herh) Upadi zulhphung he pehtlaihnak tuah Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
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Aa tlak lomi dawtnak langhternak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Aa tlak lomi dawtnak: Lungtlinnak in hnamh, kuah, kuah (Minor)	Mipi asiloah pumpak	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman Cawnpiaknak pehtlaihnak	*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak Cawnnak caan leng ah cawnpiaak tthan Zulhphung hme tete khamnak caah hruaitu/siangngakchia hnatlaknak Caan suaimi thlennak
Aa tlak lomi dawtnak: Lungtlinnak he pum chung thilri pawl tawng, nupa sualnak tuahnak (A biapi)	Mipi asiloah pumpak		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Ruahnak petu biaruahnak Remdaihnak/remhnak biaruahnak Phungning tein ziaza hnatlaknak/biakamnak

			Cawnnak caan leng ah cawnpiaak tthan Caan 1 asiloah a tam deuh caah cawnnak in chuah Sianginn chung ah siseh, leng ah siseh - ni 5 tiang Pehtlaihnaak timhtuahnak / tonnak (sianginn leng ah a herh)
Aa tlak lomi hmunhma			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Aa tlak lomi hmun: Report tuah khawh lonak (A hmete)	A caan te ah hmunhma khiahmi ah report tuah lo (upa nawlpeknak tel loin)	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman Cawnpiaaknak pehtlaihnaak	*Phungning tein zohkhenhtu he pehtlaihnaak tuah *Siangngakchia he tonnak *PowerSchool ah kai zat thlen/tharchuah Cawnnak caan leng ah cawnpiaak tthan Cawnpiaaktu/siangngakchia hnatlaknak hmete ziaza khamnak caah
Aa tlak lomi hmun: Rian pek lomi hmun (Major)	A hlei in chiahmi hmun ah report tuah lo, zohkhenh lomi hmun ah i thup, chiah lomi hmun ah i thup, sianginn innchung ah nawlpeknak um loin chiahmi hmun chuahtak. Sianginn inn chung i zamnak.		*Phungning tein zohkhenhtu he pehtlaihnaak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruahnak Cawnnak caan leng ah cawnpiaak tthan Phungning tein ziaza hnatlaknak/biakamnak Nawlgeihnak/khamnak sungnak Rian dinhternak - sianginn ah / sianginn leng (ni 2 tiang) Pehtlaihnaak timhtuahnak / tonnak (sianginn leng ah a herh) Aa tlak lomi hmun: Sianginn leng (A fakmi) Sianginn inn ah report tuah lo asiloah nawlpeknak

			NawIngeihnak/khamnak sunghnak Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein ziaza hnatlaknak / hnatlaknak Cawnnak caan leng ah cawnpiak tthan Rian dinhternak - sianginn ah (ni 2 tiang) Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh)
Lihchim/Hlennak: A hmaan lomi thawngpang pek (Major)	Cauk pakhatkhat cung le/asiloah sianginn hlathlainak asiloah riantuantu hna biahlnak tuah lio ah a hmaan lomi asiloah a hmaan lomi thawngpang pek.		*Phungning tein zohkhenhtu he pehtlainnak tuah *Siangngakchia he tonnak Remdaihnak/remhnak biaruhnak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein hnatlaknak / ziaza hnatlaknak Sianginn caan leng ah cawnpiak thannak Rian dinhternak - sianginn ah (ni 2 tiang) Pehtlainnak timhtuahnak / tonnak (sianginn leng ah a herh)
Hliamhma um loin taksa tukdohnak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Hliamhma um loin taksa in tukdohnak: Aa tlak lomi pehtlainnak (a hmete)	A biapi lo nain aa tlak lomi le/asiloah cohlan lomi pumsa pehtlainnak.	Naih tein um khawhnak uknak Lamhruainak A kal cuahmahmi zohkhenhnak Ruahchanmi Ziaza Hman	Phungning tein zohkhenhtu he pehtlainnak tuah *Siangngakchia he tonnak Ngaihthiam halnak/Ramhthannak NawIngeihnak sunghnak Caan chuah/Hrennak Cawnnak caan leng ah cawnpiak tthan

		Cawnpiaknak pehtlaihnak	Zulhphung hme tete khamnak caah hruaitu/siangngakchia hnatlaknak
Hliamhma um loin taksa in tukforhnak: A fakmi pehtlaihnak (A nganbik)	A fakmi taksa pehtlaihnak (tahchunhnak ah, tuk, bengah, thil pakhatkhat in tuk, ke in tuk, sam hnuh, hrolh, tbk.) sualnak a tuahtu (s) asiloah target(s) nih thiamsang sii lei zohkhenhnak an herh lonak hmun ah. ("Sibawi zohkhenhnak" ah sianginn nurse asiloah Nurse Advantage aa tel kho.)		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Sianginn chung le leng ah ni 10 tiang ngolter *Cawnnak pawngkam in chuah *Covo sunghnak Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein ziaza hnatlaknak/biakamnak Cawnnak caan leng ah cawnpia k tthan Cawnnak leng cawlcanghnak in caan karlak chuah / chuah Caan suaimi thlennak
Physical Aggression Without Injury: Serious Sexual Contact (Serious)	A fakmi, ruahlopi in a si lomi, le lungtlinnak um loin nupa sualnak he aa pehtlaimi pumsa pehtlaihnak (tahchunhnak ah, tawnggh, nupa sualnak tuah, pumpak hmun tawnggh, midang pumpak hmun langhter) cu sualnak a tuahtu (s) asiloah target(s) nih thiamsang sii lei zohkhenhnak an herh lonak hmun ah. ("Sibawi zohkhenhnak" ah sianginn nurse aa tel kho nain riantuantu pakhatkhat nih a pek khawhmi zohkhenhnak hmete caah a si lo.). Mi pakhatkhat pumpak hmunhma he timhcia tein pehtlaihnak aa tel, timhnak he pehtlai loin.		*Phungning tein zohkhenhtu he pehtlaihnak tuah *Siangngakchia he tonnak *Sianginn kai lo ding, ni 10 tiang *Cawnnak pawngkam in chuah *Title 9 IX Coordinator theiinternak Pehtlaihnak Timhtuahnak/Himnak Tonnak Upadi zulhphung cu pehtlai khawh an si Himnak Timhtuahnak NawIngeihnak sunghnak Bawmhnak / ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Phungning tein ziaza hnatlaknak/biakamnak Cawnnak leng cawlcanghnak in caan karlak chuah / chuah

			NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak a herh Chuahnak (ni 45, 90, 180) - Board cawlcanghnak a herh
Hliamhma he pumsa in tukdohnak			
Infraction Type	Incident Definition	Initial Responses	Range of Responses *Required
Hliamhma he taksa in tukdohnak (A fakmi)	Siangngakchia nih fakpi in taksa pehtlaihnak (tahchunhnak ah, tuk, bengah, thil pakhatkhat in tuk, ke in tuk, sam hnueh, hroth, tbk.) aa telmi thil tuahnak ah aa tel i cuka ahcun suahnak a tuahtu asiloah fahnak a ingmi nih thiamsang sii lei zohkhenhnak an herh. ("Sibawi zohkhenhnak" ah sianginn nurse zong aa tel kho.)		Siangngakchia he tonnak Phungning tein zohkhenhtu he pehtlaihnak tuah *Phungning tein hnatlaknak/ziaza hnatlaknak *Riantuantu nih suimilam 24 chungah hruiatu/thimmi kha theihternak an tuah *Uktu asiloah thimmi nih riantuantu hna theihternak suimilam 24 chungah direct in a tlunhmi siangngakchia hna phungning tein zohkhenhtu hna kha theihternak an tuah hna *Suspension - sianginn ah / sianginn leng (ni 10 tiang) Pehtlaihnak timhtuahnak / tonnak (sianginn leng ah a herh) Upadi zulhphung he pehtlaihnak tuah Himnak Timhtuahnak Bawmhnak/ruahnak cheuhnak riantuannak (sianginn, Siangngakchia Bawmhnak Program) Cawnnak leng cawlcanghnak in caan karlak chuah / chuah NawIngeihnak/khamnak sunghnak Caan suaimi thlennak Caan saupi dinhter (ni 10+) - Board cawlcanghnak

Appendix E: UCSD Preschool School

MISSION STATEMENT

The Mission of the Urbandale Community School Preschool Program, Community Partners, and Parents, is to prepare students to be life-long learners who can become successful, productive future citizens. They will be accomplished by recognizing the value of each individual and promoting academic and personal growth in a challenging and caring environment. Together with families, we support the students emotionally, socially, physically, and educationally.

Location Information

Preschool Administrative Office-
Valerius Elementary
3305 92nd St
Urbandale, IA 50322
(515) 457-5855

Olmsted Elementary
7110 Prairie Avenue
Urbandale, IA 50322
(515) 681-5409

Webster Elementary School
12955 Aurora Avenue
Urbandale, IA 50323
(515) 681-3761

Contact Information

Preschool Director

Ashley Myers- Phone: (515) 457-5855- Email: myersa@urbandaleschools.com

Assistant Preschool Director

Kellie Dickinson- Phone (515) 457-5859- Email: dickinsonk@urbandaleschools.com

Administrative Assistant (Accounts/Billing)

Deb Roetker- Phone: (515) 457-5855 - Email: roetkerd@urbandaleschools.com

For more information on Preschool, visit:

www.urbandaleschools.com/why-urbandale/preschool

Urbandale Community Sianginn Peng Phunglam le Tuahning

Sianginn kai lio nih Urbandale Community Sianginn Peng, Board of Directors nih an chiahmi phunglam le kalning kha a zulh lai. Hi phunglam le kalning hna hi Pengkulh website www.urbandaleschools.com ah hmuh khawh an si. Riantuantu hna nih Pengtlang phunglam vialte an hngalhthiam lai tiah ruahchannak an ngei.

Hi cauk nih hin cu phunglam le kalning hna cu a bawmh hna i sianginn kai hlan program tuah lio ah tuah tawnmi thil kongah lamhruainak tam deuh a pek hna.

Nulepa, zohkhenhtu, le zatlangbu chungtel hna nih cozah sianginn pengtlang asiloah an uknak bu kongah lungretheihnak an ngeih ahcun lamhruainak chap awkah Iowa Fimcawnnak Zung Website kha an zoh khawh. Cu website he direct link cu: <https://educateiowa.gov/pk-12/parent-guardian-and-community-concerns>

Theihternak

1. Urbandale Community Sianginn Peng nih kum 3-5 kar siangngakchia pawl a bawmh hna. 2010 ah, Urbandale Kum 4 Sianginn kai liomi hna cu St. Pius he him tein, upatnak le zohkhenhmi he zatlang hawikom ah an cang. Mah nih hin kum thum le kum li ngakchia hna kha timhtuahnak tuahmi cawlcanghnak le lentecelhnak in tthanchonak he aa tlakmi cawlcanghnak ah i tel khawhnak caantha a pek hna. Sianginn kai hlan program hna nih Iowa Fimcawnnak Zung nih a tawltreimi Iowa Quality Early Learning Standards kha an zulh. Iowa Early Cawnnak Phunglam hna cu Iowa State Board of Examiners nih a fiantermi ngakchia fimcawnnak phunglam hna caah ruahchannak lamhruainak caah hman a si.
2. QPPS 10.1

Tinhmikawltung pawl

1. Program Tinhmi
 - a. Siangngakchia caah zohkhenhnak, himnak, ngandamnak pawngkam serpiak ding.
 - b. Ngakchia he pehtlainnak a duhmi riantuantu ttha pek ding.
 - c. Riantuantu, siangngakchia, chungkhar, Pengtlang riantuantu dang le zatlangbu karlak pehtlainnak thazaang peknak le bawmhchanhnak caah.
2. Ngakchia caah Tinhmi A hleiin
 - a. Ngakchia nih zatlang/lungthin, thluak, pumsa le holh tthanchonak lei ah tthanchonak ah a biapimi thil an ton lai.
 - b. Ngakchia nih cawnnak kong an hngalh duh lai i buaibainak tawltreim khawhnak thiamnak an hman lai.
 - c. Ngakchia hna cu an him lai i an ngandam lai.
3. Chungkhar caah Tinhmi A hleiin
 - a. Chungkhar hna nih sianginn khaan le sianginn ah cohlan an si lai.
 - b. Chungkhar hna cu an fale caah dirkamhtu an si lai.
 - c. Chungkhar hna cu an fale cawnnak ah fakpi in an i tel lai i riantuantu hna he pehtlainnak tha an ser lai.
4. QPPS 10.1

Cawnnak

1. Cawnnak cu cawnnak caantha le hmuhtonak caah phunglam a si. Cawnmi hna nih hngalhnak le theihthiamnak an hmuhnak lam a si, cu lio ah nunnak thiamnak an thanchoter. Sianginn kai hlan program hna nih The Creative Curriculum an hman, cucu hlathlainak le tehte cung ah hram bunhmi cawnnak a si. Sersiam khawhnak cawnnak nih ngakchia dihlak tthanchonak tlukruannak kha a biapi ah a chiah. Cu hna ah cun: holh le cathiamnak, tuaktannak, science,

pumsa le zatlang nun thiamnak hna an i tel. cawlcanghnak, zukuai, hmanthlak suai, tial, ngaih, le tuanbia chim).

2. Urbandale sianginn kai hlan program hna nih Creative Curriculum a chuahpimi he aa tlakmi hlathlainak cung ah hram aa bunhmi cawnnak dang hna kha an zulh. Hi cawnnak hna ah hin: Mitthli um loin kut tial, Al's Pals (Social/Emotional), le Origo Stepping Stones Math hna an i tel.
3. IQPPS 2.1-2.3

Ngakchia zohfelnak

1. Ngakchia tete sianginn kai hlanah zohfelnak cu tinhmi a ngeimi, tthanchonak he aa tlakmi, le theihhngalhmi upa hna nih an tuahmi a si. Hlathlainak phichuak cu timhtuahnak le cawnpiaknak lamhruainak caah hman a si lai. Ngakchia pakhat cu program ah aa tel kho lai maw tel kho lai lo timi biakhiahnak tuahnak ah thlennak hna kha hman a si lai lo. Ngakchia nunphung le sianginn leng hmuhtonnak hna cu ngakchia tthanchonak le tthanchonak ah a biapi tukmi thil pakhat ah cohlan an si. an herhmi, an duhmi le an thiamnak hna kha an caah tthanchonak he aa tlakmi cawlcanghnak timhtuahnak caah, nulepa hna kha tthanchonak tthanchonak kong he pehtlai in theiinternak pek, le ngakchia pakhat nih a dang zohfelnak asiloah bawmhnak a herh le herh lo langhternak caah. A tanglei thlennak hna hi hman an si:
 - a. Hlathlainak hna cu Iowa Hmasa Cawnnak Phunglam he aa tlak.
 - b. Cawnpiaktu hna nih kum khat chung ah ngakchia pakhat cio an tthanchonak kha Cawnpiaknak Lamthluan "Sui" online thlennak thilri hmangin an zohfel. Hi program nih hin saya/mah, AEA riantuantu, nulepa, le uknak lei riantuantu hna kha kum khat chung tthanchonak

zoh khawhnak a pek hna.

Checkpoint cu kumkhat ah voi thum tuah a si.

- c. Nifatin cawlcanghnak ah ngakchia pakhat cio an tthanchonak kong a pehzulhmi tuanbia a petu zohfelnak data.
- d. Ngakchia Portfolio (saya/mah nih an tawlrel i thlennak, zohfelnak data, le a kal cuahmahmi ngakchia riantuannak zohchunhnak aa tel)
- e. Chungkhar hna cu kum khat chung an fale tthanchonak kong he pehtlai in thawngpang pek dingin hal an si. Sianginn le inn karlak riantuan ttinak nih aa telmi vialte kha ngakchia pakhat nih a tthanchonak ah zeitindah a tuah timi a dik deuhmi hmanthlak a pek khawh hna.
- f. Special fimcawnnak saya/mah hna nih siangngakchia pakhat cio tinhmi caah zarhkhat ah voikhat data an lak lai, graph an suai lai, cun thla thum chung ah report an tuah lai. Cawnpiaknak thawk hnu asiloah thlennak hnu ah a tlawmbik zarh li cawnpiaknak le a tlawmbik data point pariat hnu ah, a kalning line kha hlathlainak tuah a si lai. Cawnpiaknak thlennak tuah asiloah siangngakchia tinhmi karhter cu a kalning line cu tinhmi line nakin a sang deuh ahcun ruah a si lai; siangngakchia cawnpiaknak program thlennak (e.g. cawnpiaknak lamthluan, cawnnak thilri) cu a kalning cu tinhmi line nakin (i.e. a niam deuh) a tlawm deuh ahcun ruah a si lai.

Hlathlainak konglam i hrawm

1. Hlathlainak konglam cu tthal le khuasik ah nulepa/zohkhenhtu saya/mah tonnak ah chungkhar hna sinah phungning tein hrawmh a si lai. Cun, nulepa nih an fale konglam kha Sui

online thlennak thilri (Chungkhar Portal) hmangin zoh khawhnak nawl an ngei. Hi thilri hmangin nulepa nih zarh chung vialte hmuhtonak cazin le tthanchonak hmelchunhnak hna kha an zoh khawh.

Chungkhar hna zong nih lam 2 pehtlaihna ah i tel khawhnak caantha an ngei i siangngakchia thanchonak kong he pehtlai in ruahnak cheuhnak an pek khawh.

2. Hlathlainak nih tthanchonak tlaiternak asiloah a dang a hleiin herhmi he aa pehtlaimi thil a um khomi a langhter ahcun, saya nih tonnak chungah nulepa sinah a chimh hna lai i lungretheihnak a langhtermi cazin kha a hrawm hna lai (kum chung zeitik caan paoh ah tuah khawh a si).
3. Cu hnu ah saya nih cun buaibainak tawreltu phu he tonnak tuah dingin a hal hna lai, cu phu ah cun saya aiawhtu, AEA riantuantu le uknak lei riantuantu hna an i tel. Team nih harnak a tawrel lai, thlennak timhtuahnak a tuah lai, bawmhnak a pek lai, cun bawmhnak a halmi hna caah lenglei thilri pawl a pek hna lai.
4. Ngakchia lio buaibainak tawreltu phu nih a herh ahcun tthanchonak zohfelna le thlennak dang tuahnak caah kuatnak an timhtuah lai.
5. A hleiin herhmi siangngakchia hna i an nulepa zong kum fatin IEP tonnak ah an i tel ve (remh/thlennak tuah a herh ahcun a rannak in).
6. IQPPS 4.1-4.9, 7.3

Programzohfelna

1. Urbandale Community Sianginn's Preschool le community partner preschools nih Iowa Quality Preschool Program Standards kha an hman.
2. Uktu, chungkhar, riantuantu, le a dang sianginn kai hlan ah aa telmi hna cu program tinhmi le hmuittinh lei ah tthanchonak a tahmi program zohfelna ah kum fatin an i tel lai.

3. Program nih hi thawngpang hi thiamnak tthanchonak timhtuahnak le program tthatnak tthanchonak cawlcanghnak le riantuannak le phunglam tthanchoternak caah a hman lai.

Chungkhar he pehtlaihna

1. Sianginn kai lio saya/mah hna nih chungkhar hna herhbaunak le duhnak ningin a zungzal in, a kal pengmi, lam pahnih pehtlaihna dirh le kilven khawhnak ding caah phungning le phungning lo lamhruainak hmangin chungkhar hna he riantuan tti in rian an ttuan.
2. Urbandale Community Sianginn Peng nih ParentSquare application cu sianginn-inn pehtlaihna thilri ah a hman i cu nih cun saya/mah, cawnpiaktu, inn-zung riantuantu, le Peng-zung riantuantu hna kha chungkhar hna he ttha tein le ttha tein pehtlaihna tuah khawhnak a bawmh hna. Chungkhar hna nih an fale saya sin in thawngpang an pek hna tikah application kha an download khawh.
3. Urbandale sianginn kai hlan saya/mah hna nih cawnnak thilri le siangngakchia cawnnak hlawhtlinna hna i hrawm awkah MyTeachingStrategies online chungkhar portal zong an hman. Chungkhar hna nih an fale saya sin in thawngpang an pek hna tikah application kha an download khawh.
4. Nulepa hna cu an herhmi he aa tlak bikmi lam in (cucu, email, pumpak in, inn ah va len, cakuat, asiloah phone chawnh) in cawnpiaktu hna he a zungzal in, a pehzulhmi, lam pahnih in pehtlaihna ngeih dingin thazaang pek an si.
5. IQPPS 7.1-7.5

Chungkhar I Telnak

1. Nulepa le zohkhenhtu hna cu ngakchia caah a biapi bikmi saya an si. Na fa a hramthawk tein cawnnak hmuhtonak ah na hawikom kan si khawh caah kan i lawm tuk. Sianginn kum thok ah inn lennak tuah a si lai. Inn tlawnnak cu chungkhar hna, an sining, an nunphung hna le ngakchia kha anmah le an umnak hmun ah hmuh khawhnak ding caah hman a si. Sianginn le chungkhar karlak ah pehtlainnak tha ser khawhnak ding le inn-sianginn pehtlainnak fehternak ding zongah an kan bawmh. ngakchia nih a dihlak in zohfelnak. Nulepa/Saya/mah tonnak cu siangngakchia vialte caah fall le spring semester pahnih ah tuah a si. Kum khat chungah Family Night tal cu voikhat tal tuah a si.
2. Kan sianginn pengkulh nih chungkhar pawl kha an fale fimcawnnak ah i tel ve ding a forh hna, a si khawh chungin chun ah an fale zohkhenh le riantuantu hna he tonnak tuah in. Nulepa nih saya/mah kha pehtlainnak tuah in sianginn tlawnnak caan suai khawh a si. Nulepa le khual vialte cu zung ah check-in tuah ding fial an si lai.
3. QPPS 7.1, 7.2

Sianginn kai hlanah ruahnak petu bu

1. Sianginn kai hlan program nih sianginn kai hlanah ruahnak petu committee a ngei i cu ah cun nulepa, sianginn riantuantu le sianginn kai hlan program ah aa telmi zatlangbu chungtel dang hna an i tel. Ruahnak thar le riantuannak thar caah aw chuahnak hmun ah an òuan. Sianginn kai hlanah ruahnak petu committee ah i tel na duh ahcun sianginn kai lio saya/mah kha theihter.
2. IQPPS 7.2, 10.15

Lungretheihnak

1. Chungkhar le sianginn kai hlan program karlak ah lungtho tein le dinfel tein pehtlainnak tuah cu a sangmi ngakchia zohkhenhnak program ah a herhmi thil pakhat a si. Na fa cu ttha tein zohkhenh a si i hmuhtonak ttha a ngeih ti kha zumhter kan duh. Na fa kong he pehtlai in lungretheihnak na ngeih caan a um ahcun, na lungretheihnak kha na fa saya sinah chim ding in thazaang kan in pek. Bawmhnak dang a herh ahcun, pakhatkhat nih Director sinah bawmhnak an hal khawh.
2. Program asiloah phunglam kong he pehtlai in lungretheihnak na ngeih ahcun, Sianginn hruaitu kha pehtlainnak tuah. Na lung a tling lo ahcun, Urbandale Community Sianginn Peng Zohkhenhtu kha na chawnh khawh hna. Lungretheihnak vialte he, aa telmi vialte caah lungtlinnak a pemi a phichuak hmuh khawhnak ding caah kan si khawh chungin kan i zuam lai.
3. IQPPS 7.5

Thlennak pawl

1. Program pakhat in a dang pakhat ah thlennak tuah cu a caan ah ngakchia caah a har kho, thlennak cu inn pakhat chung ah siseh, hmun dang ah siseh. Inn le sianginn pehtlainnak cu ngakchia sianginn asiloah a dang program ah thlennak caah a biapi tukmi a si i saya/mah hna nih a si khawh chung tluang tein thlennak tuah khawhnak ding caah chungkhar he an i bawm lai. Sianginn kai hlanah riantuantu hna nih min cazin peknak phunglam le kalning, le program thimnak kong thawngpang an pek lai.
2. IQPPS 7.7

Lenglei Lentecelhnak le Cawnnak

1. Nikhua caan nih a onh ning in lenglei ah lentecelhnak caah nifatin caantha kan

ngei, nikhua thli tthatnak le pawngkam himnak nih ttihnung a chuahpi lo ahcun. Mah nih ngakchia pawl kha an thahri thiamnak tthanchoternak, exercise tuahnak le cawlcangh khawhnak caantha a pek hna. Ngandamnak Ngakchia Zohkhenhnak Iowa nih a chuahmi Ngakchia Zohkhenhnak Khuacaan Zohkhenhnak lamhruainak kha thli lumternak thilri asiloah lumnak index cu lenglei lentecelhnak caah a him maw him lo ti hngalh khawhnak caah kan hman.

2. Leng kan chuah khawh lo tikah (khuacaan ruangah) ngakchia pawl cu innchung thilri hmannak caantha pek an si i lenglei thilri he aa tluk tein zohkhenh an si. Tahchunhnak ah, pum cunglei cawlcanghnak caah asiloah mat cung i tliknak caah tumbling mats pek khawh a si.
3. Na fa nih lenglei ah nuam tein aa celh khawh naknga nikhua ning in thilthuam hrukter a biapi. Leng a kik tikah ngakchia nih a lummi angki, kutdonghrolh asiloah kutdonghrolh le lukhuh (na fa min aa tjalmi) an herh. Ni lum deuh caan ahcun na fa kha nem tein hruk cu a biapi ve. Cu karlak ni hna caah cun, na fa kha a tthen in hruk.
4. Ngakchia hna nih thalang ah an um khawhnak ding le an cawlcangh khawhnak ding caah lentecelhnak hmun ah hmunhma a um. Nilinh in huhphenhnak dang pakhat caah na fa caah lukhuh asiloah thilthuam dang i ken dingin kan in forh. Na fa nih ni khamnak sii asiloah rungrul thahnak sii hman na duh ahcun, sianginn kai hlan ah thuh.
5. Program riantuantu hna nih thla fatin tein lentecelhnak hmun himnak zohfelnak an tuah lai.
6. IQPPS 5.4, 9.5-9.8

Zohkhenhnak Phunglam

1. Ngakchia sianginn an phanh hlanah, sianginn kai lio riantuantu hna nih

innchung le leng ah a tanglei nifatin himnak cazin an phit lai:

- a. Himnak hri le chuahnak vialte cu an khuh dih, lumternak/AC, ti lumternak, le zunput hna cu rian a ttuan khomi an si.
 - b. Thianhnak thilri/poison vialte cu ngakchia nih an hmuh khawh lonak hmun ah an chiah dih hna i tha tein an chiah hna.
 - c. Cawnnak khaan/lentecelhnak hmun le thilri hna cu thianhlimnak/a rawkmi thilri tbk.
 - d. Thilri pawl zohfelmi (cucu, First Aid thilri, latex kutdonghrolh, savun, cauk puan, tbk.)
 - e. Nifatin pawngkam zohkhenhnak—a luangmi, thetse, tbk. A dang buaibainak fakpi hna cu zohkhenhtu sinah report tuah a si.
 - f. An phanh tikah, ngakchia pakhat cio cu nifatin cawlcanghnak ah i tel khawhnak a hnorsuan khomi zawtnak asiloah hliamhma hmelchunhnak a um maw um lo ti kha saya nih a zoh hna.
2. Sianginn kai hlan ni chung ah, ngakchia pakhat hmanh zohkhenh loin chiah an si lai lo. Riantuantu hna nih hmuhnak in a bik in an zohkhenh lai. Cawnpiaktu hna nih hmuh khawh lomi ngakchia hna kha minutes 2-3 dan ah an zoh hna chung paoh cu aw in zohkhenhnak tuah khawh a si (cucu, zunput amah tein a hmanhmi hna caah, tbk.)
 3. IQPPS 9.2

Ngakchia Lamhruainak le Chimhrinnak

1. Cawnpiaktu hna nih buaibainak hrial khawhnak ding caah a thami lamhruainak, lamhruainak le hmailei timhtuahnak an hman lai. Aa khatmi le a fiangmi phunglam hmannak thawngin aa tlakmi ziaza kha thazaang an pek hna lai i ngakchia kha sianginn chung

phunglam le phunglam sernak ah an i telter hna lai. Cawnpiaktu hna nih ngakchia kha pakhat le pakhat i upat awk, dinfelnak ngeih awk, thilri upat awk le an tuahsernak caah tñuanvo lak awkah thazaang an pek hna lai. Urbandale sianginn kai hlan program hna nih Al's Pals cawnnak kha aa tlakmi zatlang thinlung thiamnak cawnpiak, zohchunh awk le lemsoinak caah an hman.

2. IQPPS 1.2-1.9

Thetse, Ti Le Theihngalhnak Cabuai Riantuannak

1. Ngakchia pawl dir le lentecelh khawhnak ding caah sianginn ah ngalh khawhnak cabuai kan ngei. Ngalh khawhnak lentecelhnak chungah, ngakchia hna cu science le math ruahnak he aa pehtlaimi hmuhtonnak ah an i tel. An kut ah hma a ngeimi ngakchia hna cu zawtnak hrik a karh lonak nga sensory table ah midang he i tel khawh a si lo. Cawlcanghnak caan a dih tikah, ngakchia phu thar an i tel hlanah ti cung cu ti thiag in an khahter ðan. Lenglei ti lentecelhnak cu ti kholhnak kuang le tikhor asiloah bawm hna lawng si loin ti cung lawng ah a si. Riantuantu hna nih ngakchia vialte kha hmuhnak le aw in hmun kip ah ti kholhnak kuang, tikhor, le ti chiahnak cabuai ah ti hmuh khawhnak hmun vialte ah an zohkhenh hna lai.

2. IQPPS 5.7, 9.14

Rawl hme tete/Rawl le Rawl ttha

1. Rawl kong he pehtlai in lungput cu ngakchia tein a chuak. Ngakchia nih an ei mi rawl nih an damnak, an pumsa tthanchonak, an cawn khawhnak le an ziaza dihlak a hnorsuan. Ngakchia hna nih rawl kong an cawn khawhnak nga bawmhchanhnak caantha kan ngei,

anmah nunphung le midang chungin rawl phunphun an ei khawhnak nga, cun an pum cu a fekmi, a nemmi le a ngandammi a herh ti an ngalhthiam khawhnak nga bawmhchanh khawhnak caantha kan ngei. A tlawmte lawng ei, rawl phunphun ei, le nuam tein rawl ei cu ngakchia tete nih an ngeih khawhnak ding caah a ttha mi ziaza an si.

2. Sianginn kai hlanah cawnnak pakhat cio ah rawl hmete pakhat cio pek an si. USDA lamhruainak ah langhtermi bantukin rawl ei caan pakhat cio ah rawl phu hnih an i tel lai. Catialmi rawl hme tete cu sianginn ah an tar i chungkhar hna nih an hmuh khawh. Menu vialte cu program ruahnak petu nih zohfelnak caah file ah chiah an si. Sianginn nih rawl ttha a phunphun a pek hna, cun ngakchia pawl kha an pekmi rawl cheukhat tal ei in an duhmi kha kauhter awkah thazaang a pek hna.
3. Rawl vialte cu U.S. Cinthlaknak Zung Ngakchia le Upa Zohkhenhnak Rawl Program (CACFP) lamhruainak ningin timhtuah, pek le chiah a si. Nikhat chung ngakchia hna caah a thiagmi, a thiagmi din awk ti kha pek a si. Riantuantu nih a caan a dih cangmi rawl paoh kha an hlonh. Fahrenheit degree 110 nak a lin deuhmi rawl cu ngakchia nih an hmuh khawh lonak hmun ah chiah an si. Refrigerator a herhmi rawl cu pek hlan tiag a lum lo ah chiah a si lai.
4. Ngandamnak zohkhenhnak a herhmi, rawl allergy, asiloah rawl eidin a herhmi ngakchia pakhat cio caah, ngakchia ngandamnak zohkhenhtu nih ngakchia zohkhenhnak ah aa telmi chungkhar le thiamsang hna he ruahnak cheuhnak in timhtuahnak a ngeimi pumpak zohkhenhnak timhtuahnak ah program kha a pek awk a si. Rawl allergy a

ngeimi ngakchia hna cu a buaibai mi rawl he i tong lo dingn huhphenh an si lai. Chungkhar hnatlaknak he, program nih rawl timhtuahnak hmun le ngakchia nih a hmanmi hmun hna ah ngakchia allergy kong thawngpang kha nikhat chung ngakchia he aa pehtlaimi upa vialte hna caah hmuh khawhmi theihternak caah a tar. Program riantuantu hna nih pum tlamtlinlonak a ngeimi ngakchia pakhatkhat nih a hleiin rawl pek a herh tikah ngakchia nih a ei mi rawl phun le zat kha nifatin cazin an khumh lai. Riantuantu hna nih nulepa kha nifatin cazin an pek hna lai.

5. Hnachetnak ah aa tel tawnmi tihnung rawl pawl cu pek an si lai lo. Kum li tang ngakchia caah, mah hna ah hin hotdogs, a dihlak in asiloah a tthenmi; mitsur thei dihlak; hnah; popcorn; a rawkmi changreu le a harmi pretzels; changvut tlawmpal; asiloah a rawkmi carrot tlawmpal asiloah a dihlak in ei khawhmi sa ngan deuh.
6. Sianginn Peng nih sianginn kai thiamnak le ziaza ttha caah laksawng ah rawl le dinmi a hmang lo, cun dantatnak caah rawl asiloah dinmi kha a hren lai lo, cun cawnpiaktu hna nih chimhhrinnak phunkhat ah rawl hren dingn an hrocer bal hna lai lo.
7. IQPPS 5.9-5.17

Chuahni pawl

1. Chuahni cu ngakchia nunnak ah a biapi tukmi le a biapi tukmi thil a si. Sianghngakchia nih an chuahni ah cawnnak caah rawl thawthaw put an duh ahcun an tuah khawh. Nulepa hna cu puai tuahnak caah sianginn ah rawl kuat an i thim tikah SMART rawl hmete thim dingn thazaang pek an si. Ngakchia hna sinah hrawmh awakah inn in a rami rawl cu chawlehnak caah timhmi a si lai, pumpak phawtzamhnak caah a rawk lomi thilri cazin he asiloah UCSD Nutrition Services Program

asiloah a dang tein license a ngeimi rawl dawr in cawmki thilri pawl he chiahmi a si lai. Nikhat chung siangngakchia caah pekmi rawl cu rawl ei hnu ah ei a si lai. Khuasik rawl a eimi hna. Chuahni hna cu an siangngakchia he lawmhnak tuah ding ni ah chiah an si. Sianginn leng puai sawmnak ca cu sianginn ah phawtzamh a si lai lo.

Zunput

1. Zunput cawnnak cu ngakchia tthanchonak ah a biapi tukmi caan a si. Zunput a hmang kho lomi ngakchia hna caah, a tanglei phunglam hna hi an um:
 - a. Diaper thuh cu diaper chiahnak hmun (a cunglei a sangmi) ah lawng tuah a si lai.
 - b. Riantuantu hna nih Iowa Quality Preschool Programs Standards: Standard 5, Criteria 5 ah a ummi diaper hruknak lamhruainak vialte kha an zulh lai
 - c. Zun asiloah zun nih a thurhnawmhtermi thilthuam cu plastic bawm chungah chiah colh a si (hnawmh loin asiloah hrial khawhmi tawng h loin) i cu ni ah inn ah tawl dingn kuat a si.
 - d. Riantuantu hna nih ngakchia pawl kha a tlawmbik suimilam pahnih dan ah diaper asiloah pull-ups cu a lum asiloah zun a um timi hmelchunhnak an zoh hna lai.
 - e. Diaper cu a lum asiloah a thurhnawm tikah thlen a si.
 - f. Thlennak caah hmanmi le thlennak thilri chiahnak hmun hna cu thilri dang caan tawite chiahnak telh in thil dang caah hman a si lo, cun a hleiin rawl le rawl peknak he aa pehtlaimi thilri caah hman a si lo.

- g. A thurhnawmmi hnawmhna le hnawmhna thilri pawl chiahnak kuang hna cu kut hmang loin hmanmi thilri (tahchunhnak ah, step can) hmangin fek tein aa on i a kharmi khunak an ngei. Container pawl cu khar in chia an si i ngakchia nih an luh khawh lo. A hman dingmi langhternak caah bawm cu fiang tein min an ttial lai.
- h. Diapering le Gloving poster pawl cu thilthuam thlennak hmun ah hmanthlak le biafang hmangin tuah ning a langhtermin tar an si lai. Hi phunglam hna hi program hruaitu nih riantuantu hna kha hnawm thlennak kong cawnpiaknak zohfelnak caah a hman.

2. IQPPS 5.5

Cawnnak khan chung saram le saram hna

1. A hleiin thil sining le tinhmi ca lawngah ti lo ahcun sianginn pengkulh hmun ah saram nung luhter an si lai lo. Fimcawnnak caah sianginn ah chiahmi saram hna cu zawtnak tehte um loin ngandamnak ttha an ngei lai, ngakchia caah himnak caah tihnung a si lomi lungput an ngei lai, cun thianghlim tein le thianghlim tein zohkhenh an si lai. Saram ngeitu/zohkhenhtu nih saram nih kum fatin a hmuhmi le saram sibawi nih min a thutmi khamnak sii cazin a pek a hau; hi ngandamnak cazin pawl cu sianginn inn ah file ah chia an si lai.
2. Sianginn Pengkulh chung ah saram luhpi a duhmi paoh nih sianginn hruaitu asiloah program hruaitu sin in nawlnak an herh lai. Sianginn hruaitu asiloah program hruaitu nih sianginn chung i saram halnak kha cohlan asiloah al khawhnak nawl a ngei. Sianginn Pengkulh chung thilri chungah saram

an luhpi hna tikah saram zohkhenhnak aa tlakmi a herh.

3. Cawnpiaktu nih riantuantu le ngakchia hna cu saram he an i tongh tikah le saram he an i tongh hnu ah thianhlimnak ttha tein an tuah lai ti kha a hngalhter hna lai. Cawnpiaktu hna nih ngakchia le saram karlak pehtlainhak vialte kha an zohkhenh lai i saram he naih tein an um tikah a himmi ziaza kong kha ngakchia kha an cawnpiak hna lai.
4. Innzuat saram he aa pehtlaimi ngakchia paoh cu saram he an i tong lai lo. Salmonella zawtnak a chuah khawh caah rul pawl cu luhter an si lo. Caan hmannak saya/mah nih a herhmi thilri pawl an tlinh maw tlinh lo ti zohfelnak rian a ngei.

Aphanhak le a chuahnak

1. Nulepa, phungning tein zohkhenhtu asiloah nulepa asiloah phungning tein zohkhenhtu nih an thimmi midang nih an pekmi mawtaw phurhnak vialte ah kum he aa tlakmi le a ngan le a hme he aa tlakmi tthutdan hrennak hmannak aa tel lai.
2. Cawnpiaktu hna nih na fa a kai tawnnak inn caah mawtaw chiahnak le chiahnak konglam an in pek lai. Zaangfahnak tein lam tannak hmun kha hmang, lam cung hmelchunhnak kha zul, cun lam a hruaitu riantuantu hna zong kha zul.
3. Na fa sianginn ah na ratpi tikah, na fa kha inn ah na kalpi hlanah na mawtaw kha chia law engine kha phih hmasa dingin kan in hal. Accident a chuah khawhnak hnga lo na fa kha sianginn kai liomi sianginn luhnak lei ah na kalpi tikah na fa kut kha golf tuk. Nulepa asiloah thimmi upa pakhatkhat nih nikhat hramthawk ah ngakchia pawl kha sianginn kai hlanah a ummi innka ah an kalpi hna lai i an fale kha

sianginn kai hlanah cawnpiaktu riantuantu pakhatkhat zohkhenhnak ah an chiah hna lai. Ngakchia pakhat hmanh upa tel loin inn chuahtak khawh a si lai lo.

4. Nulepa asiloah phungning tein zohkhenhtu ti lo ahcun, ca in nawlpeknak a ngeimi lawng nih sianginn in ngakchia lak khawh an si lai. Cawnpiaktu riantuantu he aa theih lomi paoh, nawlgeitu hna telh in, ngakchia pakhatkhat an sinah an thlah hna hlanah hmanthlak hngalhternak langhter dingin hal an si lai.
5. Ngakchia vialte an phanh dih tikah, sianginn kai hlanah saya/mah nih nikhat chung an i pumhnak kha a khumh lai. Nikhat chung ngakchia hna nih hmunkhat in hmundang ah an i thial tik paoh ah, i.e. sianginn khaan in lenglei ah, saya/mah nih hmunkhat an chuahtak tik paoh ah le hmundang an phanh tik paoh ah ngakchia zat relnak rian a ttuan lai i ngakchia pakhat cio an himnak hmun kha zeitik caan paoh ah fehternak caah a si lai.
6. IQPPS 10.9

Sianginn Kainak

1. Na fa sianginn kai hlan hmuhtonnak caah zungzal in kai cu a biapi. Siangngakchia pakhatkhat a um lo asiloah a tiai ahcun, sianginn vialte nih siangngakchia nulepa/zohkhenhtu sin in theihternak an herh.
 - a. Olmsted Elementary
515-457-5803
 - b. Valerius Elementary
515-457-6520
 - c. Webster Elementary
515-331-8620

Siangngakchia cazin

1. Siangngakchia cazin ah pumpak hngalh khawhnak konglam aa telmi, directory konglam ti lo cu, thuhmi an si. Riantuantu telh in, phungning tein

fimcawnnak lei duhnak a ngeimi lawng nih siangngakchia cazin kha nulepa nawlpeknak tel loin luh khawh a si. Sianginn Pengkulh siangngakchia cazin kong he pehtlai in phunglam asiloah taza cuainak tuah ningcang kong copy tling hmuh na duh ahcun, Pengtlang website-
<http://www.urbandaleschools.com> ah cauk kha zoh.

2. Nulepa asiloah zohkhenhtu hna cu anmah asiloah sianginn nih thawngpang kha agency dang sinah hrawmh an si ahcun thawngpang chuahnak ca ah min thut dingin hal an si lai, cu thawngpang cu aho sinah dah pek a si lai, thawngpang chuahnak a ruang asiloah tinhmi, zeitik ah dah a dih lai, cun nulepa nih an duh ahcun nawlnak an lak khawhnak lam hna kha an langhter lai.
3. QPPS 10.10

Ngandamnak Le Himnak

1. Sianginn kai hlanah ngandamnak thanchoternak le kan program ah aa telmi ngakchia le upa hna ngandamnak le himnak kilvennak caah bia a khiah. Ngakchia le upa paohpaoh caah a himmi le a himmi pawngkam ser khawhnak ding caah, Quality Preschool Program Standards, phunglam sertu bu le ngakchia zohkhenhnak nawlgeitu hna nih an herhmi lamhruainak kha kan zult.

Ngandamnak le khamnak sii cazin

1. Ngakchia nih program a thawk hnu ni sawmthum chungah, riantuannak nithla a ttialmi ngandamnak cazin pawl cu ngakchia cu a zungzal in cheknak hneksaknak (Pumsa lei) he aa pehtlaimi a si ti a langhtermi pek a si lai. Ngakchia nih sianginn a kai hlanah khamnak sii cazin cu pek a hau (nulepa nih biaknak lei in luatnak an hmanmi khamnak sii ti lo ahcun). Siangngakchia

nih a tu lio lowa ramkulh khamnak sii chunhnak a herhmi an tlinh a hau i cohlan khawhmi khamnak sii chunhnak cazin asiloah luatnak cu a voikhatnak kai ni hlan ah file ah an chiah a hau. Nulepa nih khamnak sii luatnak cazin an pek khawh, cucu pengtlang website ah hmuh khawh a si.

2. QPPS 5.1

Ngandamnak le Himnak Cazin

1. Chungkhar hna sin in lakmi ngandamnak le himnak konglam cu inn saknak zung ah ngakchia pakhat cio caah file ah chiah a si lai. File pawl cu kum fatin tharchuahnak in a thar in chiah an si. File chung thilri cu thuhmi a si.
2. Ngakchia Ngandamnak le Himnak Cazin ah aa telmi hna cu:
 - a. Ngandamnak zohfeltnak phichuak, a tu lio khamnak sii le cheknak hneksaknak a langhtermi.
 - b. Ngakchia pakhat cio caah a tu lio emergency pehtlaihnak konglam, kum chung ah a hleiin tuahmi lam in a thar in chiahmi.
 - c. Ngakchia ngandamnak caah a herhmi thil pakhatkhat caah lamhruainak le/asiloah timhtuahnak hna cu allergy asiloah a sau cangmi zawtnak (tahchunhnak ah, thawchuah harnak, theihnak asiloah hmuhnak tlamtlin lonak, rawl ei a herhnak, thluak lei zawtnak, zunthlum asiloah a dang a kal cuahmahmi ngandamnak kong he pehtlai in harnak, thluak fahnak, zunthlum) hna cu riantuantu le/asiloah nulepa nih an ser lai
 - d. Ngakchia hna caah pumpak emergency zohkhenhnak

timhtuahnak asiloah emergency ah zohkhenhnak a herhmi a dang thil sining (allergy, thawchuah harnak, tliknak, ruh asiloah theihnak lei harnak, le a dang a hmunmi zawtnak; sii asiloah thiamnak bawmhnak a herhmi thil sining hna.

- e. Ngakchia pakhat cu ngandamnak lei dirhmun (ngandamnak lei thiamsang nih a tialmi) asiloah chungkhar zumhnak ruangah khamnak sii a tlawm tukmi kong ah bawmtu tehte.

3. IQPPS 5.1, 10.8

Ngandamnak le Himnak Lamhruainak Tlangpi

1. Riantuantu vialte nih ngakchia pakhat cio ngandamnak, theihmi allergy, asiloah a hleiin ngandamnak kong ah ralrin tein um a hau
2. Sianginn kai lio saya/mah zohkhenhnak tangah, riantuantu vialte nih ngakchia vialte umnak hmun kha ralrin tein an um a hau. Ngakchia caah caan hman tein tuaktannak caah system pawl cu an um, a hlei in thlennak caan chung ah.
3. Riantuantu vialte nih kut tawlnak, rungrul thahnak sii hmannak le zawtnak rungrul khamnak caah ralrinnak phunglam ningcang tein an zulh lai.
4. Riantuantu vialte nih chuahnak lam le kalning hna kha an hngalh dih.
5. Cawnpiaktu riantuantu vialte nih “Thisen in a chuakmi zawtnak rungrul hna he riantuannak ah i tonnak” kha kum fatin an dih.
6. Cawnpiaktu vialte nih thawchuahnak lam a kharmi zohkhenhnak le ngakchia le ngakchia caah chanhchuahnak thawchuah peknak telh in bawmhnak peknak cawnnak lungtling tein an dih cang timi cazin an ngei, ngakchia phu pakhat cio he an um zungzal. Bu chung i ngakchia pakhat nih CPR a herhmi ngandamnak lei zawtnak a ngeih tikah,

CPR cawnnak hlawhtling tein a dihmi riantuantu pakhat cu program ah a um zungzal.

7. QPPS 5.2-5.8

Zawtnak Phunglam Le Ngakchia

Zawtnak Hna Hnawh Lonak

1. Ngakchia vialte ngandamnak le himnak caah, a zawmi ngakchia sianginn ah ratpi lo ding cu a herh. Zan ah na fa nih a tanglei zawtnak hmelchunhnak a ngeih ahcun, a dang ngakchia himnak caah a thaizing ah sizung ah an luhter hna lai lo.
2. Na fa cu zeitik ah dah inn ah a um awk a si?

Ngakchia pakhat a dam lo buin a thawh tikah sianginn kuat ding le kuat lo ding biakhiahnak tuah tikah a tanglei ah hin mipi ngandamnak ruahnak cheuhnak an si. A caan ah a ttha lo nain, mi vialte ngandamnak caah, nulepa nih suimilam 24 chung ruahnak cheuhnak kha zulh ding in ruahchannak an ngei.

- a. **Zunthlum/Luak** – a luan ciami suimilam 24 chungah: ngakchia kha inn ah chiah.
- b. **Zawtnak Klinh** – 100.4 oF degrees asiloah a cunglei: ngakchia cu a tlawmbik suimilam 24 chung lum lo tiang inn ah chiah.
- c. **Strep Throat** cu a karh khomi bacteria zawtnak a si – hnar fah, lum (a tlangpi in), fahnak; thlopbulnak cu hnar thlennak in tuah a si: ngakchia cu sianginn a kir hlanah a tlawmbik suimilam 24 chung antibiotic a din a hau i zawtnak hmelchunhnak a zor.
- d. **Pinkeye** cu a chawnh khawh tukmi a si i a kangmi, a hringmi mit sen he a senmi ti chuahnak he a lang: ngakchia pakhat cu sibawi sinah zohter a si lai i a tlawmbik suimilam 24 chung sii a din lai i sianginn a kir hlanah zawtnak hmelchunhnak a zor lai.

- e. **Chicken Pox** cu ngakchia lio ah a karh bikmi zawtnak pakhat a si. Zawtnak hmelchunhnak ah a tlawmmi lum le a thleidangmi vun hna aa tel. Hnawm cu a senmi hma bantuk in aa thawk, cu cu hma ah aa cang i aa hun i hma a ser. Rash nih cun a fak tukmi a si khomi hliam a chuahter. Hnawm vialte nih hma an ngeih hlan tiang ngakchia cu sianginn ah an kir awk a si lo. Mah cu ni sarih asiloah a tam deuh a rau tawn.
 - f. **Impetigo** cu vun zawtnak a si i a kiakmi, a hliammi asiloah a kangmi vun ah bacteria nih a luhhnawh tikah a chuakmi a si. A tuar bikmi hmun cu kut le hmai, a hlei in hnar le kaa pawngkam ah a si. A tlangpi in ti in a khatmi hmun sen in aa thawk tawn. Hnawm pawl cu fawi tein an i tthen i ti cu a ro i khuaihlii rong a simi vun a ser. Thlopnak cu antibiotic chiti, kaa in dinmi antibiotic asiloah an pahnih in a si. Ngakchia cu sianginn a kai tthan hlanah suimilam 24 chung sii din a hau.
 - g. **Rash** – zawtnak phunphun ruangah a si kho i chawnh khawhmi a si kho. Na fa sianginn kai than khawhnak ding caah zawtnak thlopnak le nawl peknak caah sibawi pakhat kha pehtlainnak tuah a hau.
3. Accident asiloah Zawtnak
- a. Sianginn an phanh tikah, ngakchia pakhat cio cu nifatin cawlcanghnak ah nuam tein i tel khawhnak a hnorsuan khomi zawtnak asiloah hliamhma hmelchunhnak a um maw um lo ti kha saya/mah hna nih an zoh hna.
 - b. Ngakchia nih sianginn kai lio ah zawtnak hmelchunhnak a ngeih tikah, nulepa, phungning tein zohkhenhtu, asiloah nulepa/zohkhenhtu nih nawl a pekmi midang hna cu ngakchia lak dingin theihternak an tuah colh hna lai. Hi ruang ah, nangmah, na nawlpekmi

emergency pehtlainnak minung le na fa ngakchia sibawi caah a tu lio, a dikmi phone nambar kan ngeih kha i cinken. Cu karlak ah, ngakchia he aa pehtlaimi pakhatkhat zohkhenhnak tangah hringtu nulepa, phungning tein zohkhenhtu asiloah thimmi minung an phanh hlan tiang ngakchia cu dinhnak hmun kan pek lai. Ngakchia cu zawtnak hrik a ngei tiah lungrinh a si ahcun, ngakchia cu lak khawh a si hlan tiang, ngakchia cu mi thar an i chawnh lonak hmun ah chiah a si.

c. 4. IQPPS 10.5

Chawnh khawhmi Zawtnak Report tuahnak

1. Riantuantu le saya/mah hna nih chungkhar hna sinah an fale nih an tonmi aa dangmi tlukruannak asiloah zawtnak phunkhat, zawtnak hmelchunhnak le zawtnak hmelchunhnak, zawtnak i chawnh khawhnak lam, chawnh khawhnak caan, le program ah tuahmi le chungkhar nih inn ah an tuah awk a simi uknak phunglam hna kong kha bia le ca in thawngpang an pek hna.
2. IQPPS 5.3

Sii Phunglam le Tuah ning

1. Siangngakchia hna cu sianginn ah sii he i ken khawh a si lo. Sii vialte cu ngandamnak zung ah chiah dih a hau i sianginn nurse zohkhenhnak tangah pek a si lai. Sianginn ah sii peknak ah nulepa/zohkhenhtu hnatlaknak le min thutmi chuahnak ca a herh. Sii peknak ca cu sianginn website ah hmuh khawh a si asiloah siangngakchia sianginn ah hmuh khawh a si. Sii cu a hramthawk bawm chungah rak put a hau.
2. IQPPS 5.8

Thianhhlilmhnak le Thianhnak

1. Mah hmun cu a thiangmi le a thianghlilmi dirhmun ah zohkhenh a si

lai. Taksa chung ti ttihnung a chuah tikah, cu hmun cu ngakchia nih luh khawh lo ding in tuah a si lai i, cu hmun cu thianh colh a si lai.

2. Ngakchia kaa chungah chiahmi lentecelhnak thilri asiloah pum chungin chuahmi asiloah chuahmi thilri nih a thurhnawmhtermi hna cu lak colh an si lai i ti le savun in an thianh hna hnu ah rungrul thahnak sii an hloh hna lai. Mah cu sianginn chung i a dang thilri hna zongah a hman. Nifatin a thar in tuahmi ti kholhnak ti liter pakhat ah innchung hmanmi thianhnak sii tlawmpal hmangin a cunglei hna cu rungrul thahnak a si lomi cawhmi hmangin thianh an si lai.
3. Riantuantu hna cu thianhhlilmhnak thiamnak, kutdonghrolh tibantuk huhphenhnak thilri hman ningcang, a thurhnawmmi thilri hna ningcang tein hman le hlonh ning cawnpiak an si lai.
4. Ngakchia pawl an i chawnh khawhnak hnga lo ngakchia an um lo tikah ttihnung a si khomi chemical a herhmi thilri thianhnak cu timhtuahnak tuah a si lai. Thianhnak thilri vialte cu sertu nih a langhter ning in hman an si lai. A si khawh chungin rungrul a si lomi thilri pawl kha hman a si lai.
5. IQPPS 5.18-5.19

Kut ttawlnak tuahsarnak

1. Kut tawl lengmang cu zawtnak hrik karh lonak ding caah a biapi tukmi a si. Cawnpiaktu hna nih hngakchia pawl kha ttha tein kut tawl ning an cawnpiak hna lai.
2. Ngakchia nih kut tawlnak phunglam ningcang tein an hmanmi hmanthlak pawl cu ti kholhnak pakhat cio pawngah an chiah hna.
3. Riantuantu hna le pumpak thianhhlilmhnak cawn khawhnak a ngeimi ngakchia hna cu kut tawl ningcang cawnpiak an si i caan hman tein zohkhenh an si.

4. Riantuantu, volunteer, le ngakchia vialte nih anmah le midang sinah zawtnak i chawnh khawhnak ding caah kut tawl ningcang tein hman a hau.
5. Riantuantu hna nih ngakchia hna kharian hlawhtling tein an lim khawh nakhnga a herh ning in kut tawlnak ah an bawmh hna.
6. Ngakchia le upa nih kut tawl:
 - a. Nikhat caah phanh tikah
 - b. Hnawm thuh hnu ah asiloah zunput hman hnu ah (nau caah hnipuan ttawlnak hman cu cohlan khawh a si)
 - c. Taksa chung ti (tahchunhnak ah, hnar hnimh asiloah hnawh, kut in khuh, asiloah hnar, thi asiloah luak tawng) tawng hnu ah
 - d. Rawl ei hlan le rawl hme tete ei hlan ah, rawl timhtuahnak asiloah pekchanhnak, asiloah rawl kio a herhmi rawl rawl (e.g., sa, ar, ar) tawng hlan ah
 - e. Ti chungah lentecelh hnu ah
 - f. Inn zuat saram le saram dang hna asiloah saram he i tongh in a thurhnawm khomi thetse, vawlei, asiloah vawlei cung thilri hna kha tlaih hnu ah
7. Upa zong nih an kut an i tawl:
 - a. Ngakchia rawl pek hlan le pek hnu ah
 - b. Ngakchia pakhat kha zunput ah a bawmh hnu ah
 - c. Hnawm hnawm asiloah thianh hnu ah
7. IQPPS 5.6

Pakhatnak Bawmhnak Thilri

1. Sianginn kai lio sianginn khaan chungah First Aid thilri pakhat a um.

2. Ngakchia nih hman khawh a si lo, asinain upa hman khawh a si.
3. First Aid kit hman tik paoh ah, a chung thilri pawl kha zohfel an si lai i a tlaumi asiloah hmanmi thilri pawl kha thlen an si lai.
4. First Aid thilri cu lenglei lentecelhnak hmun ah kalpi a si pin ah sianginn in hlat deuh ah khaulawnnak le lengchuahnak ah kalpi a si. First Aid thilri ah siangngakchia emergency konglam aa tel.
5. IQPPS 9.12

Mei lei Himnak

1. Meithatnak cu sianginn kai hlan sianginn khaan ah kum fatin riantuan ni a langhtermi hmelchunhnak he chiah a si. Meikang ralrin peknak seh cu kum fatin tein zohkhenh a si. Meikhu hngalh khawhnak, mei ralrin peknak, le carbon monoxide hngalh khawhnak hna cu thla fatin hneksaknak an tuah. Hneksaknak ni le battery thlennak cazin cu chiah a si i halnak tuah tikah hmuh khawh a si. Meithat cawnnak an tuah i an khumh.
2. IQPPS 9.13

Sii lei Emergency Le Accident Asiloah Thil cangmi Hngalhternak

1. Urbandale Community Sianginn Peng nih a tanglei thil sining le zulh dingmi phunglam hna a langhtermi timhtuahnak an tial cang:
 - a. Emergency phone nambar
 - b. Mei kanghnak phunglam
 - c. Utility a tlamtlin lonak (electric mei a rawhnak, ti hri a rawhnak, gas hri a rawhnak)
 - d. Nikhua chia
 - e. Bomb hrocernak
 - f. Taksa in hrocernak/Hriamnam he luhhnawhtu
 - g. Midang chuahtaknak
 - h. Nunnak caah tihnung le nunnak caah tihnung a si lomi thil sining

caah ruahlo piin hliamhma asiloah
zawtnak tuahsernak

2. Hi timhtuahnak hna hi sianginn kum
thawk fatin le thlennak an tuah tikah
riantuantu pakhat cio nih an zohfel lai.
Na fa nih sianginn kai hlan ah a hmete,
nunnak caah a si lomi hliamhma a tuar
ahcun, kan saya nih ttihnung thil sining
kha a zohfel lai i a herh ning in First Aid
a hman lai. Hliamhma hmete le hma
pawl cu ti le savun in thlop an si lai i
hliamhma a tuarnak hmun ah tikhor thuh
in thlopbul an si lai. Thil cangmi asiloah
hliamhma a um ahcun hliamhma cazin
ah khumh a si lai i thil a can hnu
suimilam 24 chungah
nulepa/zohkhenhtu sinah copy pek a si
lai. Riantuantu vialte nih emergency ah
bawmhnak auh khawhnak ding caah
telephone an hman colh lai. Phone
pakhat cio nih meithat zung, palik zung,
sizung, le rungrul thahnak zung hna i an
phone nambar pawl kha an tar lai.
Ngakchia le riantuantu pakhat cio caah
emergency pehtlaihna konglam cu fawi
tein hmuh khawh a si lai. Emergency
phone number cazin, emergency
pehtlaihna thawngpang copy le
emergency phurhnak nawlpeknak hna
cu ngakchia nih hmun an chuahtak tik
paoh ah hmun riantuantu zohkhenhnak
tengah kalpi an si lai. Emergency phone
number pawl cu a tlawmbik kum fatin
asiloah a herh ning in tharchuah an si
lai.
3. QPPS 10.10,

Tihnung le Pawngkam Ngandamnak In Huhphenhnak

1. Program riantuantu hna nih ngakchia le
upa pawl kha ttihnung thil hna in an
huhphenh hna lai, cu hna ahcun electric
mei nih a kangh, a kangh, asiloah a
kangh, a tlik, a tluk, asiloah a tlak.
2. Sianginn kai hlan sianginn khaan inn cu
lead, radon, radiation, asbestos,

fiberglass, le a dang ngakchia
ngandamnak a hnorsuan khomi thil
ttihnung hna caah zohfelna tuah a si
cang i a herh ahcun cazin ah khumh a si
cang. Khuazei hmun paoh ah tikhor ti
hman a si lo. Innpi lumternak, lumternak
le thli luhchuahnak hna cu ngakchia nih
an hmanna ding caah ram pumpi
phunglam he aa tlak in chiah an si.

3. Program nih thilri pawl kha a zohkhenh
hna i cuticun saram ttihnung, rungrul
rungrul le rungrul thahnak thingram hna
in an luat. Rungrul thahnak sii le rungrul
thahnak sii, hman a si ahcun, ngakchia
hna cu hmun ah an um lo tikah sertu nih
a chimmi ningin hman a si i ngakchia
hna he vun i tawng, thawchuah le a
dang pehtlaihna a kham khomi lam in
hman a si.

Kuakzuk a ngah lo

1. Iowa Smokefree Van Act of 2008 he aa
tlak in, Urbandale Community Sianginn
Peng hna program inn le hmunhma cu
meikhu a um lo. Upadi nih a herhmi a
tintermi “Meithal kah lo” timi catar cu
sianginn kai hlan inn luhnak ah mipi nih
meithal kah lonak hmun ah an luh ti
theihternak caah an tar.
2. Sianginn pawng ah kuak zuk a ngah lo.
3. QPPS 9.15

Emergency kharnak pawl

1. Sianginn thawk caan tlaiter ding, cancel
tuah ding asiloah tuan deuh in phuah
ding timi biakhiahna cu Administration
nih a tuah lai. Khuacaan kong asiloah
inn saknak kong he pehtlai in
thawngpang cu Pengkulh [District
website](#).ah hmuh khawh a si.
2. Sianginn a tlai, cancel asiloah tuan deuh
in ngol a si ahcun, Adventuretime le
preschool program zong a tlai, cancel,
asiloah tuan deuh in ngol a si lai.

- a. Sianginn cancel a si ahcun:
Adventuretime le Preschool cu
cancel a si lai.
- b. Sianginn nih suimilam 2 a tlai
ahcun, Adventuretime Sianginn
Hlan/Hnu Programming zong
suimilam 2 in a tlai lai;
Adventuretime cu zinglei 6:30 a.m.
si loin 8:30 a.m. ah on a si lai;
Nikhat chung sianginn kai lio cu
zinglei 9:00 a.m. si loin 11:00 a.m.
ah aa thawk lai; Nikhat chung kum
3 siangngakchia hna cu zinglei
8:30 ah an phan kho lai i nikhat
chung zohkhenhnak ah an i tel kho
lai; Nikhat cheu AM asiloah PM
preschool lawng a kai mi kum 3 le
4 ngakchia hna caah ni cheu AM
asiloah PM preschool cawnnak a
um lo
- c. Sianginn cu tuan tein ngol a si
ahcun, sianginn dih hnu ah
Adventuretime program a um lai lo;
siangngakchia vialte cu 2:15 p ah
lak dih an hau.

Sianginn thilthuam

1. Ngakchia pawl cu lentecelh awk,
inncong ah thut awkah le a caancaan ah
thil thurhnawm tuah awk ah an i hruk
awk a si. Kedan cu a nuammi a si awk a
si (kedan cu a hnulei ah a um awk a
si-kedan kedan a um awk a si lo).
Thilthuam cu ngakchia nih a tawlrel
khawhmi a si awk a si. Ti kholhnak
bawmhnak a um; sihmanhsehlaw,
ngakchia cu hri, zipper, button, tbk
hmangin zalonnak lei ah rian a ttuan
awk a si.

Staff – General Information

1. Rian laknak phunglam ah a tanglei
zohfeltnak hna hi lim dih aa tel: sualnak
cazin zohfeltnak, ngakchia tlaihremnak
asiloah zohkhenh lonak tuanbia a um
lomi checknak, fimcawnnak cazin, kum

hngalhternak, sianginn sang asiloah
GED dih, pumpak cazin le atu lio
ngandamnak zohfeltnak.

2. Sianginn kai hlanah program nih hlawn
pekmi sianginn riantuantu vialte le
thlakhat ah suimilam 40 nak tam rian a
ttuanmi le ngakchia he pehtlaihnak a
ngeimi volunteer vialte caah cazin ah
khumhmi ngandamnak zohfeltnak in a tu
lio ngandamnak konglam kha a kilven. A
tu lio ngandamnak zohfeltnak (kum khat
nak tam lo) cu riantuantu pakhat nih rian
a thawk hlanah asiloah volunteer pakhat
nih ngakchia he pehtlaihnak a ngeih
hlanah program nih a hmuh.
Ngandamnak zohfeltnak cu kum hnih
dan ah tharchuah a si. Ngandamnak
zohfeltnak cazin ah aa telmi hna cu:
 - a. Riantuan ning a hnorsuan khomi thilti
khawhnak le rikhiahnak hna
 - b. Mantoux phunglam hmangin TB vun
cheknak le riantuantu cu TB zawtnak
in a luat ti langhternak caah license a
ngeimi ngandamnak lei thiamsang
nih a tialmi cazin. TB vun cheknak
ah a ttha mi le khuh a zual pengmi
asiloah ruahlopi in a linmi hna caah
cun, license a ngeimi sibawi nih a
rannak in zohfeltnak tuah a hau.
Centers for Disease Control (CDC)
ning in TB zawtnak ngeih khawhnak
a karhmi hna caah, riantuantu cu TB
zawtnak a ngei lo ti a langhtermi
cazin cu kum fatin ngandamnak lei
thiamsang nih an herh.
 - c. Hmuhtonnak cazin, fimcawnnak
cazin, ngandamnak zohfeltnak cazin,
a kal cuahmahmi thiamnak
tthanchonak cazin, le riantuan ning
thlennak a phichuak hna telh in a

thupmi riantuantu cazin hna cu
sianginn kai lio zung ah kharmi cazin
chiahnak kuang ah chiah an si.

3. IQPPS 10.11-10.15

Theihhngalhnak pek orientation

1. Riantuantu hna nih an rian le an rian
kha an hngalhnak a hau. Sianginn kai
hlanah cawnpiaktu riantuantu thar hna
cu a hramthawk cawnpiaknak program
ah i tel a hau lai i cu nih cun program
riantuannak ah a hrampi thil hna kha a
hngalhter hna lai, cu hna cu:
 - a. Program ruahnak, riantuannak le
tinhmi hna
 - b. Ziaza ziaza caah ruahchannak
 - c. An cawnpiakmi asiloah an
zohkhenhmi ngakchia hna pumpak
herhmi
 - d. Cohlanmi lamhruainak le sianginn
zohkhenhnak thiamnak
 - e. Nifatin cawlcanghnak le program
tuah tawnmi hna
 - f. Program cawnnak
 - g. Ngakchia tlaihhremnak le report
tuahnak phunglam
 - h. Program phunglam le kalning
 - i. Iowa Quality Prechool Program
Phunglam le Tahfung
 - j. Phunglam nih a herhmi
2. A hnuzulhnak cawnnak nih a hramthawk
cawnpiaknak kha a kauhter
 - a. Riantuantu zohkhenhtu nih
riantuantu thar kha riantuantu
riantuannak le riantuannak kong
zohfelhnak a pek awk a si. Director
asiloah sianginn hruaitu nih hlawn
pek ningcang, riantuantu bawmhnak
program le aa pehtlaimi ca pawl kha
riantuantu sinah a fianter lai.

3. IQPPS 6.1

Riantuantu Hmanning le Caan suaimi

1. Sianginn kai hlan program cu riantuantu
phunglam le hngalhternak herhmi he aa
tlak. Kan program nih Iowa's Quality
Preschool Program Standards caah
riantuantu caah a herhmi a zulh i kum li
ngakchia caah a tlawmbik 1:10 le kum 3
ngakchia caah 1:8 tluk upa/ngakchia zat
ngeih peng ding a si. Centre zohkhenhtu
nih sianginn kai hlan saya/mah le
sianginn kai hlan cawnpiaktu bawmtu
hna caah a tu lio aiawhtu hna min cazin a
chiah lai, an um lo ahcun. Cawnpiaktu
pakhatkhat nih caan karlak caah sianginn
khaan chuahtak a herh ahcun, cu pa nih
cun upa/ngakchia zat kha kilven
khawhnak ding caah bawmhnak
timhtuahnak caah zung kha a auh lai.

Riantuantu tthanchonak cawlcanghnak

1. Riantuantu phunglam nih thiamnak
tthanchonak caantha ah i telnak
thazaang a pek. Cawnpiaktu riantuantu
vialte nih an hruainak thiamnak le
midang he pehtlaihna kha an fehter
peng. Cun an program chung,
khuachung mibu le a lenglei ah ngakchia
le chungkhar hna dirhmun
tthanchoternak caah rian an ttuan.
Cawnpiaktu hna cu khuachung, ramkulh,
asiloah pengtlang mipi theihternak
cawlcanghnak ah phungninglo le
phungning tein i tel dingin thazaang pek
an si. Ngakchia bu asiloah bu pakhatkhat
ah an i tel kho, pumhnak ah an i tel kho,
asiloah program chung le leng zongah
midang sinah thawngpang an i hrawm
kho.
2. IQPPS 6.4, 6.5

Hlathlainak le thiamnak tthanchonak timhtuahnak

1. Riantuantu vialte cu zohkhenhtu nih a zohfel hna. Cawnpiaktu thar (a hramthawk cawnpiaknak license a ngeimi) hna nih kum khat ah voithum phungning tein thlennak an tuah. Hlathlainak tuah lio ah a ummi saya/mah vialte (cawnpiaknak license a ngeimi) nih kum khat ah voihnih phungning tein thlennak an tuah. Riantuantu hna nih zohkhenhtu, hawikom le chungkhar hna sin in a pehzulhmi ruahnak le ruahnak cheuhnak cungah hram bunh in anmah le an riantuan ning kha an zohfel i an

tthanchoter. Cu chungin, an zohkhenhtu he kum fatin pumpak thiamnak tthanchonak timhtuahnak an ser i an thiamnak tthanchonak pehzulh tein theihternak caah an hman.

2. QPPS 6.5, 6.6

Mi bawmchantu hna

1. Nulepa, hawikom, pi le pu le upa dang hna cu ngakchia fimcawnnak ah fakpi in i tel ve dingin thazaang pek an si. Sianginn kai hlanah bawmchantu si na duh ahcun saya/mah kha pehtlaihna tuah. Sianginn hmun ah rian an ttuan hlanah volunteer pawl cu an hnulei sining zohfelna tuah dingin fial an si kho.
2. QPPS 10.11

Appendix F: UCSD Adventuretime Childcare

URBANDALE COMMUNITY SCHOOL DISTRICT

Location Information

Adventuretime Administrative Office
3305 92nd St
Urbandale, IA 50322
(515) 457-5855

Karen Acres Elementary School
3500 74th Street
Urbandale, IA 50322
(515) 681-3957

Olmsted Elementary
7110 Prairie Avenue
Urbandale, IA 50322
(515) 681-5409

Valerius Elementary
3305 92nd St
Urbandale, IA 50322
(515) 250-4821

Webster Elementary School
12955 Aurora Avenue
Urbandale, IA 50323
(515) 681-3761

Contact Information

Adventuretime Childcare Coordinator
Jake Leonard- Phone: (515) 457-5809- Email: leonardj@urbandaleschools.com

Administrative Assistant (Accounts/Billing)
Deb Roetker- Phone: (515) 457-5855 - Email: roetkerd@urbandaleschools.com

For more information on Adventuretime, visit:
www.urbandaleschools.com/why-urbandale/adventuretime-before-after-school-childcare/

Urbandale Community School District zuhlphung le tuahning pawl

Adventuretime cu Board of Directors,
Urbandale Community School District nih
zuhl ding a timi ning in an zuhl lai. Mah
peng zuhlphung le tuahning pawl cu kan
peng website ah
www.urbandaleschools.com an um. Nupa/
zohkhenhtu pawl kha sianginn zuhlphung
tha tein relding in thazaang kan pek hna.
Mah ca nih hin kan zuhlphung le tuah hna
mi a herhmi pawl an tuah lai i zuhl a si lai.

NuPa, zohkhenhtu, le community chungtel
hna i public school districts sianginn kong
asiloha a dang ong theih na duh asi ahcun
Iowa Department of Education Website ah
zoh a hau lai. Direct in zohkhawhnak ahcun
hika hin zoh:

<https://educateiowa.gov/pk-12/parent-guardian-and-community-concerns>

Program hmuitinh pawl

1. Program hmitinh

- A himbawmmi, zawnruahnak, an
ngandammi siangngakhcia caah tuah
ding.
- Riantuantu siangngakhcia a dawmi
hna chiah ding.
- Thanchonak kha siangngakhcia caah
a tha mi tuahnak asi lai.
- Riantuantu, siangngakhcia,
chungkhar le peng riantuantu le
community pawl nih thazaang pek i a
thabik in bawmh hna.

2. Ngakhcia caah tinhmi pawl

- Ngakhcia nih soaial/ emotional,
theihnak, pumsa lei, le holh
thanchonak pawl kan tuah hna lai.
- Ngakhcia pawl kha harnak le a harmi
cawnnak pawl tuahduhnak an ngei
lai.

- Ngakhcia pawl kha an himbawm lai i
an ngan a dam lai.

3. Chungkhar ca i hmuitinh pawl (Nupa/ Zohkhenhnak nawl ngeitu)

- Chungkhar nih an lawmhmi hna an
theih lai.
- Nupa/ zohkhenhtu nih zei program
poah zohnak nawl an ngeih lai.
- Chungkhar nih anfale caah
chimpiaknak nawl an ngei lai.
- Chungkhar pawl kha an fale
cacawnnak ah aherhning poah in tha
tein an i teltum lai.

4. Cawlcanghnak Program pawl

- Mah program nih hin siangngakhcia
nih an mah he a tlakning i lam tampi
in an cawn khawh (tahchuanhnak
ah., harnak chuahpi tu, thilrthar,
letecelh, cawlcanghnak, art, capital,
listening , tuanbia chimnak pawl an
si).
- Program thachonak ding kha
preschool in tang 5th tiang ah social/
lungthin lei, holh, , literacy, math,
science, music, and fine/gross motor
thanchonak hna an si hna.
- Program pawl cu sinagngakhcia nih
an herhning cio in bawmh an si lai.
- Program schedules le cawnnak pawl
kha nupa hna nih an theih lai i
sianginn ah an zoh khawh zungzal lai.
- Siangngakhcia kha anmah herhning
le nule pa halnak in inn ah tuahding
ca pawl kan pek hna.

5. Alai ah chiahlo mi cawlcanghnak

- Center nih cawlcanghnak kan mah
sin in tuahmi le a lenglei tuahmi cu
duh ah telnak/ telonak nawl a ngeih
lai.

- b. Caan tamdeuh ahcun, mah cawlcanghnak pawl cu nawlpeknak lakta hmasa a hau lai. Non- center pawl caahcun, nagkchia pawl he a tlakmi thil pawl lawng kha tuahnak nawl kan pek hna lai.

Program Thimding pawl

1. Sianginn kai hlan/ kai hnu ngakchia zohnak
 - a. Adventuretime nih ngakchia zohnak sianginn kai hlan/kai hnu chiahnak ding pawl kan ngeih hna.
 - b. Onn caan pawl hna:
 - i. Olmsted, Valerius, and Webster: 6:30 am – 8:35 am and 3:30 pm – 6:00 pm
Hnu thawk caan: 6:30 am – 9:45 am
 - ii. Karen Acres: 6:30 am – 8:35 am and 3:45 pm – 6:00 pm.
2. Chun nitlak daycare
 - a. Adventuretime nih peng sianginn a khar caan hmenh ah a pek tawn hna. Nipum te kai caan cu t Valerius Elementary ah kan chiah hna.
 - b. Sianginn onn caan hna: 6:30 am – 6:00 pm (Nipum te kaimi hlakmi phaisa)
 - c. Adventuretime nih childcare cu Karen Acres ah d intersession caan ah a tuah lo(Calendar dang an ngei). Karen Acres's building principal sayamahci nih a herhning in program a tuah.
3. Summer tuahmi thil kong
 - a. Adventuretime nih summer ah child care an tuah thiam thiak ko.
 - b. Onn caan hna : Nikhat ni in ni nga ni tiang 6:30 am – 6:00 pm
 - c. Registration tuah man : Register tuahnak cu \$40.00 asi i an ngah zong ah ngah lo zong ah phaisa liam a hau.

Registration tuahnak konglam

1. Minkhumhnak kong
 - a. Preschool in tang 5 a kaimi nih adventure program ah an lut kho (mah cu, preschool, sianginn kai hla/ kai hnu, ni pumte kaimi, asiloah summer ah kai mi).
 - b. . Preschool dummer akaimi poah poah cu kan siangngakchia an si lai.
2. Registration Procedure
 - a. Parents/Legal guardians must register online at the following website:
<http://urbandaleschools.revtrak.net>
 - b. Contact the Adventuretime office (515-457-5855) if you have any questions regarding the online registration process.
3. Minkhumhnak caah a herhmi thilri pawl
 - a. Nupa nih online minkhumhnak kha a dihlak in an phih dih lai.
 - b. Nupa pawl cu 2025-2026
Adventuretime Emergency Form phih ding cu Docu-Sign phih ding in kan tuah lai.
 - c. A tu lio Certificate of Immunization kha sianginn nikhatnak an kai hlan ah pek dih asi lai. Mah catlap ahcun sibawi minthut a tel a hau lai. Mah pekmi ca pawl cu ngakchia nih kakuais an chunhning zoh in tharchuah asi lai.
 - d. Upa deuh pawl zong Adventuretime program an kai hlan ah sayate sin ah an rak put hna lai.
 - e. Mah plan cu siangngakchia mirem tu nih an tuah lai i Epi-pen asiloah Inhaler an tuah lai.

Phaisa peknak kong

1. Funding konglam - Adventuretime cu mah tein tuahmi asi i registration fees in tuahmi asi. Lakhah, thilri, le a dang fees pawl cu fee pekmi in tuahmi asi caah adventure director chawn bia. A caan hman tein phaisa pek khawhlo ahcun sianginn chuahnak tiang a chuak kho men.
2. Rates pawl
 - a. Mah cu voikhatnak registration tuahnak fee \$40.00 liam ding 2025-2026 sianginn akai kum ah a um.
 - b. Mah cun, khirh than ti lo mi voikhatnak pekmi \$40.00 cu an tuah i 2026 summer program ah kan tuah hna lai.
 - c. Rates cu ni 180 kai caan bantuk in kan tuah hna lai i thla 9 ca caan suaimi asi lai. Thal fate pekmi cu September 1,2025 - mAY 1,2026 tiang a si lai.
 - d. Intersession zarh , Sianginn kaini ah, le recess ni pawl cu chimh an si i ni 180 sinaginn kainak caah asi.
 - e. Nafa nidang tamdeuh in kaiter na duh asi ahcun, mah ca zong ahkhan tamdeuh pek a hau lai.

Sianginn kai hlan/ hnu program pawl:	Man pawl:
Kai hlan/ kai hnu zohnak	\$407.88/Monthly
Kai hlan zohnak	\$309.22/Monthly
Kai hnu zohnak	\$309.22/Monthly
Chun nitlak caah	\$43.32/Daily
Summer Program ca	\$216.60/Weekly

Cohlen mi peknak pawl:

- f. Phaisa peknak cu credit card online, cun cash phaisa in, le check zong in zung ah Adventuretime Office 7:00 am-4:30 pm tiang pek a hngah.
- g. Credit Card payments, cu using Revtrak Urbandale Community Schools Website ka human-www.urbandaleschools.com asiloah directly in <http://urbandaleschools.revtrak.net> Phaisa cu zeitik caan poah ah pek khawh asi.
- h. Thla fate Authorized monthly credit card payments zong tuah kawh asi. Adventuretime office zung ah tuah an ngah ko,
- i. Direct peknak Automatic payments cu na bank kha thal fate ni 24th ah pek a ngah lai i zung i pek duh ahcun thal 1 poah ah pek a ngah lai.
- j. Thla fate/ Zarh fate pekmi cu sianginn chung ah nan THLA ta lai lo.
- k. Registration forms nipum te a kai ding ca pawl cu online in tuah an si lai. Bawmh na herh asi ahcun, Adventuretime zung ah (515) 457-5855 chawn te.
3. Ahnubik peknak a ngahmi
 - a. Phaisa Statements pawl cu ni 15th thla fate ah kan kuat tawn hna i thla nikhat 1 ah pek zungzal an si.
 - b. Zarhkhat voikhat a pemi caahcun, zarhfate in pek asi ko i nikhat nih fate pek asi.
 - c. Phaisa peknak cu online, chek kuat, asiloah taken cu Adventuretime zung ah thla ni 1 ah pek zungzal asi,
4. Hnu peknak
 - a. Chungkhar thal ni 1 khat ah phaisa a pelo mi poah poah cu hnut man \$25.00 liamter chih an si lai. (asiloah, nikhat kha zarhdongh lei le holiday asi lo ahcun) phasa liam a si ko lai.

- b. Chungkhar zarh fate a pemi hna nih nikhat ni suimilam 6:00 pm tiang an peklo ahcun hnut man \$25.00 direct in liamter an si ve colh lai.
- c. Chungkhar thla ni 15 th tiang a pelo mi an um asi ahcun phone chawnhnak in kan call hna lai i ca kan kuat chih hna lai.
- d. Chungkhar ni 23th tiang a pelo mi hna cu cakuat phone chawnhnak kan ngei than lai i nafa sianginn a chuah lai tiah thawng kan thanh hna lai i mah ni mah thla hi a hnuhik a sianginn kai asi lai tiah kan chimh hna lai.

Sianginn kai mi

- 1. Sianginn kai le inn tin caan
 - a. Siangngakhcia himbawm tein an rak khawhnak nga, nupa/ zohkhenhtu pawl nih na fale kha tha tein tlah don ding in kan duh.
 - b. Sianginn tuandeuh in tinter duh le a hnudeuh i rat duh caan a um ahcun Nupa/ zohkhenhtu nih tha tein na kan chimh lai i zuluhphung hna kha nan zuluh hna lai.
- 2. Sianginn bau tik khawhnhlaning
 - a. Siangngakhcia kha sianginn a kai lo ding asi ahcun an sayate te le onsite i a ummi pawl kha theihter hna.
 - b. Adventuretime staff na theihter hna hnu khan, staff nih sianginn pawl an chimh hna lai i nupa, le emergency chawnh ding pawl tiang khan a him maw him lo ttimi kan zoh lai.
- 3. Donnak nawl a ngeimi hna
 - a. Siangngakhcia cu donnak nawl a ngei tiah a tailmi hna lawng nih don kawh asi lai 202-2023 Adventuretime Emergency Form zoh a si lai.

- b. Mah bantuk a don khomi le nawk angeimi cu kum 16 nak upa an si lai.
 - c. A tongtu cu ID hmuhsak ding in kan hal lai.
 - d. Nafa a dongtu ding thlen na duh asi ahcunAdventuretime office kha theln ter hna.
- 4. Siangngakhcia tonnak he pehtlai mi pawl
 - a. CAdventuretime staff he ngakhcia tonak kong i bairruah hi a biapi tuk mi asi.
 - i. Capital mi kha nagkhcia ton duhmi an si ahcun an i ken hrim hrim a hau lai..
 - ii. Tonak nawl/ len kainak a tlangmi an um asi ahcun Adventuretime staff kha theihter colh hna.
 - iii. Tazazung lei in a tlangmi a um poah poah ahun suimilam 24 hlan ah riantuantu na theihter colh hna lai.
 - iv. Adventuretime staff nih ngakhcia kha nupa asiloah cawnkhengtu sin kha court order lo cun an pe kho hna lai lo.
 - 5. Don hnut ruang i phaisa liam mi
 - a. Don hnut ahcun minutes pakhat ah \$2.00 fee liamter asi lai in suimilam 6:00 hnu in lak an si lai.
 - b. Nupa zohkhenhtu kha suimilam 6:30 tiang i kan chawnh khawh hna lo asi ahcun, Urbandale Police chawnh hrim hrim an si lai.
 - c. Nafa don kha voi 3 na hnut ahcun nafa kha sianginn chuah asi lai.
 - 6. Nuap min khumhlo mi- Hmuhma tawl tein lawng kan ngeih caah an dinmi i chuagkhat hawikom kha an mah hmuhma pek kawh an si lai lo. Mah hi

cu chungkhat/ hawikom cung zong ah a tel.

7. Caan tawite asiloah Sianginn chuahnak sauhdeuhnak- Siangngakchia le nupa nih pehzulh in kai a duh asi ahcun , a ruang kha nupa/ zohkhenhtu le Adventuretime Coordinator an i chawnbia lai i biakhiahnak an tuah lai.

Ziaza zulhphung pawl

1. Chimhrinnak zulhphung

- a. Adventuretime's tinhmi cu an tonmi le an mah he a tlakmi pawl kha an tuah lai i cun, a herhning in zulhphung vialte hna kha a mah he a tlakning in an zulh hna lai, siangngakchia , riantuantu, asiloah program a tuahmi hna pawl an si lai.
- b. Siangngakchia zohnak ahcun sayate nih a tanglei bantuk hi an zoh hna lai:
 - i. Tha tein zoh hna i ziaza tha lo kha tha tein an tinak hnga.
 - ii. Ruahnak atha mi le a chiami pawl kong kha ruahpi hna an si lai.
 - iii. Model le role-play a tha lei le a chia le hna hi sianginn kaimi pawl thilsining tuah an si lai.
- c. Ziaza thalo an um tikah, riantuantu nih:
 - i. Siangngakchia pawl a telmi biaruahdih ding.
 - ii. Siangngakchia nih zeitindah hmailei ah kan tuah lai ttimi pawl kha zoh hna usilaw, a herhmi pawl zoh ding (mahbantuk hi, upa sin ah tuah hna usi, break tuah ding pawl an si.).

- d. Haa in Kauhna- ngakchia sin ah kaunak hmepe a um le a dang ngakhcia cung ah a um ahcun, riantuantu nih nupa zohkhenhtu thawng kan thanh colh hna lai. Riantunatu nih zeitindah a cang ning cang asi ttimi kha tha tein catialnak in a tuah lai. Mah catial mi kha nupa an phak tiang tha tein a ken lai. Mah cun an ldon hna caan ahkhan a cangmi kong kha an chim lai i min an thut cio lai i mah ca cu siangngakchia file tha tein an chiah lai.
- e. Haa in sehnak a um sual asi ahcun mah bantuk tlawpbulnak hi an tuah lai:
 - i. A hma zawn ah ice thilkhal in an thianh piak lai.
 - ii. A cuartiang a pemmi asi ahcun, a hma zawn kha ti le capiat in an tianh dih lai, kauhnak cu a caan tih a nung mi asi i banage in tuam asi lai. A thlenmi a um sual asi ahcun, Nupa/ zohkhenhtu kan chawnh colh hna lai.
- f. Ziathatlo cawlcangh/ Himbawm lo asiloah kauhnak, hna cu kham khawh i zuam chung in kan i zuam lai, mah ahcun Adventuretime Coordinator asiloah on-site team leader a tuanmi nih nupa an chawnh hna lai. Nupa,, coordinator, le team lead pawl kha an i tong hna lai i an tuahti nak hnga lo ceihkhannak an ngei lai.
- g. Mah hi cu I child care centers licenne tuahnak lei in tuahding ah tiah mu khiahmi asi. [Section 109.7(2)]:

- i. Corporal dantatnak, fungtuk, pum hnin, le benhnak te hna hman an ngeh lai lo.
- ii. Ningzatternak, thihphaihnak, asiloah nagkchia caah fahnak a chuakpi mi le a remlo mi pawl dantatnak a hman lai lo.
- iii. Ngakchia a zawt ruang ah, zungput kal athiam rih lo ruang ah, ah rwal ei ttidin a thiam lo ruang ah dantatnak tuah a ngah lai lo.
- iv. Aho ngakchia hmenh , hmurka, ziaza le namneknak phun in chimh cawnpiak an ngah lai lo, an chuangkhar zong namneh a ngah lai lo.
- v. Program poah poah nih chimhrinnak angeih lai i a tha lei in tuahmi, mah tein thil tha tuahnak hna an ngei lai. Catial mi kha team number sin ah pek an si lai.

Sianginn dinhternak/ chuahnak zultphung pawl

1. Suspension tuahnak - Adventuretime nih siangngakhcia nih midang ca i a himbawm lo ahcun chuahnka, le dinhternak nawl a ngeih. Siangngakhcia kha chimh a ngeih lo i pakhat te te in chimh ko zong i midang cung i fahnak tuah, riantuantu chung infahnak tuah le ziza thalo i a um ahcun dinhter asi lai.
2. Nu/Pa theihternak- Sinagngakhcia nih Adventuretime program a kai khawh bak lo asi ahcun, dventuretime Coordinator theihter asi lai i nupa he iton hnu ah a tha bik in cheikhkan asi lai i dinhter kun maw, cun akai duhnak hnga zeitindah kan tuah lai ttimi ruahnak chuah asi lai

cun Adventuretime Coordinator nih dinter ding zong in rauhnak apek khawh hna.

3. Sianginn chuahnak zultphung
 - a. Adventuretime cu zeitik caan poah ah chuah kawhnak nawl a ngeih. Chuahnak cu zeitik poah a cang kho mi asi, phaisa pek lo ruang ah, ziaza thatlo ruang ah ah lei midang cung i thil thalo tuah ruag ah le harnak chuahpi ruang ah phuah khawh an si. Mah kong he a pehlai in a herhmi vialte ci direston nih tuanvo a lak dih hna lai.

Ngandamnak lei Zultphung pawl Zawtnak

Adventuretime program kai lio i ngakchia a zawt asi ahcun, Nupa/ zohkhenhtu kha rak la ding in kan in chawnh hna lai. Mah bantuk an caan ahhin nafa rak al ding in kan in chawnh hna lai:

- Zawtnak ruang ah singagckchia nih a tuah hnga ding a tuah khawh lo tik ah.
- An damlonak a phi kha an zohkhawhnak hna nga ca i a thami he a tlakning lawng in an zoh kawh hna, a dang ngakchia zong kha hmuhkhat te ah an zohnak hna hnga tha tein tuah an hau hna lai.
- Siangngakhcia kha a damlonak ruang ah sibawi nih a tlo mi kong, sianginn dinhter a ngah lai lo, a tuah khawhmi a cawn kawhmi tuah ding in sayte nih an theih ko.
- Siangngakhcia kha a zawtuk; a dam lo, a uai tuk, a tap zungzal, a thawchuah a hmanlo, ni nih a lakdih, asiloah a tak a bo dih colh.
- Tahling (taklinh 101 degrees F cung) a zia a tleng in a damlo, a chunag a tlik, dangfah, luakluak, asiloah chungtlik pawl hna.

- Siangngakhcia kha suimilam 24 chung a dam hnu cu

Adventuretime o a kai kho than ko, fah damdeuhnak sipawl ding kawh an si (acetaminophen le ibuprofen). Siangngakhcia kha sianginn an kai khawhlo ni ahcun Adventuretime zong an kai kho ve lai lo.

Adventuretime nih kha nupa le nusre cu zawtnak chawnh kawhmi a si ahcun an chimh hna lai.

Emergency zulhphung hna

Adventuretime a herhmi poah poah cu CRP nih that tein a zoh dih lai.

Accendt le Zohkhenhtu-Adventuretime nih ngakhcia pawl an himbawmnak le ngakhcia pawl an i telnak hnga i kan duhmi asi. Lungrethihnak cu, Nupa zohkhentu nih an lak hna hnu ahcun a dih hlei lo i riantuantu nih thlukal chung le a dang caan ah tha tein an um khawhnak hnga an zoh hna lai. Aherh ahcun, nawl ngeitu nih ngakhcia an lak hna lo ahcun nupa chawnh an si lai, i nawl ngeitu lawng nih lak khawh an si lai.

Tlau asiloah Ngakhcia fir- Mah bantu a cang ahcun a tanglei bantu hin kan tuah lai. A pawngkam tha tein nan kawh colh lai. na chawnh lai. Sianginn sayci asiloha Adventuretime Coordinator na chawnh hna lai. Nupa na theihter hna lai.

Emergencies ahcun sizung ah na kal pi hna lai i a dihmi phaisa cu nupa nih liamdih asi lai.

First aid kits pawl kha an khan cioa ah chiah asi lai.

Siilei konglam

Sianginn Adventurestatff sin i siangngakhcia ngandamnak kong an chimh ahhin siangngakhcia ngandamnak kong ah tha bik in kan bawmh khawh hna. NuPa/ Zohkhenhtu pawl kha sianginn kumkhat viokhat min khumhtthan lio ahkhan an ngandamnak kong kha a tlangmi lungrethihnak a um maw tiah kan hal than hna. Mah konglam pawl hi cun mitheihtherlo ding an si i sianginn nurse kha a herh ko tiah kan ruah caan ah kan chimh hna. Siangngakhcia kha si an mah tein kenter kan sianh hna lo. Sidin ding vialte poah poah kha Nurse sin ah an chiah dih lai sianginn nurse nih tha tein a pek hna lai. Sianginn i fale si pek ding ahcun nupa nih lungtlinnak nawlpeknak a hau.

Mah sianginn i sipek lungtlinnak form cu sianginn website ahkhan hmuh khawh asi ko asiloah sianhginn ah hal khawh an si. Si na rak ken tikah sibawi tein pekmi dur, cawknak sidur he na rak ken lai si chuah cia in na rak keng lai lo. An mah kum he a tlakning tein le si label ah peking in a tial ning te lawng in si pek asi lai.

Kut tawlning cang

A tu le a tu te kut tawlnak nih hin i chawnh khawhmni zawtnak a khamh khawh hna. Sayate nih siangngakhcia kha zeitindah kut tawl asi lai ttimi kha tha tein an chimh hna lai. Ngakhcia kut a tawl lio mi hmantlak kha kut tawlnak sink pawng ah kan chiah cio hna. Riantuantu hna nih zeitindah thinghlim tein umding asi ttimi pawl le kut tawl ning

cang pawl kha tha tein kan chimh tawn hna i an thiam le thiam lo an zoh hna.

Ngankchia Riantuantu dihlak, le kut tha tein tawlnak kong kan tuah ruang ahkhan i chawnh khawhmi zawtnak a tlawmter deuh i zawtnak dang dang kha a khamh khawh hna. Riantuantu nih ngakchia hna cu an kut thiangein an i tawl khawhnak hnga ding tiang na bawmh hna. Saram an tawngnak le a thianlo mi taw colh an si lai.

khawnden sauli ralrin chng nak

Universal Precaution Policy timi cu adventuretime ni a zulh hrim hrim ahau. I khamnak thilri pawl hna a ngeih a hau i poum chung in a chuahmi a hang i chawnhkhawh mi pawl zong an kham a hau.

Tha tein kut tawm a hau i kttawlnak policy a zoulh hrim hrim a hau.

Sharp a zumhar mi kh an mah le an bawm teah an chiah hna lai.

Nutrition eidin (Thaithawh//Chunacaw /Snack ei din)

Inn in rawl a rak chan mi hna poah nih eidinmi zulh phung USDA nih a cohlan mi le upa he ngakchia ca he ei khawhmi an si lai. Mah cahhin a lergic a ngeimi, le sibawi tenih eilo ding in tiah an timi hna , biaknak ruang i an eilo mi an um ahcun an mah nawl asi lai.

Sianginn kai hlan Adventuretime pawl cu an duh ah inn ah an ei lai i nupa nih duhning in pek cio an si lai. Nupa nih [Nutrition Services](#) hika hin thaithawh einak caah an pek lai.

Preschool Chuncaw/Snack - Peng rawl Food Service Program a tuah tu hna nih rawl an pek . Nupa hna nih [Nutrition Services](#) hika hin chuncaw ca an pek lai.

Zanlei Snack einak - Adventuretime nih nutritious snack pawl kha ti he le milk he an pek hna lai.

Chun nitlak Programming chuncaw /Snack - Adventuretime cu zingka le chun snack eimi ti le hnut he an pek hna. Nuap nih chuncaw le ti inn in an rak put hna lai.

Inn in rawl a rak chan mi hna poah nih eidinmi zulh phung a tha i nih a cohlan mi le upa he ngakchia ca he ei khawhmi an si lai.

Snack ei khawhmi pawl hna cu website le Adventuretime bulletin board ah an um hna. Chuncaw einak khan umthut ningcang Siangngakchia vilate le riantuantu vialte nih capiat in sinaginn an phakh le zungput an hman dih cangka in an i tawl tawn hna lai, eidin dih ka zong ah an i tawl lai. Ngakchia rawl a kikmi an ei mi vialte kha lentecilhnak ah an kal hlan ah an kut an i tawl ta dih lai.

Chuncaw einak khan umthut ningcang

- Siangngakchia vilate le riantuantu vialte nih capiat in sinaginn an phakh le zungput an hman dih cangka in an i tawl tawn hna lai, eidin dih ka zong ah an i tawl lai. Ngakchia rawl a kikmi an ei mi vialte kha lentecilhnak ah an kal hlan ah an kut an i tawl ta dih lai.
- Sianginn nih “ rawl i thlennak a khamh” lai i “ pakan dar keu” zong ihawm khawh asi lai lo.
- Chuncaw einak khan cu rawl eidih cangka i thiah lengmang asi lai.

Rawl a ziaklomi an um sual i zulhphung hna

- Na fa kha allergic ziaκλο mi a ngeih asi ahcun sibawi sin ah catlap hal piak law sinaginn ah tha tein kan chiah lai i a ziaκmi lawng kan pek lai.
- Siangngakhcia le an i ziaκλο mi hna kha tha tein kan chiah lai.

- Adventuretime nih allergy iziaklo mi a ngeimmi hna kha kna theih hna lai i an mah he a tlami rawl kan pek hna lai.
- Riantuantu le nupa nih ngakchia nih a ziaklo mi kha kan chiah lai i an nangdamnak hnga ding kha kan tuah hna lai i ziadah an i ziaklo ttimi kan theih mi kha kan hrial hna lai.
- NN AH TUAHMI EIMI LE RAWL KAN COHLAN LO, siangngakahica le nupa nih inn ah tuahmi rawl pawl na rak keng lai lo i riantunatu hna zong nih nan rak keng lai lo. A kahn chung ah nunnak caa tinag in tih a nung mi hna cu tha tein tial an si lai.
- Rawl chuanning pawl he a pehtlaimi pawl cu nutrition kong cawn lio ah tha tein an chimh hna lai. Rawl le candy zong kha a herh ahcun craft projet timi singnagkchia tuahmi ahkhan telh khawh an si lai.
- Sinagngakchia field trips an an kal fate, EMS kha tha tein tuaktan piak an si lai.
- Peng motor lei tlunkalnak Supervisor kha an theihter lai i an i ziklo mi kha amah nih a theih lai a dang pawl kha aherhning in a thehter fawn hna lai..

Ahleice in zoh aherhmi pawl ca -

Zaangfahnak tein Adventuretime Coordinator kha ahleice in bawh a herhmi an um asi ahcun nafa thilsining le a dang a dawnkhan tu hnga ding kha chim hna law a herhning in kan negihmi program he a tlakning in kan in bawmh hna lai.

Siangngakchia khamhnak

ARiantunatu vialte Adventuretime Family Services le Urbandale Community School District pawl cu abuse ttimi thilthalo tuah asiloah hremnak a um ahcun upa theihter hrim hrim a herh lai. Thahchunhnak ah, pum

cung fahnak pek, nupa sualnak tuah, asiloah lungthin lei fakter ruang ah mah palw hi an si.

Tih anunglo milungtlinnak tuahmi

Urbandale Community School District peng le amah riantunatu hna pawl sin in hmaputnak cun harnak dang dang a tonlo ding asi i a herh ahcun a herhning in emergency si lei zohnak le tlawpbulnak an tuah lai.

Field Trips kalnak le motor tlunkalnak

1. Field Trips kalnak - Program hi cu an mah le an kum a tlakning in thaal caan lio ah kalpi an si lai. Fiel trip cu an mah cawnmi he a lo pahmi pawl sin zong ah an kalpi tawn hna lai.
2. Motor tlunkalnak - Durham Bus Service nih field-trips motor tlunkalnak cu tuanvo a

Emergency zulhphung hna

Zu rit/ mit thatlo, Nuap/ Zohkhenhtu

Adventuretime nih ngakchia pawl an himbawmnak le ngakchia pawl an i telnak hnga i kan duhmi asi. Lungrethihnak cu, Nupa zohkhentu nih an lak hna hnu ahcun a dih hlei lo i riantuantu nih thlukal chung le a dang caan ah tha tein an um khawhnak hnga an zoh hna lai. Aherh ahcun, nawl ngeitu nih ngakchia an lak hna lo ahcun nupa chawnh an si lai, i nawl ngeitu lawng nih lak khawh an si lai. Tlau asiloah Ngakchia fir- Mah bantuk a cang ahcun a tanglei bantuk hin kan tuah lai. A pawngkam tha tein nan kawl colh lai. Nawl peklo in a lutmi/ Nawl lo in alutmi minung- Nawl peklo in a lutmi/ Nawl lo in alutmi minung um a ngah lo.

Lost or Abducted Child

Tlau asiloah Ngakchia fir- Mah bantuk a cang ahcun a tanglei bantuk hin kan tuah lai.

- A pawngkam tha tein nan kaw l colh lai.
- 911 na chawnh lai.
- Sianginn sayci asiloha Adventuretime Coordinator na chawnh hna lai.
- Nupa na theihter hna lai.
- Adventuretime Coordinator asiloah sianginn principal nih peng District Administrative zung a chawnh hna lai.
- Adventuretime Coordinator asiloah on-site team lead nih sianginn nih chawnh ding kha a chimh hna lai i palek pawl kha an chimh hna lai.

Misual/ Nawl lo in a lutmi

Nawl peklo in a lutmi/ Nawl lo in alutmi minung- Nawl peklo in a lutmi/ Nawl lo in alutmi minung um a ngah lo. Mah bantu k a caan ahcun a tanglei bantu k in an tuah lai:

- Adventuretime staff nih khan a hmibawmnak hmun in a chawnh lai.
- Zei ruanga hda h siainginn ah a rat timi kong an hal lai.
- Nem tein um asinain i ralrin. A chim mi le a konglam an chim mi kha zum hna hlah.
- Sianginn a luhmi cu sumilam 8:00 hlan asi loah 4:00 hnu asi ahcun tha tein innka pia h hna law tinter hna.
- Amah nih chuah aduh lo asi ahcun: Sianginn ah a ummi midang pawl kha bawmh hal hna le team lead le Adventuretime Coordinator, asiloah building principal kha chim hna. Palek chawnh an hau maw hau lo ttimitucu nangmah nih a tha bik na ti ning khan tuahtan ko.

Ziachiattuk, Hriamnam negih, asiloah tihnung mi

Ziachiattuk, Hriamnam negih, asiloah tihnung mi hramnam iken- mah bantu k thil pawl a ken ahcun antanglei bantu k in tuah a hau lai:

- Palek chawn hna law, mizei abntuk dah asi timikha tling tein chim hna, a hmun,

punsan, le hramnam a ken pawl le a dang pawl na theihmi chim di h hna.

- Cun a rat luhmi sin ahkhan kalpi hna, a herh ahcun hram hram in aum nak hnga lo i ralrin. Iralrin law na mit in vennak khu zoh zungzal.
- Nawl negihlo in a lut mi kha tha tein i ralrin (khawka zawn ahdah an um, hramnam an i ken maw, packed an keng maw timi zoh hna).
- Adventuretime staff riantuantu nih himnak ah kalpi hna. Thil sining nih anherh ahcun lockdown khar di h zong a hau kho men.
- Adventuretime Coordinator asiloah Sianginn principal kha chim hna.
- Thazang in a tan ahcun kaltak law palek an rat hlan tiang a himnak hmun ah um. Zeitindah an tuah i hmapu mi an um maw, timi pawl tial hna. Motor he a tin sual ahcun zeibantu k motor, a zawng, le a license number pawl tha tein i tial di h hna.

Emergency cawnnak

Thil pawipang phaktik cawnnak- Tuahning cang cu a tanglei bantu k in asi lai:Nupa hna nih siangngakchia kha kha tornado, meikangh asiloah evacuation chuahter nak ahcun nupa hna nih team leader le nawlIngeitu sin ah chimh hnu le minthut hnu lawng ah an tin pi hna lai.

Parent/Guardian Communication

Nuap/ Zohkhenhtu hna he cawnhbiaknak- Siangngakchia pawl an himbawm cang ti kan thieh di h hnu ah sianginn nih nuap/ zohkhenhtu hna kha an chawnh biak colh hna lai. Tuahning cang cu a tanglei bantu k in asi lai:

- Nupa hna nih siangngakchia kha kha tornado, meikangh asiloah evacuation chuahter nak ahcun nupa hna nih team leader le nawlIngeitu sin ah chimh hnu le minthut hnu lawng ah an tin pi hna lai.

- Nupa kha sianginn kan lockdown phit di h lio caan i an rat asi ahcun an luh kho lai lo in a himnak hmun kan ttimi khan an khan hngah lai a thiag cang kkan ti hnu lawng kha siangngakhcia kan chuahter hna lai.
- Sianginn khan chung phone line kha emergency tuah chung vialte kan on peng hna lai.
- cell phone lines pawl kha emergency procedure tuah chung vailte kan on peng hna lai.

Nikhau chiat / Emergency i sianginn kharnak

Urbandale School District kan khar, kan hnut, asiloah tuandueh i kan tinter hna caan poah poah ahAdventuretime zong kan khar, kan hnu, asiloah tuandueh ah kan tin ve lai.

- a. Tahchunhnak ah : Sianginn kah suimilam pahnih 2 hnu in kan thawh ahcun 1055 am ah kan thawk lai.. Adventuretime kha suimilam 6:30 ah silo in 8:30 am tuah kan on ve lai.
- b. Siangngakhcia cu suimilam 10:15 ah Adventuretime rak tlak an si lai.
- c. Sianginn khar nak, hnutna, asiloah tuandueh i tinter asi ahcun media le a dang pawl in thawng kan in thanh hna [lai.www.urbandaleschools.com](http://www.urbandaleschools.com)

Luhnak Zulhphung

1. Khamhlo mi luhnak - Riantunatu, sayate rian chang chungtu, mi dang chantu asiloah volunteer a tuan mi hna nih kha luhchuahnak nawl an ngei lai i e “Khamhlo mi luhchuahnak nawl” an ngei lai. Nupa zohkhenhtu, asiloah inn thianhtu, le staff dang zong riantuantu ah kan chiah hna.
 - a. “Khamhlo mi luhnak” nih a sawh duhmi cu ngakhcia he a umti mi asiloah direct in ngakhcia caah tuanvo angei mi kha an si.

- b. Kna program ah minung nawlpeklo mi le kan sianginn luh chuah ding in record a umlo mi hna cu ngakhcia lawng he umter ding ah an i tlah lo. Ngakhcia hmibawmnak ca le sianginn caah luh kan sianh hna lai lo.
- c. Minung Khamhlo nak a ngeilo mi hna le “ zohtu a ngeilo” mi hna le “ Ngeithlaitu “ a ngeilo mi hna ngakhcia sianginn ah luh kan sianh hna lai lo.
- d. Sianginn staff nih nawl ngeihnak lo in a lutmi poah poah cu a chawnhbiak hna lai i, zeiruag ahdah an rat timi pawl an hal hna lai. Riantuantu nih an phisin khawhlo ahcun, mah kha i team leader sin ah a chimh lai. Mileng sianginn caah ah (mithat lo lutmi” asi ahcun tha tein an kher hlai lai. Agency asi lo mi, inn remhtu, thil remhtu le a dang sianginn riantuanmi annsi ahcun an mah le an riente an tuan lai i siangngakhcia chawnh biaknak nawl an ngei lai lo.
- e. (Nupa sualnak ruang in tlaihmi) Sex offender an um sual asi ahcun, (mah nupa sualnak ruang i tlaihmi) nupa asi hmenh ah lowa upadi ning in min a khumh a hau. (Iowa Code 692A).
- f. Mah bantu mining cu rain pek, thil tuah, cun rian pek, asiloah contractor bantu in sianginn ah riantuan an ngah lo i volunteer pawl zong tuan an ngah lo.
- g. Mah bantu minung cu zung lei nawlpekknak lo in, sianginn rat a ngah lai lo, a nih cu afa caah aherh

tak tak mi thil a um i don tlaknak a
herhtuk mi a um lawng ah sianginn
ah a lut kho lai.

- i. Sianginn director nih a mah
nawl in zeibantuk luhnaw nawl
hmenh a tial piak kho lai lo DHS
license a ngeimi sin ah ruahnak
a hal hmasa ahau lai.
- ii. Cattial mi kha a ken kawh asi
ahcun, zeitluk tiang dah mah ca
chung ahcun zeitindah nupa
sualnak ruang i tlaih balmi pa
nih a um lai timi tiang an tial dih
ahau lai:
 1. Khawika zawnte ahdah
mah nupa sualnak ruang i
tlaihmi pah cu a um lai ttimi

hmunhma te kha tha tein
tial asi lai.

2. Zeiraung ahdah amah
sianginn ah arat ttimi zong
kan tial lai.
3. Zeitluk sual mah pa kha a
um lai timi theih ding.
4. Zeitin indah sianginn pawl
nih an zohkhenhnig asi lai
timi le ngakchia he an mah
lawng kaltak asi lai lo nak
kha tha tein tial ding..
5. Mah tialmi ca ahkhan min a
thut lai i nithal a tial lai cun,
director nih min a thut ve lai
i nupa sualnak a tuahmi pa
i file ah an chiah lai.

Appendix G: UCSD Athletics & Activities

URBANDALE COMMUNITY SCHOOL DISTRICT

Chanwhbiaknak

Urbandale Athletics & Activities

Phone: (515) 457-6945

Fax: (515) 457-6949

Jared Power

Director of Athletics and Activities

(515) 457-6945

powerj@urbandaleschools.com

Activities Website

www.j-hawks.com

Other Websites

Iowa High School Athletic Association- www.iahsaa.org

Iowa Girls High School Athletic Union- www.ighsau.org

Urbandale Schools- www.urbandaleschools.com

Urbandale Cawlcanghnak Pawl

Atha lei i thiltuahnak in Urbandale High School le Urbandale Middle School nih cung mi vailte cung ah cawnkhawhnak kha a chuahpi lai i an thanchonak hnga an bawmh hna lai.

Lentecelhnak Peehtlaihnak

Iowa High School Athletic Association (IHSAA)

Iowa Girls' High School Athletic Union (IGHSAU)

Urbandale High School cu IHSAA le IGHSAU ah kan i peh tlai. Mah kan i pehtlaihnak cu , theihternak, thanchonak, direct, khamhnak le lentecelhnak lei he pehtlaihnak a that deuhnak nga pawl le tha tein nunzai an cawnnak le sport lei lunthin an ngeihnak hnga ding caah an si i kan peng zulhphung ning in tuah asi.

Central Iowa Metropolitan League (CIML)

Central Iowa Metropolitan League a um hnawh chan cu siangin nih lentecelhnak lei lungthin ngei in program tha tein an dih kawhnak hnga ding caah asi. Mah nih hin sianginn pakhat le pakhat a tha lei in zuamnak pawl a chuahpi hna i hing school ah mah he a lomi pawl hna ah minkhumh kawh an si.

Lentecelhnak lei directors league manage the CIML nih aherhning in a zoh in sianginn principal pawl he khua an khan ti tawn hna.

Athlentic kan director le tuahmi CILM nih a dangnak bik nawlgehnak sianginn principal of members he an ngei hna.

Kum 2025-2026 sianginn kai kum 4 nak he kan tuahti CIML. Siangin pa 9 hna cu a tu cu conference kan ngei hna i pakhat le khat zuamnak kan ngei hna lai. Mah hna pawl cu:

Ankeny

Ankeny Centennial

Dowling Catholic

Johnston

Southeast Polk

Valley (WDM)

Urbandale

Waukee

Waukee Northwest

Mah sport Vialte hi robin format in kan i celh hna, i a cheu cu duble robin zong kan hmang hna. (kan i zuamnak cu CIML sinaginn pawl le UHS pawl he sianginn kip ah kan tuah cang). Achy ahcun confrance phun khin kan lentecleh caan an diknak hnga kan tuah tawn.

Urbandale cuCIML Middle School League ah kan itel icentral Iowa sianginn pawl vialte an i tel dih.

Zulhphung pawl

Urbandale Middle School and le High school ahacun lentecelhnak pawl kha zulhphung hna nih a tem hna i mah cu kan zul.

Siangngakckhia usapeknak

Pum le, mental, le ruahnak lei pawl damnak cu kan ruahbik zungzal mi asi.

Sportsmanship

Coaches/Directors, siangngakckhia- letecelhmi le fan pawl cu sportsmanship timi lentecelhnak lei i tha tein an zuma kho mi an si lai. A chimtu hna zong nih an sinagngakckhia pawl sportsmanship an si khawhnak hnga na i zuam lai.

Caawn pakhatnak, Lentecelhnak pahnihnak.

Lentecelhnak hi acaan ahcawnnak lei a don kho ngai tawn. Nangmah le nangmah kha sinaginn caawn i cathiam hi a biapi tuk timi kha ruahnak ipe lengmang, na than hna ding zat than kha i zuam fawn.

Izuamnak le Pekchanhnak

Mah thil pahinh nih hin chung lei le lenglei he thanchonak ah an bawmh hrim hrim lai i thanchonak na hum ko lai sin chung ah sinak a lenglei lentecelhnak ah teinak na hmu lai.

Chawnhbiaknak

Chungtel vialte Community cawlcanghnak chawnhbiaknak vailet hi cuth Urbandale High School le community hnatlaknak cawnhbiak nak hi abiapi bik.

Tuaktan peknak

Tuaktan piaknak, thluak lei le puma lei, cun thachonak cawlcanghnal pawl hi an i tel i thachonak le tuahnak cu planing tha tein suainak le tu le tu cinhnak in a chuak.

Program dihlak

Urbandale Activities Department letecelhnak i a telmi vialte cu rel dih nan si. Coaches/Directors, sinagngakchia, le Nupa hna nih zeibantuk program poah ah bawmh an hau ttimi hi kan theih zungzal a hau. Kan sungh ah siseh, kan tei ah siseh, Urbandale High School kan si.

Nupa-Zhokhenhtuh/Director Pehlaihna

Middle school le High school lentecelhnak i i telmi cu prevelide asi ceohl hrim hrim ding timi asi lo. Cucaah ahcun mahbantuk in Urbandale sianginn le a dang lei nih amah he a tlakning in fel tein na um ve lai.

Nupa le /Zohkehntu / pawl cu vocation ding cash a har ngai. Zohkenhtu le director le nupa hna i i theihthiam i hmunkhat teah riantuanti ahau i a tha lei hmuhton mi ruahchan in nagkchia caah cawlcaangh a hau. Couch/ director nih nupa an ruahnak le ngakchia kong ah a herhmi theihnaw nawl an ngei. Nupa hi ngakchia chung aha nalwnguibik na si ko. Coaches/ Director nih nupa nih lungrethierhnak a ngei maw ngei lo ttimi kha coah aslolah Director kha a

caan a rem caan ah an chimh hna lai.

Nupa / Zohkenhtu nih chawnhbiaknak anfa lei kong coach/ director sin inan theihmi pawl

- Coach/Director's philosophy cu.
- coach/director nih nafanu fapa ca i a ngeihmi le a telding pawl tuahnak tlikzuamnak asloah celhmi
- I celhnak ding hmun le a caan pawl hna a zuamtu le a hmusaktu hna
- Celhnak i a herhi pawl .. tahchunhnak ah, fees , thilrhruk ding, sianginn & team zulhpung, le a lenglei umtuning pawl hna.
- Na khawn den sual ah zeitindah na um ding asi lai timi hna.

Nupa sin in coaches/directors an i ruahchan mi

- Lunrethiehnak Azuami asiloah a hmuhsaktu nih na coach/ directo an tonmi kha a tlak caan teah chimh ha seh ti an duh.
- coach/director's philosophy anngaihmi asiloah nupa nih an ruahnak cheuh ding an duh.
- Lentecelh caan le inn lei remrellonak an um tik ah tuante ah chimh ding.

Nafa cu lentecelhnak ah atel caah a caan caan ahcun, a hlawktuk i tiah nuamhnak a ton caan zong a tampi ko lai. Cun a caan ah an lung a rawhtuk caan zong an um ko lai, mah banuk caan ahkhan coach/ director nih biakruah ding in kan chim tawn uh.

coach/director ruahti awakah a tlakmi pawl:

- Na siangngakcia ruahnak le pumsa sining.
- Na siangngakchia nih zeidah thanchonak ah a herh.
- Na siangngakcia ziaza a tleng mi kong.

Nafa na ruah tluk in a celh lo mi kha na

ruah ahcun na caah a har ngai kho men.
Couch director pawl nih a tha lai an tti
bantuk in an tuah mi asi caah asi. A cunglei
thil sining na hmuh bantuk khi ,
lungrethiehnak na ngeih asi ahcun, coah
director he bia nan i ruah ding asi.

coach/director biaruah awk ah a tha lo mi pawl hna:

- Zeitluk caan asiloah lentecelh caan dah
midang an ngah cio.
- Team cawlcanghnak pawl
- Play auhnak kong
- Adang siangngakchia he tahchunh i
biaruahding.

A caan ahcun coah/ director le nupa/
Zohkhenhtu ton caan a hauh caan zong a
um ve ko lai. Mah hi cu thazaang chaitnak
caah si loin, a dang kong zong ah an si ko
lai. Mah bantuk conference tonnak aherh
caan ahcun, a tanglei bantuk hna hi a tha
lei in kan zulh hna lai.

Nupa zohkhenhtu hna nih lungrethiehnak an ngeih asi ahcun, coach/ director he biaruah ahcn a tanglei bantuk hi zoulh an si lai:

- oach/director kha appointment lakter
ding.
- lcoach/director chawnh khawh an si lo
ahucn, cawlcanghnak lei director
chawn i coach / director he ton ding in
chimh ding.
- Mah tonnak na tuahmi thawng hin zei
hlawknak dah kanhmuh lai ttimi ruah
ding.
- Biaruahmi zawn teah chim ding, tha tein
theih ding.
- coach/director kha au hnawh i siklo
ding. Mah hi cu lungthin a fah caan zong
asi ko lai, nupa /zphkenhtu zuamnak
caah asi lai.caah. Mah bantuk tonnak
ahhin thil tha chuahpi ding asi nain a
caan caan ahcun, siknak a chuah tawn.

Nuap/ zohkhenhtu hna nih coauh/ director he tonnak nih thiltha a chuahpi lo tikah zeidah an tuah lai?

- Letecelhnak le director of athletics &
cawlcanghnak chawnh i tonnka kha
letecelhnak lei director, athletics &
cawlcanghnak couah/ director , le
Nupa/ zohkhenhtu dihlak bak in tonnak
ngeih.
- Mah tonnak ahhin, zeitindah mah dih
hin kan tuah lai timi a herh ahcun
tuaktan ding asi.

Siangngakchia lenteclehnak tamdeuh a
tuahmi hna poah hi an thaco deuh tiah
hmuh kawh asi. Mah konglam kan tialmi nih
hin thanchonak ah an bawmh hna lai i thil
sining a tha ter in a nuamhter lai tiah kan
zumh ko.

*Iowa Athletic Council lentecelhnak lei nih an
tuahmi asi.*

Lentecelhnak Zulhphung Pawl Tuah hlan i a herhmi/ Iteltumnak i harhmi pawl

Lentecelh hlan ah lenetcelhmi
poah, cheerleader, adang pawl nih sibawi
sin in catlap an lak ahau, Athletics le
Lentecelhnak zung ah mah pawl hi an ap
lai:

- Letecelhnak ding ah atlakko timi bound
tuahnak/ catlap
- Ikhawnden sual kong theihnak
form-Heads Up: Concussion in High
School Sports pawl kong
- Atu lio letecelhnak ding Physical sibawi
ca ; pawl cu sibawi nih min a thut
hrimhrim a hau nupa/zohkhenhtu zong
nih)
- HS Siangngakchia: PACT timi test nak
ca asiloah mah for m Chuah a duh sual
ahcun file.

Singngakchia tuah chun aduhmi, audition
tuah a duhmi h ale a dang lei in a rami hna

pawl zong cun inn in sianginn akai mi na zong nih tuah kawh cu asi, i form balte an phih hlan cu, Urbandale Community District's year a di hnu in, Urbandale Community School District, ah minkhumh a hau lai i aherhmi pawl a tuahta a hau lai.

Siangngakchia kum tantim i buah a la ding pawl cu letecelhnak ah an i tel kho ti lai lo

Sianginn kaining cang zulhpung le Peng code le nawlbuarmi

- Kenpeng policy 510.7 cun lentecelh a duh zong ah sianginn niche tal cu a kai peng hrim hrim i sianginn kai baunak ah a ahman lai lo. Siangngakchia cu zunglei nih khauh pek lawng lawng ah a bau kho lai.
- This is defined as:
 - Non Block Day: Students must be present for the four periods preceding their departure time
 - Example: There is practice at 3:30, which is after school is dismissed. A student would be required to attend periods 5-8 to be eligible that day.
 - Example: The team bus leaves at 2:15 for a competition. Students are dismissed from class at 1:45. A student would be required to attend periods 3-6 to be eligible that day.
 - Block Day: Students must be present for two full blocks preceding their departure time.
 - Example: There is practice at 3:30, which is after school is dismissed. A student would be required to attend periods 5 & 7 on odd block days and period 6 & 8 on even block days to be eligible that day.
 - Example: The team bus leaves at 2:15 for a competition. Students are dismissed from class at 1:45. A student would be required to attend periods 3 & 5 on even block days

and periods 4 & 6 on odd block days to be eligible that day.

- Activities Director le Athletic & activities nih a dang vialte cu a tlaih di hna. Ichawnhbiak hlan ah siangngakchia nih aherhmi cu a tuahta di lai. Tahchuanhnak ah, i cawnhbiaknak cu si lei kong tiangin a tel lai, college lennak tiang, cu mithi ruah tlahnak tiang in a tel lai.
- Sianginn kan tinter hna tik ah sianginn in lentecelh caan asi lawng ah an chuak kho. sinaginn umding an si i mah hnu ng ah lente an i celh kho lai. A kahn chung ah a chuaknak kong a chimh ta hnalai, a chimh hnba lo ahcun absent ah chiah asi lai.
 - Example: Class starts at 1:45. The team is to be dismissed at 2:15. Students are required to show up for the first 30 minutes of class in order to be eligible to play.
- Middle school sianginn pawl cu niche 1/2 tal sianginn a kai hrim hrim a hau.
- Siangngakchia a tule tu a bau mi 10% hrawng a baumi cu lentecelh nak in bar an si lai. Letecelhnak lei zung nih chimh lo mi paoh poah cu an mah bau asi lai.
- Siangngakchia peng zulhpung a buami poah poah cu letecelhnak zung lei in le sianginn lei hrim hrim in dantat asi lai i caan cheu banter asi lo ah dantat nak a dang dang tuah asi lai.
- Coaceh le Coach le Director pawl nih District Code of Conduct buarnak caah dantatnak dang an chuah hlanah Athletics & Activities Director sin in hnatlaknak an hmuh hmasa a hau.
- Sianginn in dinhtermi siangngakchia hna cu an dinhtermi a di hlan le hlawhtling tein luh thannak tonnak a um hlan tiang an lentecelhnak asiloah cawlcanghnak ah an i tel kho lai lo.
- Sianginn chung rian dinhtermi siangngakchia hna cu an dinhtermi a di h

hlan tiang an lentecelhnak asiloah cawlcanghnak ah an i tel kho lai lo.

- Tahchunhnak: Siangngakchia pakhat nih 2:30 p.m. ah ni hnih chung sianginn in dinhter a si. Zarhpi ni ah. Siangngakchia cu sianginn dih hnu Nithumni tiang zeibantuk lentecelhnak le cawlcanghnak hmanh ah aa tel kho lai lo.
- Tahchunhnak: Siangngakchia pakhat nih Nithumni zinglei 8:30 ah sianginn chung ah nikhat dinhter a si. Cawnpiaknak cu Nithumni ah sianginn kai ni a dih tikah a dih lai i siangngakchia cu rian phuah a si hnu ah an lentecelhnak asiloah cawlcanghnak ah aa tel than kho lai.

Cacawnak lei cawnkhawhnak

- Eligibility Code nih aa tinhmi cu Urbandale Community Sianginn Pengkulh chung i tang 7 in 12 tiang cawnnak he aa pehtlaimi cawlcanghnak ah aa telmi siangngakchia hna caah fimcawnnak phunglam le ziaza phunglam hna kha dirh le zulhter ding a si. Hi tinhmi tangah hin co-curricular cawlcanghnak ah i telnak cu thiamnak asiloah thiamnak pakhatkhat langhternak lawng si loin ziaza langhternak zong in hmuh khawhmi tinvo sung a si timi ruahnak a si.
- Lentecelhnak phunglam (Scholarship phunglam 36.15). Siangngakchia nih cawnnak vialte an awn dih a hau i sianginn dih tiang ttha tein an tthancho a hau. A donghnak mark pek caan a dih tikah a awn dih lo ahcun, siangngakchia cu aa telmi sianginn karlak puai ah aa pehtlaimi ni kul (20) chung a voikhatnak caah thilthuam hruk le zuamnak ah aa tlak lo. Siangngakchia nih a hlan ah lentecelhnak ah aa telmi a si lai tiah a herh lo nain lentecelhnak ah min cazin aa telmi si awkah min cazin khumhnak caan donghnak a tlinh a hau. Baseball

le Softball ah siangngakchia hna cu siangngakchia dang vialte he dantatnak an ngei ve. Siangngakchia nih a tlawmbik subject pali ah credit an hmuh zungzal a hau.

- Hla/Biachim I Pehtlaihna Phunglam. Iowa Sianginn Sang Biachimnak Bu (IHSSA) le Iowa Sianginn Sang Hlasak Bu (IHSMA) Phunghrampi ah a langhter. Siangngakchia nih cawnnak vialte an awn dih a hau i sianginn dih tiang ttha tein an tthancho a hau. A awn lo ahcun, siangngakchia pakhat nih mark an chuah hnu in calendar ni pa kul (20) chung a thut a hau.
- Hi phunglam hna nih hin July 1, 2020 thawk in remhmi hna kha a langhter.
- Urbandale [Board Policy 510](#) soknak hna.
 - Cheer le Dance cu 1st Semester thawk le Winter Sports Season thawk le 2nd semester chuah ni he lentecelhnak phunglam (calendar ni 20) ningin tuah a si lai.
 - Mipi hmuhsaknak he Music le Drama cawlcanghnak vialte cu Music/Speech phunglam ningin tawrel a si lai. Cawnpiaktu hna nih mark pekmi puai caah thlennak dang an pek hna lai.
 - A tling lomi "I" a ngeimi siangngakchia hna cu a tling lomi mark pek caan a phak tiang an i tlak peng, cu caan ah cun an sung ahcun siangngakchia nih an rian phuah hram an thawk.
 - A ra laimi semester ah i tel khawhnak ding caah siangngakchia nih a hlan semester ah credit pali (4) an hmuh a hau.

Tahchunhnak

- Siangngakchia A cu bawlung chuih thiam a si i a voikhatnak semester ah a sung. Siangngakchia A cu bawlung chuih lawng ah aa tel. Siangngakchia A cu phungning tein chuih ni hmasa bik in

tthal caan ni 20 chung caah
fimcawnnak lei in aa tlak lo.

- Siangngakchia B (tang 11
siangngakchia) cu bawlung chuih thiam
a si i a voikhatnak semester ah a sung.
Siangngakchia B cu sianginn sang ah
Track ah aa tel bal lo. Siangngakchia B
cu phungning tein chuih ni hmasa bik in
Track season i a hmasa bik ni 20 caah
fimcawnnak lei in aa tlak lo.
- Siangngakchia C cu ngakchia nute
basketball chuih thiam a si i Show
Choir ah aa tel i a voikhatnak cawnnak
ah a sung. Siangngakchia C cu 2nd
semester ah Basketball a hmasa bik ni
20 le Show Choir ah a hmasa bik ni 20
caah aa tlak lo.
- Siangngakchia D cu ngakchia nute
basketball chuih thiam a si i sianginn
chuihnak ah aa tel. Siangngakchia D
nih a voikhatnak semester cawnnak a
sung. Siangngakchia D cu 2nd
semester ah Basketball chuih ni 20
hmasa bik le Drama cawlcanghnak he
aa pehtlaimi 2nd semester ah mipi
hmai ah langhternak ni 20 hmasa bik
caah aa tlak lo. Hi rian phuahnak hna
cu caankhatte ah pek an si lai asiloah
zeibantuk cawlcanghnak dah a chuak
hmasa lai.
- Siangngakchia E nih a voikhatnak
semester ah camipuai pasarih chungin
pathum lawng a awn i ngakchia pa
basketball chuih thiam a si.
Siangngakchia E cu 2nd semester
dihlak caah cawlcanghnak caah aa tlak
lo.
- Siangngakchia F cu Marching Band ah
aa tel. Siangngakchia F nih a
pahnihnak semester ah a sung.

Siangngakchia F cu a ra laimi sianginn
kum i a hmasa bik sianginn ni 20
chung Marching Band caah aa tlak lo.

Co-curricular a ngahmi cod

- Ziaza Phunglam ([Board Policy 510.3](#)).
- Sianginn chung ah siseh, sianginn leng
ah siseh, a ziaza nih Urbandale
Community Sianginn Peng aiawhtu si
awkah aa tlak lomi a sitermi
siangngakchia paohpaoh cu cozah nih
cawnnak he aa pehtlaimi cawlcanghnak
ah i tel awkah aa tlak lo tiah thanh a si
lai.
- Hi phunglam hna hi siangngakchia hna
caah caan hman tein timhtuahnak caan
asiloah cawlcanghnak caan chung le
leng zongah hman a si.
- Cozah upadi asiloah phunglam
pakhatkhat tangah sualnak tuahnak cu
mawtaw hmannak a ukmi upadi le
phunglam hna dah ti lo ahcun
phungbuarnak cu sualnak hmete ah
chiah a si ahcun co-curricular eligibility
code he pehtlai in zohfeltnak caah a
ruang a si lai. Siangngakchia cu
nawlingeitu dang nih taza an cuai le
sualphawt a si le si lo zoh loin
tlamtlinnak he aa pehtlaimi biakhiahnak
tuah khawh a si.
- Hi phunglam ah aa telmi cu zu, zu, zu
asiloah ukmi thilri hmannak, dinnak,
ngeihnak asiloah phawtzamhnak hna an
si. Cun, cu bantuk thilri pawl cu kum
tlinglo hna sinah phungning loin pekmi
puai ah um cu siangngakchia nih thilri a
din lo hmanh ah, Eligibility Code buar a
si ve lai.
- Dantatnak ([Board Policy 510.5](#)).

- A tanglei cabuai cu hmannak ding caah lamhruainak men a si i, District riantuantu dang hna he ruahnak i cheuh in lentecelhnak le cawlcanghnak riantuannak hruaitu nih a duhning in remh khawh a si.

Possible penalties for offenses related to the Commission of a Crime; Alcohol/Tobacco/Drug Use, Consumption, Possession, and/or Distribution; Actions or Statements of Intolerance or Bigotry Toward Others; and Repeated or Serious Violations of District Policies, Rules, or Regulations		
	Student Action	Possible Suspension
First Offense	Student self-reports and agrees to undergo counseling, evaluation, and/or treatment, including state ordered programming	1/10 of Season or 1 Event
First Offense	Student self-reports but refuses to undergo counseling, evaluation, and/or treatment, including state ordered programming, or does not self-report but agrees to undergo counseling, evaluation, and/or treatment, including state ordered programming	1/6 of Season or 2 Events
First Offense	Student does not self-report and refuses to undergo counseling, evaluation, and/or treatment, including state ordered programming	1/3 of Season or 3 Events
Second Offense	Factors to consider in determining penalty: Same or different infraction; Same or different school year; Self report or administrative discovery; Support options being utilized	1/2 of Season to Full Season
Third Offense	Factors to consider in determining penalty: Same or different infraction; Same or different school year; Self report or administrative discovery; Support options being utilized	Full Season to Full Calendar Year

Rian dinhternak he aa pehtlaimi a tlangpi in.

- Mah cu tang 7-12 tiang siangngakchia caah a hman i mipi hmai ah tuahsernak a chuahtermi cawlcanghnak caah a hman.
- Coach/Director le bawmchantu hna nih hi phunglam a buarmi pumpak hna caah bu chungin chuah khawhnak tiang le aa telmi lamhruainak sernak nawl an ngei. Cu bantu lamhruainak cu ca in tial a si lai i Athletics & Activities i cawlcanghnak hruaitu nih a cohlan lai.

- Siangngakchia pawl cu caan chung vialte an ngoltermi cawlcanghnak ah an i tel peng a hau. Cutin tuah lo ahcun rian phuahnak cu a dang cawlcanghnak ah kalpi a si lai.
- Siangngakchia pawl nih team he cawnnak an tuah peng a hau i rian dinhternak chung ah a dang aa telmi vialte he pehtlai in coach/sponsor nih an i ruahchanmi kha an tlinh a hau.
- Cu cawlcanghnak a dih ruangah cawlcanghnak pakhat ah an rian phuahnak kha tling tein an tuah khawh

lomi siangngakchia hna cu cawlcanghnak karlak ah aa khatmi lam in an rian phuahnak kha aa tluk tein an pek hna lai.

- Co-Curricular Activities Code a buarmi siangngakchia hna cu ramkulh nih a fialmi/District nih a khiahmi thawk ni hnu ah cawlcanghnak dang in a hnu deuh ah dantatnak hrial khawhnak ding caah cawlcanghnak thar caah min cazin an khumh kho lai lo.
- Cawlcanghnak phunphun ah aa telmi siangngakchia hna cu an rian dinhternak kha caankhatte ah an tuar lai. Tahchunhnak ah, Basketball le Show Choir ah aa telmi siangngakchia pakhat nih cawlcanghnak pahnih ah dinhter a si lai. Siangngakchia pakhat hmanh kha ziaza phunglam buar ruangah rian dinhter a si lio ah cawlcanghnak pakhat ah i telnak nawl pek an si lai lo.
- Mah le Mah Report A Fiangmi. Thil a cang hnu suimilam 72 chungah sianginn hruaitu sinah co-curricular code buarnak kong a hmaanmi report a tuahmi pumpak pakhat. Sianginn ah a cangmi le sianginn riantuantu nih an hmuhmi phungbuarnak caah mah tein report tuahnak lam a um lai lo.
 - Tahchunhnak: Siangngakchia pakhat cu zunput ah zunput a hman lio ah sianginn riantuantu nih an tlaih. Hi thil sining ah hin mah le mah report tuahnak ding lam a um lai lo.
 - Tahchunhnak: Siangngakchia pakhat cu zunput ah siangngakchia dang he zu an din i aa tel lomi siangngakchia dang nih a hmuh. Zung ah report an tuah sual lai tiah lungrinhnak he, siangngakchia nih sianginn riantuantu nih an theih hlanah phungbuarnak kong amah tein report tuah ding zung ah a kal, cu nih cun rian dinhter a zorter khawh.

- Co-curricular code a buar hnu ah sianginn puai ah aa telmi pumpak hna cu mah le mah report asiloah uknak lei hmuhchuahnak an tuah hlanah an rian in dinhter an si lai i dinhter tlawmternak caantha a um lai lo.
- A voikhatnak buarnak a ngeimi hna nih a voikhatnak buarnak caah rian phuahnak an dih hlanah a voihnihnak buarnak an hmuh ahcun dantatnak pahnih fonh an si lai i rian phuahnak cu a hnu hnu in pek an si lai.
- Fimcawnnak lei ah aa tlak lomi hna nih cun an fimthiamnak lei ah an i tlaknak an hmuh tthan tikah an rian dinhter an si lai.
- Dantatnak / Nawlnak tuahnak.
 - Co-Curricular Activities Eligibility Code buarnak he aa pehtlaimi dantatnak cu buarnak an hmuh tikah pek an si lai.
 - Dantatnak vialte cu siangngakchia sinah ca in pek a si lai i nulepa/zohkhenhtu sinah US Mail in kuatmi ca in theihternak tuah a si lai.
 - Siangngakchia nih dantatnak kong siangngakchia theihternak an tuah hnu sianginn ni nga chung ah sianginn uknak nih biakhiahnak Angahmi an tuahmi kha nawlnak tuah khawhnak caantha an ngei. A dang tein langhter a si lo ahcun nawlnak vialte cu ca in tial a si lai i sianginn kai ni panga chungah inn hruaitu sinah kuat a si lai.
 - Inn saknak phunglam lenglei nawlnak hna cu Board Policy 536 le 229 he aa tlak.

A tanglei ah hin Iowa Girls High School Athletic Union nih a tu lio ah a fiantermi zuamnak rikhiahnak hmangin, a tlangpi in season (postseason ah langhnak tlawm deuh) ah dantatnak cu zeidah a si kho timi tahchunhnak an si

Sample High School Penalties:

Activity	Dates / Games	First Offense*		Second Offense	Third Offense
Football	9	1	3	6	9+
Boys & Girls Golf	12	2	4	8	12+
Boys & Girls Cross Country	10	1	3	6	10+
Volleyball	14	2	4	9	14+
Boys & Girls Swimming	12	2	4	8	12+
Boys & Girls Bowling	12	2	4	8	12+
Boys & Girls Wrestling	15	2	5	10	15+
Boys & Girls Basketball	21	3	7	14	21+
Boys & Girls Tennis	12	2	4	8	12+
Boys & Girls Track & Field	12	2	4	8	12+
Boys & Girls Soccer	17	3	6	12	17+
Baseball & Softball	40	6	13	26	40+
Cheerleading**	Season Specific	TBD	TBD	TBD	TBD
Jaywalkers	Season Specific	TBD	TBD	TBD	TBD
Show Choir	Season Specific	TBD	TBD	TBD	TBD
Marching Band	Season Specific	TBD	TBD	TBD	TBD
Concert Band	Season Specific	TBD	TBD	TBD	TBD
Jazz Band	Season Specific	TBD	TBD	TBD	TBD
Drama	Season Specific	TBD	TBD	TBD	TBD

*The differences for the 1st Offense represent a self-report vs. administrative discovery.

**Cheerleading will be handled relative to the season in which the student is participating.

Sianginn nih sponsor lomi celhzuamnak ah i telnak

Sianginn nih a bawmh lomi lentecelhnak ah sianginn karlak lentecelhnak caan khat chung ah i tel a duhmi siangngakchia hna nih Urbandale leng i zuamnak an tuah hlanah lentecelhnak le cawlcanghnak cawlcanghnak hruaitu sin in ca in nawlnak an lak hmasa a hau. Siangngakchia nih puai tuah hlan ni sawmthum nak tlawm lo ah ca in halnak an tuah awk a si i thil sining kong he pehtlai in Head Coach he pehtlaihnak an tuah awk a si. Cawnpiaktu hna nih siangngakchia nih sianginn nih a bawmhmi cawlcanghnak ah aa pemi cungah hram bunh in siangngakchia pakhat caah i telnak caan zat ruah khawhnak nawl an ngei.

Season leng zuamnak caah hnatlaknak a herh lo nain, sianginn cawlcanghnak dang he aa kalh tikah, siangngakchia nih season chung i coach/director he a rannak in cawnnak/zuamnak caan an sunghmi kong he pehtlai in pehtlaihnak an tuah awk a si.

College zuamnak

Scholarship Rule 36.15(2) h nih sianginn sang siangngakchia hna kha an sianginn zung aiawhtu asiloah sianginn sang nih a cohlanmi asiloah a bawmhmi puai ah aa telmi sianghleirun lentecelhtu hna he asiloah an dohnak ah i tel le/asiloah cawnnak tuah lo dingin a kham hna. Phunglam ah zehmanh nih sianginn sang siangngakchia pakhat kha sianginn phu

chungtel hna he asiloah anmah dohnak ah voikhat hneksaknak ah i tel khawhnak nawl a kham lo, sianginn chungtel sianginn uknak le anmah le anmah sianginn zung lentecelhnak uknak nawlpeknak he.

Celhzuumnak in chuahnak

- Chuahtakmi players pawl cu Iowa High School Athletic Association le Iowa Girls High School Athletic Union nih an suaimi phunglam hna tangah an tla lai.
- Pakhatnak Sualnak: A chuakmi player cu cu zuumnak tlukruannak le zeibantuk tlukruannak hmanh ah a dang zuumnak vialte ah a ra laimi caan suaimi/caan thlenmi/biakamnak tuahmi zuumnak ni ah a chuak lai lo.
- Pahnihnak Sualnak: A chuakmi player cu cu zuumnak tlukruannak le a dang zuumnak vialte ah a ra laimi ni li (4) chung cu zuumnak ah aa tel lai lo.
- Season pakhat chung ah a voihnihnak chuahternak lengah phungning tein phunglam a um lo nain, cu bantuk thil cangmi cu dantatnak nih a zulh lai i cu dantatnak cu a fak tuk lai.
- Zuumnak in chuahmi player paoh cu a cunglei ah langhtermi dantatnak hna pin ah, cu ni a tangmi cu aa tel lai lo.

Hazing

- Urbandale Community Sianginn Peng nih mi vialte cu upatnak le upatnak he pehtlaih an si awk a si tiah an zumh. Siangngakchia hna cu sianginn nih a bawmhmi program hna ah hrocernak, ralchanhnak, mi lungfahnak, asiloah tihnungmi ziaza a um lomi pawngkam ah an i tel khawh awk a si. Hi phunglam a buar tiah hmuhmi siangngakchia hna cu co-curricular tlamtlinnak phunglam tangah an um, cun a dang hman khawhmi sianginn phunglam vialte zong an zulh hna.
- Iowa Code Section 708.10 nih hazing kong ah a tanglei bantuk in a chim:

- Mi pakhat nih sianginn, sianghleirun, asiloah university he aa pehtlaimi bu pakhatkhat ah luhternak asiloah luhternak caah siangngakchia pakhat pumsa ngandamnak asiloah himnak caah tih a nungmi thil tuahnak asiloah hramhram in tuahmi thil pakhatkhat kha timhcia tein asiloah ruat loin a tuah tikah mi pakhat nih hazing tuahsernak a tuah. Khapmi thil tuahnak ah aa tel, asinain mah lawng ah aa hngat lo, siangngakchia pumsa ngandamnak asiloah himnak caah tihnung a simi hremnak, hramhram in hrennak, asiloah a dang hramhram in tuahsernak tibantuk hna an i tel.
- Hi then caah, "hramhram in tuahmi cawlcanghnak" timi cu siangngakchia pakhat nih cawlcanghnak ah i tel a duhnak he pehtlai loin, bu pakhatkhat ah luhternak asiloah luhternak, asiloah pehtlaihnak a ngeimi cawlcanghnak paohpaoh kha a chim duhmi a si.
- Midang takpum hliamhma fakpi a tuartertu hazing tuahsernak a tuahmi cu sualnak nganpi a tuahtu a si.
- A person who commits an act of hazing which causes serious bodily injury to another is guilty of a serious misdemeanor.

Tlunkalnak

- Athletics & Activities i cawlcanghnak hruaitu nih department riantuantu hna he pehtlai in thilri phurhnak vialte a tawlrel lai.
- Khuaitlawnnak cu aa tlak tikah sianginn bus in tuah a si lai. A tlangpi in, Urbandale Sianginn sang he aa naihmi hmun hna ah khuaitlawnnak cu Head Coach/Director bawmhna tangah siangngakchia pakhat cio nih an tuah khawh. Cu bantuk hmunhma hna cu: Dowling, Hoover, Johnston, Valley, tbk.

- Siangngakchia pawl cu puai tuahnak hmun ah bus in kal le kir ding in ruahchannak an ngei. Coach/director nih siangngakchia pawl kha bus si loin puai dang ah mawngah asiloah kinter a sianh hna ahcun, coach/director nih siangngakchia caah aa telmi timhtuahnak a ser lai i a tuah lai i ca in nulepa nawlnak a herh lai. An nulepa asiloah zohkhenhtu si loin midang he inn ah mawtaw in kal a duhmi siangngakchia hna nih cun uknak lei hnatlaknak an ngeih hmasa a hau.
- Caan hman hnu ah inn ah a kir tthanmi coach/Director pawl cu siangngakchia pawl he sianginn in an lak hna hlan tiang asiloah anmah tein an kalnak lam hmangin an chuah hlan tiang um a hau. Cheerleading bawmtu asiloah thimmi nih Cheerleader vialte caah cuticun tuah ve a hau.
- Siangngakchia mawtaw mawngtu hman an si tikah, Coach/Director pawl nih lam cung puai tuah hlan ah cawnnak an tuah khawh.
- Coach/Director pawl nih an kalnak ding hmun an phak caan kha an chim a hau i siangngakchia pawl kha an kalnak ding hmun an phak khawhnak ding caah khualtlawnnak caan tling an pek hna a hau.

Cawlcanghnak laksawng

- Performing Arts program nih anmah tein laksawng an tawlrel.
- Varsity cakuat cu sianginn karlak lentecelhnak program vialte ah i telnak caah Head Coach duhnak in pek a si lai.
- Leantechnik chenille cafang cu Split U suaisam ah Navy le Red a si lai.
- Varsity cakuat hmuhnak ding caah tahfung cu cawlcanghnak pakhat cio i coach/director nih a ser lai.
- Hliamhma asiloah zawtnak dah ti lo cu a dang a ruang pakhatkhat ruangah, lentecelhtu pakhat cu team chungin

chuah a si ahcun, lentecelhtu nih cu caan chungah cu lentecelhnak caah zeibantuk lentecelhnak laksawng hmanh a hmu lai lo.

- Cakuat taktak phawtzamhnak ah a tanglei lamhruainak hna hi hman a si lai:
 - Siangngakchia nih (1) chenille Letter lawng an hmuh lai.
 - A dihlak in an voikhatnak lentecelhnak cakuat a hmumi siangngakchia nih chenille cakuat le cu lentecelhnak asiloah cawlcanghnak he aa pehtlaimi lentecelhnak he aa pehtlaimi pin an hmuh lai.
 - Siangngakchia pakhat nih a hmasa bik cafang a hmuh i a pin a hmuh hnu ah, cu lentecelhnak asiloah cawlcanghnak caah a hmuhmi cafang pakhat cio caah bar pakhat an hmuh lai.
- An zuamnak caan chung ah 3.25 GPA asiloah a cunglei a hmumi asiloah an caan chung ah 3.25 asiloah a cunglei GPA a ngeimi siangngakchia pakhat cio cu cu lentecelhnak caah CIML Academic All-Conference team ah min an pek hna lai. Tang 9-12 tiang siangngakchia hna cu hi laksawng hmuh khawhnak nawl an ngei. Tang 9 siangngakchia hna cu tthal lentecelhnak caan ah hi laksawng hi hmuh khawh an si lo. Team pawl cu siangngakchia caah anmah tein certificate chuah ding rian an ngei.

Conference vialte/ State thimnak

All Conference le All State teams thim an sinak lentecelhnak hna ah, a tanglei tlangpi phunglam hi zulh a si.

- Conference team vialte caah Central Iowa Conference Director of Athletics & Activities CILM chung i Athletic Director pakhat cio nih lentecelhnak pakhat cio caah rian an ttuan. Cu tonnak chung ah, Conference team vialte cu coach pawl nih an thim hna.

- A hruaitu lentecelhnak le cawlcanghnak lei hruaitu nih meeting a tuah i cuka ahcun coach pawl nih All Conference Status hmuh awk tlak tiah an ruahmi lentecelhtu pawl kha an thim hna.
- Thimmi hna cu meeting ah coach pawl nih an thim hna. Hi kalning hi 1st, 2nd, le 3rd Teams for All Conference caah zulh a si.
- Upatnak pekmi thimnak cu league nih a sermi phunglam cungah hram bunh in tuahmi a si.
- Ramkulh thimnak vialte cu lentecelhnak pakhatkhat ah coach bu nih an tuah asiloah thawngzamhnak nih an duhning in an tuah.

Wall of Fame

Wall of Fame ah telh khawhnak dingah, siangngakchia nih a tanglei thilri hna hi an tlinh a hau:

- Ramkulh Champion a simi pumpak hna asiloah Ramkulh Champion Relay team ah aa telmi hna cu an hmanthlak cu Wall of Fame ah zungzal in chiah an si lai.
- Theihhngalhm media asiloah ramkulh bu pakhatkhat in 1st Team All State upatnak a hmumi hna cu an hmanthlak cu Wall of Fame ah zungzal in chiah an si lai.
- 1st Team All State upatnak a hmumi le/asiloah lentecelhnak phunphun ah State Champion a simi hna cu lentecelhnak pakhat cio caah an hmanthlak cu Wall of Fame ah zungzal in chiah an si lai.
- Lentecelhnak pakhat ah kum tampi chung State Champion asiloah 1st Team All State a simi pumpak hna nih cu lentecelhnak caah hmanthlak pakhat lawng an ngei lai.

Lentecelhnak training/ Khawndennak

- Urbandale Community Sianginn Peng nih Lentecelhnak Cawnpiaktu pakhat a lak i cu cu sianginn sang ah rian a ttuan.
- Hliamhma vialte cu coach sinah report

tuah dih a hau.

- Siangngakchia pawl cu hliamhma an tuar hnu ah sii lei thiamsang sin in a hleiin ca in thawngthanhnak an tuah lo ahcun cawnnak le zuamnak ah kir than an sianh hna lai lo.
- **ImPACT Hneksaknak**: Cheerleading le Laam telh chih in lentecelhnak ah aa telmi sianginn sang siangngakchia vialte cu an i telnak caan hlan ah lentecelhnak cawnpiaktu le/asiloah lentecelhnak le cawlcanghnak zung riantuantu hna nih an i telnak caan (lentecelhnak phunphun ah siangngakchia caah kum fatin hneksaknak pakhat) an hneksak hna lai. Cu hnu ah lakmi data cu siangngakchia pakhat nih a thluak a hliam sual ahcun lentecelhnak ah kir tthannak dirhmun biakhiahnak ah bawmtu ah hman a si lai. Hi hneksaknak in chuah a duhmi siangngakchia paoh cu an nulepa/zohkhenhtu nih ca in hnatlaknak an tuah ahcun hneksaknak in chuah khawh an si lai.

Lunfimlonak tuahtanning

(UCSD Board of Directors nih May 20, 2019 ah cohlanmi)

- Hi Concussion Management Timhtuahnak cu Iowa upadi ningin Urbandale Community Sianginn Peng chung siangngakchia vialte himnak caah bawmtu dingah cohlanmi a si. Hi timhtuahnak cu a tanglei ah langhtermi bantuk in pengtlang pumpi ah a dangdang tlukruannak pathum ah hman a si lai.
- Iowa Code § 280.13C(1)(b) nih a chimmi cu “Lungfahnak cu ngakchia le mino hna nih lentecelhnak le nuamhsaihnak ah aa telmi hna lakah a tlangpi in report an tuahmi hliamhma pakhat a si... Lungfahnak cu thluak hliamhma phunkhat a si i a nemmi in a fakmi tiang a si kho i a ttha tein a cangmi thluak riantuan ning a hrawh khawh. asiloah timhtuahnak a um lomi lentecelhnak

asiloah nuamhsainnak cawlcanghnak le tlaknak in asiloah lentecelhtu pakhat le pakhat i pah ruangah, vawlei he, asiloah dawnkhantu thil he a chuakmi a si kho.

- Hi Timhtuahnak chung vialte ah hmanmi “Interscholastic Athletics” cu Iowa Code § 280.13C(2)(d) nih a fiantermi “cawnnak leng lentecelhnak” he sullam aa khat lai: “laam asiloah thazaang peknak cawlcanghnak asiloah sianginn leng lentecelhnak, zuamnak, asiloah Iowa lentecelhnak bu nih a hruaimi Iowa ngakchia nute sianginn sang lentecelhnak bu cu American ngakchia sii lei sianginn nih a langhtermi pehtlaihnak asiloah pehtlaihnak tlawmte lawng a ngeimi cawlcanghnak a si.”
- Hi timhtuahnak nih a tawltreimi cu:
 - Sianginn karlak lentecelhnak ah aa tel lomi PK – 12 tiang siangngakchia hna
 - Cawnnak a um lio ah sianginn karlak lentecelhnak ah aa telmi tang 7-12 tiang siangngakchia hna
 - Cawnnak a um lo tikah sianginn karlak lentecelhnak ah aa telmi tang 7-12 tiang siangngakchia hna

RTL: Cawnthannak

(siangngakchia vialte caah a hman, PK – 12 tiang)

- Hliamhma a chuak
- Siangngakchia zohfelnak cu thluak hliamhma caah zohfelnak tuah a si
- “Ngandamnak zohkhenhnak nawl a ngeimi” (IAC 641—54.2(280) le Iowa Code § 280.13C(2)(e) ah fiantermi) nih sibawi, sibawi bawmtu, ruh lei sibawi, a sangmi min cazin a ngeimi nurse riantuantu, nurse, pum cawlcanghnak lei sibawi, lentecelhnak lei sibawi Iowa Code section 147.13 tangah thimmi board nih license a pekmi cawnpiaktu.)
- Cawnnak ah kir tthan (RTL) aa thawk
- Sianginn Nurse nih a langhtermi RTL Steps

- RTL phu cu sianginn nurse, siangngakchia nifatin cawnnak ah aa telmi saya/mah hna, siangngakchia nulepa asiloah zohkhenhtu hna le siangngakchia ngandamnak zohkhenhtu license a ngeimi hna sin in ruahnak cheuhnak he an i tel lai.
- REAP Lamhruainak cu hrampi ah a hman lai
- Sianginn nurse nih saya/mah hna sin in RTL tthanchonak kong nifatin thawngpang a hmuh lai
- Siangngakchia hna nih RTL tuahsernak a dih hlan tiang Sianginn Nurse he nifatin an va tlawng lai
- Nu le pa he riantuan ti hnu ah nurse nih a chuah

PTP: celhthanding ah kirnak

(thluak hliamhma a tuarmi le sianginn karlak lentecelhnak cawlcanghnak ah aa telmi siangngakchia vialte, tthen 7-12 tiang a hman – cawnnak a um lio ah).

- Hliamhma a chuah tikah asiloah siangngakchia coach, zuamnak hruaitu, asiloah license a ngeimi ngandamnak zohkhenhtu asiloah emergency sii lei zohkhenhtu nih Interscholastic Athletics ah thluak hliam asiloah thluak hliamhma he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza an hmuh.
- Siangngakchia cu sianginn karlak lentecelhnak ah i telnak in chuah a si.
- Siangngakchia zohfelnak cu thluak hliamhma caah zohfelnak tuah a si
- “Tluak Ngandamnak zohkhenhnak nawl a ngeimi”
- (IAC 641—54.2(280) le Iowa Code § 280.13C(2)(e) ah fiantermi) nih sibawi, sibawi bawmtu, ruh lei sibawi, a sangmi min cazin a ngeimi nurse riantuantu, nurse, pum cawlcanghnak lei sibawi, lentecelhnak lei sibawi Iowa Code section 147.13 tangah thimmi board nih license a pekmi cawnpiaktu.

- Cawnnak ah kir tthan aa thawk Sianginn Nurse nih a langhtermi RTL Steps
 - RTL phu cu sianginn nurse, siangngakchia nifatin cawnnak ah aa telmi saya/mah hna, siangngakchia nulepa asiloah zohkhenhtu hna le siangngakchia ngandamnak zohkhenhtu license a ngeimi hna sin in ruahnak cheuhnak he an i tel lai.
 - REAP Lamhruainak cu hrampi ah a hman lai
 - Sianginn nurse nih saya/mah hna sin in RTL tthanchonak kong nifatin thawngpang a hmuh lai
 - Siangngakchia hna nih RTL tuahsernak a dih hlan tiang . Sianginn Nurse he nifatin an va tlawng lai
 - Sianginn Nurse nih Lentecelhnak Cawnpiaktu he l celh tthan hram thawk dingin a thlah
- RTP cu Athletic Trainer nih a tawlrel i a tanglei step pawl aa tel, Iowa Administrative Code 641-54.3(2) nih a fialmi
 - Lentecelhtu nih lentecelhnak ah kir tthannak thawk khawhnak ding caah license a ngeimi ngandamnak zohkhenhtu sin in ca in sii lei hnatlaknak a hmuh cang, cun lentecelhtu cu a tlawmbik suimilam 24 chung thluak fahnak hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza zehmanh a tong loin sianginn telh in a zungzal cawlcanghnak ah a kir tthan cang.
 - A tlawmmi hnahnawhnak, a nemmi aerobic cawlcanghnak. Tlawmpal in a tlawm deuh in kal asiloah a dir pengmi cycle mawng. Dohnak/ritnak cawnnak a um lo
 - Gym ah tlik asiloah lentecelhnak hmun ah tlik tibantuk a hrampi cawlcanghnak. Lukhuh le thilri dang hman lo.
 - Pehtlainnak um loin, lentecelhnak he aa pehtlaimi cawnnak (dribbling, ball tlah, batting, fielding, tlik cawnnak) thilri tling he. Dohnak/ritnak cawnnak aa thawk kho men.
- Pehtlainnak tling cawnnak le a tlangpi cawnnak cawlcanghnak ah i telnak.
- URBAN DALE HIGH SCHOOL siangngakchia hna nih IMPACT post-test cu a tu ah an tuah lai.
- Zuamnak ah i telnak.
- Siangngakchia nih thluak hliamhma asiloah thluak hliamhma he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza a langhter ahcun, siangngakchia nih cawlcanghnak kha a ngol a hau i siangngakchia license a ngeimi ngandamnak zohkhenhtu le nulepa asiloah zohkhenhtu kha pehtlainnak tuah a si lai.
- Hi thil kalning chungah siangngakchia nih thluak hliamhma asiloah thluak hliamhma he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza a langhter ahcun, suimilam 24 chung dinh caan chap a si lai. Suimilam 24 chung dinh caan hnu ah, siangngakchia nih thluak hliam asiloah thluak hliamhma dang he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza a langhter lo tikah a hlan dirhmun ah a kir tthan lai i a tthanchonak kha a thawk tthan lai.
- Band, Drama, le Show Choir ah aa telmi siangngakchia hna cu anmah pumpak konglam kha anmah le an cawlcanghnak ah i tel khawhnak ding caah him tein kir tthannak he aa pehtlaimi an si lai i cu ahcun Sianginn Nurse le/asiloah Athletic Trainer nih a dirhmi remhmi RTP timhtuahnak aa tel kho.

RTP: Return to Play

(Thluak hliamhma a tuarmi le sianginn karlak lentecelhnak cawlcanghnak ah aa telmi siangngakchia vialte, tthen 7-12 tiang a hman – cawnnak a um lio ah).

- Hliamhma a chuah tikah asiloah siangngakchia coach, zuamnak hruaitu,

asiloah license a ngeimi ngandamnak zohkhenhtu asiloah emergency sii lei zohkhenhtu nih Interscholastic Athletics ah thluak hliam asiloah thluak hliamhma he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza an hmuh.

- Siangngakchia cu sianginn karlak lentecelhnak ah i telnak in chuah a si.
- Siangngakchia zohfeltnak cu thluak hliamhma caah zohfeltnak tuah a si
- “Tluak Ngandamnak zohkhenhnak nawl a ngeimi”
- (IAC 641—54.2(280) le Iowa Code § 280.13C(2)(e) ah fiantermi) nih sibawi, sibawi bawmtu, ruh lei sibawi, a sangmi min cazin a ngeimi nurse riantuantu, nurse, pum cawlcanghnak lei sibawi, lentecelhnak lei sibawi Iowa Code section 147.13 tangah thimmi board nih license a pekmi cawnpiaktu.
 - Cawnnak ah kir tthan aa thawk
 - Sianginn Nurse nih a langhtertermi RTL Steps
 - RTL phu cu sianginn nurse, siangngakchia nifatin cawnnak ah aa telmi saya/mah hna, siangngakchia nulepa asiloah zohkhenhtu hna le siangngakchia ngandamnak zohkhenhtu license a ngeimi hna sin in ruahnak cheuhnak he an i tel lai.
 - REAP Lamhrainak cu hrampi ah a hman lai
 - Sianginn nurse nih saya/mah hna sin in RTL tthanchnak kong nifatin thawngpang a hmuh lai
 - Siangngakchia hna nih RTL tuahsernak a dih hlan tiang. Sianginn Nurse he nifatin an va tlawng lai
 - Sianginn Nurse nih Lentecelhnak Cawnpiaktu he i celh tthan hram thawk dingin a thlah
 - RTP cu Athletic Trainer nih a tawlrel i a tanglei step pawl aa tel, Iowa Administrative Code 641-54.3(2) nih a fialmi

- Lentecelhtu nih lentecelhnak ah kir tthanak thawk khawhnak ding caah license a ngeimi ngandamnak zohkhenhtu sin in ca in sii lei hnatlaknak a hmuh cang, cun lentecelhtu cu a tlawmbik suimilam 24 chung thluak fahnak hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza zehmanh a tong loin sianginn telh in a zungzal cawlcanghnak ah a kir tthan cang.
- A tlawmmi hnahnawhnak, a nemmi aerobic cawlcanghnak. Tlawmpal in a tlawm deuh in kal asiloah a dir pengmi cycle mawng. Dohnak/ritnak cawnnak a um lo
- Gym ah tlik asiloah lentecelhnak hmun ah tlik tibantuk a hrampi cawlcanghnak. Lukhuh le thilri dang hman lo.
- Pehtlaihnik um loin, lentecelhnak he aa pehtlaimi cawnnak (dribbling, ball tlaih, batting, fielding, tlik cawnnak) thilri tling he. Dohnak/ritnak cawnnak aa thawk kho men.
- Pehtlaihnik tling cawnnak le a tlangpi cawnnak cawlcanghnak ah i telnak.
- URBAN DALE HIGH SCHOOL siangngakchia hna nih IMPACT post-test cu a tu ah an tuah lai.
- Zuamnak ah i telnak.
- Siangngakchia nih thluak hliamhma asiloah thluak hliamhma he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza a langhter ahcun, siangngakchia nih cawlcanghnak kha a ngol a hau i siangngakchia license a ngeimi ngandamnak zohkhenhtu le nulepa asiloah zohkhenhtu kha pehtlaihnik tuah a si lai.
- Hi thil kalning chungah siangngakchia nih thluak hliamhma asiloah thluak hliamhma he aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza a langhter ahcun, suimilam 24 chung dinh caan chap a si lai. Suimilam 24 chung dinh caan hnu ah, siangngakchia nih thluak hliam asiloah thluak hliamhma dang he

aa tlakmi hmelchunhnak, zawtnak hmelchunhnak, asiloah ziaza a langhter lo tikah a hlan dirhmun ah a kir than lai i a thanchonak kha a thawk than lai.

- Band, Drama, le Show Choir ah aa telmi siangngakchia hna cu anmah pumpak konglam kha anmah le an cawlcanghnak ah i tel khawhnak ding caah him tein kir thannak he aa pehtlai an si lai i cu ahcun Sianginn Nurse le/asiloah Athletic Trainer nih a dirhmi remhmi RTP timhtuahnak aa tel kho.

Cawnnak le thehthiamnak le tahthannak

- Sianginn Nurse pakhat cio nih, Inn Saknak Zung he riantuan ti in, thluak hliamhma a fah ning le anmah le an dirhmun cio ah Cawnnak ah kir tthannak tuahsernak kong zohfelnak an tuah lai.
- Sianginn karlak lentecelhnak cawnpiaktu vialte nih National Federation of High Schools (NFHS) Concussion Training video kha kum fatin zoh a hau. Mah cu lentecelhnak le cawlcanghnak riantuannak hruaitu nih a tawlrel.
- Sianginn karlak lentecelhnak ah aa telmi tang 7-12 tiang siangngakchia vialte nih, nulepa asiloah zohkhenhtu he, Zapi Ngandamnak Zung nih a pekmi cauk pakhat kha an zohfel i an min an thut a hau: “Lu cunglei: Sianginn sang lentecelhnak ah hliamhma” timi min an bunh. Mah cu kum fatin tuah a herhmi a si i lentecelhnak le cawlcanghnak riantuannak hruaitu nih a tawlrel.
- Urbandale Board of Directors nih, April 1, 2013 ah riantuannak ah, sianginn sang ah Interscholastic Athletics i telnak caah a herhmi IMPACT hneksaknak kha an cohlan. Nulepa nih i tel lo ding in an i thim ahcun hi hneksaknak in chuah khawhnak nawl an ngei. Hi hneksaknak hi July 1 hnu ah kum fatin tuah a si.
- Cawnpiaktu hna nih Sianginn Nurse sin in ruahnak cheuhnak an hmuh lai,

lungfah hnu ah, sianginn khaan chung umnak kong he pehtlai in.

- Coach pawl nih Athletic Trainer sin in lamhruainak an hmuh lai, an lung a fah hnu ah, Return to Play cawnnak cawlcanghnak le khamnak kong he pehtlai in.
- April, 2013 ah, Urbandale Board of Directors nih IHSA / IGHSAU nih a chimmi Return to Play Protocol a di pin ah, a lung a fahtermi lentecelhtu paohpaoh cu sibawi nih an zohfel hna lo ahcun cawlcanghnak ah an kir kho lai lo timi phunglam an cohlan. Atu cu “ngandamnak zohkhenhnak nawl a ngeimi” (IAC 641—54.2(280) Iowa Code § 280.13C(2)(e) ah fiantermi) nih sibawi, sibawi bawmtu, chiropractor, a sangmi nurse register, pumsa lei rian a ttuanmi nurse tiah a herhmi zohfelnak tuah a herhnak nih a thlen cang Iowa Code section 147.13 tangah thimmi board nih nawl a pekmi therapist, riantuannak therapist, asiloah lentecelhnak cawnpiaktu.

NCAA Clearinghouse / College Athletics

Siangngakchia hna nih Division I le II Intercollegiate Athletics ah an i tel khawhnak dingah, NCAA Clearinghouse ah min cazin an khumh hmasa a hau. Siangngakchia hna nih zeibantuk tlukruannak hmanh ah sianginn lentecelhnak ah an i tel lai i an i tel lai tiah an ruah ahcun, siangngakchia le nulepa caah cawlcanghnak zung ah theihhngalhnak dang hmuh khawh a si. A dang theih na duh ahcun <https://web3.ncaa.org/ecwr3/> ah va zoh.

Fund kawlnak

A sullam

- Urbandale Middle Sianginn, Urbandale Sianginn sang siangngakchia le/asiloah thilri hna hmannak thawngin tangka hmuhnak (hlawknak a si ah siseh, a si lo

ah siseh) a chuahtermi cawlcanghnak paohpaoh.

- Urbandale High School lamhruainak tangah a cangmi cawlcanghnak hna cu tangka hmuhnak le dihmi hna cu a tlangpi tangka in aa telmi an si i hi tthenhah ah an i tel lo.

Hnatlak pinak

- Urbandale Middle Sianginn asiloah Urbandale Sianginn sang aiawhtu nih tangka kawlnak cawlcanghnak vialte kha a bawmh dih hna lai. Siangngakchia hruaimi phaisa kawlnak a um lai lo.
- Nawlnak vialte cu ca in pek dih a hau.
- Puai hna cu caan suaimi, tangka hmannak, hlawknak, a tu le hmailei herhmi le puai he aa tlak ning zoh in cohlannak tuah a hau.

Lamhruainak:

- An Urbandale Middle School or Urbandale High School representative must sponsor all fundraising activities. There will be no student-led fundraising activities.
- Phaisa kawlnak in hmuhmi tangka vialte cu sianginn peng account ah chiah a hau. Sponsor pawl nih an chuahmi le an hmanmi phaisa vialte kha an tuaktan dih a hau.
- Rawl asiloah dinmi zuarnak aa telmi cawlcanghnak hna cu sianginn kai caan chungah tuah a si lai lo. Cu bantu cawlcanghnak cu sianginn kai hlan ah siseh, sianginn dih hnu ah siseh tuah a hau.
- Zu, kuak, le ritnak sii tibantuk aa tlak lomi thilri a dirkamhtu thilri pakhat hmanh cu thanh le zuar a si lai lo.
- Phaisa kawlnak in hmuhmi tangka vialte cu siangngakchia asiloah siangngakchia nunnak a thanchotermi cawlcanghnak caah hman a hau.
- Siangngakchia nih an i zuamnak caah

pumpak hlauh an hmu kho men lai lo.

Cakuat dang:

- Pumpak laksawng cu siangngakchia sinah pek khawh a si lo.
- Raffles tibantuk chance lentecelhnak hna cu Iowa Ramkulh nih a sermi lamhruainak tangah a um.
- Phaisa kawlnak caah hmanmi thilri le thilri cun hna cu inn hlan man pek an si.
- Hi phunglam cu program caah phaisa kawlnak riantuannak a hruaitu nulepa/zohkhenhtu phu hna caah hman a si.

Biakamnak:

- Urbandale Community Sianginn Peng, Board of Directors President lawng nih lenglei agency pawl he aa pehtlaimi hnatlaknak min a thut khawh.
- Lenglei agency pawl he hnatlaknak a tuahmi riantuantu hna cu puai konglam vialte ah tuanvo an lak hna lai.

Use of Non-School Issued Equipment

Siangngakchia nih uknak bu nih a herhmi a tlinh ahcun siangngakchia nih a pekmi himnak thilri telh in thilthuam le thilri pawl kha aa hruk khawh i a hman khawh. Sihmanhsehlaw, thilri nih hin lentecelhnak cawnpiaktu nih a cohlan lomi thawngthanhnak, hmelchunhnak le hmelchunhnak a ngei lo men lai. Peng (Athletics & Activities / Coach cawlcanghnak hruaitu) nih siangngakchia kha peng nih a duhning in peng thilthuam le thilri hruk le hman dingin fialnak nawl a ngei. Siangngakchia nih thilthuam asiloah thilri a pek ahcun, District nih thilthuam asiloah thilri thimnak le zohkhenhnak ah tuanvo a lak lo i siangngakchia kilvannak caah asiloah thil dang caah thilthuam le thilri aa tlak le tlak lo kongah aiawhnak a tuah lo. Siangngakchia le siangngakchia nulepa nih thilthuam le thilri hmannak he aa pehtlaimi ttihnung vialte kha an i lak.

Use of the J-Hawk Logo / Split U

- J-Hawk Logo asiloah Split U kha zeibantuk format hmanh in hman, J-Hawks timi biafang, asiloah Urbandale timi biafang kha Urbandale he sianginn asiloah lentecelhnak program pakhatkhat he pehtlai in hman cu lentecelhnak le cawlcanghnak riantuannak hruaitu nawlpeknak tel loin kham a si.
- Mah ah hin zeibantuk thil tuahnak caah hmanh ah t-shirt le a dang thilthuam asiloah thilthar pawl chuah aa tel lai.
- [UCSD Official Brand System le Style Lamhruainak kha zoh](#)

Sportsmanship bia pawl

Urbandale Biachimnak:

Urbandale ah, phunglam ttha tampi kan i nuamhpi. Hi hna lakah pakhat cu sifakmi aa tel lomi cu lentecelhnak thiamnak a si. Iowa Sianginn Sang Lentecelhnak Bu, Iowa Ngaknu Sianginn Lentecelhnak Bu, le CIML nih aa telmi, cawnpiaktu le zohtu hna nih lentecelhnak ttha an tuah khawhnak ding caah an thanchoter. Aa telmi hna le

nawIngeitu hna kha a thami lam in bawmhnak in nan kan bawmh lai tiah kan in nawl hna. NawIngeitu, aa telmi, cawnpiaktu, team aiawhtu, asiloah puai tuahtu hna cungah biachia, miphun thleidannak, nu le pa thleidannak asiloah hrocernak bia asiloah hrocernak tuahsernak hna cu cohlan an si lai lo i puai tuahnak hmun in chuahternak caah a ruang an si. Cun, zu din asiloah ngeih cu kham a si, cu bantuk cun Urbandale Community Sianginn Pengkulh chung inn hna campus ah meitlangh le zuu le/asiloah nicotine thilri hman zong kham a si.

CIML Biachimnak:

CIML cu lentecelhnak phunglam ah aa pemi a si. Hika ummi vialte nih a ttha mi, upatnak, lentecelhnak ziaza kha zeitik caan paoh ah langhter ding rian a si. Cu bantuk upatnak ah aa dangmi upatnak zong aa tel. Zeibantuk thleidannak hmanh CIML ah cohlan khawh a si lo. I telnak cu lentecelhnak bantuk ziaza in hmuh khawhmi tinvo sung a si.

Appendix H: Metro West Learning Academy

Partner Districts

Adel-DeSoto-Minburn

Urbandale

Waukee

Waukee Northwest

Mission

Metro West Academy is a student-centered environment committed to creating positive change leading to social, emotional, and academic success for high school graduation and beyond.

Vision

Envision a place where

- Everyone is respected.
- Everyone is welcomed into a safe and healthy environment.
- Teachers are facilitators of learning while the students choose their method to demonstrate knowledge.
- Every challenge is met with a positive solution.
- Risks are taken in order to achieve dreams.

Location Information

3000 100th Street
Urbandale IA 50322
(515) 727-6301

Contact Information

Mike Moran, Director (moranm1@urbandaleschools.com)
Johnna Keller, Counselor (kellerj@urbandaleschools.com)

Sining biapi

Upatnak

- Siangnggakchia le riantuantu pakhat cio kha pumpak pakhat cio in kan cohlan hna.
- Siangnggakchia le riantuantu pakhat cio le an pumpak sining kha kan upat hna.

Siangnggakchia ah aa hngatmi

- Siangnggakchia hna pumpak herhmi: lungthin lei, lungthin lei, le fimcawnnak

Thilri hman thiam

- Pumpak thiamnak, thilti khawhnak, hlawhtlinnak le tinhmi hna kha kan zoh
- Mi pakhat cio caah lenglei ruahnak le tuahsernak ah kan i tel hlawhtlinnak he ton awkah. Hlawthlinak hmuhnak

Buainak tawlreltu

- A thami thlennak sernak caah a phichuak kan hmuh.

A fekmi pehtlaihnak

- Upatnak langhternak, pehtlaihnak sernak, mi vialte nih an i telnak lungput ngeihternak le a himmi pawngkam sernak thawngin pehtlaihnak fek kan ser

Luhnak ningcang

Siangnggakchia pawl cu an umnak sianginn sang nih an kuat hna. Voikhat kuat an si hnu ah, siangnggakchia le nulepa/zohkhenhtu nih cohlanak biahalnak an tuah a hau. 2025-26 sianginn kai kum caah Metro West cawnnak Academy ah pumpak in biahalnak tuah a si lai. MWLA ah ruahnak petu nih siangnggakchia pakhat nih MWLA kai a duhnak a ruang le siangnggakchia herhmi hngalh khawhnak ding caah biahalnak a tuah lai. MWLA riantuannak, hmuhnak, a hrampi sining le ruahchannak hna cu siangnggakchia le nulepa/zohkhenhtu he luhternak biahalnak chungah zohfel an si lai. Hi tonnakk hna ah siangnggakchia cu MWLA ah a hlawhtlinnak caah biakamnak tuah dingin hal a si lai.

Credits le mark pekning

Metro West nih a tanglei tlukruannak tahfung a hman:

- A: 100 – 90
- B: 89 – 80
- C: 79 – 70

Siangnggakchia hna nih phu in asiloah mah tein cawnnak in credit hmuhnak caantha an ngei. Credit hmuh awkah, siangnggakchia nih rian pekmi an lim a hau, C- asiloah a cunglei mark an ngeih a hau, cun/asiloah cawnnak ah a tlawmbik 80% an i tel a hau.

Siangnggakchia pakhat nih C- tang a hmuh ahcun a mark kaiternak caantha pek an si lai. C tang riantuannak caah credit pek a si lai lo. Siangnggakchia pakhat nih cawnnak ah 80% a kai khawh lo ahcun, an kai khawhnak 80% tiang karhternak caah caan remh khawhnak caantha pek an si lai. Siangnggakchia pumpak sinak ruangah, saya/mah duhnak in credit hmuh khawh a si, mah cu pumpak herhbaunak cungah hram bunh in hi lamhruainak hna he aa dang kho.

Nitin cawnnak ding

Zing lei Classes

8:40 – 11:40 am

11:40- 12:00 pm (MTSS time)

12:00 - 12:30 Staff Lunch

P.M. Classes

12:30 - 3:30 pm

Sianginn baunak/ fel tein kainak

MWLA ah aa telmi siangnggakchia pakhat cio nih a caan hmaan tein le a caan hmaan tein kai khawhnak ding caah ruahchan a si lai. Siangnggakchia nih sianginn kai khawhnak cazin ttha ngeih khawh i zuam awk a si, zeicahtiah sianginn kai khawhnak le fimcawnnak hlawhtlinnak karlak ah direct pehtlaihnak a um. Metro West cawnnak Academy ah min cazin pek peng khawhnak ding caah siangnggakchia nih 80% asiloah a

cunglei kai khawhnak rate an ngeih peng a hau. Nulepa nih an siangngakchia cu sianginn ah minutes 15 nak tam a tlai ahcun sianginn uknak lei bawmtu kha pehtlaihnak tuah a hau. Nulepa pehtlaihnak um loin minutes 15 hnu ah a phanmi siangngakchia hna cu an phanh tikah sianginn hruaitu he ton ding in ruahchannak an ngei lai i cu ni ah inn in riantuan dingin fial an si kho. A bik in theih na duh ahcun na peng i pumhnak hnatlaknak kha zoh.

Baunak chimhnak

Siangngakchia pakhat cu sianginn ah a um lo tikah, nulepa/zohkhenhtu nih:

1. Siangngakchia a um lo ni ah siangngakchia nih a caan khiahmi thawk caan hlan ah MWLA zung (515-727-6301) ah chawnh. Voicemail nih 3:45 p.m karlak ah thawngthanhnak a lak lai. le 7:45 a.m.
2. Nulepa/zohkhenhtu nih chawnh tikah a tanglei thawngpang hna hi an pek awk a si:
Siangngakchia min
Mi pakhat nih a ka auh
A um lo ni
A um lonak a ruang

Hruk-aih ningcang le hnulei bawm

1. Siangngakchia hna cu siangngakchia le/asiloah riantuantu hna caah a poi lomi le a buaiter lomi lam in an i hruk i an i dawhter lai tiah ruahchannak an ngei.
2. Siangngakchia asiloah nulepa nih thilthuam pakhatkhat aa tlak le tlak lo

biahalnak an tuah ahcun sianginn ah thilthuam an i hruk hlanah sianginn hruaitu kha pehtlaihnak an tuah awk a si.

3. Siangngakchia nih zu, ritnak sii, asiloah phungninglo cawlcanghnak a chuahtertu thilthuam asiloah thilri dangdang an i hruk kho lai lo.
4. Metro West ah cauk le cawnnak thilri vialte cu electronic in an um caah asiloah sianginn khaan cio ah chiah an si caah Metro West ah hnulei bawm hman khawh a si lai lo. Siangngakchia nih zeibantuk fimcawnnak caah hmanh ah hnulei bawm an i ken a hau lo caah Metro West ah siangngakchia pakhat hmanh caah hman an si lai lo. Siangngakchia nih Metro West ah hnulei bawm an put ahcun director zung asiloah ruahnak petu zung ah nikhat caah check in an tuah khawh hna i sianginn kai ni a dih tikah an lak khawh hna.

Zulhphung

MWLA cu peng pathum (Adel-DeSoto-Minburn, Urbandale, Waukee, le Waukee Northwest) nih an i hrawmmi a dang program a si caah, hi peng hna nih an khammi ziaza hna zong MWA nih a kham ve. **A dang theihhngalhnak caah na inn sianginn cauk kha zoh.**

Appendix I: Student Chromebook Handbook

Thilri pawl ngeitu sinak

UCSD nih pawtzamhmi thilri vialte ngeih khawhnak le ngeih khawhnak nawl a ngeih. UCSD nih siangngakchia kha hi cauk chung i a ummi phunglam le lamhruainak le “Cohlan khawhmi hmanna phunglam” ningin thilri hmanna nawl a pek. Hi phunglam hna i a ummi zuhl lonak nih dantatnak a chuahpi khawh, cu ah cun Chromebook chuh le siangngakchia nih UCSD thiamnak hman khawhnak nawl chuh, cun UCSD phunglam nih aa tlak tiah a ruahmi dantatnak dang zong aa tel.

UCSD nih a hmantu hna nih a thiamnak le network an hman ning zohfelnak le cazin laknak nawl a ngei i a herh ning in hmantu file le thilri pawl zohfelnak nawl a ngei. Cun, UCSD uknak riantuantu hna nih zeitik caan paoh ah Chromebook laknak le/asiloah zohfelnak nawl an ngei, electronic hlatpi in luh khawhnak zong aa tel; cun install tuahmi software asiloah hardware thlen, chap, asiloah hloh. UCSD computer, network, asiloah thiamnak hman lio ah pumpak kong ruahchannak a um lo.

Pekmi thilri

Siangngakchia pakhat cio cu a tanglei thilri pawl pek an si lai: mobile computer le charger (a hnu ah “Chromebook” tiah auh a si lai) le a herh tiah ruah a si ahcun huhphenhnak khuhnak. UCSD nih pekmi thilri hna i an serial nambar le an thilri hmelchunhnak hna cazin kha a chiah lai.

Electronic Data caah ttuanvo laknak

Data vialte cu siangngakchia Google Drive ah chiah dih ding a si. Chromebook chung i chiahmi data paohpaoh cu Chromebook a rawh asiloah buainak tawlnak caah hlatpi in remh than a si ahcun a tlau kho. Siangngakchia hna nih cu bantu data paohpaoh cu backup tuahnak rian an ngei, cun UCSD nih a tlau caah ttuanvo a lak lo.

Cheukhatnak: Chromebook hmanna le ziaza

Hi phunglam hna hi sianginn network thilri hmanna paoh ah hman a si, hi luh khawhnak hi sianginn chung ah siseh, sianginn leng ah siseh a cang zongah asi. Aherhmi hotspot, le preipals le email, internet services a si. Kan sining hi tha tein tuah a hau lai. Mah zuhlphung pawl hi cu sianginn luhnak le a herhmi dang pawl tuah ding in asi an si cio hna. Campus chun le compass leng ta pawl zong an si dih hna.

Siangngakchia nih:

- Sianginn caan chung ah fimcawnnak caah network thilri lawng luh khawh a si (cu chungah innchung ah network printer hmanna aa tel).
- Aa tlakmi holh kha hmang law midang kha upat hna.
- UCSD Board Policy (Sec. 545) le Iowa Code Section 280.28 nih a fiantermi ahohmanh hnahnawnak, hnahnawnak, asiloah cyberbullying tuahnak ah Chromebook kha hmang hlah.
- License le copyright hnatlaknak hna kha zohfel law upat.
- Hmantu min le password le pumpak konglam kha thuhmi ah chiah (siangngakchia min, telephone nambar, le umnak hmun cu network le internet in ZEITIKHMANH ah langhter ding a si lo).
- Sianginn kum dongh ah UCSD ah Chromebook kha tharchuahnak caah le/asiloah a dang a herh ning in kirter.
- Siangngakchia nih Chromebooks asiloah kan network thilri pawl kha an hman kho lai lo:
 - A thurhnawmmi hmanthlak, ngakchia hmanthlak, a thurhnawmmi, asiloah nupa sualnak kong a langhter, a karh tukmi a thurhnawmmi le a thurhnawmmi, aa dawhcah lomi asiloah aa tlak lomi holh, ca, aw

asiloah hmuh khawhmi hmanthlak aa telmi thilri luh khawhnak, zoh khawhnak, download khawhnak, langhter khawhnak, kuat khawhnak, ser khawhnak, asiloah a dang lam in ngeih le phawtzamhnak caah.

- Pengkulh nih a khammi web site asiloah a dang thilri pawl kha code asiloah a dang lam in luh khawhnak ding caah.
- Chromebook dirhmun a hnorsuanmi file pawl thlen, chap asiloah hloh awkah.
- UCSD nih a pekmi cawnnak he direct in aa pehtlaimi a si lomi
- chawlehnak chawlehnak tuah awkah siangngakchia nih aa telmi (e.g., Marketing, Foods class, tbk.).
- Sianginn phunglam, UCSD Board Policy, asiloah upadi a buarmi cawlcanghnak tuah awkah (cu chungah copyright upadi zulh aa tel).
- Hmantu dang data asiloah account luh khawhnak ding caah (hmantu dang file thlen cu hrawhnak ah ruah a si lai).
- UCSD Chromebook ah cohlan lomi software paoh install tuah awk.
- UCSD sianginn software copy tuah (sianginn ngeihmi software program copy tuah cu fir ah ruah a si).
- Cun, siangngakchia nih:
 - Sianginn ah Chromebook ai ah hman awkah inn in anmah thilri kha rak i ken.
 - UCSD network asiloah server thlennak asiloah Chromebook thlennak thlen i zuam.
 - UCSD nih a pekmi hmanmi min kha thlen asiloah thlen.
 - Siangngakchia dang asiloah riantuantu pakhatkhat account ah lut.
 - Riantuantu asiloah siangngakchia hna kha an hnatlaknak le an

theihnak tel loin cazin ah khumh hna. Mah ah aa telmi (asinain mah lawng ah aa hngat lo):

- Webcams
- Laptop
- Camera
- Cell phone
- asiloah Chromebook dang pakhatkhat.
- “SPAM,” Hal lomi Chawlehnak Email (UCE), asiloah “junk email” tiah theihmi email kuat.

A chunglei thleidannak

UCSD nih Chromebook cu Ngakchia Internet Kilvennak Upadi (“CIPA”) he aa tlak in a zohkhenh i siangngakchia hna nih thiamnak an hman tikah him tein umter awkah a hman khawhmi zuamnak a tuah. Mah ah Chromebook vialte ah a chunglei thleidannak software chiah aa tel. Thianhnak thiamnak cu a tling lo; khammi thilri cu thlennak thiamnak nih a ngol zungzal lo men lai. UCSD nih internet ah thlahmi thilri cungah nawlungeihnak a ngei lo, cun a lutmi email zong nawlungeihnak a ngei lo. a thurhnawmmi, a thurhnawmmi, nupa sualnak lei ah aa hngatmi, hrocernak, miphun thleidannak a ngeimi, phungninglo asiloah UCSD riantuannak he aa kalhmi a dangdang. UCSD nih siangngakchia hna kha internet an hman tikah technology kha ningcang tein hman ding le phunglam vialte zulh ding in a ruahchan hna. UCSD nih sianginn leng ah thiamnak hmanna kongah nulepa asiloah zohkhenhtu zohkhenhnak cu siangngakchia himnak le Pengtlang phunglam le federal, ramkulh le khuachung upadi zulh khawhnak caah a biapi tukmi a si tiah a zumh. Cohlan khawhmi hmanna phunglam a buarmi siangngakchia hna cu dantatnak pek an si lai.

Peng zohkhenhnak

UCSD nih a computer, computer network

system, le internet luh khawhnak vialte zohkhenh khawhnak nawl a ngei, asinain rian a ngei lo, siangngakchia nih internet ah an tlawnmi hmun pawl zohkhenhnak le email zohfelnak telh chih in. Uknak le thiamnak lei riantuantu hna nih zeibantuk ruang hmanh ah electronic pehtlainnak chung i a ummi thilri pawl kha theihternak tuah hlan ah theihternak tuah loin zohfelnak nawl le zohkhenhnak nawl an ngei lai, mah ah aa telmi cu:

- thawngpang laknak;
- network asiloah pehtlainnak buainak hna hlathlainak asiloah remhnak;
- system hman sualnak khamnak;
- pathumnak software le thawngpang hmanna caah phunglam zulh khawhnak hnga zohkhenh;
- upadi le phunglam ningin halmi hna zulh khawhnak hnga zohkhenh;
- hi phunglam zulhphung.

UCSD nih cu bantuk thil tuahnak caah computer le file server vialte ah a ummi thawngpang vialte zohfelnak, zohfelnak le zohkhenhnak nawl zong a ngei.

Siangngakchia nih UCSD computer le computer network system, internet telh in, an sermi, an chiahmi, an kuatmi, an phawtzamhnak le an hmuhmi thil paoh ah pumpak konglam ngeih khawhnak nawl an hlaut.

Hmantu hna nih sianginn he aa pehtlaimi a si lomi thilri pawl download, upload le/asiloah live streaming tibantuk network bandwidth a tam tukmi a hmangmi cawlcanghnak ah an i tel kho lai lo. Network zohkhenhtu hna nih bandwidth hmanna sang asiloah District thiamnak thilri hman ningcang loin hmanna an lunghrin ahcun, hmantu pakhat kha Chromebook le lunghrinhnak fehternak caah a herhmi password pawl kha pek dingin hal khawh a si.

Biahalnak/Hmannak a um lo

UCSD account ngeitu hna nih UCSD network thilri le internet an hman khawhnak ding caah tuanvo tling tein an lak. A bik in, UCSD nih sianginn network thilri he pehtlai in zehmanh aiawhnak le hngatchannak a tuah lo i:

- Account ngeitu nih a hmuhmi ruahnak cheuhnak asiloah thawngpang hna i a chunglei.
- Sianginn network thilri asiloah internet hman khawhnak ruangah a chuakmi dihmi, liam dingmi asiloah rawhrlnak hna.
- Zeibantuk ruang hmanh ah riantuannak hnahnawhnak, data tlaunak, asiloah kuatnak tlamtlin lonak/pekchanh lonak ruangah a chuakmi thil paohpaoh.

Covo le Tuanvo hna

UCSD network hmanna le internet computer pehtlainnak thilti khawhnak cu hi Peng cawnpiaknak tinhmi he aa tlakmi fimcawnnak he direct in aa pehtlaimi a si awk a si. Hi thilri hna luh khawhnak nih riantuannak le riantuannak cheukhat a chuahpi. Hmantu hna cu a tlangpi in cohlanmi digital ziaza phunglam le Pengtlang phunglam hna kha zulh ding in ruahchannak an ngei (Cohlan khawhmi Hmannak Phunglam 606A zong zoh). Hmantu hna nih Chromebook asiloah a dang thiamnak hna i a tlarimi dirhmun kha remh ding a si lo. Hmantu hna nih riantuan ningcang lo, aa tlak lomi thilri asiloah hman ningcang lo a um ahcun report an tuah awk a si aa tlakmi riantuantu hna sinah. Hmantu hna nih midang hmanna a buaitertu asiloah ralchanhmi cawnnak pawngkam a sertu zeibantuk lam hmanh in thiamnak kha an hman awk a si lo. Khapmi ziaza tahchunhnak hna ah a tanglei hna hi an i tel nain mah hna lawng hi an si lo:

- Midang hmanmi account hmanna.
- Chromebook himnak buar aa zuam.

- Network chung i password in kilvenmi hmun pawl luh i zuam asiloah network system pawl hrawh i zuam.
- UCSD nih hnahnawhnak/hremnak dohnak phunglam nih a khammi ziaza tuahnak ah thiamnak hmanna.
- UCSD nih a khammi website pawl luh.
- Sianginn le/asiloah cawnnak pawngkam ningcang tein riantuannak ah hnahnawhnak a chuahter khomi cawlcanghnak.
- Ramkulh, federal, asiloah khuachung upadi tangah khammi cawlcanghnak. Tahchunhnak ah aa tel kho nain mah lawng ah aa hngat lo:
 - Miphun thleidannak in phawtzamhnak, biaknak lei asiloah nupa sualnak lei in a hnorsuanmi thilri, a thurhnawmmi hmanthlak asiloah nupa sualnak lei in a langhterimi thilri, huatnak phu asiloah cu bantuk phu ah i tel khawhnak ding caah, asiloah midang kha zuudinnak asiloah phungninglo thil tuahnak ah i tel khawhnak ding caah asiloah tuah khawhnak ding caah technology infrastructure hmanna.
 - Cohlan khawhmi hmanna phunglam a buarmi hmantu paoh cu UCSD thiamnak thilri hmanna nawl pek an si lo.

Digital rammi sinak

UCSD thiamnak thilri a hmanmi pumpak hna cu Iowa Core ah aa telmi digital rammi sinak phunglam kha an zulu lai tiah ruahchannak an ngei. Hmantu hna nih midang fimthiamnak thilri kha sources credit peknak le copyright upadi vialte zulu in an upat a hau. Siangngakchia pawl cu network chung an um lio ah zohkhenhnak tangah an um khawh nakhnga aa tlakmi zuamnak tuah a si lai. Sihmanhsehlaw, zeitik caan paoh ah network hmanthu pakhat cio kha zohkhenh peng khawh a si lo. Siangngakchia nih aa tlak lomi asiloah

phungninglo a si khomi thawngpang an ton men lai. Siangngakchia pakhat nih cu bantuk thawngpang a ton ahcun, siangngakchia nih a khar colh awk a si i zohkhenhtu riantuantu asiloah aa tlakmi riantuantu dang hna kha a cangmi kong kha a chimh hna awk a si.

Pumpak kong

Hmantu hna nih Pengkomh computer, network, asiloah thiamnak an hman lio ah pumpak kong he pehtlai in aa tlakmi ruahchannak an ngei lai lo. Mah tahchunhnak ah a tanglei hna hi an i tel nain mah lawng ah aa hngat lo:

- UCSD Google Apps domain.
- Third party server ah chiahmi file hna tibantuk cloud thiamnak.
- Email.
- Pengkomh computer, Chromebook, network le server hna.
- Siangngakchia nih Internet an hman khawhnak.
- Sianginn ah, siangngakchia nih sianginn network hmanin internet an hman khawh lai. Sianginn ah an um lo tikah, siangngakchia nih an inn ah asiloah hmun dangdang ah internet an ngeih ahcun District Chromebooks ah internet an hman khawh. Sianginn leng ah siangngakchia nih internet an hman tikah Chromebook chung thilri thleidannak zong a um lai.
- Siangngakchia nih sianginn leng ah zeitik caan paoh ah an District Chromebook ah internet an hman khawh. Internet hmanmi Chromebook dang vialte he aa lo in, UCSD nih nulepa/asiloah phungning tein zohkhenhtu hna kha an siangngakchia caan le internet cung i cawlcanghnak kha zohkhenh dingin ruahnak a cheuh hna.

Siangngakchia luh khawhnak le zohkhenhnak

- UCSD computer, network, asiloah thiamnak hman lio ah pumpak kong ruahchannak a um lo.
- A donghnak ah Chromebook cu UCSD ta a si, cun UCSD nih aa tlakmi thil kha biakhiahnak nawl a ngei i a herh ahcun zeitik caan paoh ah Chromebook kha kaw l khawhnak nawl a ngei.
- UCSD filtering software nih UCSD cu siangngakchia caah aa tlak lomi website pawl kha UCSD wireless network in web an luh zongah siseh, hmun dang ah internet he an i pehtlaih zongah siseh, kham khawhnak nawl a pek hna.
- UCSD nih screen zohkhenhnak nawl a pemi software a hman, cu nih cun UCSD riantuantu hna nih siangngakchia Chromebook screen zohkhenh khawhnak a tuah.
- Siangngakchia nih aa tlak lomi hmunhna a luh ahcun, asiloah sianginn kai ni chung ah an kai liomi sianginn he aa pehtlaimi a si lomi hmunhna a luh ahcun dantatnak pek an si kho.
- Khapmi asiloah aa tlak lomi website asiloah thilri pawl kha ruahlopi in luh a si ahcun, siangngakchia nih website kha a chuahtak colh lai i riantuantu pakhatkhat sinah thil sining kha a chimh lai.

BIAHMAITHIH: Urbandale Community Sianginn Peng nih “digital rammi sinak” kha a kauhter peng lai i cu ah cun siangngakchia hna cu cohlan khawhmi online ziaza phunglam hna kha cawnpiak an si lai. Vawleicung ah a tha bikmi filtering software nih sianginn le inn ah fimcawnnak le zohkhenhnak fonhmi cu a tluk kho lo.

Sianginn ah Chromebook ratpi

- Siangngakchia nih an cawnnak caah nifatin sianginn ah an Chromebook tling tein an i put a herh. Cawnpiaktu hna nih siangngakchia nih an

Chromebook an hman khawhnak cungah hram bunh in an cawnnak le sianginn khaan kha an suai lai.

- A herh ahcun, Chromebook cu UCSD nih a pekmi huhphenhnak khuhnak chungah zeitik caan paoh ah chiah a hau.
- Chromebook kha hnulei bawm, lentecelhnak bawm, tbk. ah phorh tikah ralrinnak ttha tein tuah a hau, cucaah thilri cu a dang thilri, i.e. ti nih a hrawh lo.
- Siangngakchia nih an Chromebook kha inn ah an chiah sual ahcun cu ni caah caan karlak caah cawitertu an zoh khawh.

Chromebook charge tuahnak

- Sianginn an rat tikah nifatin an Chromebook kha charge tuah cu siangngakchia rian a si.
- Power adapter le hri zohkhenh le rawhnak in huhphenh cu siangngakchia rian a si.
- Chromebook cu Peng riantuantu nih a dang tein an chimh lo ahcun Peng nih a chuahmi charger hmangin lawng charge tuah ding a si.
- Thil sining nih a herh lo ahcun, charger pawl cu Chromebook he sianginn ah an ra awk a si lo. Inn ah chiah an si lai, cun siangngakchia nih an thilri kha zankhuadei an charge lai. A ttha tein rian a ttuanmi battery he a tlingmi Chromebook nih sianginn kai nikhat hman khawhnak ding caah a za taw battery nunnak a ngei.

Chromebook tlau asiloah fir

- Chromebook thilri a tlau, fir, asiloah hrawh a si ahcun sianginn zungpi asiloah media center ah report tuah colh a hau. Cun, Pengkulh nih nulepa le/asiloah siangngakchia kha firmi asiloah hrawhmi Chromebook kha palik sinah report tuah dingin a fial

- khawh hna.
- Siangngakchia pawl nih Chromebook cu an ngeih lo tikah asiloah an hmuh khawh lonak hmun ah a himmi hmun ah chiah a hau.
- Chromebook cu thilthuam thlennak khaan, ti kholhnak khaan, asiloah thil thlennak hmun dangdang ah hman ding a si lo.
- Chromebook cu rawl le dinmi pawng ah hman khawh a si lo.

Program pawl download tuah le Chromebook kha pumpak caah ser

- Siangngakchia pakhat hmanh nih hmanmi copyright le license hnatlaknak buar in zeibantuk software hmanh download, install, asiloah hman khawh a si lo.
- Cohlanmi application pawl cu UCSD Information Systems department nih siangngakchia Chromebook ah an chiah lai asiloah siangngakchia download tuah khawhnak ding caah tuah an si lai. Siangngakchia nih cohlan lomi software kha install tuah an i zuam lai lo.
- Chromebook lenglei ah sticker le hmelchunhnak dangdang hna cu hman khawh a si lai lo. Chromebook pakhat cio cu Chromebook cung ah Information Systems department nih an chiahmi cafang in fawi tein hngalh khawh a si i hloh khawh a si lo.

Inn in computer

- Siangngakchia pawl cu UCSD nih a pekmi Chromebook ai ah hman awkah inn in anmah computer i ken khawh a si lo.
- UCSD nih a pekmi Chromebook vialte cu a hrampi apps, settings le himnak aa khatmi an si.

Hnachet/Hnachet

- Cawnnak ah le/asiloah cawnnak caan

chung ah hnakhaw
hrenhnak/hnakhawhnak hmannak cu saya/zohkhenhtu duhnak ah a si.

- Earbuds/headphones cu UCSD nih pek a si lai lo. Siangngakchia hna cu anmah tein earbuds/headphones i ken dingin forhfial an si.

Siangngakchia Printer hmannak

- Siangngakchia hna nih innchungkhar ah thimmi cauk chuahnak seh kha innchungkhar uknak nawl in an hman khawh.
- UCSD nih siangngakchia nih an Chromebook hmangin an saya/mah sinah rian le thilri dangdang an kuat khawh hna caah cauk cung ah thilri chuah a herhnak a tlawm lai tiah a ruah.

Phunglam kong le NawIngeihnak

- Network thilri phungninglo hmannak paoh cu kham a si. UCSD network thilri cheukhat hmangin sermi, kuatmi, luhpimi asiloah download tuahmi thilri vialte cu hi phunglam ah langhtermi phunglam tangah a um. UCSD nih a network kha a zohkhenh i sianginn kai hnu le sianginn leng ah a cangmi electronic thil sining hna kha a hlathlai khawh.
- UCSD nih a herh ahcun, le amah duhnak in, hi asiloah a dang District Policy a buarmi electronic file pawl kha hlatpi in luh khawhnak, on khawhnak, zohfel khawhnak le/asiloah hloh khawhnak nawl a ngei.

Cheu hnihnak: Chromebook rawhnak le a phichuak

Chromebook rawhnak

Chromebook a rawh ahcun (ruahlopi in siseh, timhcia tein siseh), sianginn kha theihter colh a hau. UCSD uknak nih rawhralnak cu ruahlo piin asiloah timhcia tein tuahmi ruangah a si maw ti le thil

sining a fah ning zong a tuak lai. Zohkhenh lonak cu timhcia tein tuahmi ah ruah khawh a si. Zohkhenh lonak tahchunhnak ah a tanglei hna hi an i tel nain mah hna lawng hi an si lo:

- Thilri pawl kha zohkhenh loin le/asiloah khar loin chia. Sianginn ah um lio ah zohkhenh lomi le/asiloah khar lomi Chromebook ruangah a chuakmi rawhrlnak asiloah sungnha aa tel.
- Nu le pa/asiloah phungning tein zohkhenhtu ti lo cu midang sinah thilri cawih.
- A him lomi pawngkam ah thilri hman.
- A him lomi lam in thilri hman.
- Hi cauk chung i Part III ah langhtermi zohkhenhnak theihternak hna kha zulh lo.

A Chromebook remh a si liomi siangkakchia nih a caan ahcun a cawimi Chromebook kha a hman khawh lai. Chromebook cu timhcia tein hrawh a si tiah hngalh a si ahcun, siangkakchia nih a cawimi Chromebook cu inn ah a kalpi kho lai lo. Siangkakchia nih siangkinn peng a chuahtak i Chromebook a pek tthan lo ahcun, UCSD nih Chromebook hmuh khawhnak ding caah aa tlakmi zuamnak a tuah lai. Cu zuamnak hna cu an hlauh a tling lo ahcun, UCSD nih a thlennak caah invoice a chuah lai. Invoice pek lo ahcun leiba cu khonnak ah kalpi a si lai. Thilri man pek lo asiloah pek tthan lo ahcun Pengkulh nih Chromebook cu fir a si tiah a ruah lai i aa tlakmi nawlIngeitu hna sinah thawng a thanh lai.

Siangkakchia nih an Chromebook kha an i hrawm awk a si lo asiloah siangkakchia dang sinah an Chromebook kha an caw i awk a si lo. Chromebook dirhmun caah

tuavvo cu thilri a chuahtu nih a lak.

Remh/thlennak man:

Thlennak: \$300
Logic Board: \$150
Hmuhsaknak: \$150
Chassis: \$50
Battery: \$50
Keyboard: \$30
AC Adapter: \$20
Trackpad: \$15
USB/Volume Circuit Board: \$25
Webcam: \$10

Dingrep ngeih

Hi Cawk le/asiloah Cohlan khawhmi Hmannak Phunglam he aa pehtlaimi phunglam le ruahchannak a buarmi siangkakchia paoh cu dantatnak pek an si lai. Phungbuarnak a um ti langhternak a um ahcun, inn zohkhenhtu asiloah an thimmi nih siangkinn phunglam le upadi ningin aa tlakmi dantatnak kha biakhiahnak an tuah lai. Dantatnak tuahsernak ah aa tel kho nain mah lawng ah aa hngat lo:

- bia in ralrin peknak asiloah
- thiamnak lei covo sungnha asiloah
- siangkinn in dinhter asiloah chuahter.

Cun, Chromebook hman ningcang loin hmanna nih hmantu nih Chromebook hmanna nawl a sunghter khawh, le/asiloah inn ah kalpi khawhnak nawl a sunghter khawh, cun/asiloah ruahlopi in asiloah timhcia tein rawhrlnak ruangah dantat/dantatnak pek a si kho.

Siangkinn electronic system asiloah Chromebook hmangin tuahmi phungninglo cawlcanghnak he aa pehtlaimi hlathlainak paoh ah siangkinn nih khuachung, ramkulh, asiloah cozah nawlIngeitu hna he tling tein rian a ttuan lai. Hi phunglam fianternak, hmanna le remhnak cu UCSD nawlIngeihnak chung lawng ah a um. Hi phunglam he pehtlai in biahlnak le

buaibainak a um ahcun inn hruaitu sinah kuat ding a si.

Cheuthumnak: Chromebook **Zohkhenhnak Theihternak**

Siangngakchia hna nih hi cauk chung i aa telmi lamhruainak vialte kha zulh ding le an pekmi Chromebook kilvennak caah a dang ralrinnak tuah ding in ruahchannak an ngei. A tanglei lamhruainak zulh lo ruangah a chuakmi sungnhak asiloah rawhnak nih Chromebook hmanna tlawmte lawng a chuahter khawh.

Zapi Zohkhenhnak

- Na thilri na zohkhenh bantuk in hi thilri hi ralrin tein zohkhenh.
- Chromebook a sining, tawhfung, screen khuhnak asiloah plastic khuhnak telh in hloh le thlen i zuam hlah.
- Chromebook ah chiahmi serial number asiloah hngalhternak pakhatkhat kha hloh hlah asiloah hnahnawnak pe hlah.
- Thilri pawl kha thianga tein chiah.
- Chromebook na hman lio ah ei le din hlah.
- Chromebook cu zeibantuk lam hmanh in zungzal in a thlen khomi zehmanh tuah hlah.
- Na data kha na Google Drive ah chiah. Chromebook lawng ah chiahmi electronic thawngpang zehmanh kha a him tiah ruat hlah.
- Chromebook ah sticker chiah hlah asiloah zeibantuk hmelchunhnak hmanh hmang hlah.
- Battery nunnak le screen kilvennak caah computer hman lo tikah a khuhnak kha khar.
- Computer onmi he hmunkhat in hmundang ah kal bal hlah. Mah cu sianginn le inn ah hman khawh a si.

Chromebo cu hmun him ah chiah

- Chromebook cu a tak in ngeih lo le hmuh khawhnak hmun ah a um lo caan paoh ah a himmi hmun ah chiah a hau.
- Chromebook cu mi nih an ke in an ke in chiah khawhnak hmun ah chiah awk a si lo, asiloah ngakchia tete asiloah saram hna nih an phak khawhnak hmun ah chiah awk a si lo.
- Chromebook cu mawtaw chungah siseh, a lin tukmi hmun ah siseh chiah awk a si lo.
- Zohkhenh lomi asiloah himnak a um lomi sianginn khaan asiloah hmun dangdang ah bag chungah chiahmi Chromebook cu “zohkhenh lomi” tiah ruah a si lai i firnak in huhphenhnak caah saya/mah asiloah riantuantu nih an chuh khawh. Chuah a si ahcun, siangngakchia nih Chromebook a hmuh tthan hlanah ralrinnak a hmuh lai. Chromebook cu a voihnihnak chuh a si ahcun, siangngakchia cu “A rawhralnak caah a chuakmi thil” ah a tlingmi dantatnak a tong kho.
- Zohkhenh lomi le khar lomi thilri, fir a si ahcun – sianginn ah telh chih in – siangngakchia nih tuanvo a lak lai.
- Siangngakchia pakhat nih lentecelhnak phu le/asiloah sianginn nih a bawmhmi cawlcanghnak dang ah aa tel ahcun, Chromebook cu sianginn mawtaw, gym ah, thilthuam thlennak khaan ah, lentecelhnak hmun pawng ah, asiloah a rawh khawhnak asiloah fir khawhnak hmun dangdang ah chiah awk a si lo.
- Chromebook cu a kharmi thil chiahnak kuang si loin mawtaw dang ah chiah hrial. Khuacaan a lin tuk lo le a kik tuk lo chung paoh cu mawtaw chiahnak kuang kharmi cu cohlan khawhmi chiahnak hmun a si lai.

Chromebook khuhnak

- Siangngakchia pawl cu sianginn kai ni le sianginn leng ah an Chromebook i ken awkah hman a herhmi huhphenhnak khuhnak pek an si kho.
- Pek a si ahcun, Chromebook cu hman lio hmanh ah zeitik caan paoh ah a cunglei ah a um awk a si.
- A khuhnak kha thiag tein chiah a biapi, cun na Chromebook lenglei a hliah khomi cauk hrennak tibantuk thilri pawl kha hloh awkah caan lak.
- Khuhnak pek a si le si lo cu Information Systems department nih an duhning a si lai, cun Chromebook model, a herhmi le a herh lomi huhphenhnak zat, le mah huhphenhnak a petu ding huhphenhnak a um le um lo le a man cungah aa hngat lai.

Chromebook cu ti le meikhu in hlat tein chiah

- Ti he i tong ahcun Chromebook cu fakpi in a hrawh lai i remhnak man a fak lai. Ti, pop, juice, power drinks, coffee, tbk nih na Chromebook kha a hrawh dih khawh. Pop can le coffee hrai (a khuhmi hmanh) cu a hlei in tihnung an si. Ti thawl/pop/tbk chia hlah. na Chromebook he na bag chungah chiah—a khar ko zongah. Sanitizer sii tam tuk hmanh nih rawhrlnak a chuahter khawh.
- Siangngakchia nih Chromebook cu meikhu asiloah meikhu meikhu in hlat tein umter awkah an i zuam awk a si, zeicahtiah meikhu chung i a ummi tar nih thilri chung ah a nemmi tthen a ser lai i riantuan ning a rawhter lai.

Chromebook buainak

- Chromebook nih ttha tein rian a ttuan lo ahcun siangngakchia nih a hmasa bik ah saya/mah he bia an i ruah a hau i buaibainak hmete cheukhat nih buainak kha a tawlrel lai maw ti kha a

- hngalh. Buainak a um rih ahcun, siangngakchia asiloah saya nih buainak a hmuh hnu ah a rannak in Chromebook cu rian pekmi thiamnak lei bawmhnak hmun ah a kalpi a hau. Chromebook cu remh khawh colh a si lo ahcun, siangngakchia cu caan karlak hman ding in loaner Chromebook pek khawh a si.
- Lehnak cu a rannak in a si lo hmanh ah, a phichuak hmuh khawhnak District riantuantu hna cu theihter an si lai i buainak cu a caan hmaan tein tawlrel a si lai.
 - Computer a sining, tawhfung, screen khuhnak asiloah plastic/aluminium kuang telh in hlonh le thlen i zuam hlah.
 - Lunghrinhnak na ngeih tikah bawmhnak hal.

Hmantu pakhat lawng

Na Chromebook hmanna nawl pe hlah. Nulepa asiloah zohkhenhtu hna nih Chromebook cu siangngakchia hmanna asiloah sianginn riantuanna zohfelna ca lawngah an hman khawh; nulepa asiloah zohkhenhtu nih pumpak asiloah chawlehnak caah Chromebook hmanna cu kham a si.

Chromebook thianhnak

- Chromebook screen nih kutdonghrolh le thurhnawmhnak kha fawi tein a langhter, asinain na screen kha a thar in a langh khawh nakhnga thianhnak phunglam ning tein zulh hrinhrim. Screen thianhnak ah chemical hmang hlah. Chromebook na thianh tikah a nemmi, a ro, a hnah a ngei lomi puan hmang.
- A ro cangmi puan nih a za lo ahcun, a thurhnawmmi hmun pawl thianh awkah microfiber asiloah cotton puan kha ti asiloah zu he tlawmpal in thlet. Thlang thianhnak thilri hmang hlah.

Thilri kha direct in thlet hlah.

- A cunglei lam hna hmangin seh kha tling tein na thianh khawh lo ahcun UCSD Information Systems kha pehtlaihnak tuah law thianhnak ah an in bawmh khawh. Thilri chung kha thianh i zuam hlah.

Chromebook i ken

- Chromebook cu zeitik caan paoh ah huhphenhnak khuhnak chungah a um awk a si, pakhatkhat pek a si ahcun.
- Screen le keyboard karlak ah zeihmanh (tahchunhnak ah, hri, cauk asiloah disk) chia hlah, cu nih cun screen a hrawh khawh.
- Na Chromebook chung ah a um tikah na hnulei bawm asiloah phorhmi bawm kha tling tein zip tuah philh hlah.
- Na Chromebook ah cauk pakhat hmanh chiah ding a si lo.
- Na Chromebook kha screen pawngah i put hlah.